



Lisa J. Markland

Served in the United States Air Force, 1985—1992

Lisa Markland joined the United States Air Force in September 1985, initially through the Air National Guard and later served through the Air Force Reserves at what was then Andrews Air Force Base. She was permanently injured at her first reserve drill in March 1988, but served through the Gulf War and was honorably discharged in the summer of 1992. Although Markland completed her master's degree while still in service she chose to serve in aeromedical evacuation, and left service as an E-5 staff sergeant.

Markland has been an avid volunteer since the age of 11, in all service positions through law enforcement or military organizations, and appreciated her time as being part of the Air Force and the United States military, helping others. Regardless of injuries and other medical challenges, she has worked to break down barriers and doing what she can to help her community and country. At the age of 57, Markland is currently back serving in the Civil Air Patrol (the official auxiliary of the United States Air Force) through the Bethesda Chevy-Chase Composite Squadron, mentoring cadets ages 12 to 21 and developing and presenting new mental health programs within this organization.

Markland was born in Silver Spring, Maryland but moved to Minnesota at age 3, returning to the Potomac area in 1987 after completing an associate's degree in law enforcement, in order to complete her bachelor's degree in sociology with an emphasis in psychology at the University of Maryland College Park (graduating summa cum laude). She then went on to complete her master's degree in clinical social work, specializing in child and family therapy, where she attended the University of Maryland at Baltimore.

Markland has given countless talks through the local high schools as part of the Every 15 Minutes program and Mothers Against Drunk Driving (MADD), and at one time she volunteer regularly as a speaker with the Montgomery County Department of Corrections, all aimed at preventing drunk or impaired driving and enhancing decision making for local teens. She has also given many talks to seniors, Veterans groups and others, and loves motivating and inspiring people anytime she has the opportunity. To her there is nothing bigger or better than positively affecting or even saving the life of another.

Markland currently resides in Germantown, Maryland