## Centers for Independent Living

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This is a project of the Montgomery County Commission on People with Disabilities. To submit an update, add or remove a listing, or request an alternative format, please contact: MCCPWD@montgomerycountymd.gov, 240-777-1246 (V), MD Relay 711.

### For Anne Arundel & Howard Counties:
**Accessible Resources for Independence, Inc.**
Katie Collins-Ihrke, Executive Director
1406-B Crain Highway South, Suite 206
Glen Burnie, MD 21061
410-636-2274 (V)
E-mail: arinow@arinow.org
www.arinow.org

Private, non-profit agency that is consumer-controlled, community-based, cross-disability, and nonresidential. Designed and operated within a local community by individuals with disabilities. Provides the resources, training, counseling and other assistance needed to enhance independence, productivity and quality of life, strengthen family support systems and assist people with disabilities in becoming integrated into the mainstream of life.

### For Caroline, Cecil, Dorchester, Kent, Queen Anne’s, Somerset, Talbot, Wicomico & Worcester Counties:
**Bay Area Center for Independent Living (BACIL)**
Dr. Katherine L. R. Jones, Executive Director
909 Progress Circle, Suite 300
Salisbury, MD 21804
443-260-0822 (V)
E-mail: kjones@bayareacil.org
www.bayareacil.org

Promotes access to community resources and support for people with disabilities and their families through programs which offer choices, preserve dignity and increase independence for an improved quality of life across the nine counties of Maryland’s Eastern Shore.

### For Carroll & Frederick Counties:
**Freedom Center, Inc.**
David Drezner, Executive Director
550 Highland Street, Suite 510
Frederick, MD 21701
301-846-7811 (V)
E-mail: advocate@thefreedomcenter-md.org
www.thefreedomcenter-md.org

Nonprofit organization committed to providing a wide array of services to assist individuals with disabilities to live independently, pursue meaningful goals, and have the same opportunities and choices as all persons. The mission is to offer services and supports to empower people with disabilities to lead self-directed, independent, and productive lives in a barrier-free community. Services include advocacy, peer counseling, independent living skills training, information and referral, and transition services.

### For Baltimore City, Baltimore & Harford Counties:
**Image Center of Maryland**
Michael Bullis, Executive Director
300 East Joppa Road, Suite 312
Towson, MD 21286
410-982-6311 (V)
E-mail: info@imagemd.org
www.imagemd.org

Services include identifying resources for finding housing and shelters, partnering with local thrift stores for referrals for free clothing, household items, and furniture; classes on sex, health and dating for people with disabilities; independent living skills training; information and referral; individual and systems advocacy; programs for teen and young adults in transition; assistance transitioning from a nursing home into the community; assistive technology; and peer support groups.

### For Montgomery & Prince George’s Counties:
**Independence Now, Inc.**
Sarah Basehart, Executive Director
12301 Old Columbia Pike, Suite 101
Silver Spring, MD 20904
301-277-2839 (V)
E-mail: sbasehart@innow.org
http://innow.org

Independent Living Specialists facilitate one-on-one and group skills trainings in an array of areas to promote independence, such as community-based living, decision making and time management, local, national and legislative laws, transportation and employment, budgeting, cooking and kitchen safety, and other areas according to individualized needs.

### Maryland Statewide Independent Living Council (MSILC)
**Denise Thomas, Executive Director**
199 E. Montgomery Avenue, Suite 100
Rockville, MD 20850
240-599-7966 (V)
E-mail: marylandsilc@gmail.com
www.msilc.org

Governor-appointed advisory council that promotes independent living across the state of Maryland. The MSILC is composed of people with disabilities, parents of disabled individuals, representatives of advocacy groups and service providers from public and private agencies. Advisory, planning and advocacy group that promotes independent living services across the state of Maryland. Information and referral, skills training, peer counseling, and individual and systems counseling.
For Allegany, Garrett & Washington Counties:
Resources for Independence, Inc.
Lori Magruder, Executive Director
735 East Oldtown Road
Cumberland, MD 21502
301-784-1774 (V)
1-800-371-1986 (Toll Free)
E-mail: lmagruder@rficil.org
www.rficil.org
Grassroots, advocacy driven organizations run by and for people with disabilities. Services include information and referral; independent living skills training; peer counseling; individual and system advocacy; assistive technology; and work incentives counseling.

For Calvert, Charles & St. Mary’s Counties:
Southern Maryland Center for Independent Living
Lidiya Belyovska, Executive Director
38588 Brett Way, Suite 1
Mechanicsville, MD 20659
301-884-4498 (V)
E-mail: info@smcil.org
www.smcil.org
Nonprofit organization created by and for people with disabilities. An advocacy, information and educational center that promotes independent living and empowerment for people with all types of disabilities. Services include individual and system advocacy, information and referral, peer support, disabled Veterans support network, independent living training, employment services, transitioning youth, and assistive technology.