

# ***Alcohol and Other Drug Abuse Advisory Council***

## **Meeting Minutes**

**Thursday, December 13, 2018**

**7:00- 9:00 pm**

**401 Hungerford Drive Rockville, MD 20850**

**1<sup>st</sup> Floor Large Conference Room**

### **Voting Members Present:**

**Elyse Grossman, Sherry Beach, Edwin "Bunny" Rich, Larry Simmons, Celia Young, Margaret Mattson, Evelyn Saim-Lobos and Cynthia Wright, Ghulam Abbas, Dawinder "Dave" Sidhu**

### **Ex-Officio Members Present:**

**Hardy Bennett (DHHS), Cho Man (BOLC), Sara Rose (SASCA)**

### **Guests/Others:**

**Jessica Hartman (DHHS), Luke Matney, Vicki Scofield, Samar Khleij, Oscar Hernandez**

### **Overview**

The goal of the Alcohol and Other Drug Abuse Advisory Council (AODAAC) is to express the views of the community in the formulation and administration of alcohol and other drug abuse prevention and treatment services in Montgomery County. Members of the Alcohol and Other Drug Abuse Advisory Council serve as community representatives, who provide guidance to the County Executive and the County Council in identifying prevention and treatment needs and reviewing the county's efforts in addressing those needs. The Advisory Council will make recommendations in support of, or to improve, current prevention and treatment efforts. The AODAAC also serves as the local drug and alcohol abuse council and submits a bi-annual strategic plan to the State Alcohol and Drug Abuse Administration.

**A call to order:** The meeting was called to order at 7:00 pm by Elyse Grossman, Chair. With 18 attendees, 10 voting members were present which were sufficient to have a quorum. Introductions were made and the November Meeting Minutes were approved.

### **Old Business:**

1. Briefing on November 17<sup>th</sup> Montgomery County Thanksgiving Day Parade, hope to have more than 4 people (Elyse, Bunny, Kabir & Kabir's daughter) participation next year

2. AODAAC Legislative Retreat to be held on 1/19/2019 in lieu of January Meeting. Location is **Crisis Center, 1301 Piccard Drive, 1<sup>st</sup> Floor Conference Room, Rockville** (Closed to public attendance) Time: 9am to 1pm, breakfast and lunch to be provided
3. 2019 Spring Forum (May AODAAC Meeting) Update
  - Volunteers Needed
  - Celia Young to continuing to Chair with MHAC (Child Welfare possibly joining this year)
  - Planning to begin in January 2019 (theme, location, etc.)

## **Maryland Overdose Response Program Educational Training Program / Naloxone Training (Presented by Jessica Hartman)**

All present were given a training manual and learned how to administer Intranasal Narcan. During training, stressed points were the following:

- Signs & Symptoms of an overdose
- Steps in responding to an overdose
- Step by Step Narcan Administering
- Myths about Narcan & effects
- Rescue Breathing (but also highly suggested to train in CPR)
- Care for the Person (a must to know Recovery Position)
- Instructions for refilling your Narcan

All present were given an Intranasal Narcan® with gloves along with Deterra® (drug deactivation system)



Discussion on Pamphlet / Brochure for AODAAC

Consensus, each Committee will provide brief statement of their objective within AODAAC, resources will be included and draft will be provided to Health & Human Services for approval, budget for printing and distribution.

### **Committee Reports**

**Legislative Committee:** Members present: Elyse Grossman, Cynthia Wright, Dave Sidhu

Review of proposed Bills coming to Maryland State for oral and written testimony during January Retreat.

**Prevention Committee:** Members present: Larry Simmons, Margaret Mattson, Sherry Beach

Margaret's thorough draft for brochure was reviewed and questions for approval by HHS along with other Committee's statements to be included.

**Recovery & Treatment Committee:** Members Present: Celia Young, Bunny Rich, Evelyn Saim-Lobos

Discussion of Recovery & Treatment Committee's section in AODAAC brochure, Spring Forum, Musicians Showcase possibly January 12, 2019, Medicaid Providers

### **COUNTY REPORTS**

#### **Health and Human Services**

Hardy Bennett Reported

- Nationwide Search to replace Uma Ahluwalia, Health & Human Services Director, hoped to be filled by February/March 2019
- County Executive Marc Elrich has kept 8 current Directors
- HHS 2019 Budget Cost Savings (1.5% to impact Services)
- Report on Suicide attempts, etc. (Report Attached)
- Data Driven Decisions is focus with this new administration, Andrew Kline, Elrich's CO

Sara Rose Reported

- BTheOne Campaign – Suicide Awareness
  - Video PSA Contest: Open to all Montgomery County Middle & High School students
  - <https://www.montgomerycountymd.gov/btheone/>

#### **Police Department:**

No Representative Present

#### **Liquor Control**

No Representative Present

**Montgomery County Public Schools:**

No Representative Present

**Correction and Rehabilitation:**

No Representative Present

**Board of License Commissioners:**

No Report Given

**New Business/Public Comment**

When will AODAAC Website go live? Hardy to confer with Mary Anderson who has volunteered to create in accordance with other Boards/Commissions website already available.

**ADJOURN**

9pm

**MONTGOMERY COUNTY  
DASHBOARD ON SUICIDES  
AND SUICIDE ATTEMPTS**

Dec 2018  
Prepared for LACSI Group

**A DECLINE IN US LIFE EXPECTANCY DUE TO DRUG OVERDOSE AND SUICIDE**

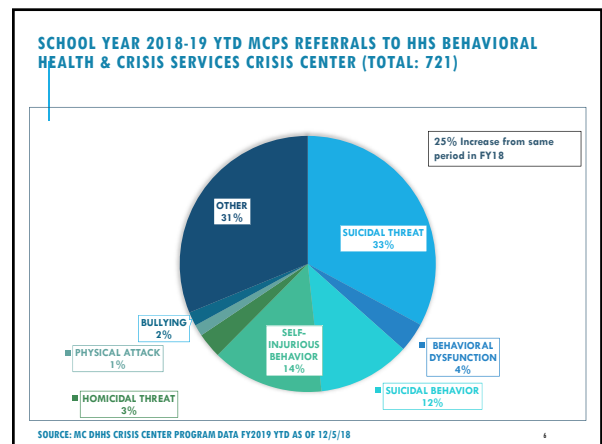
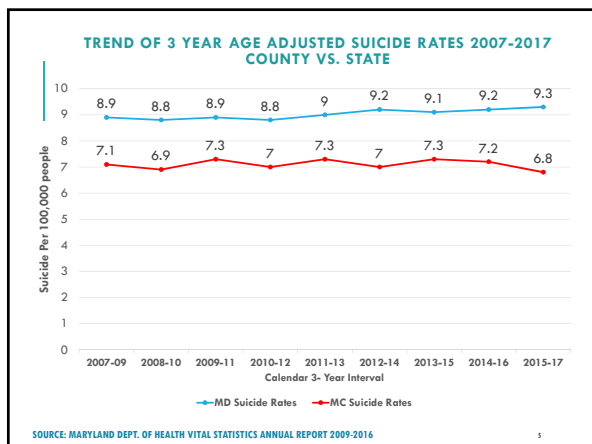
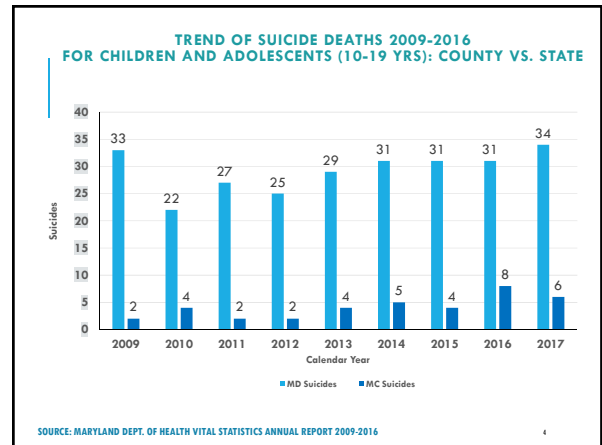
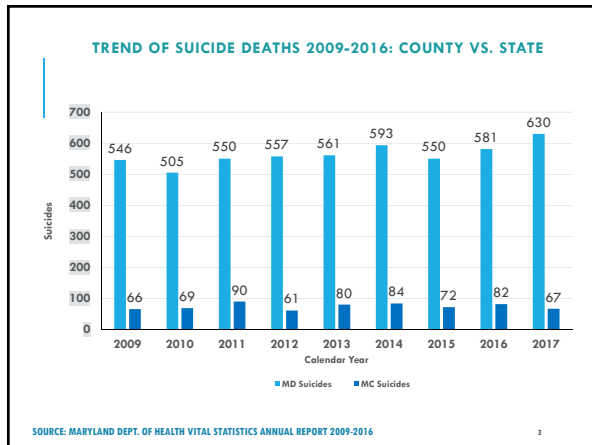
Life expectancy for the U.S. population declined to 78.6 years in 2017.

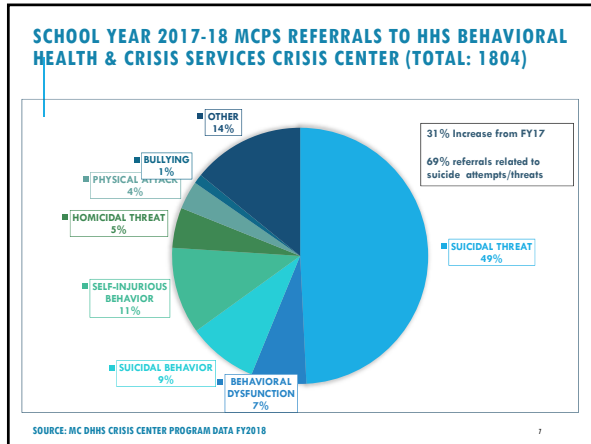
The age-adjusted death rate increased by 0.4% from 728.8 deaths per 100,000 standard population in 2016 to 731.9 in 2017.

Age-specific death rates increased from 2016 to 2017 for age groups 25–34, 35–44, and 85 and over, and decreased for the age group 45–54.

Tragically, this troubling trend is largely driven by deaths from drug overdose and suicide

SOURCE: MORTALITY IN THE UNITED STATES, 2017, DRUG OVERDOSE DEATHS IN THE UNITED STATES, 1999–2017, SUICIDE, MORTALITY IN THE UNITED STATES, 1999–2017.





### SCHOOL YEAR 2017-18(7/1/17-12/5/18) VS. 2018-19 YTD MCPS REFERRALS TO HHS BEHAVIORAL HEALTH & CRISIS SERVICES CRISIS CENTER BY SCHOOL TYPE

SCHOOL TYPE	SY17-18 YTD	SY 18-19 YTD	% CHANGE
ELEMENTARY	131	131	0%
MIDDLE	236	340	44%
HIGH	204	241	18%
TOTAL	571	712	25%

### MARYLAND ESSENCE SYSTEM FOR PUBLIC HEALTH SURVEILLANCE

Time Frame: 7/1/2018 – 12/10/2018

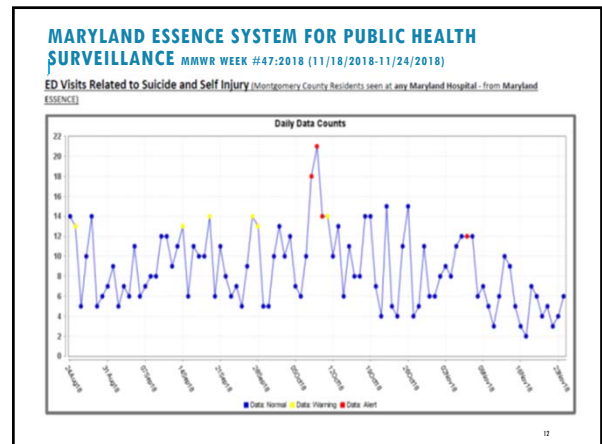
Number of Suicide or Self Injury Related ER Visits by MC Residents: 1421

### ESSENCE SYSTEM: TOP HOSPITALS WITH ER VISITS (10+ VISITS) DUE TO SUICIDES OR SUICIDE ATTEMPTS FY19 YTD

Hospital Name	ER Visits	percent
Shady Grove Hospital	542	38.1%
Suburban Hospital	343	24.1%
Holy Cross Hospital	142	10.0%
Holy Cross Germantown Hospital	136	9.6%
Washington Adventist Hospital	110	7.7%
Montgomery General Hospital	27	1.9%
Prince Georges Hospital Center	18	1.3%
Laurel Regional Hospital	13	0.9%
Shady Grove Emergency Center Germantown	13	0.9%
Anne Arundel Medical Center	13	0.9%

### ESSENCE SYSTEM: TOP ZIP CODES WITH ER VISITS(50+ VISITS) DUE TO SUICIDES OR SUICIDE ATTEMPTS FY19 YTD

Zip Code	ER visits	percent
20874	135	9.5%
20906	104	7.3%
20904	81	5.7%
20878	66	4.6%
20912	66	4.6%
20877	66	4.6%
20902	65	4.6%
20850	65	4.6%
20852	64	4.5%
20910	59	4.2%
20814	59	4.2%
20886	56	3.9%



**MARYLAND ESSENCE SYSTEM FOR PUBLIC HEALTH SURVEILLANCE FY18 AND FY19  
REPORT ON ER VISITS RELATED TO SUICIDES AND SUICIDE ATTEMPTS**

**Syndromic Behavioral Health Surveillance FYTD ED Visit Totals:** (Montgomery County Residents seen at any Maryland Hospital - from Maryland ESSENCE)

FY 2019	Jul	Aug	Sep	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	FYTD
<b>Opioid Related ED Visits FY 2019</b>	54	81	72	48	(42)								<b>298</b>
<i>VS 2018</i>	65	76	59	80	67	66	74	65	55	59	47	58	771
<b>Acute Opioid Poisoning Related ED Visits FY 2019</b>	15	23	25	18	(14)								<b>94</b>
<i>VS 2018</i>	22	30	21	27	30	30	34	34	18	28	17	26	317
<b>ED Visits Related to Suicide and Self Injury FY 2019</b>	302	260	263	312	(179)								<b>1317</b>
<i>VS 2018</i>	243	200	250	259	291	284	314	289	248	312	267	239	3236