### Montgomery County, MD - Disability Network Directory

**Respite Care**

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<table>
<thead>
<tr>
<th>A &amp; C Support Services, Inc.</th>
<th>Arc Montgomery County Respite Services</th>
</tr>
</thead>
<tbody>
<tr>
<td>11140 Rockville Pike, Suite 100</td>
<td>7362 Calhoun Place</td>
</tr>
<tr>
<td>Rockville, MD 20852</td>
<td>Rockville, MD 20855</td>
</tr>
<tr>
<td>301-684-5600 x 103 (MD)</td>
<td>301-984-5777 x 1204 (V)</td>
</tr>
<tr>
<td>703-659-8404 (VA)</td>
<td>E-mail: <a href="mailto:respite@arcmontmd.org">respite@arcmontmd.org</a></td>
</tr>
<tr>
<td><a href="https://a-c-support.business.site">https://a-c-support.business.site</a></td>
<td><a href="http://www.thearcmontgomerycounty.org/what-we-do/respite">www.thearcmontgomerycounty.org/what-we-do/respite</a></td>
</tr>
<tr>
<td>Provide services to individuals with developmental disabilities and seniors.</td>
<td>Occasional, short-term temporary physical and emotional relief for families with adults with function disabilities, children or adults with intellectual and developmental disabilities, children with challenging behaviors, and frail seniors ages 60+. Respite care is usually limited to 10 hours per day, and can be used in many locations, including the family home, community and recreational programs, camps, senior day programs and approved respite facilities.</td>
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<tr>
<td><strong>Respite Care:</strong> Planned or emergency temporary care relief. Short notice is accepted.</td>
<td><strong>Support Broker:</strong> Supporting eligible individuals and their families using consumer directed services.</td>
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<td><strong>Life Skills Coach:</strong> Providing skills training, behavior support and supports with independent living and accessing the community. Accept private pay and insurances and work with families with limited income and resources. All supports are provided in families or home or the community. Serving the DMV.</td>
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<td></td>
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<tr>
<td><strong>Advanced Nursing &amp; Home Support</strong></td>
<td>BMA Healthcare Services, Inc.</td>
</tr>
<tr>
<td>121 Congressional Lane, Ste. 203</td>
<td>4030 Blackburn Lane</td>
</tr>
<tr>
<td>Rockville, MD 20852</td>
<td>Burtonsville, MD 20866</td>
</tr>
<tr>
<td>240-283-4984 (V)</td>
<td>301-421-0044 (V)</td>
</tr>
<tr>
<td>Provide short- or long-term respite care. Services include skilled nursing care, homemaking and personal care, transportation, and specialty cleaning services.</td>
<td></td>
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<tr>
<td><strong>ALTA HealthCare Services</strong></td>
<td>Caregiver Action Network</td>
</tr>
<tr>
<td>101 Lakeforest Boulevard, Suite 250</td>
<td>1130 Connecticut Avenue, Suite 300</td>
</tr>
<tr>
<td>Gaithersburg, MD 20877</td>
<td>Washington, DC 20036</td>
</tr>
<tr>
<td>240-801-9818 (V)</td>
<td>202-454-3970 (V)</td>
</tr>
<tr>
<td>E-mail: <a href="mailto:info@altahwealthcareservices.com">info@altahwealthcareservices.com</a></td>
<td>E-mail: <a href="mailto:info@caregiveraction.org">info@caregiveraction.org</a></td>
</tr>
<tr>
<td><a href="http://www.altahwealthcareservices.com">www.altahwealthcareservices.com</a></td>
<td><a href="http://www.caregiveraction.org">www.caregiveraction.org</a></td>
</tr>
<tr>
<td>Provides individuals who requires assistance with completing Activities of Daily Living (ADLs) so that caregivers can rest and recharge.</td>
<td>Non-profit organization providing education, peer support, and resources to family caregivers across the country free of charge.</td>
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<tr>
<td><strong>Caring Communities Respite Care Registry</strong></td>
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</tbody>
</table>
Catholic Charities - Community Companions  
1010 Grandin Avenue  
Rockville, MD 20851  
301-251-2860 x 604 (V)  
Provide respite care services for families in Montgomery County who have a member with autism or other developmental disability regardless of age. **Take-A-Break Program** allows caregivers a few hours of respite by engaging students in age-appropriate activities on Saturday afternoons. Program operates September to June. **Respite Camps** operate on days when Montgomery County schools are closed, including winter and spring breaks, from 8am to 6pm. Daily and weekly rates available. Autism Waiver funding, Maryland Developmental Disabilities funding, and private payment are accepted.

Elizabeth Cooney Personnel Agency  
Emergency Respite Care  
Elizabeth Weglein, CEO  
410-323-1700 (V)  
[ew@elizabethcooneyagency.com](mailto:ew@elizabethcooneyagency.com)  
[www.elizabethcooneyagency.com](http://www.elizabethcooneyagency.com)  
Emergency respite care is for an unplanned event that requires the unavoidable absence of the primary caregiver. Services are available within 72 hours (3 days) across Maryland and across the lifespan – any age, any disability. Offer quality care if your favorite respite provider is not available. Pre-registration options available, including resource identification. Approval for emergency respite will be determined within 48 hours of request. A family may only make one request per 12-month period and the maximum grant per family is $225 per 12-month period. Funded by the Maryland Department of Human Services.

Home Care Partners, Inc  
1234 Massachusetts Avenue, NW, Suite C-1002  
Washington, DC 20005  
202-638-2382 (V)  
E-mail: [info@homecarepartners.org](mailto:info@homecarepartners.org)  
[www.homecarepartners.org](http://www.homecarepartners.org)  
Reimbursements for respite to allow family caregivers to get a break. Reimbursements for respite care to allow family caregivers to get a break by either bringing an agency respite service into the home to care for the elder or placing their relative in an overnight facility. Reimbursements for Family/Friend respite care assistance in which the family caregiver identifies and pays other family members or friends to help provide care.

Kids Being Kids  
Carl Sandburg Learning Center  
451 Meadow Hall Drive  
Rockville, MD 20851  
301-473-1535 (V)  
[www.kidsbeingkids.org](http://www.kidsbeingkids.org)  
Serve children with special needs and their families in Montgomery, Frederick and Prince Georges Counties in Maryland. Encourage participation and independence through structure, support and offer play-based programs, camps and Saturday social skills groups. **Saturplay**  
[saturplay@kidsbeingkids.org](mailto:saturplay@kidsbeingkids.org)  
A play-based social skills and independence-building program for kids with special needs. It focuses on social and emotional development (friendships), communication, sensory integration, fitness and motor skill development, increasing independence and much more. The low staff to child ratio allows children to take part in all types of play experiences such as drama, science, sports, arts, music, etc. Each session includes a Player Report giving detailed information about skills taught and utilized to support play in the home and community. **Summer Camp**  
[camp@kidsbeingkids.org](mailto:camp@kidsbeingkids.org)  
Offer neo-traditional sports, arts and crafts, dramatic play, music and movement, water play, experiential learning, sensory integration activities, social skills development, independence building, friendship and fun.

Klien’s Educational & Health Care Services, Inc.  
13439 New Hampshire Avenue  
Silver Spring, MD 20904  
301-879-7980 (V)  
E-mail: [klienseducation@yahoo.com](mailto:klienseducation@yahoo.com)  
[www.kliensedu-hcs.com](http://www.kliensedu-hcs.com)  
Temporary care provided for families of children with autism spectrum disorders. Relieves regular caregivers from continuous care and responsibility. Designed to prevent out-of-home placement. Supervisors and Technicians work to assists families in improving household activities.

Lollipop Kids Foundation  
20 Southlawn Lane, Suite D  
Rockville, MD 20850  
202-640-2035 (V)  
E-mail: [info@lollipopkidsfoundation.org](mailto:info@lollipopkidsfoundation.org)  
[www.lollipopkidsfoundation.org](http://www.lollipopkidsfoundation.org)  
Short-term care for children with developmental disabilities. Monthly respite program invites children with disabilities to join us for a day of games, outings, arts and crafts, movies, and many other activities. Also offer support groups for parents and caregivers of children with disabilities.
Meaningful Futures, LLC  
9309 Linden Avenue  
Bethesda, MD 20814  
Email: info@meaningfulfutures.org  
www.MeaningfulFutures.org  
Autism Waiver Service Provider in Maryland that provides Family Training and Consultation and Respite Services to children diagnosed with Autism and other disabilities, ages birth to 21 years, who are currently enrolled in the Autism Waiver program. Other funding sources and private clients may also be accepted. Care is provided by trained, certified care workers in the family’s home or community.

Potomac Community Resources, Inc:  
Tricia Sullivan Respite Care Program 1 & 2  
1010 Grandin Avenue  
Rockville D 20851  
301-365-0561 (V)  
Email: mwwyman@pcr-inc.org  
www.pcr-inc.org  
Tricia Sullivan Respite Care Programs provide recreational activities for teenagers and adults with developmental differences in a community-based setting. In order to facilitate social, cognitive, and physical growth, this program uses therapeutic activities designed to fit the skill level of individuals with maximum and moderate assistance needs. TSR includes activities such as music therapy, pet therapy, aerobic exercise, massage therapy, relaxation and dance therapy to provide members with new learning and leisure opportunities. TSR programs are held on Sundays from 12:00-5:00PM in Rockville, MD. The fee is $50 per session, payable upon arrival to the program. Admission by interview only. Please contact PCR office for more information.

Royal Treatment Health Care Services  
19110 Montgomery Village Avenue, Suite 303  
Montgomery Village, MD 20886  
301-975-9457 (V)  
http://royaltreatmenthealthcare.com  
Respite care program.

Unique Private Care and Nurse Staffing  
1125 West Street #512  
Annapolis, MD 21401  
240-206-8883 (V)  
1-866-214-4772 (After Hours)  
E-mail: adultservice@uniqueprivatecare.com  
E-mail: pediatricservice@uniqueprivatecare.com  
www.uniqueprivatecare.com  
Respite care program. Serving Maryland.

Upcounty Community Resources  
240-614-0444 (V)  
E-mail: JennLynn@ucresources.org  
www.ucresources.org  
Private, non-profit that offers innovative programs, events, and social opportunities for members of the community with developmental and intellectual differences. Weekend enrichment / respite program features vocational training held three Sundays per month. Respite Hours and DDA funding accepted for this program. Therapeutic programs incorporate drawing, painting, collage, sculpture and crafts, and singing, playing, moving and creating music. Community inclusion programs include a walking workout club, rock band jam nights, and a social skills night out for young adult males with Autism. Social activities include community outings, sporting events, dances, bingo night, and more. Offer skill building work programs for adults with I/DD in the community, in public restaurants, retail, and outdoor areas. Members learn social tolerance, task completion and vocational skills/responsibilities and community members see potential and desire to work. Attendees must exhibit minimal behaviors and no personal care is provided.

Visiting Angels  
Gaithersburg Office  
971 A Russell Avenue  
Gaithersburg, MD 20879  
301-355-6578 (V)  
www.visitingangels.com/silverspring/home

Respite care program. Serving Maryland.
Way Station, Inc. - Camp Journey Respite Program
Dave Evason, Manager of Respite Services
230 W. Patrick Street
P.O. Box 3826
Frederick, MD 21705
301-682-3446 (V)
E-mail: devason@waystationinc.org
www.waystationinc.org/Child_Adl.htm#CJ
Facility-based Respite Program takes place in an 8-bed home-like environment where youth with emotional and behavioral disabilities ages 11-17 stay overnight for varying lengths of time.

Whole Self Center
Stephen C. Hartman, LCSW-C, Founder/Director
331 Gambrills Road, Suite 4A
Gambrills, MD 21054
410-923-1100 (V)
E-mail: schartman@wholeselfcenter.com
www.wholeselfcenter.com
Autism Waiver provider. Family training, intensive individual support services and respite care. Respite can occur at the individual's home or a community in the state of Maryland. Overnight respite is also available.