The Senior Nutrition Program supports the cost of lunches served to seniors at the following nonprofit adult day care programs:

- **Holy Cross Adult Day Center**
  301-754-7150
  9805 Dameron Drive, Silver Spring 20902
- **Misler Adult Day Center**
  301-468-1740
  Kosher Meals
  1801 East Jefferson Street, Rockville 20852
- **Easter Seals Adult Day Care**
  301-920-9765
  1420 Spring St. Silver Spring 20910
- **Winter Growth**
  301-774-7501
  18110 Prince Philip Drive, Olney 20832
- **CCACC Adult Day Care**
  301-820-7200
  9366 Gaither Road, Gaithersburg 20877

**Eligibility**
People 60 years of age and older and their spouse of any age, as well as adults with disabilities, are eligible to participate. Voluntary and anonymous donations for the meal are encouraged. Seniors may bring guests—those under 60 years pay full price for the meal.

To verify eligibility, call: 240-777-3810.

**Activities**
Activities include exercise programs, computer training, games, arts and crafts, lectures, health and nutrition education and social activities.

**Home Delivered Meals**
Home delivered meals may be available for frail seniors and persons with disabilities. For information, call: 240-777-3810.
**Chinese Meals** and programs are offered by two organizations. For information and meal reservations, call the organizations.

1. **Chinese American Senior Services Association** .......................................................... 301-881-8228
   - Plum Gar Recreation Center
   - Upper County Community Center
   - Long Branch Community Center
   - Mid County Community Center
   - White Oak Community Center

2. **Chinese Culture & Community Service Center** .......................................................... 301-820-7200
   - Germantown Community Center
   - Rockville Senior Center
   - CCACC Headquarters

**Kosher Meals** at four sites; with programs provided by the Senior Adult Division, **Bender Jewish Community Center Adult Programs**. For information and meal reservations, call ................................................. 301-348-3760

- Har Tzeon
  - 1840 University Blvd W, Silver Spring 20901
- Bender Jewish Community Center
  - 6125 Montrose Rd, Rockville 20852
- Ring House
  - 1901 E. Jefferson St., Rockville 20852
- Shomrai Emunah
  - 1132 Arcola Ave, Silver Spring 20901

**Korean Meals** and programs are offered by two organizations. For information and meal reservations, call the organizations.

1. **Fellowship Senior Center** .......................................................... 301-444-3100
   - New Covenant & Fellowship Church
   - Germantown, MD 20874

2. **Korean American Senior Citizens Association of Maryland** ..................................... 301-924-3006
   - Segeroh Church
   - 3301 Muncaster Mill Road, Rockville 20853

**Vietnamese Meals** and programs are offered by the **Vietnamese Senior Association of Maryland**. For information .......................... 240-487-6729

- Long Branch Community Center
  - 8700 Piney Branch Road, Silver Spring 20901

**Latino Meals**

- Long Branch Community Center
  - Silver Spring
  - For Latino lunch schedule ................. 240-777-6975

---

**Traditional Meals**

Lunch is served at noon, Monday through Friday, at most locations. Reservations are needed by 11:00 a.m. at least one day in advance. For reservations, call the sites. For information, call 240-777-3810

- **Arcola Towers** .......................................................... 240-249-8978
  - 1135 University Blvd W, Silver Spring 20902
- **Bauer Park Apartments** .......................................................... 240-528-4827
  - 14635 Bauer Drive, Rockville 20853
- **Damascus Senior Center** .......................................................... 240-777-6995
  - 9701 Main Street, Damascus 20872
- **East County Community Center** .......................................................... 240-777-8090
  - 3310 Gateshead Manor Way
  - Silver Spring 20904
- **Elizabeth House** .......................................................... 301-587-7838
  - 1400 Fenwick Lane, Silver Spring 20910
- **Forest Oak Towers** .......................................................... 301-740-1414
  - 101 Odendhal Road, Gaithersburg 20877
- **Holiday Park Senior Center** .......................................................... 240-777-4999
  - 3950 Ferrara Drive, Wheaton 20906
- **Long Branch Community Center** .......................................................... 240-777-6975
  - 8700 Piney Branch Rd., Silver Spring 20901
  - (periodic Latino meals)

- **Margaret Schweinhaut Senior Center** .......................................................... 240-777-8085
  - 1000 Forest Glen Road, Silver Spring 20901
- **Mid County Community Center** .......................................................... 240-777-6820
  - 2004 Queensguard Road
  - Silver Spring 20906
- **North Potomac Community Center** .......................................................... 240 773-4805
  - 13850 Travilah Road, Rockville 20850
- **Rockville Senior Center** .......................................................... 240-314-8810
  - 1150 Carnation Drive, Rockville 20850
- **Waverly House** .......................................................... 240 528 4849
  - 4521 East West Highway, Bethesda 20814
- **White Oak Community Center** .......................................................... 240-777-6944
  - 1700 April Lane
  - Silver Spring 20904

- **Benjamin Gaither Center** .......................................................... 301-258-6380
  - 80A Bureau Drive, Gaithersburg 20878

---

**Congregate Nutrition Sites**

All congregate Nutrition Sites are ADA compliant

**Arcola Towers** .......................................................... 240-249-8978
- 1135 University Blvd W, Silver Spring 20902

**Bauer Park Apartments** .......................................................... 240-528-4827
- 14635 Bauer Drive, Rockville 20853

**Damascus Senior Center** .......................................................... 240-777-6995
- 9701 Main Street, Damascus 20872

**East County Community Center** .......................................................... 240-777-8090
- 3310 Gateshead Manor Way
- Silver Spring 20904

**Elizabeth House** .......................................................... 301-587-7838
- 1400 Fenwick Lane, Silver Spring 20910

**Forest Oak Towers** .......................................................... 301-740-1414
- 101 Odendhal Road, Gaithersburg 20877

**Holiday Park Senior Center** .......................................................... 240-777-4999
- 3950 Ferrara Drive, Wheaton 20906

**Long Branch Community Center** .......................................................... 240-777-6975
- 8700 Piney Branch Rd., Silver Spring 20901
- (periodic Latino meals)

**Margaret Schweinhaut Senior Center** .......................................................... 240-777-8085
- 1000 Forest Glen Road, Silver Spring 20901

**Mid County Community Center** .......................................................... 240-777-6820
- 2004 Queensguard Road
- Silver Spring 20906

**North Potomac Community Center** .......................................................... 240 773-4805
- 13850 Travilah Road, Rockville 20850

**Rockville Senior Center** .......................................................... 240-314-8810
- 1150 Carnation Drive, Rockville 20850

**Waverly House** .......................................................... 240 528 4849
- 4521 East West Highway, Bethesda 20814

**White Oak Community Center** .......................................................... 240-777-6944
- 1700 April Lane
- Silver Spring 20904

**Benjamin Gaither Center** .......................................................... 301-258-6380
- 80A Bureau Drive, Gaithersburg 20878

---

**Kosher Meals**

- **Har Tzeon**
  - 1840 University Blvd W, Silver Spring 20901
- **Bender Jewish Community Center**
  - 6125 Montrose Rd, Rockville 20852
- **Ring House**
  - 1901 E. Jefferson St., Rockville 20852
- **Shomrai Emunah**
  - 1132 Arcola Ave, Silver Spring 20901

---

**Korean Meals**

- **Fellowship Senior Center** .......................................................... 301-444-3100
- **New Covenant & Fellowship Church**
  - Germantown, MD 20874

---

**Vietnamese Meals**

- **Vietnamese Senior Association of Maryland** .......................................................... 301-924-3006
- **Long Branch Community Center**
  - 8700 Piney Branch Road, Silver Spring 20901

---

**Latino Meals**

- **Long Branch Community Center**
  - Silver Spring
  - For Latino lunch schedule ................. 240-777-6975