

# Department of Health and Human Services

### Exploring the Issues

Dr. Odile Brunetto Chief, Aging and Disability Services

February 2021



# Description + Target Audience

#### Description

▶ This class will provide clinicians and other human service staff with a better understanding of how the County serves older people and people with disabilities. Participants will learn about the overall mission of Aging and Disability (A&D) Services, and the programs offered by the three major areas that comprise A&D. In addition, we will discuss how services to this population are integrated within the Department, and how participants can apply this information to their own practice and client referrals. In addition to PowerPoint presentations, attendees will have the opportunity to interact with presenters as a panel, and participate in group discussions.

#### ► Target Audience

► Clinicians, social workers, healthcare and human service workers serving this population, and those seeking a better understanding of programs provided across the Montgomery County Department of Health and Human Services.

### Learning Objectives

- ▶ Discuss current issues affecting the aging population and those with disabilities in Montgomery County.
- ▶ Understand the role of A&D to ensure the safety and well-being of this population.
- ► Summarize services provided by Assessment and Continuing Case Management; Area Agency on Aging; and Disability Services Community Service Network.
- Name three ways this information can be applied to your work and clinical practice.
- ▶ Identify opportunities to collaborate with Aging and Disability Services to provide better client outcomes.
- ▶ Name three community partners who provide A&D program services.

# Aging and Disability Services Mission and HHS Guiding Principles

Adopted: March 2, 2004; updated September 11, 2017

Aging and Disability Services Mission: Advancing a safe and inclusive community with opportunities for individuals to live well, achieve their potential, and thrive.

#### HHS Guiding Principles:

- We will provide services that build on the strengths of our customers and the community.
- We will be responsive to the changing needs of our community.
- · We will recruit and maintain competent, customer service oriented staff.
- We will make operational a "no wrong door" approach to services delivery.
- We are committed to the highest quality customer service for all those seeking services, and hold our staff accountable to demonstrate respect, professionalism, timeliness and fairness.
- We value the skill and dedication of our staff and will provide them with adequate support, resources and training to serve our customers well.

# Aging and Disability Commissions and Advisory Groups

- Commissions
  - Commission on Aging
  - Commission on Veteran's Affairs
  - Commission on People with Disabilities
- Advisory Groups
  - Age-Friendly Montgomery
  - Dementia-Friendly Montgomery
  - Adult Public Guardianship Review Board

## Regulatory and Funding Connection to State Departments

Maryland Department of Health Dept. of Human Services

Dept. of
Disability
Services

Dept. of Aging

Developmental
Disabilities
Administration

Dept. of Education

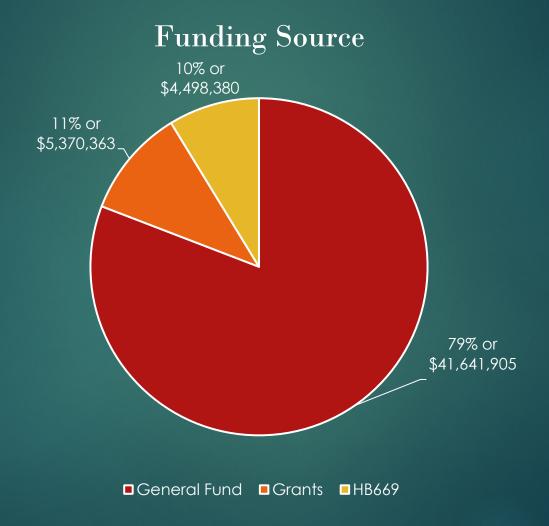
Montgomery County
DHHS
Aging and Disability
Services

#### DEPARTMENT HEALTH AND HUMAN SERVICES (DHHS) / AGING AND DISABILITY SERVICES (A&D) Point of Entry for Aging and Disability Resource Unit (ADRU) 240-777-3000 (Voice) 240-777-4575 (TTY) 240-777-1495 (FAX)

Raymond L. Crowel, Director Dr. Odile Brunetto Senior Fellow-Age Commission on Veterans Commission on People Mobility and Commission on Aging Villages Coordinator 1 Service Area Chief Friendly MC with Disabilities (CPwD) Affairs (CVA) Pazit Aviv, 1 Program Transportation Mgr. **Shawn Brennan** MLS M1 Marcia Pruzan, 0.15 Manager. II Gr. 25 **Betsy Tolbert Luecking Betsy Tolbert Luecking** Shawn Brennan Community Outreach 1 Program Manager II Gr. 25 FTE Gr. 23 Comm. Outreach Mrg. Gr. 28 Comm. Outreach Mrg. Gr. 28 Comm. Outreach Manager 1 Executive Admin. Aide Gr. 17 1 Admin. Specialist Gr. 18 1 Admin. Specialist Gr. 18 Mgr. Gr. 28 Mrg. Gr. 28 ASSESSMENT AND CONTINUING CARE MANAGEMENT AREA AGENCY ON AGING (AAA) SENIOR COMMUNITY SERVICES **DISABILITIES SERVICES | COMMUNITY** Mario Wawrzusin, 1 MLS Mgr. 2 SUPPORT NETWORK (CSN) Dr. Patrice McGhee, Director, 1 MLS Mgr. 2 0.5 Office Services Coordinator (OSC) Gr. 16 1 Office Services Coordinator Gr. 16 Kim Mayo, MLS Mgr. 2 1 Admin. Specialist II Gr. 21 1 Admin. Special I Gr. 18 **Adult Evaluation & Review** Adult Public Guardianship Review **Assistant Administrator Senior Community Programs** Services (AERS) #1 **Board** Dr. Kimberly Johnson David Salem, 1 MLS Mgr. 3 Fiona Graham, 1 Supervisory Social Tonia Powell 1 Nurse Mgr. II Gr. 25 1 MLS Mgr. 3 1 Office Service Coordinator Gr. 16 My Turn Prog. | Contracts for Worker (SSW) Gr.26 1 Program Manager (PM) I Gr. 23 8 CHNII Gr 24 People w-Disabilities 1 Administrative Specialist II Gr. 21 1 FT Contract Nurse Eldora Taylor 1 PM II Gr. 24 1 Contract. Program Specialist 2 Program Specialist II Gr. 21 A&D Resource Unit (ADRU) Adult Services Intake (ASI) O.5 Office Services Coord. Gr. 16 1 Office Clerk Jennifer Long 1 Prog. Mgr. Gr 23 Virginia Beckett, SSW Gr. 26 Adult Foster Care (AFC) and 8 Client Asst. Spec. Gr. 20 5.5 SWIII Gr. 24 **Project Home** AERS #2 1 SWII Gr. 23 Karen Ellis 1 SSW Gr. 26 **Group Home Site Visits and** Donna Klein 1 Nurse Mgr. II Gr.25 1 Program Specialist II Gr. 21 5 SWIII Gr. 24 Senior Nutrition Program Contracts 1 Principal Admin Aide Gr. 13 8 CHN II Gr 24 1 Office Services Coor. Gr. 16 Carol A Craig, 1 Prog Mgr. II Gr. 25 1 Program Specialist II Gr. 21 2 PT Contract Nurses Vacant, 1 PM I Gr. 23 1 Contract Program Specialist 1 Office Serv. Coord. Gr. 16 O.5 OSC Gr. 16 Adult Protective Svcs. (APS) #1 0.5 Office Services Coor. Gr. 16 **Home Care Services Merit Personal Denise Bruskin-Gambrell Care Case Mgt Contract** Coordination of Community Svcs. 1 SSW Gr. 26 Rosemary DiPietro 1 PM I Gr. 23 Dr. Kimberly Johnson **AAA Budget and Contracts** 7 SWIII Gr. 24 Long-Term Care Ombudsman 1 SSW Gr. 26 1 Quality Assurance Lead Wkr. Lisa Yang, 1 PM II Gr. 25 1 Comm Health Nurse (CHN) Gr 24 Eileen Bennett, 1 PM II Gr. 25 1 CHN II Gr. 24 10 Prog. Spec. II Gr. 21 0.5 Office Services Coor. Gr 16 4.5 Prog. Mgr. I Gr. 23 7 Comm. Serv. Aides III Gr. 18 1 Office Services Coordinator 1 SWIII Gr. 24 Senior Group Home Subsidy 2.5 Contractor 1 Office Services Coor. Gr. 16 Lisa Peet, 0.5 Prog. Mgr. I Gr. 23 APS #2 **Home Care Services Contract** Julia McGlamary 1 SWIV Gr. 26 Supervisor 8 SWIII Gr. 24 Nina Chaiklin 1 SSW Gr. 26 Health Promotion Program **Autism Waiver** 0.5 Office Services Coor. Gr 16 Karen Gipson, 1 PM Gr. 23 1 Program Specialist II Gr. 21 Tina Purser Langley, 1 PM II Gr 25 6 Program Specialist II Gr. 21 1 Prin. Administrative Aide Gr. 13 1 Contract Staff Self Employed Providers Guardianship/APS **Community First Choice** AAA Data and Evaluation Mrg. Fiona Graham, 1 SWIV Gr. 26 (CFC)/Support Planning 8 SWIII Gr. 24 Dr. Erin Smith, 1 PM I Gr. 23 Peter Flandrau, PM II Gr. 26 **Customized Employment** Senior Care and Adult Day Care 1 CHN Gr 24 4 Prog. Specialist II Gr. 21 29 Interns, Gr. 1 1 Sr. Care SW III Gr. 24 0.5 Office Services Coor. Gr 16 4 Contract Staff .75 Sr. Care Fiscal Asst. Gr. 16 1 Office Services Coor. Gr. 16 Sign Language Services **Caregiver Supports** Social Services to Adults (SSTA) Lylie Fisher, 1 PM II Gr. 25 CFC/Nurse Monitoring Marsha Aaron 1 SWIV Gr. 26 Chris Shao, Nurse Mgr. Gr. 25 6 SWIII Gr. 24 Respite Care Stella Akuchie, Nurse, Mgr. Gr. 25 2 Sr. Care SW III Gr. 24 2 Billing Specialist Gr. 21 1 Office Services Coor. Gr. 16

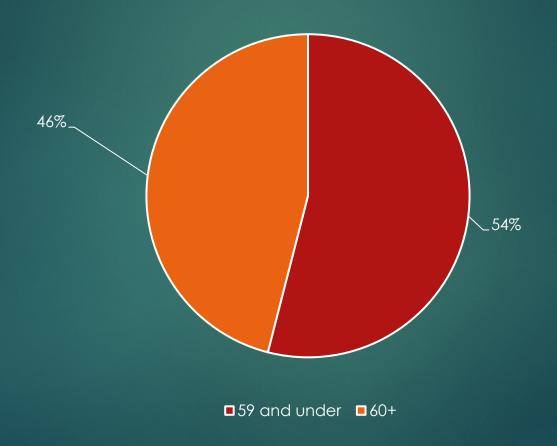
1 PAA Gr. 13

## FY19 A&D Funding (by Funding Source)



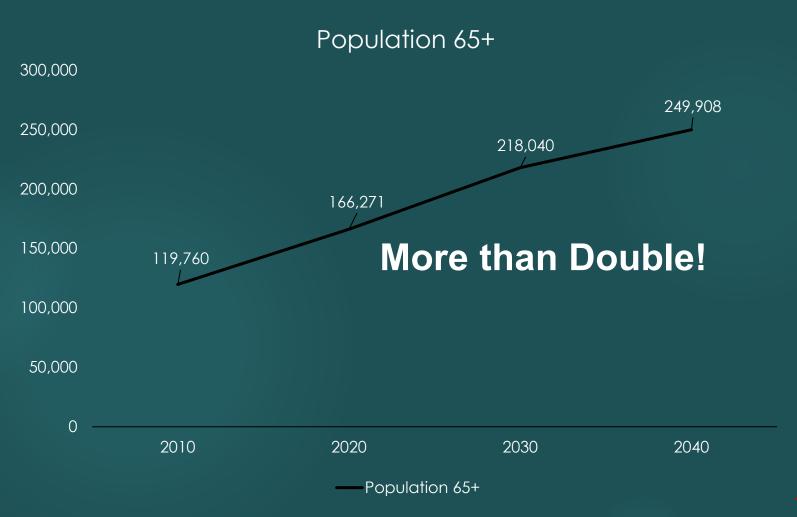
# FY19 A&D Distribution of Funding (by Population Served)

Funding breakdown by Age Group



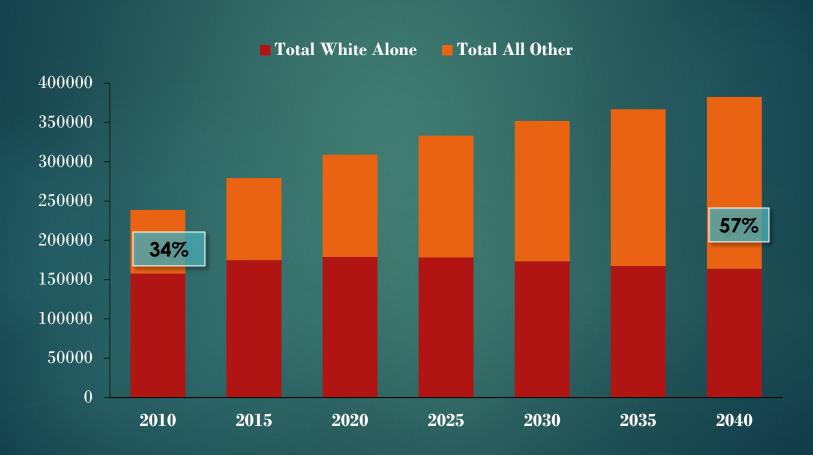


### Projected growth in Montgomery County's Older Population





# By 2040, nearly 60% of 55+ adults will be part of a minority group



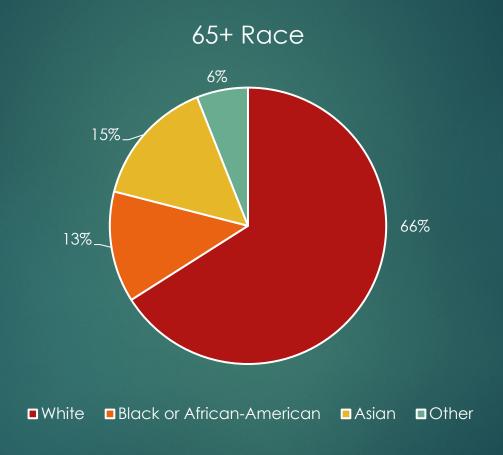
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### Disability Types and Rates in Montgomery County Based on 2017 American Community Survey Supplemental Estimates



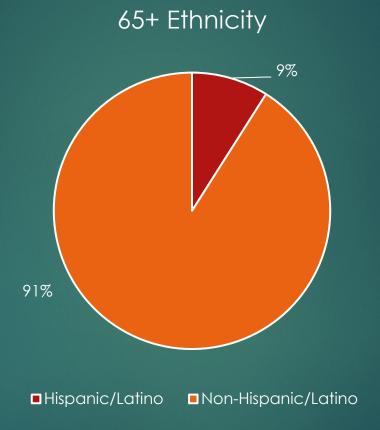
### Diversity in Montgomery County

American Community Survey, 2017



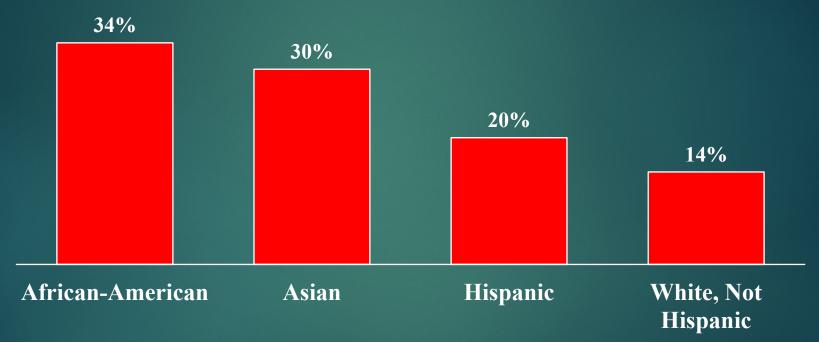
### Diversity in Montgomery County

American Community Survey, 2017

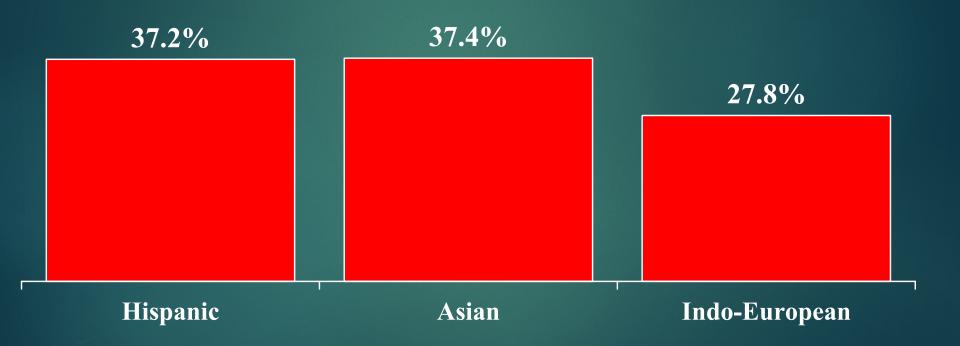


# Ethnic/Racial Minority Seniors More Likely to Have Inadequate Income Annual Household Income Below \$25,000

American Community Survey, 2016



### Limited English Proficiency High Among Ethnic Older Adults



2016 American Community Survey: 65+ who speak English "not well" to "not at all"

### Assessment, APS and Care Management Services

Medical Community

Self

Family

### Aging and Disability Resource Unit (ADRU)

- Senior Information and Assistance
- Simple Assistance
- **⊃**Disability Information and Assistance
- Outreach
- **⊃**MA CFC/Waiver Referrals

#### **Adult Services Intake Unit**

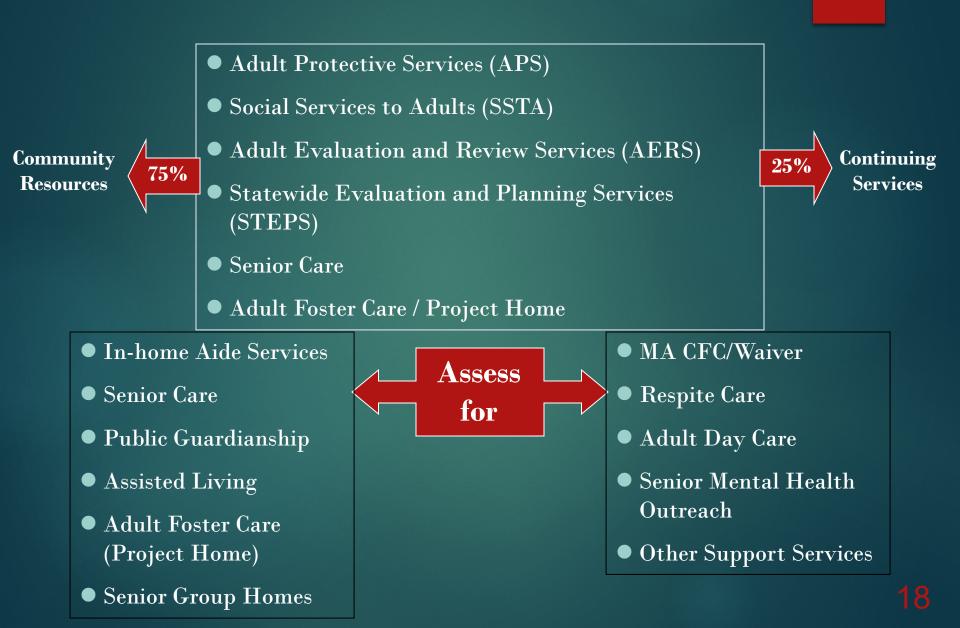
- **⇒**Assessment by Phone/Screening
- **○**Intake of Cases
  - Adult Protective Services
  - AERS Evaluations
  - In-Home Aide Services
  - Adult Foster Care
  - Senior Care
  - SSTA Care Management
  - Public Guardianship

Police+ FRS/EMS Friends and Relatives

17

Other

### Assessment Services



### Assessment and Continuing Case Management Video

https://youtu.be/6LM1aRMbduw

Start watching @ beginning and go until 4:20

### Adult Protective Services (APS)

- O State Mandated (Article 14 of the Maryland Annotated Code)
- O Vulnerable Adults
  - O 18 years and older
  - O Lacks the physical or mental capacity to provide for their daily needs
  - O Unable to make and/or implement a plan of care
  - O Unable to remove self from dangerous situation

APS Unit Investigates allegations of

Abuse

Neglect

Self-Neglect

Exploitation

# What is Elder/Vulnerable Adult Abuse?

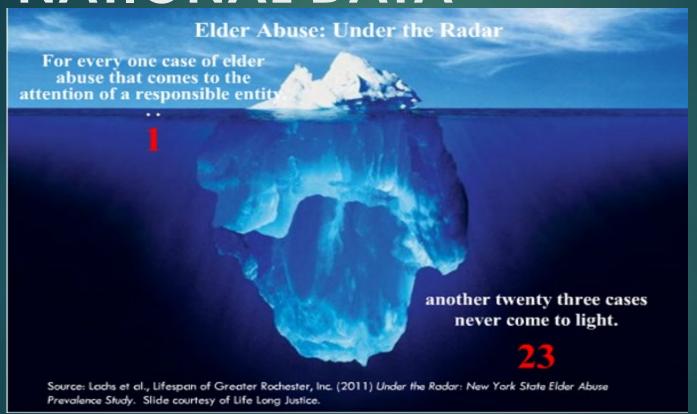
In general, elder/vulnerable adult abuse refers to intentional or neglectful acts by a caregiver or "trusted" individual that lead to, or may lead to, harm of a vulnerable adult.





#### $\equiv$

### NATIONAL DATA



#### **SELF-NEGLECT:**

is the inability of a vulnerable adult to provide for his/her physical or mental health and wellbeing;

### **Indicators**:

Unsafe living environment



- Individual stops bathing and grooming
- Individual losing weight
- Individual not getting medical care
- Isolates self

### **Exploitation:**

any action which involves the misuse of a vulnerable adult's funds, property or person

#### **Indicators:**

- \* Unusual banking activity
- \* Lack of amenities victim could afford
- \* Missing checks, credit cards, and or belongings
- \* Changes in purchasing pattern
- \* Newly authorized P.O.A., transfer of property
- \* Caregivers has control of vulnerable adults money, but is failing to provide for their needs

#### **NEGLECT:**

Is the willful deprivation of a vulnerable adult from adequate food, clothing, medical treatment, shelter, or supervision

#### **Indicators:**

- Unsafe living environment
- Poor bathing, grooming and dirty clothes
- Vulnerable adult losing weight
- Inadequate medical care
- Isolation
- Person with dementia left unsupervised

#### **ABUSE:**

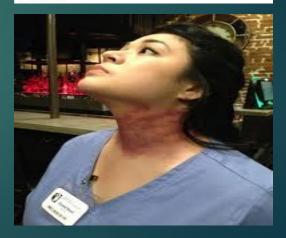
Sustaining of any physical injury by a vulnerable adult as a result of cruel or inhumane treatment or as a result of a malicious act by a person

#### **Indicators**:

- Unexplained bruising
- \* Injuries about the head and face
- \* Strangulation
- \* Fractures
- \* Burns
- Wounds / decubitus ulcers
- \* Force Feeding, Restraints, Medications



Two days after discovering these bruises on Della Jarrett's face, her daughter filed a police report claiming assault. - PHOTO COURTESY OF DORIS WEAVER





## WHAT SHOULD I DO IF I SUSPECT ABUSE?

### Report Your Concerns to: 240-777-3000

(Mandated reporters are police, health practitioners, or human service workers)

### Include in your report to APS:

- Name, age, location/address of victim
- Describe what you observed
- Who was involved
- Who can APS contact to learn more
- APS reporters remain anonymous unless specified otherwise



- \* Adults have the right to be safe.
- \* Adults retain all their civil and constitutional rights unless a court adjudicates otherwise.
- \* Adults have the right to make decisions that do not conform with societal norms as long as these decisions do not harm others.
- \* Adults have the right to accept or refuse services.



- \* Examine all aspects of reported maltreatment
- \* Collaborate with client (+ family as appropriate) to maintain their independence, in the least restrictive environment.
  - Develop a case plan
  - Advocate with other agencies: utilize a multi-disciplinary approach
  - Arrange in-home services

### MONTGOMERY COUNTY ELDER/VULNERABLE ADULT ABUSE TASK FORCE



#### WHAT APS CANNOT DO

- \* APS CANNOT force services on a person who has capacity to consent.
- \* APS CANNOT involuntarily remove someone from their home.
- \* APS CANNOT provide services for which there are no available resources.
- \* APS CANNOT enforce the law.
- \* APS CANNOT reveal identity of reporter.

#### **CAPACITY TO CONSENT**

- Can the client understand relevant information?
  - Do you know that you have a serious cut on your leg?
- What is the quality of the client's thinking process?
  - How can you get treatment for your wound?
- \* Is the client able to demonstrate and communicate a choice?
  - Do you want to get treatment for your wound?
- \* Does the client appreciate the nature of his/her own situation?
  - What will happen if you don't get your wound treated?



#### **MYTHS AND FACTS**

- \* Myth #1: Referrals to APS usually result in nursing home placement.
  - Fact: APS focuses on the least restrictive intervention possible. Whenever, possible services are provided in the victim's home.

**GUARDIANSHIP:** Court determination that a person with severe disabilities requires a medical /property decision maker

#### **Competency**

\*Ability to make and communicate informed decisions regarding ones finances and/or health care

#### **Requires**

- \*Two certificates, by a physician, psychologist or clinical social worker
- \*Decided in a court of law

#### **Enforceability**

# What other agencies work with Adult Protective Services?

- ▶ The State's Attorney's Office
- ► Law Enforcement (Family Crimes Unit)
- Department of Aging
- ▶ Department of Health
- ► Licensure and Regulatory Services
- ▶ Office of Health Care Quality
- Attorney General's Office
- ► County Attorney's Office
- ► Housing Code Enforcement
- Animal Control
- ► Local hospitals, home health agencies, private for profit/not for profit agencies, faith communities

### Social Services to Adults

Provides assessment and case management to vulnerable adults so as to prevent unnecessary institutionalization; prevent or avoid abuse, neglect, and/or exploitation.

#### **Eligibility:**

- Adults 18 or over
- Functional disability

- Assets less than \$20K, +\$3000 for each additional family member
- Other financial resources reviewed to determine level of need

#### Case Management Services:

- Comprehensive Assessment of needs and functioning
- Information and Referral
- Voluntary program

- Crisis Intervention
- Coordination and monitoring of Services received from community and government programs

#### Waitlist

- Referrals for SSTA Assessment are triaged and placed on a Waitlist prior to assessment (Current SSTA Waiting List 298).
- Referrals come from 7-3000, eICM Referral, and from APS investigations directly 36

### SENIOR CARE

Statewide service program providing eligible seniors with gapfilling funds to purchase products and services necessary to help them remain in their homes or the least restrictive placement in the community.

#### **ALLOWABLE EXPENDITURES:**

- Adult Day Care
- Medications
- Transportation
- Home Delivered Meals

#### **ELIGIBILITY CRITERIA**

- Age: 65 and over
- **Disability:** Moderate or Severe
- Residence: within Montgomery County
- Risk of institutionalization or more restrictive placement

- Emergency Response System
- Medical Supplies and Equipment
- Others: Glasses, Dental Emergency,
- 20% Co-Pay for Medicare
  - Financial Criteria:

Individual Annual: \$34,092 or

less, Assets: \$11,000 or less

Couple Annual: \$44,580 or less,

**Assets:** \$14,000 or less

#### **WAITLIST:**

- Maintained due to high demand for gap-filling funds
- Applicants scored based on level of need and length of time on Waitlist

### Home Care Basic Facts

- O FY19 Budget: \$4.4 million
- O In FY18, Home Care served a total of 279 clients
  - 77% frail seniors
  - 23% adults with disabilities
- O Client Profile: low income, moderate to severely disabled adult, who lives alone and is isolated, with minimal family/caretaker assistance
- O Average vendor cost per client who receives personal care annually is \$10,348
- O Approximately 269 clients who receive personal care are served monthly
- O Clients receive an average of 8-9 hours of personal care services weekly. (Statewide average is 6 to 8 hours weekly)
- Waiting List information:
  - the Home Care personal care waiting list averaged 59 clients monthly

# Eligibility for Home Care

An individual is eligible for In-Home Aide Service (IHAS), if the individual (has a need for the service based on an ADL [Activities of Daily Living] score and a prioritized ranking triage score) and:

- is receiving case management services;
- is unable to secure the service from another resource -
  - Medicare
  - Private insurance
  - Family
  - Community First Choice (MDH)
  - Other Community Resources;
- is willing to accept the service; and
- agrees to pay an assessed fee.

COMAR 07.06.12.03

# COMMUNITY RESIDENTIAL SERVICES/ADULT FOSTER CARE

#### Purpose

Community Residential Services, Adult Foster Care Program (AFC) provides ADL care to adults with disabilities, and frail elders, in family homes or in Assisted Living Homes, as a lesser restrictive alternative to nursing homes.

#### **AFC/PH Eligibility**

- 1. 18 years or older, Montgomery County resident
- 2. Typical referrals are via APS
- 3. Requires supportive housing which includes ADL care, room and board, and protective oversight, due to a disability which renders the individuals unable to live independently.
- 4. Does not require services beyond capacity of the AFC program.
- 5. AFC providers typically cannot meet the following needs:
  - -Volatile behavior patterns
  - -Active alcohol and drug usage/treatment
  - -Awake overnight supervision
- 6. Applicant agrees to pay toward the cost of AFC placement from personal income and resources.
- 7. County funds must be the fund of last resort
  - -Verification of income and assets must be provided.
  - -Applicant must apply for all benefits for which they are eligible such as Social Security, Medical Assistance, Medicare, Medicare D, Public Assistance to Adults (PAA), Metro Access, CFC Waivers.
  - -Applicant or current client in placement must apply for and accept appropriate supportive housing available in the Public Mental Health system or The Developmental Disabilities Administration.

# The "Balancing Act"

PROMOTING THE VITAL
AND
PROTECTING THE
VULNERABLE

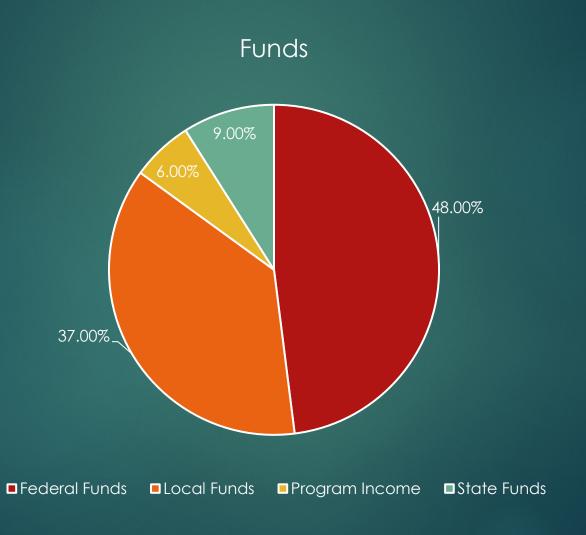
# Area Agency on Aging (AAA)

- AAAs were established under the Older Americans Act (OAA) in 1973 to respond to the needs of Americans 60 and over in every local community.
- O Provide a range of options that allow older adults to choose the home and community-based services and living arrangements that suit them best.
- O The OAA is expected to be reauthorized by Congress in 2019.

# Commission on Aging

- O The Commission on Aging (CoA) was established in 1974, and has operated under the County Executive since 1987.
- O The CoA was created to:
  - O Improve conditions of the aging or elderly in the County
  - O Work toward the elimination of restrictions that impede older citizens from full participation in the mainstream of community life; and
  - O Assist and stimulate all levels of governments and the community to be more responsive to the needs of the County's older residents
  - O Also serves as the advisory council to the Area Agency on Aging as required by the Older Americans Act
- O The CoA operates with several committees, 28 commissioners serves on the CoA.
- O All activities of the CoA are open to the public.
- O The CoA meets monthly except during the summer when they conduct summer studies.
- O CoA has a webpage and a Facebook page.

# Area Agency on Aging Funding



# Area Agency on Aging Programs

- O Aging and Disability Resource Unit (ADRU)
- O Adult Evaluation and Review Services (AERS)
- Senior Nutrition Program
- O Long Term Care Ombudsman Program
- O Supports Planning Agency
- Group Home Subsidy Program
- O Health Promotion Program
- O Villages Program
- O Mobility and Transportation Program
- O Community First Choice Nurse Monitoring
- O Caregiver Supports Program

# Area Agency on Aging Programs

O Caregiver Supports Program

https://archive.org/details/Did\_You\_Know\_67\_-\_Montgomery\_County\_Caregiver\_Support\_Program

- @ 35 Seconds until 4:10
- O Bone Builders Program

https://www.youtube.com/watch?v=VX0PfE566LQ

O Transportation



# Area Agency on Aging Contracted Service

- O Alzheimer's Association Telephone helpline and community education for caregivers and individuals affected by dementia
- O Adventist Healthcare + Holy Cross Health Self-Management of Diabetes Workshops and other chronic diseases
- O Jewish Council for the Aging Employment programs for older people (SCSEP, Employment Expo, and Career Gateway); Interages and related programs (a volunteer tutoring program); Escorted Transportation; SHIP
- O Legal Aid Bureau Legal services for older people
- O Every Mind Friendly Visitor Program; Representative Payee
- Senior Connection Transportation and Grocery Shopping Service
- O Mobile Dentist Basic dental services and dentures
- O Respite Services of Montgomery County Respite care
- O Nurse Monitoring Potomac, Advanced, Visiting Angels, Specialty, Candid

Community Services for Adults and People with Disabilities provides <u>select</u> services that are essential for <u>eligible</u> participants to remain healthy and well-cared for outside a skilled-nursing facility.

#### PERSONAL CARE AND SAFETY

- Case management
- Personal care aide and nurse monitor
- Assisted living services
- Medical day care

# DAILY LIVING SUPPORTS

- Dietician/ nutritionist services
- Home delivered meals
- Environmental assessment
- Accessibility adaptation
- ► Assistive devices and DME/DMS
- ▶ Behavioral consultation
- Family or consumer training
- Senior CenterPlus

#### **HEALTHCARE**

- Medicaid acute, primary, and preventive services
- Pharmacy services
- Medicare Part
  A, B, and D
  premiums paid
- Medicare
   co-payments and
   deductibles
   paid

Older
adults are able to
live safely at
home or in an
assisted living
setting

# Availability is limited in the CFC program, and there are only two ways of accessing services.

- ▶ Individuals with Community Mediciad can call and initiate the process to confirm eligibility and receive services through the Community Personal Assistance Services and Community First Choice programs. Individuals seeking the Community Options Waiver level of services would need to apply in one of two ways:
  - 1. After having Long-Term Care Medicaid in a nursing facility for 30 days- apply for the Community Options Waiver program and seek a transition back into the community.
  - 2. Receive an application from the State based after being selected from the Waiver Registry. There are ~23,000 names on the registry and the State is now sending out Waiver applications to 300 people/month from the registry based upon date of entry.
- ▶ Potential participants can add their names to the CFC Registry (CO Waiver only) by calling 1-844-627-5465 (toll-free) or 1-240-777-3000 for a Level One Screen. Residents with Community Medicaid can call the numbers and initiate the request for services right away (at the CPAS or CFC level).

# Age-Friendly Montgomery

- A community that is designed to meet the changing needs of all County residents, with a focus on our rapidly growing and diverse older population.
- Recognized as an age-friendly community in 2015 by World Health Organization (WHO) and AARP.
- ► Ten work-groups devised to match up with WHO/AARP Domains with members from government, non-profits, and businesses
  - ► Civic and Social Involvement
  - ► Communication and Outreach
  - ► Elder abuse prevention
  - **▶** Employment
  - ► Transportation and Mobility
  - Housing
  - ► Health and Wellness
  - ► Home and Community-Based Services
  - ▶ Planning, Outdoor Spaces, and Buildings
  - ► Senior Public Safety

# Dementia Friendly Montgomery

- Montgomery County was recognized a Dementia Friendly community in 2015
- Dementia Friendly America, "is a multi-sector collaborative on a mission to foster 'dementia friendly' communities
- Montgomery County HHS has partnered with BrightFocus Foundation and the County's public safety team to support caregivers and their families
- Developed a speaker's bureau to reach out to businesses in the County.

# sing in Place

#### Vital Aging

- Employment
- Civic and Social Engagement
- Volunteerism
- Sports and Recreation
- Arts and Humanities
- Leisure Activities
- Life Long Learning

### Villages NORCS

Information & Referral

Case Management

#### Vulnerable Adults

- Home and Personal Care
- Respite Services
- Nutrition Services
- Paratransit
- Adult Day Services
- Assisted Living
- Skilled Nursing Facilities
- Medical Care
- Income Support Services
- Home Modification

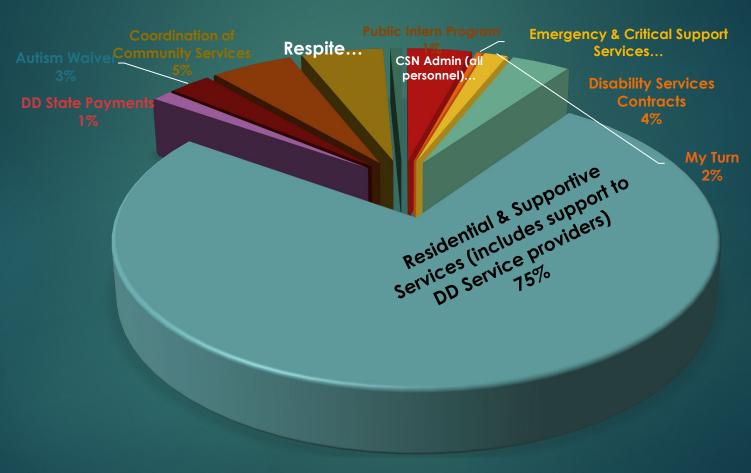
# CSN PROGRAMS

- o My Turn
- o Autism Waiver
- Coordination of Community Services
- Support to Developmental Disabilities Providers
- o Respite Services
- Contracts and Outreach Services
- Customized Employment



# CSN FY19 budget by program

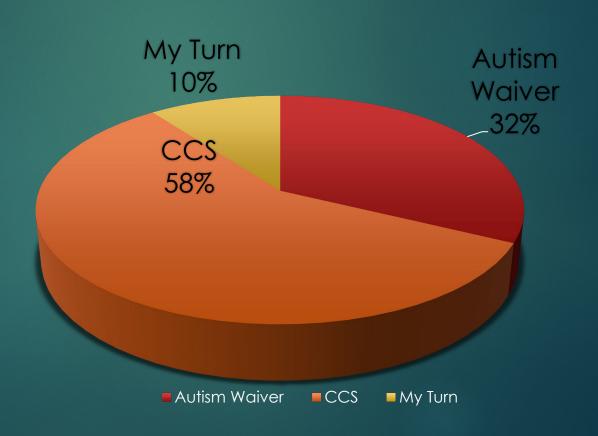
TOTAL CSN BUDGET: \$23,534,684



# CSN Client breakdown by program as of September 2018

**CSN Clients by Program** 

Total CSN clients: 829



# My Turn

Eldora Taylor, Program Manager, x7-1173

- My Turn supports families with children (ages 3 to 13) who have a developmental disability
- The goal is to link the family and the child to available resources that will establish a circle of community supports



# My Turn Program Eligibility

- They must reside in Montgomery County and meet the following eligibility criteria:
  - Children must have a diagnosed developmental disability as defined by the State of Maryland Developmental Disabilities Administration.
  - A severe chronic disability that is attributed to a physical or mental impairment other than the sole diagnosis of mental illness or a combination of mental and physical impairments.
  - The disability is likely to continue indefinitely and results in an inability to live without external supports.
  - Must provide current IEP and psychological

# My Turn How to Access?

- Any family residing in Montgomery County who is caring for a child diagnosed with a developmental disability (that is not receiving long term funding through any county or State programs) may call for an intake interview.
- Referrals can be made to the program from school personnel or professionals in the community currently working with the children.

Montgomery County Department of Health and Human Services

Community Support Network

240-777-1216

### **Autism Waiver Program**

### Karen Gipson, Program Manager, x7-4266

- Service Coordination is provided via a contract with Montgomery County Public Schools to provide case management services for children approved and enrolled in the Autism Waiver Program
- In order to obtain Service Coordination, the child must be approved through MDH/MSDE
- Links enrolled children up to age 21 and their families to services





## **Autism Waiver Program**

### Program Eligibility

- o Must be determined "technically" eligible
- Financial Eligibility based on the child's income and resources. MDH determines financial eligibility
- Medical Eligibility by a licensed Psychologist or Certified School Psychologist

# Autism Waiver Program How to Access?

- There is a waiting list to access the Autism Waiver. Many children are on the AW registry (waiting list) for years before a space becomes available.
- No assessment done before children are placed on the waiting list.
- Montgomery County's AW Program is currently serving 266 children.



### **Coordination of Community Services**

Rosemary DiPietro, Program Manager, x7-4589

- Provide case management for persons on the Waiting List for services as well as for persons receiving services funded by the Developmental Disabilities Administration (DDA)
- Coordination of Community Services (CCS) Program assists individuals with intellectual/developmental disabilities and their families in learning and gaining access to resources in their community, planning for their future, and accessing needed services and supports
- Role of CCS has changed in recent years because of DDA's Transformation Plan including the transition to Person Centered Plans
- o MCDHHS' CCS Program has a client cap of 500 clients

# **Coordination of Community Services** Eligibility

Maryland State Law [Health General '7-101(e)] defines developmental disability as a severe chronic disability that:

- o is attributable to a physical or mental impairment, other than the sole diagnosis of mental illness, or to a combination of mental and physical impairments;
- o is manifested before the individual attains the age of 22;
- o is likely to continue indefinitely;
- results in the inability to live independently without external support or continuing and regular assistance; and
- o reflects the need for a combination and sequence of special, interdisciplinary, or generic care, treatment, or other services that are planned and coordinated for that individual.

# Coordination of Community Services How to access?

- Contact DDA's Southern Maryland Regional Office at 301-362-5100
- Complete written application
- CCS completes a "Comprehensive Assessment"-
  - Personal interview and secure documentation of disability from applicant
  - Prepare & submit report to the DDA Regional Office

DDA makes the determination of eligibility

### **Coordination of Community Services** Service Categories

The CCS program provides case management services to the following client categories:

- Waiting List
  - Crisis Resolution
  - Crisis Prevention
  - Current Request
- Ongoing Services

# **Coordination of Community Services** Transitioning Youth

- ▶ DDA-funded services are not an entitlement. Funding for TY services comes, in part, from one of DDA's three federal waiver programs: Community Pathways, Family Supports, or Community Supports. Waivers allow the DDA to provide specific services through funding from the federal Centers for Medicare and Medicaid Services (CMS). Transitioning Youth comprise a special category of eligibility and priority for services
- Additionally, the Governor's Transitioning Youth Initiative (GTYI) earmarks funds in the DDA budget for eligible students leaving school. This initiative, in collaboration with the Division of Rehabilitative Services (DORS), has been able to fund supported employment and other day services for eligible graduating students who otherwise may not have received DDA services.
- ▶ CCS staff assist families as they transition from the school system into the adult system. The age of transition begins at 14 and ends at 21.

# Coordination of Community Services New DDA Waivers

### Family Supports Waiver

Provides individual and family supports for children birth to 21 with developmental disabilities that are on the DDA Waiting List. The waiver is capped at 400 individuals with a budget cap of \$12,000 annually

#### Community Supports Waiver

Provides supports for individuals of all ages with developmental disabilities that are on the DDA Waiting List. The waiver is capped at 400 individuals with a budget cap of \$25,000 annually.

#### **Respite Services**

- Respite services are currently provided via a contract with the Arc Montgomery County
- o Provides temporary relief and support for the primary unpaid caregiver who provides ongoing care to frail elderly persons, children and adults with disabilities, and/or children with severe medial or behavioral needs.
- If you have clients in need of respite call 301-816-9647
   to begin the application process.
- Once the application is completed and returned, the staff work with the families to locate the most appropriate provider. Financial subsidies are available on a sliding scale.



#### **Respite Services**

#### New Policy Changes (effective July 2018)

- ► Current Respite Clients that are receiving <u>in-home supports</u> via state funded programs Keep the hourly cap the same for them but end services mid -year:
  - ▶ Those receiving more than 40 hours/week of support will have access to 48 hours until December 31, 2018 and will no longer be eligible for county respite services.
  - ▶ Those receiving 40 hours or less of support/week will have access to 140 hours for until December 31, 2018 and will no longer be eligible for county respite services.
- ▶ In addition, no new in-home state paid programs (Autism Waiver, Community First Choice, REM, Community Pathways/New Directions, Family Supports Waiver, Maryland Community Supports, etc.) are eligible to apply for county respite services effective July 1, 2018.

# Financial Assistance to DD Providers Eldora Taylor, Program Manager, x7-1173

The County provides financial assistance to 32 DDA licensed providers who support residents with developmental disabilities in the following services:

- o Day/Supported Employment
- o Residential
  - Personal Supports, ALU

The FY19 budget includes a total of \$17.5 million

Budget pressures as a result of increasing minimum wage

#### **Contracts and Outreach Services**

- Sign language interpreting services
- Transportation
- Mentoring and Companion Services
- After school care and camps
- Community Inclusion/advocacy
- Media services/Community Integration for the visually impaired
- o Group Home Site Visits





# Customized Employment Public Intern Project

- An initiative to create flexible work opportunities for individuals with significant disabilities to fulfill work requirements of County Departments.
- Utilizes customized employment techniques to create a true match between the department's needs and the interests of the job candidate with the disability
- Positions are part time and temporary (anywhere between 2-18 hours/week - not to exceed 900 hours within 2 years of work)

## Work Group on Meeting the Needs of Residents with Developmental Disabilities

- Council requested the creation of this group in Resolution #18-989.
- ► Workgroup met throughout the summer and early fall to discuss issues and develop recommendations
- ► Resulted in a report that includes system wide recommendations and white papers on several topics including Coordination of Community Services, Employment, Housing, and Recreation

# Thank You!

Questions?