

# **TRANSPORTATION NETWORK DIRECTORY** FOR PEOPLE WITH DISABILITIES AND ADULTS 50+

**MONTGOMERY COUNTY, MARYLAND** 

## **GROCERY SHOPPING TRANSPORTATION**

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This is a project of the Montgomery County Commission on People with Disabilities. To submit an update, add or remove a listing, or request an alternative format, please email MCCPWD@montgomerycountymd.gov.

\* Providers with an asterisk provide assistance during grocery shopping. \*

#### City of Rockville

Provides grocery shopping transportation to residents 60+ who live in the city limits of Rockville. Call for reservations and area pickup and drop off locations.

#### **Gaithersburg Help**

Transportation provided free of charge for the elderly, disabled or those otherwise unable to take public transportation. Must be a resident of Gaithersburg. Service area includes all of zip codes 20877, 20878, 20879, 20880, and 20886, plus parts of: 20850 (west of Shady Grove Rd and north of Piney Meetinghouse Rd) 20855 (west of Redland Rd/Muncaster Rd) 20882 (south of Brink Rd and west of Olney-Laytonsville Rd). Appointment must be within 20 miles driving distance of downtown Gaithersburg. Requests must be made at least 48 hours (2 business days) in advance. Can provide up to 18 rides per calendar year. Office Hours: 8am to 5pm.

www.gaithersburghelp.org/get-help/transportation/

#### Greater Olney Rides, Inc.

Volunteer drivers provide free escorted transportation for medical appointments, shopping, and other needs to riders age 60+ and living in Olney, Ashton, Brookeville, and Sandy Spring area. Trips must be within a 15 mile radius of downtown Olney. They also serve those outside their service area who need transportation to MedStar Montgomery's Medical Center. Must request ride at least 7 days in advance. Now offering older adults that are registered riders with the organization a free pick-up service of prepaid goods. This service can be used for pick-up needs such as (but not limited to) groceries, prescriptions, library books, and more.

www.gorides.org • Email: coordinator@olneyhomeforlife.org

### \* JCA Escorted Transportation Program

Subsidized, low-cost escorted transportation to medical appointments, pharmacies, grocery stores or other outings for qualified low-income Montgomery County residents age 50+. Customers must require assistance due to physical, cognitive or emotional impairment. Transportation providers are relatives or friends of the customer, designated licensed private driving organizations, local cab companies, and volunteers. If the customer recruits his/her own driver, the driver will be reimbursed for mileage. Each customer may take up to three trips per month with a maximum of 32 trips per year. Round trips may be three hours or less. Customers pay based on household income level. Montgomery County Department of Health and Human Services pays the remainder of the cost.

https://accessjca.org/escorted-transportation • Email: escorted.transport@accessjca.org

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Regency Taxi  Offer free rides for Montgomery County residents age 70+. Rides must be within a ten mile radius of pick-up location. Riders must provide proof of age. To reserve a ride, call between 7am and 3pm. Free trips are capped at a maximum of 100 per month for entire program.  301-990-9000 (V
www.regencytaxi.com • Email: info@regencytaxi.com
Senior Connection  Uses a network of volunteer drivers to provide free, escorted transportation to County residents aged 60 and older. Provide up to six escorted roundtrips per month, per client to a pre-scheduled appointment. Acceptable appointments include medical appointment or follow up visits; pharmacy for medication; activities and social events; religious observations; trips to the bank or post office; stores for grocery or other shopping; or other appointments. Requests must be made at least 2 to 3 weeks in advance. Accept requests up to two months in advance. Unable to serve people who use wheelchairs. Office Hours: Monday through Friday 10am to 4pm.  301-962-0820 (\text{\text{\text{Nww.seniorconnectionmc.org/our-programs/senior-rides/}} \( \) Email: \( \frac{\text{info@seniorconnectionmc.org} \)
Senior Transportation Service, LLC Assisted transportation service to medical appointments, hair appointments, restaurants, theatre, airports, train stations, and more. Also provide quick trip service for errands and out-of-state trips. Serve MD, VA and DC.  240-855-6355 (\widenum www.seniortransportationservice.com • Email: srtrsv@gmail.com
Transcend Services, Inc. Assisted transportation for doctor visits, hospital visits, physical and occupational therapy, dialysis, special events, group trips, airport pick-up and delivery, family functions, and assisted transportation. Sedans, minivans and custom wheelchair vans.  410-526-4949 (V
Western Upper Montgomery County (WUMCO) Help Transportation to medical appointments and for social services provided by volunteers. For Poolesville, Barnesville, Beallsville, Boyds, Dickerson and surrounding areas.  301-972-8481 (\)

www.wumcohelp.org • Email: info@wumcohelp.org

## **Delivery or Curbside Pick Up Only**

#### **Food Lion**

Grocery delivery or pick up. Order online or via their mobile application. Delivery and pick up fees.

1-800-210-9569 (Toll Free)

https://shop.foodlion.com/

Giant Grocery delivery or pick up. Order online or via their mobile application. Delivery and pick up fees. www.giantfood.com Instacart Grocery delivery service that connects the user with personal shoppers in their area who pick up and deliver groceries from local stores. Register and order online or via their mobile application. Delivery fees. ......1-888-246-7822 (Toll Free) www.instacart.com • Email: help@instacart.com Safeway Grocery delivery or pick up. Order online or via their mobile application. Delivery and pick up fees. www.safeway.com/lp/delivery-by-safeway.html Wegmans Grocery deliver or pick up. Order online or via their mobile application. Delivery and pick up fees. ......1-800-934-6267 (Toll Free)

https://shop.wegmans.com/shop/categories

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