

# MONTGOMERY COUNTY, MD - DISABILITY NETWORK DIRECTORY

## Respite Care

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**This is a project of the Montgomery County Commission on People with Disabilities. To submit an update, add or remove a listing, or request an alternative format, please contact: [DHHSWebsite@montgomerycountymd.gov](mailto:DHHSWebsite@montgomerycountymd.gov), 240-777-1246 (V), MD Relay 711.**

### **A & C Support Services, Inc.**

1602 Belle View Boulevard #3015  
Alexandria, VA 22307  
301-684-5600 (MD)  
703-659-8404 (VA)

<https://a-c-support.business.site>

Provide services to individuals with developmental disabilities and seniors. Respite Care – Planned or emergency temporary care relief. Short notice is accepted. Support Broker – Supporting eligible individuals and their families using consumer directed services. Support Coordination – Coordinating and developing and accessing necessary supports on behalf of individuals and their families.

Life Skills Coach – Providing skills training, behavior support and supports with independent living and accessing the community. Accept private pay and insurances and work with families with limited income and resources. All supports are provided in families or home or the community. Serving the DMV.

### **Advanced Nursing & Home Support**

121 Congressional Lane, Ste. 203  
Rockville, MD 20852  
240-283-4984 (V)

[www.advancedhomesupport.com](http://www.advancedhomesupport.com)

Provide short- or long-term respite care. Services include skilled nursing care, homemaking and personal care, transportation, and specialty cleaning services.

### **ALTA HealthCare Services**

101 Lakeforest Boulevard, Suite 250  
Gaithersburg, MD 20877  
240-801-9818 (V)

E-mail: [info@altahealthcareservices.com](mailto:info@altahealthcareservices.com)

[www.altahhealthcareservices.com](http://www.altahhealthcareservices.com)

Provides individuals who requires assistance with completing Activities of Daily Living (ADLs) so that caregivers can rest and recharge.

### **Arc Montgomery County Respite Services**

11600 Nebel Street, Suite #150  
Rockville, MD 20852  
301-816-9647 (V)

E-mail: [respite@arcmontmd.org](mailto:respite@arcmontmd.org)

[www.thearcmontgomerycounty.org/what-we-do/respite](http://www.thearcmontgomerycounty.org/what-we-do/respite)

Occasional, short-term temporary physical and emotional relief for families with adults with function disabilities, children or adults with intellectual and developmental disabilities, children with challenging behaviors, and frail seniors. Respite care is usually limited to 10 hours per day, and can be used in many locations, including the family home, community and recreational programs, camps, senior day programs and approved respite facilities.

### **BMA Healthcare Services, Inc.**

4030 Blackburn Lane  
Burtonsville, MD 20866  
301-421-0044 (V)

Respite care on a short-term periodic basis to children with medical or behavioral needs. Approved autism waiver service provider.

### **Caregiver Action Network**

1130 Connecticut Avenue, Suite 300  
Washington, DC 20036  
202-454-3970 (V)

E-mail: [info@caregiveraction.org](mailto:info@caregiveraction.org)

[www.caregiveraction.org](http://www.caregiveraction.org)

Non-profit organization providing education, peer support, and resources to family caregivers across the country free of charge.

### **Caring Communities Respite Care Registry**

[www.caringcommunities.org/registry](http://www.caringcommunities.org/registry)

Online and searchable respite registry in the Baltimore/Washington area.

### **Catholic Charities - Community Companions**

1010 Grandin Avenue  
Rockville, MD 20851  
301-251-2860 x 604 (V)

Provide respite care services for families in Montgomery County who have a member with autism or other developmental disability regardless of age. **Take-A-Break Program** allows caregivers a few hours of respite by engaging students in age-appropriate activities on Saturday afternoons. Program operates September to June. **Respite Camps** operate on days when Montgomery County schools are closed, including winter and spring breaks, from 8am to 6pm. Daily and weekly rates available. Autism Waiver funding, Maryland Developmental Disabilities funding, and private payment are accepted.

### **Elizabeth Cooney Personnel Agency**

#### **Emergency Respite Care**

Elizabeth Weglein, CEO  
410-323-1700 (V)  
[ew@elizabethcooneyagency.com](mailto:ew@elizabethcooneyagency.com)  
[www.elizabethcooneyagency.com](http://www.elizabethcooneyagency.com)

Emergency respite care is for an unplanned event that requires the unavoidable absence of the primary caregiver. Services are available within 72 hours (3 days) across Maryland and across the lifespan – any age, any disability. Offer quality care if your favorite respite provider is not available. Pre-registration options available, including resource identification. Approval for emergency respite will be determined within 48 hours of request. A family may only make one request per 12-month period and the maximum grant per family is \$225 per 12-month period. Funded by the Maryland Department of Human Services.

### **Home Care Partners, Inc**

1234 Massachusetts Avenue, NW, Suite C-1002  
Washington, DC 20005  
202-638-2382 (V)  
E-mail: [info@homecarepartners.org](mailto:info@homecarepartners.org)  
[www.homecarepartners.org](http://www.homecarepartners.org)

Reimbursements for respite to allow family caregivers to get a break. Reimbursements for respite care to allow family caregivers to get a break by either bringing an agency respite service into the home to care for the elder or placing their relative in an overnight facility. Reimbursements for Family/Friend respite care assistance in which the family caregiver identifies and pays other family members or friends to help provide care.

### **Kids Being Kids**

Carl Sandburg Learning Center  
451 Meadow Hall Drive  
Rockville, MD 20851  
301-473-1535 (V)

[www.kidsbeingkids.org](http://www.kidsbeingkids.org)

Serve children with special needs and their families in Montgomery, Frederick and Prince Georges Counties in Maryland. Encourage participation and independence through structure, support and offer play-based programs, camps and Saturday social skills groups.

#### **Saturplay**

[saturplay@kidsbeingkids.org](mailto:saturplay@kidsbeingkids.org)

A play-based social skills and independence-building program for kids with special needs. It focuses on social and emotional development (friendships), communication, sensory integration, fitness and motor skill development, increasing independence and much more. The low staff to child ratio allows children to take part in all types of play experiences such as drama, science, sports, arts, music, etc. Each session includes a Player Report giving detailed information about skills taught and utilized to support play in the home and community.

#### **Summer Camp**

[camp@kidsbeingkids.org](mailto:camp@kidsbeingkids.org)

Offer neo-traditional sports, arts and crafts, dramatic play, music and movement, water play, experiential learning, sensory integration activities, social skills development, independence building, friendship and fun.

### **Klien's Educational & Health Care Services, Inc.**

13439 New Hampshire Avenue  
Silver Spring, MD 20904  
301-879-7980 (V)  
E-mail: [klienseducation@yahoo.com](mailto:klienseducation@yahoo.com)  
[www.kliensedu-hcs.com](http://www.kliensedu-hcs.com)

Temporary care provided for families of children with autism spectrum disorders. Relieves regular caregivers from continuous care and responsibility. Designed to prevent out-of-home placement. Supervisors and Technicians work to assist families in improving household activities.

### **Lollipop Kids Foundation**

20 Southlawn Lane, Suite D  
Rockville, MD 20850  
202-640-2035 (V)  
E-mail: [info@lollipopkidsfoundation.org](mailto:info@lollipopkidsfoundation.org)  
[www.lollipopkidsfoundation.org](http://www.lollipopkidsfoundation.org)

Short-term care for children with developmental disabilities. Monthly respite program invites children with disabilities to join us for a day of games, outings, arts and crafts, movies, and many other activities. Also offer support groups for parents and caregivers of children with disabilities.

**Meaningful Futures, LLC**

9309 Linden Avenue  
Bethesda, MD 20814  
Email: [info@meaningfulfutures.org](mailto:info@meaningfulfutures.org)  
[www.MeaningfulFutures.org](http://www.MeaningfulFutures.org)

Autism Waiver Service Provider in Maryland that provides Family Training and Consultation and Respite Services to children diagnosed with Autism and other disabilities, ages birth to 21 years, who are currently enrolled in the Autism Waiver program. Other funding sources and private clients may also be accepted. Care is provided by trained, certified care workers in the family's home or community.

**Potomac Community Resources, Inc:**

**Tricia Sullivan Respite Care Program 1 & 2**

1010 Grandin Avenue  
Rockville D 20851  
301-365-0561 (V)  
Email: [mwyman@pcr-inc.org](mailto:mwyman@pcr-inc.org)  
[www.pcr-inc.org](http://www.pcr-inc.org)

Tricia Sullivan Respite Care Programs provide recreational activities for teenagers and adults with developmental differences in a community-based setting. In order to facilitate social, cognitive, and physical growth, this program uses therapeutic activities designed to fit the skill level of individuals with maximum and moderate assistance needs. TSR includes activities such as music therapy, pet therapy, aerobic exercise, massage therapy, relaxation and dance therapy to provide members with new learning and leisure opportunities. TSR programs are held on Sundays from 12:00-5:00PM in Rockville, MD. The fee is \$50 per session, payable upon arrival to the program. Admission by interview only. Please contact PCR office for more information.

**Respite Care / Developmental Disabilities /  
Community Support Network / Montgomery  
County Aging and Disability Services**

1401 Rockville Pike, 2<sup>nd</sup> Floor  
Rockville, MD 20852  
240-777-1216 (V)  
711 (MD Relay)

Provides short term temporary relief to unpaid live-in caregivers/families who are providing full-time care to children severe medical conditions, children/adults with disabilities, or frail seniors. Care is provided by trained, certified care workers in the family's home or in a respite care facility.

**Royal Treatment Health Care Services**

19110 Montgomery Village Avenue, Suite  
303  
Montgomery Village, MD 20886  
301-975-9457 (V)  
<http://royaltreatmenthealthcare.com>  
Respite care program.

**Visiting Angels**

**Gaithersburg Office**

971 A Russell Avenue  
Gaithersburg, MD 20879  
301-355-6578 (V)

**Silver Spring Office**

804 Pershing Drive, #110  
Silver Spring, MD 20910  
301-578-1616 (V)

[www.visitingangels.com/silverspring/home](http://www.visitingangels.com/silverspring/home)

Respite for family caregivers.

**Way Station, Inc. - Camp Journey Respite Program**

Dave Evason, Manager of Respite Services  
230 W. Patrick Street  
P.O. Box 3826  
Frederick, MD 21705  
301-682-3446 (V)

E-mail: [devason@waystationinc.org](mailto:devason@waystationinc.org)

[www.waystationinc.org/Child\\_Adol.htm#CJ](http://www.waystationinc.org/Child_Adol.htm#CJ)

Facility-based Respite Program takes place in an 8-bed home-like environment where youth with emotional and behavioral disabilities ages 11-17 stay overnight for varying lengths of time.

**Whole Self Center**

Stephen C. Hartman, LCSW-C, Founder/Director  
331 Gambrills Road, Suite 4A  
Gambrills, MD 21054  
410-923-1100 (V)

E-mail: [schartman@wholeselfcenter.com](mailto:schartman@wholeselfcenter.com)

[www.theholeselfcenter.com](http://www.theholeselfcenter.com)

Autism Waiver provider. Family training, intensive individual support services and respite care. Respite can occur at the individual's home or a community in the state of Maryland. Overnight respite is also available.