### MONTGOMERY COUNTY, MD - DISABILITY NETWORK DIRECTORY

### **Emergency Resources**

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This is a project of the Montgomery County Commission on People with Disabilities. To submit an update, add or remove a listing, or request an alternative format, please contact: <a href="mailto:DHHSWebsite@montgomerycountymd.gov">DHHSWebsite@montgomerycountymd.gov</a>, 240-777-1246 (V), MD Relay 711.

## Adult Protective Services (APS) - Montgomery County Department of Health and Human Services

240-777-3000 (24 Hour Line)

240-777-4815 (TTY)

State mandated program that investigates allegations of abuse, neglect, self neglect and/or exploitation of vulnerable adults age 18 and older. The program provides professional services to reduce risk factors and promote protection of the health, safety and welfare of endangered, vulnerable adults. A vulnerable adult is one who lacks the physical or mental capacity to provide for his/her daily needs. A staff person will make a risk assessment of the person's safety and health needs. There may be one to three visits to determine this and staff will need to speak to the person who is being assessed. The APS staff person may ask other family members to give the staff person and the client time alone and if the family is present, will ask questions of the family members in regard to the client. Recommendations will be made for prevention and protection of the vulnerable adult.

#### American Red Cross

#### **National Capital Region Headquarters**

8550 Arlington Boulevard

Fairfax, VA 22031

#### Silver Spring Office

2020 East West Highway Silver Spring, MD 20910

703-584-8400 (V)

#### www.redcross.org/local/washington-dc

Provide practical and helpful awareness and educational information that shows the public how to save lives, reduce injuries, and protect their homes from disaster. Also provide shelter, food, and clothing to address basic human needs during disasters.

### Child Protective Services (CPS) - Montgomery County Department of Health and Human Services

240-777-4417 (24 Hour Report Line)

240-777-4815 (TTY)

240-777-3557 (FAX)

E-mail: ChildProtection@montgomerycountymd.gov
Program investigates reports of suspected child abuse
and neglect to ensure the safety of children and help
families stay together. This hotline responds to calls
about children living in Montgomery County. Reports
come from community members, family, school
personnel and others.

#### City of Gaithersburg - Community Services

1 Wells Avenue

Gaithersburg, MD 20877

301-258-6395 (V)

E-mail: <a href="mailto:communityservices@gaithersburgmd.gov/services/community-www.gov/services/community-www.gov/services/community-www.gov/services/commu

services

Implements and supports assistance programs encompassing interim case management, community outreach, and education (including a Housing Fair, School Community United in Partnership Conference, Domestic Violence Empowerment Conference, CHARACTER COUNTS! program, and more), housing counseling, financial wellness, emergency assistance and safety-net services, and provides resources and referrals to City residents in need. Division has access to a large network of agencies and organizations to which City residents can be referred for assistance.

#### Deaf Abused Women's Network (DAWN)

1140 3rd Street, NE

Washington, DC 20002

202-559-5366 (Videophone)

1-855-812-1001 (24/7 Videophone)

E-mail: info@deafdawn.org

Emergency E-mail: <a href="mailto:hotline@deafdawn.org">hotline@deafdawn.org</a>

(E-mail hotline hours: Monday through Friday,

9:00 a.m. to 5:00 p.m.)

www.deafdawn.org

Non-profit organization that addresses domestic violence, sexual assault and stalking in the deaf, hard of hearing and deaf-blind community. Appointments encouraged before coming to the office. Offer crisis intervention and survivor services including resource referrals (medical and legal); case management; peer advocacy; counseling; and support groups.

#### **EveryMind**

301-424-0656 (V)

301-738-2255 (24/7 Montgomery County Hotline)

301-738-2255 (Text Sunday through Thursday,

12:00 p.m. to 9:00 p.m.)

1-855-738-7176 (Veteran Peer Navigator)

https://suicidepreventionlifeline.org/chat/

(24/7 Online Chat)

E-mail: info@every-mind.org

www.every-mind.org

https://servingtogetherproject.org

Staff and volunteers provide supportive listening, information and resource referrals, and crisis intervention (including suicide assessments) for

individuals through telephone, text, and chat services. Services are free and confidential.

Youth Services: Licensed clinicians and interns provide help for school-age youth (ages 9 and older) dealing with behavioral issues at school and home such as truancy, anger management, and bullying – to cultivate healthy behaviors and improve coping skills. Also provide individual and family counseling, as well as groups, in school and community-based settings, to improve the wellbeing of students and families.

Adult Services: Case management services for homeless adults include shelter referrals, outreach, engagement, needs and housing assessments, entitlements and beneficiary referrals, advocacy, education, and connection to resources with a goal of connecting clients to shelter or permanent housing options.

Counseling: Individual and family counseling is provided in a community-based setting – to increase self-esteem, improve relationships with family and friends, and develop positive coping skills. Services are provided by EveryMind's licensed, bilingual clinicians. Clients are low-income, uninsured, and newly-arrived Spanish and French-speaking immigrants living in Montgomery County, many who have experienced trauma. In addition, services are available for individuals with Medicaid – to increase access to high quality mental health services for low-income adults.

**Friendly Visitor Program:** Provides friendship and emotional support to older adults who are homebound, isolated, and lonely – to reduce feelings of loneliness and isolation, help individuals remain in the community, and maintain a safe home environment.

Representative Payee Program: Provides money management services to individuals with a disability or mental illness who are unable to manage their own finances – to ensure clients have enough funding for food, clothing, shelter, medication, and other needs.

Military & Veterans: Serving Together Project provides education, information, referrals and coordination of resources for Veterans, service members and their families in the National Capital Region.

#### Montgomery County Coalition for the Homeless

405 E. Gude Drive Rockville, MD 20850 301-217-0314 (V)

E-mail: mcch@mcch.net

www.mcch.net

Provide permanent and transition housing, emergency shelter and supportive services for people experiencing homelessness.

Home Builders Care Assessment Center Men's Emergency Shelter provides case management; medical, psychiatric and dental care; employment services; breakfast, lunch and dinner; bathrooms and showers; and laundry facilities.

**Safe Havens** is an emergency housing program for men and women with severe and persistent mental

illness who have experienced homelessness. Provides a safe and welcoming living environment with 24/7 support from clinical and non-clinical staff. Help clients stabilize psychiatrically and then move into permanent housing with appropriate supportive services including case management; psychiatric services; life skills training to prepare for more independent living; and connection to medical care, vocational training, day treatment programs and other appropriate community resources.

Veterans Affairs Safe Havens provides emergency housing for Veterans experiencing homelessness. Permanent Supportive Housing connects people who have experienced homelessness to stable, permanent housing along with the services they need to ensure they never experience homelessness again. Clients receive rental assistance and ongoing supportive services.

#### **Montgomery County Crisis Center**

1301 Piccard Drive, 1st Floor
Rockville, MD 20850
240-777-4000 (24-Hour Immediate Crisis Line)
240-777-4195 (Abused Persons Program)
240-777-4357 (Victim Assistance and Sexual Assault –
24-Hour Crisis Line)
240-777-4815 (24-Hour TTY)

Provides crisis services 24 hours a day / 365 days a year. These services are provided over the telephone or in person (no appointment needed). Mobile Crisis Outreach will respond anywhere within Montgomery County to provide emergency psychiatric evaluations. Full crisis assessments and treatment referrals are provided for all crises, both psychiatric and situational. In addition, the program has six crisis beds as an alternative to hospitalization for those who are uninsured or are insured within the public mental health system. Crisis services are provided to County residents of all ages.

**Abused Persons Program:** Program provides crisis and ongoing counseling, shelter, support and advocacy services to victims of partner-related domestic abuse (domestic violence) and their families.

#### Neighborhood Opportunity Network – Department of Health & Human Services Gaithersburg Office

Family Services, Inc. 200 Girard Street, Suite 203 Gaithersburg, MD 20877 240-773-1151 (V)

**Hours:** Monday through Thursday, 9am to 12pm and 1pm to 4pm; Fridays, 9am to 11am and 12pm to 2pm.

**Long Branch Office** 

**TESS** Center

8513 Piney Branch Road Silver Spring, MD 20901 240-773-8260 (V)

**Hours:** Monday through Friday, 9am to 3pm and by

afternoon appointment.

Wheaton Office

Catholic Charities Office 12247 Georgia Avenue Silver Spring, MD 20906 301-942-1790 (V)

**Hours:** Wednesdays and Fridays, 9am to 3pm and by appointment.

Individuals and families may apply for all public assistance programs (Maryland Children's Health Program/Care for Kids (limited access), Food Stamps, Temporary Cash Assistance (TCA) and Temporary Disability Assistance Program (TDAP), Child Care Subsidy, Rental Assistance and Maryland Energy Assistance Program or (MEAP). Referrals for medical and dental assistance, furniture, food, and other agencies and nonprofits that provide services may also be accessed at the site.

#### Rainbow Place

Rockville Presbyterian Church 215 W. Montgomery Avenue Rockville, MD 20850 301-762-1496 (V)

E-mail: rainbow@rainbowplace.org

www.rainbowplace.org

Provide cold weather emergency overnight shelter to adult women age 18+ in Montgomery County who are experiencing homelessness. Open from 7pm to 7am from November 1 through March 31. Clients receive a warm, safe place to sleep, a hot dinner, breakfast, a bag lunch, shower, laundry facilities, limited storage space, limited transportation, access to case management, and referrals to local social service and treatment programs. Clients may be referred from the Montgomery County Crisis Center (240-777-4400) or by self-referral. All self-referrals will be directed to the Crisis Center for an initial screening before returning for shelter services.

# Smoke Alarm Program – Montgomery County Fire & Rescue Services

311 (V)

240-777-0311 (V)

www.montgomerycountymd.gov/mcfrs-info

Residents of Montgomery County may request a free home safety visit. The installation of free smoke alarms is targeted to high risk individuals that include older people and senior citizens, individuals with mobility, vision or hearing impairments and residents who may have a disability or be economically challenged. Specially designed smoke alarms are available for those who are deaf or hard of hearing.

#### **Stepping Stones Shelter**

301-251-0567 (V)

E-mail: info@steppingstonesshelter.org

www.steppingstonesshelter.org

Provides a continuum of services (emergency shelter, permanent supportive housing, and postshelter support) for homeless families with children in order to help move them from the crisis of homelessness to a stable home environment. The emergency shelter program offers safe shelter, food, clothing, support services, and educational programming (focus on housing, employment, and financial literacy). Case managers work with families. referring them to needed services, and helping them increase their income and identify options. Tutors work with the school-age children, and employment counselors work one-on-one with residents to provide intense employment counseling and GED tutoring. Also provides support to former resident families in the community as well as permanent housing and ongoing support services for two families, each with a disabled head of household through their Hope Housing collaboration with the Montgomery County Coalition for the Homeless.

#### Area Hotlines

These 24-hour hotlines can provide additional information, referrals and supportive conversation.

EveryMind: 301-738-2255 (V)

**The National Hopline** 

Helpline: 1-800-442-4673 (Toll Free)

Maryland Crisis Line: 1-800-422-0009 (Toll Free)

**Montgomery County** 

**Crisis Center:** 240-777-4000 (V)

National Suicide

Prevention Lifeline: 1-800-273-8255 (Toll Free)

#### **HELP**

Volunteer programs providing food. Some also provide emergency, transportation, clothing, furniture and financial assistance.

Bethesda HELP: 301-365-2022 (V)

**Damascus HELP:** 301-253-4100 (V)

**Gaithersburg HELP:** 301-216-2510 (V)

**Germantown HELP:** 301-482-1320 (V)

**Olney HELP:** 301-774-4334 (V)

**Rockville HELP:** 301-564-0800 (V)

**WUMCO** (Western Upper

Montgomery County) HELP: 301-972-8481 (V)