

MONTGOMERY COUNTY, MD - DISABILITY NETWORK DIRECTORY

Adult Medical Day Centers

(Adult Medical Day Centers are non-sectarian. Centers have wide service areas. Hours of operation vary.)

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This is a project of the Montgomery County Commission on People with Disabilities.

To submit an update, add or remove a listing, or request an alternative format, please contact: MCCPWD@montgomerycountymd.gov.

Montgomery County Aging and Disability Resource Unit: 240-777-3000 (V)

Holy Cross Caregiver Resource Center: 301-754-7152 (V)

A Plus Care

Xiaohui Helen He, Contact
50 West Gude Drive, Suite 48 & 52
Rockville, MD 20850
240-668-3418 (V)
Email: cccaa2008@gmail.com

AA Plus Adult Medical Day Care Center

Yulin Luo, Contact
20467 Seneca Meadows Parkway
Germantown, MD 20876
240-232-6666 (V)
Email: amonyshd@gmail.com

Aastha AMDC, LLC

12210 Plum Orchard Drive, Suite 214
Silver Spring, MD 20904
240-813-9817 (V)
E-mail: aastha.amdc@gmail.com
www.aasthaamdc.com

Bella's Reserve

2120 Industrial Parkway
Silver Spring, MD 20904
301-244-5112 (V)
Email: jskcare@gmail.com
English and Farsi spoken.

CCACC Adult Day Healthcare Center (Chinese Culture and Community Service Center, Inc.)

Steve Lin, Contact
9366 Gaither Road
Gaithersburg, MD 20877
301-820-7167 (V)
E-mail: steve.lin@ccacc-dc.org
www.ccacc-dc.org
English and Chinese spoken.

Easter Seals Morris & Gwendolyn Cafritz Adult Day Services

1420 Spring Street
Silver Spring, MD 20910
301-920-9700 (V)
E-mail: mbolston@eseal.org
www.easterseals.com/DCMDVA/our-programs/adult-services/harry-and-jeanette-weinberg.html
English and Spanish spoken.

Evergreen Adult Medical Day Care

9290 Gaither Road
Gaithersburg, MD 20877
301-527-1100 (V)
Email: jaden.evergreen@gmail.com

Holy Cross Hospital Medical Adult Day Center

9805 Dameron Drive, # 6
Silver Spring, MD 20902
301-754-7150 (V)
Email: mckecs@holycrosshealth.org
www.holycrosshealth.org/find-a-service-or-specialty/senior-services/family-and-caregiver-resources/medical-adult-day-center
English and Spanish spoken.

Jarher Senior Center

Yan A. Su, Contact
1335 Piccard Drive
Rockville, MD 20850
301-326-6523 (V)
Email: yanansu2012@jarherseniorcenter.com

Jasmine Medical Daycare Center

12910 Cloverleaf Center Drive, Suite 100
Germantown, MD 20874
240-232-2288 (V)
301-366-0480 (V)
E-mail: jasminemedicalday@gmail.com
www.jasminecenter.com

Jupiter Adult Medical Day Care

Shivangi Patel, Contact
12321 Middlebrook Road
Germantown, MD 20874
240-912-6277 (V)
Email: shivangi@jupitercareinc.com

Loving Care Adult Medical Day Care

Leila Abedi, Contact
400 B East Gude Drive
Rockville, MD
Gaithersburg, MD 20877
240-477-6199 (V)
E-mail: leila@lovingcaremaryland.com
www.lovingcaremaryland.com
English, Farsi and Spanish spoken. Halal food.

Montgomery Adult Day Center

Natalia Fridman, Contact
9123 Gaither Road
Gaithersburg, MD 20877
301-309-0946 (V)
Email: natalia.fridman@sevitahealth.com

Worldshine International LLC

Yu Wang, Contact
20420 Century Boulevard
Germantown, MD 20874
240-899-4898 (V)
Email: ywang@worldshinegroup.com
Chinese and English spoken.

Rainbow Gardens Adult Day Health Center

Marina Fasolyak, Contact
8 Metropolitan Court, Suite 4
Gaithersburg, MD 20877
240-683-9010 (V)
Email: marina.fasolyak@thementornetwork.com
Russian, English, Spanish, Farsi and Korean spoken.

Rainbow Adult Day Health Care Center of Montgomery County

Valerya Balannik, Contact
8400 Helgerman Court
Gaithersburg, MD 20877
301-987-8889 (V)
val.balannik@thementornetwork.com
English and Chinese spoken.

Rainbow Adult Day Health Care Center of Rockville

Rimma Kaganovskaya, Contact
11215 Woodglen Drive
Rockville, MD 20852
301-770-7676 (V)
Email: rimmakaganovskaya@sevitahealth.com
English and Russian.

VAS Adult Day Care Center

12621 Old Columbia Pike
Silver Spring, MD 20904
301-646-5852 (V)
Email: info@vasusa.org
<https://vasusa.org/adult-medical-care-center>

Washington-McLaughlin Adult Day Care Center

6501 Poplar Avenue
Takoma Park, MD 20912
301-613-7793 (V)
Email: info@wmadcc.org
English and Russian spoken.

Wa

Winter Growth Adult Day Center

Rebecca Donahue, Contact
18110 Prince Phillip Drive
Olney, MD 20832
301-774-7501 (V)
Email: becky.donahue@wintergrowthinc.org
www.wintergrowthinc.org
VA approved provider.