



Veterans Network Directory - Montgomery County, MD

Respite Care and Adult Day Services

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This is a project of the Montgomery County Commission on Veterans Affairs.

To submit an update, add or remove a listing, or request an alternative format, please contact: MCCVA@montgomerycountymd.gov.

See also [Assisted Living, In-Home Care, and Long-Term Care / Nursing Homes](#)

VA National Caregiver Support Line

VA Maryland Healthcare System

1-855-260-3274 (Toll Free)

Hours: Monday through Friday, 8 a.m. to 8 p.m.

www.caregiver.va.gov/help_landing.asp

Licensed social workers will be available to tell you about the assistance available from VA; help you access services; connect you with the Caregiver Support Coordinator at a VA Medical Center near you; or just listen, if that is what you need right now. Each Caregiver Support Coordinator can locate assistance tailored to your unique situation. Also offer free, monthly one-hour telephone education calls for caregivers. These group sessions focus on topics important to caregivers, with a different topic presented each month. Caregivers learn about communication skills, building relationships and connections, self-care, and much more. For direct services, call the Washington DC VA Medical Center at 202-745-8000 (V) or the Baltimore VA Medical Center at 410-605-7000 ext. 54143 (V) and ask for the Caregiver Support Coordinator in the Social Work Department.

Adult Day Health Care (ADHC) Centers - Within the VA System

Washington DC VA Medical Center
50 Irving Street, NW
Washington, DC 20422

202-745-8000 (V)

1-877-328-2621 (Toll Free)

Ask for the Caregiver Support Coordinator

www.va.gov/geriatrics/guide/longtermcare/Adult_Day_Health_Care.asp

Veterans can go to the program during the day for social activities, peer support, companionships, and recreation. Program is for veterans who need skilled services, case management and help with activities of daily living, such as help with bathing, dressing, fixing meals or taking medicines. This program is also for veterans who are isolated or their caregiver is experiencing burden. ADHC Centers are generally open Monday through Friday during normal business hours.

Child Care Aware® of America – Exceptional Family Member Program (EFMP) Respite Care

Email: msp@usa.childcareaware.org

www.childcareaware.org/fee-assistancerespite/exceptional-family-member-program-efmp-respite-care/

1-800-424-2246 (Toll Free)

Partners with the U.S. Air Force and U.S. Navy to provide EFMP Respite Care to families with children (birth through 18 years) who have special needs and are enrolled in EFMP.

Easter Seals Serving DC | MD | VA – Respite Care and Adult and Senior Medical Day Services

1420 Spring Street
Silver Spring, MD 20910
Email: respite@eseal.org

301-920-9718 (Respite Services)
301-920-9765 (Adult day Services)

<https://dcmdva.easterseals.com/get-support/areas-of-support/caregiver-services/respite-programs>

Email: ads@eseal.org

www.easterseals.com/DCMDVA/our-programs/adult-services/

Offers center-based events one Saturday a month for children with disabilities and children of wounded warriors, veterans, active-duty service members, and first responders. Each event has a theme with a variety of interactive activities. Children ages 6 months to 10 years old receive one-on-one care from vetted volunteers.

In-Home Respite Care for Military Families who have at least one child diagnosed with highly specialized medical or educational needs. The program places highly trained respite providers in the families' homes to provide up to 40 hours of respite care per month. The military respite program is available for Navy and Air Force families.

Adult Day Services provide support to aging veterans who have served our country from World War II to today's conflicts. Veterans at risk of institutionalization due to disabilities, Alzheimer's disease and other medical conditions can find socialization, medical care and hope at the Morris & Gwendolyn Cafritz Foundation Adult Day Services in the Harry and Jeanette Weinberg Inter-Generational Center in Silver Spring. This program helps keep our veterans in the community by preventing unnecessary nursing home placement.

HomSi Senior Care, LLC

Steve Tchoupe, Administrator/Founder
12309 Village Square Terrace #201
Rockville, MD 20852
Email: steve@homsicare.com
www.homsicare.com

301-675-0590 (V)

Residential Service Agency licensed in Maryland that provides both medical and non-medical in-home care, including personal care, companion care, skilled nursing, and caregiver support. Offers specialized respite care for veterans and their families, giving caregivers short-term relief while ensuring veterans continue to receive safe, reliable in-home support. Also can connect you with resources and benefits assistance. Serve Montgomery County and surrounding Maryland communities with a holistic, veteran-focused approach that promotes dignity, independence, and quality of life. Approved VA Community Care Network provider. Veteran-owned organization.

Keystone Program – Yellow Ribbon Fund, Inc.

P.O. Box 41048
Bethesda, MD 20824-2018
Email: keystone@yellowribbonfund.org
www.yellowribbonfund.org

240-223-1180 (V)

Program provides transitional services and training to caregivers, at any point in their journey: health and wellness education and events; life skills development and educational opportunities; family retreats; peer-to-peer support and networking. Through Keystone Chapters across the country, as well as their National Virtual Chapter, they provide a supportive network and "home base" for caregivers. The program provides a variety of ways to stay connected through virtual and live events for caregivers and family members such as fellowship and encouragement of other caregivers; virtual and live events; supportive network and resources; and caregiver and Family retreats. The Crossroads Program provides rental cars, hotel stays, and fully furnished apartments for patients and their entire families while their service member receives medical care at Walter Reed Hospital in Bethesda, Maryland at no cost to military families. This allows families to be together during vital moments when encouragement and hope are most needed.

Premium Care USA

Daniel Monge, Client Intake Advisor
1401 Rockville Pike, Suite 110
Rockville, MD 20852
Email: mdconnect@premiumcareusa.com
www.premiumcareusa.com

240-929-2273 (V)

Maryland Residential Service Agency offering personal care and companion / homemaker services. Licensed, bonded and insured. Approved VA Community Care Network provider. Participate in the Veteran's Aid and Attendance program and can assist with getting the care needed on an expedited basis. Also accept private pay, long term care and Maryland Medicaid. Services provided include:

- **Respite Care:** Temporary relief for family caregivers, ensuring loved ones receive high-quality care while family caregivers take a needed rest.
- **Personal Care:** Help with the activities of daily living, such as bathing, dressing, ambulating, toileting and feeding to maintain safety, personal hygiene and comfort.
- **Homemaker/Companion Care:** Companionship, light housekeeping, linen changes, laundry, shopping, errands, meal preparation, medication reminders and accompaniment to doctor appointments.
- **Specialized Care:** Alzheimer's/Memory Care, Cancer Care, End of Life Care, Heart Health Care, Hospital to Home Care, Parkinson's Care, Post Surgical Care, Post Stroke Care
- **24-Hour Care:** Around-the-clock support to ensure continuous care and safety for individuals at high-risk.

Respite Care - Within the VA System

Washington DC VA Medical Center
50 Irving Street, NW
Washington, DC 20422
www.va.gov/GERIATRICALS/pages/Respite_Care.asp

202-745-8000 (V)
1-877-328-2621 (Toll Free)
Ask for the Caregiver Support Coordinator

Service that pays for a person to come to a veteran's home or for a veteran to go to a program while their family caregiver takes a break. While a veteran gets Respite Care, the family caregiver can run errands or go out of town for a few days without worrying about leaving the veteran alone at home. The program is for veterans who need skilled services, case management and help with activities of daily living. Examples include help with bathing, dressing, fixing meals or taking medicines. This program is also for veterans who are isolated or their caregiver is experiencing burden. Respite Care can be used in combination with other Home and Community Based Services. Respite Care services may be available up to 30 days each calendar year.