

TRANSPORTATION NETWORK DIRECTORY

MONTGOMERY COUNTY, MD

GROCERY SHOPPING TRANSPORTATION

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*** Providers with an asterisk provide assistance during grocery shopping. ***

*** Daughter for the Day**

Volunteers take seniors to their doctor appointments, business appointments, to church, to the grocery store, drop off and pick up prescriptions, and help them with other errands they need to complete. Volunteers stay with the senior throughout the entire outing, helping them every step of the way. Seniors must be at least 70 years of age and have enough mobility to get in and out of an automobile. Servicing area includes Maryland, Northern Virginia, and Washington, DC.

..... 301-203-7050 (V)

..... 1-866-573-6467 (Toll Free)

www.daughterfortheday.org • E-mail: admin@daughterfortheday.org

*** Escorted Transportation Pilot Program – Connect-A-Ride / Jewish Council for the Aging**

Subsidized, low cost escorted transportation to medical appointments, pharmacies, grocery stores or other outings for qualified low-income Montgomery County residents over 50. Transportation providers are relatives or friends of the customer, designated licensed private driving organizations, local cab companies, and volunteers. If the customer recruits his/her own driver, the driver will be reimbursed for mileage. Each customer may take up to four trips per month. Round trips may be three hours or less.

Dana Hirsch, Program Manager 301-738-3252 (V)

www.accessica.org • E-mail: dhirsch@accessica.org

Gaithersburg Help

Transportation provided free of charge for the elderly, disabled or those otherwise unable to take public transportation. Must be a resident of Gaithersburg. Appointment must be within 20 miles driving distance of downtown Gaithersburg. Requests must be made at least 48 hours in advance. Can provide up to 18 rides per calendar year.

..... 301-216-2510 (V)

<http://gaithersburghelp.org/our-services/transportation>

Olney Home for Life

Volunteer drivers provide free escorted transportation for medical appointments, shopping, and other needs to seniors age 60 years and older living in the Greater Olney – Ashton – Laytonsville area. Trips must be within a 15 mile radius of downtown Olney.

..... 301-446-2512 (V)

www.olneyhomelife.org • E-mail: admin@olneyhomelife.org

Regency Taxi

Offer completely free rides for Montgomery County residents age 70 and older. Rides must be within a ten mile radius of pick-up location. Seniors must provide proof of age. To reserve a ride, call between 7:00 a.m. and 3:00 p.m. Free trips are capped at a maximum of 100 per month.

..... 301-990-9000 (V)

*** Senior Connection**

Volunteer drivers provide escorted transportation to medical appointments and errands. Serve seniors 62 years and older who live in Montgomery County with zip codes beginning with 209__ or 208__, except for 20833, 20837, 20838, 20841, 20842, 20861, 20862, 20871, 20872, and 20882. Schedule in advance. Unable to serve people who use wheelchairs. 🕒 **Hours:** Monday through Friday, 9:00 a.m. to 4:00 p.m.

..... 301-962-0820 (V)
www.seniorconnectionmc.org • E-mail: seniorconnectionmc@gmail.com

Senior Transportation Service, LLC

Provide transport to medical appointments, hair appointments, restaurants, theatre, airports, train stations, and more. Also provide quick trip service for errands. Serve MD, VA and DC.

..... 240-855-6355 (V)
www.seniortransportationservice.com • E-mail: srtrsv@gmail.com

Transcend Services, Inc.

GPS-equipped sedans, minivans and custom wheelchair vans for doctor visits, hospital visits, physical and occupational therapy, dialysis, special events, group trips, airport pick-up and delivery, family functions, and elderly and assisted transportation.

..... 410-526-4949 (V)
..... 1-877-838-3032 (Toll Free)
www.transcendservice.com/transportation-services.cfm • E-mail: info@transcendservice.com

Western Upper Montgomery County (WUMCO) Help

Medical and social transportation provided by volunteers. For Poolesville, Barnesville, Beallsville, Boyds, Dickerson and surrounding areas.

..... 301-972-8481 (V)
www.wumcohelp.org • E-mail: wumco2@gmail.com

*** Winter Growth**

Driver-aides transport individuals for grocery shopping, will help clients in the grocery store, and will assist in taking groceries inside the home. Wheelchair accessible vans are available as well as large vans for group outings. Accept private pay and other public and privately funded subsidies. Must reserve at least 48 hours in advance. Also provide transportation to medical appointments and social activities.

..... 301-346-1202 (V)
www.wintergrowth.com

Deliveries Only

Harris Teeter Express Lane

Grocery shopping for store pick-up or home delivery. Order online. Gaithersburg store only.

<https://shop.harristeeter.com/store/AB00123735#/>

Instacart

Grocery delivery service that connects the user with personal shoppers in their area who pick up and deliver groceries from local stores. Serve Bethesda, Cabin John, Chevy Chase, Gaithersburg, Garrett Park, Kensington, Potomac, Rockville, Silver Spring, and Takoma Park. Register and order online or via their mobile application.

www.instacart.com

Peapod by Giant

Grocery shopping and delivery. Order online or via their mobile application.

..... 1-800-573-2763 (Toll Free)
www.peapod.com

Safeway

Grocery shopping and delivery. Order online or via their mobile application.

..... 1-877-505-4040 (Toll Free)
www.shop.safeway.com