

# MONTGOMERY COUNTY, MD - DISABILITY NETWORK DIRECTORY

## Sibling Support

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This is a project of the Montgomery County Commission on People with Disabilities. To submit an update, add or remove a listing, or request an alternative format, please contact: [DHHSWebsite@montgomerycountymd.gov](mailto:DHHSWebsite@montgomerycountymd.gov), 240-777-1246 (V), MD Relay 711.

### **Jewish Social Service Agency (JSSA) - Sibling Support Workshop**

200 Wood Hill Road  
Rockville, MD 20850  
301-610-8328 (V)

[www.jssa.org](http://www.jssa.org)

For siblings of children with physical and/or developmental disabilities. Groups may be co-ed and will be formed based on age/specific needs. Discussion topics include: education about disabilities, coping strategies, and strengthening communication.

### **Maryland Sibling Network**

[www.facebook.com/MarylandSiblingNetwork](https://www.facebook.com/MarylandSiblingNetwork)

Facebook group for adult siblings in Maryland to connect with others that have a sibling with a disability to asks questions, gain information, get and provide support, vent, network or simply connect with others sibs.

### **Sibling Leadership Network**

Katie Arnold, Executive Director

E-mail: [katie.arnold@siblingleadership.org](mailto:katie.arnold@siblingleadership.org)

<http://siblingleadership.org>

Provide siblings of individuals with disabilities the information, support and tools to advocate with their brothers and sisters and to promote the issues important to them and their entire families.

### **Sibling Support Project**

E-mail: [info@siblingsupport.org](mailto:info@siblingsupport.org)

[www.siblingsupport.org](http://www.siblingsupport.org)

National effort dedicated to the life-long concerns of brothers and sisters of people who have special health, developmental, or mental health concerns, host online groups for teen and adult siblings, and presented workshops on sibling issues internationally and in every state.

### **Sibshops - The Arc Montgomery County Children & Youth Services**

Haydee De Paula, Family Services Liaison  
10611 Tenbrook Drive  
Silver Spring, MD 20901  
301-984-5777 x 1275 (V)

<http://thearcmontgomerycounty.org/what-we-do-for-families/sibshops.html>

Program just for brothers and sisters of kids with special needs. Children ages 8 to 13 who have a sibling with special health or developmental needs can connect with peers having similar family situations. Offered on Sunday from 1:00 p.m. to 5:00 p.m. Together they play fun, high-energy games and talk about the good and not-so-good parts of having a sibling with special needs. There is a fee and pre-registration is required. Sibshops is a collaboration between Mt. Washington Pediatric Hospital and The Arc Montgomery County.

### **Sibteen**

[www.facebook.com/groups/SibTeen](https://www.facebook.com/groups/SibTeen)

A closed Facebook group where teenage siblings of people with disabilities can connect. Members can share unique concerns, joys, frustrations and information with others who understand.