



**Volunteer Interest Form**

Name
Address
Preferred Phone
Alternate Phone
What is the best time to reach you by phone?
E-mail Address

**When are you available for volunteering?**

<input type="checkbox"/> Weekday mornings	<input type="checkbox"/> Weekday afternoons	<input type="checkbox"/> Weekday evenings
<input type="checkbox"/> Weekend mornings	<input type="checkbox"/> Weekend afternoons	<input type="checkbox"/> Weekend evenings

Are there specific days/times of the week that are better than others?



**How would you like to help? (Check all that apply)**

<input type="checkbox"/> Office work	<input type="checkbox"/> Pick up groceries, run errands
<input type="checkbox"/> Event planning	<input type="checkbox"/> Driving (appointments, shopping, etc)
<input type="checkbox"/> Publicity	<input type="checkbox"/> Friendly visits
<input type="checkbox"/> Fund raising	<input type="checkbox"/> Yard Work
<input type="checkbox"/> Guest instructor/speaker	<input type="checkbox"/> Help paperwork/decluttering
<input type="checkbox"/> Small household repairs	<input type="checkbox"/> Help with computers/electronics
<input type="checkbox"/> Water plants/light gardening	<input type="checkbox"/> Meal preparation
<input type="checkbox"/> Daily reassurance calling	<input type="checkbox"/> Light cleaning
<input type="checkbox"/> Pet care	<input type="checkbox"/> Village Development/Committee
<input type="checkbox"/> Other (describe) _____	

**Summarize skills/interests you have acquired from employment, volunteerism, hobbies, or sports:**

Please return to: Mae Novak, 9537 Clement Road, Silver Spring, MD 20910