# Adult Medical Day Centers

(Adult Medical Day Centers are non-sectarian. Centers have wide service areas. Hours of operation vary.)

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This is a project of the Montgomery County Commission on People with Disabilities. To submit an update, add or remove a listing, or request an alternative format, please contact: MCCPWD@montgomerycounntymd.gov, 240-777-1246 (V), MD Relay 711.

| Montgomery County Aging and Disability Resource Unit | 240-777-3000 (V) |
| Holy Cross Caregiver Resource Center | 301-754-7152 (V) |

### Aastha AMDC, LLC
12210 Plum Orchard Drive, Suite 214  
Silver Spring, MD 20904  
240-813-3446 (V)  
E-mail: aastha.amdc@gmail.com  
www.aasthaamdc.com

### A Plus Care
50 West Gude Drive  
Rockville, MD 20850  
240-668-3418 (V)  
Chinese and English spoken.

### Bella's Reserve
2120 Industrial Parkway  
Silver Spring, MD 20904  
301-244-5112 (V)  
English and Farsi spoken.

### CCACC Adult Day Healthcare Center (Chinese Culture and Community Service Center, Inc.)
9366 Gaither Road  
Gaithersburg, MD 20877  
301-820-7167 (V)  
E-mail: ADHC@CCACC-DC.org  
www.ccacc-dc.org  
English and Chinese spoken.

### Easter Seals Morris & Gwendolyn Cafritz Adult Day Services
1420 Spring Street  
Silver Spring, MD 20910  
301-920-9765 (V)  
E-mail: ads@eseal.org  
English and Spanish spoken.

### Evergreen Adult Medical Day Care
9290 Gaither Road  
Gaithersburg, MD 20877  
301-527-1100 (V)

### Holy Cross Hospital Medical Adult Day Center
9805 Dameron Drive, # 6  
Silver Spring, MD 20902  
301-754-7150 (V)  
www.holycrosshealth.org/find-a-service-or-specialty/senior-services/family-and-caregiver-resources/medical-adult-day-center  
English and Spanish spoken.

### Jasmine Medical Daycare Center
12910 Cloverleaf Center Drive, Suite 100  
Germantown, MD 20874  
240-232-2288 (V)  
301-366-0480 (V)  
E-mail: jasminemedicalday@gmail.com  
www.jasminecenter.com

### JCA Albert & Helen Misler Adult Day Center
1801 East Jefferson Street  
Rockville, MD 20852  
(located on the terrace level of the Ring House)  
301-468-1740 (V)  
E-mail: misler@accessjca.org  
www.accessjca.org/adult-day-services  
Kosher food.

### Loving Care Adult Medical Day Care
17051 Oakmont Avenue, Suite A  
Gaithersburg, MD 20877  
240-477-6199 (V)  
E-mail: support@lovingcaremaryland.com  
www.lovingcaremaryland.com  
English, Farsi and Spanish spoken. Halal food.

### Loving Heart Adult Day Care Center
400 B. East Gude Drive  
Rockville, MD 20850  
301-309-0946 (V)  
English and Korean spoken.

### Montgomery Adult Day Center
9123 Gaither Road  
Gaithersburg, MD 20877  
240-423-9182 (V)

### Rainbow Gardens Adult Day Health Center
8 Metropolitan Court, Suite 4  
Gaithersburg, MD 20878  
240-683-9010 (V)  
Russian, English, Spanish, Farsi and Korean spoken.
Rainbow Adult Day Health Care Center of Montgomery County
8400 Helgerman Court
Gaithersburg, MD 20877
301-987-8889 (V)
English and Chinese spoken.

Rainbow Adult Day Health Care Center of Rockville
11215 Woodglen Drive
Rockville, MD 20852
301-770-7676 (V)
English and Russian.

VAS Adult Day Care Center
12621 Old Columbia Pike
Silver Spring, MD 20904
301-646-5852 (V)
https://vasusa.org/adult-medical-care-center

Washington-McLaughlin Adult Day Care Center
6501 Poplar Avenue
Takoma Park, MD 20912
301-613-7793 (V)
English and Russian spoken.

Winter Growth Adult Day Center
18110 Prince Phillip Drive
Olney, MD 20832
301-774-7501 (V)
www.wintergrowthinc.org
VA approved provider.

Worldshine International LLC
20420 Century Boulevard
Germantown, MD 20874
240-899-4898 (V)
Chinese and English spoken.