

# MONTGOMERY COUNTY, MD - DISABILITY NETWORK DIRECTORY

## Case Management

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**This is a project of the Montgomery County Commission on People with Disabilities. To submit an update, add or remove a listing, or request an alternative format, please contact: [DHHSWebsite@montgomerycountymd.gov](mailto:DHHSWebsite@montgomerycountymd.gov), 240-777-1246 (V), MD Relay 711.**

### **A & C Support Services, Inc.**

1602 Belle View Boulevard #3015  
Alexandria, VA 22307  
301-684-5600 (MD)  
703-659-8404 (VA)

<https://a-c-support.business.site>

Provide services for individuals with Autism and intellectual disabilities. Support Broker – Supporting eligible individuals and their families using consumer directed services. Support Coordination – Coordinating and developing and accessing necessary supports on behalf of individuals and their families. Respite Care – Planned or emergency temporary care relief. Short notice is accepted. Life Skills Coach – Providing skills training, behavior support and supports with independent living and accessing the community. Accept private pay and insurances and work with families with limited income and resources. All supports are provided in families or home or the community. Serving the DMV.

### **Coordinating Center, The**

8531 Veterans Highway, Third Floor  
Millersville, MD 21108  
410-987-1048 (V – Baltimore)  
301-621-7830 (V – Washington, D.C. Region)

[www.coordinatingcenter.org](http://www.coordinatingcenter.org)

Coordinate programs and services that people who have complex needs and disabilities must have to stay healthy and safe at home. Assist people who participate in their programs to be fully included in their communities, to thrive at home, and to meet their personal goals. Coordinate services for individuals in the REM Program, Model Waiver Program, Home and Community-Based Options Waiver/CFC/MAPC, Autism Waiver, and Housing Initiative Program. Funded primarily through programs paid for by Maryland Medicaid and sometimes Medicare or both. Programs that are grant funded are financed through foundations, agencies, or other entities.

### **House Calls, LLC**

Beth Albaneze, CTRS, CPRP, CLP  
P.O. Box 776  
Olney, MD 20830  
301-346-6732 (V)

E-mail: [callingonbeth@gmail.com](mailto:callingonbeth@gmail.com)

[www.callingonbeth.net](http://www.callingonbeth.net)

Provide services for teens to seniors including, but not limited to, counseling during any kind of life transition; life coaching to integrate individuals into work, leisure or volunteer pursuits; advocacy on behalf of the individual to make sure professionals and agencies are meeting their needs; provide or arrange all aspects of mental health or medical case management; arrange recreation activities that begin at home; and walk an individual to community resources. Can assist with transitioning older adults to assisted living facilities.

### **Jewish Social Service Agency (JSSA)**

#### **Care Management**

301-816-2633 (V)

[www.jssa.org/get-help/individuals-with-special-needs/care-coordination/](http://www.jssa.org/get-help/individuals-with-special-needs/care-coordination/)

Care managers provide a wide range of mental health, care management, and employment and support services for those in the community with special needs and older adults. Care managers can help individuals: identify the changing needs of a child and family; become a more effective advocate; gain access to specific programs and services; develop transition and future planning needs; identify community resources; connect with other families who face similar challenges; and understand the full range of available public benefits and funding. Services could include: assistance with medical appointments, including transportation; communication and family issues; home-delivered meals; home repair and maintenance coordination; medical and legal needs coordination; monitoring home care services (housekeeping, personal care); paperwork organization and bill paying; relocation and moving assistance; safety concerns; and socialization issues. Care managers can link individuals to JSSA's counseling services (individual, couple or group therapy, psychiatric evaluation or medication management); home support services through Premier Homecare; shopping and errands through JSSA's volunteer programs; escorted transportation to medical appointments; parent training and education; and JSSA workshops and support groups.

**Mental Health Targeted Case Management –  
Montgomery County Dept. of Health & Human  
Services**

240-777-1770 (V)

[www.montgomerycountymd.gov/hhs-program/bhcs/  
bhcsmentalhealthcasemgmt-p247.html](http://www.montgomerycountymd.gov/hhs-program/bhcs/bhcsmentalhealthcasemgmt-p247.html)

Services assist County residents age 18 and older with serious mental illness and/or co-occurring substance abuse disorders to gain access to the full range of mental health services, as well as to the additional needed services, including substance abuse treatment, medical, employment, social, financial assistance, counseling, educational, housing, and other support services. Serves primarily as a broker to mental health treatment and other services, providing case management on a short-term basis. No medical, dental, or psychiatric treatment is directly provided.

**Planned Lifetime Assistance Network (PLAN) of  
Maryland - DC, Inc.**

604 South Frederick Avenue, Suite 411

Gaithersburg, MD 20877

301-740-8444 (V)

E-mail: [admin@planofmd-dc.org](mailto:admin@planofmd-dc.org)

[www.planofmd-dc.org](http://www.planofmd-dc.org)

Provide clinical case management to supplement a family's effort to provide support to their loved one with a disability. Services include: counseling; assistance applying for public benefits; budgeting, bill payment and escrow account management; assistance applying for housing and vocational rehabilitation programs; coordinating medical care; and socialization groups and activities.

**Rock Creek Foundation – Affiliated Santé Group  
Resource Coordination Services**

12120 Plum Orchard Drive, Suite E

Silver Spring, MD 20904

301-586-0900 (V)

[www.rockcreek.org](http://www.rockcreek.org)

Provide case management and assistance with access to community-based supports for individuals with traumatic and acquired brain injury, including, but not limited to, entitlements, advocacy, housing, medical, psychiatric, and vocational services.

**TLC's Outcomes Services**

2092 Gaither Road, Suite 100

Rockville, MD 20850

301-294-9205 (V)

301-424-5203 (TTY)

[www.ttlc.org/outcomes\\_service](http://www.ttlc.org/outcomes_service)

Highly individualized supports are offered to assist adults in maximizing their independent living skills in this long-term, DDA funded program. Supports are given in activities of daily living, such as drop-in supervision, money management, transportation, recreation, medical, home management, case management and employment. Offers intensive supports to students moving from school to employment and post-secondary pursuits. Each individual works closely with an Outcomes Case Manager on a day-to-day basis with an emphasis on open communication. Services provided may include career assessment, job seeking skills, job placement and coaching, travel training and case management. Work readiness behaviors and self-advocacy are also promoted.