

ALCOHOL AND OTHER DRUG ADDICTION ADVISORY COUNCIL

APRIL 11, 2024 BOARD MEETING MINUTES

Voting members Present: Elyse Grossman (Chair), Laura Mitchell, John Sidhom, Thomas Chu, Isabelle Raquin, Margaret Mattson, Nick Borowski, Malliga Iyer, Dr. Alan Trachtenberg, Ed Bunny Rich & Katrina Busk

Non-Voting Members: Cecilia Serkin, Kyle Potter, Sara Rose & Dr. Rolando Santiago.

Call to Order: 7:00PM (Chair) called the meeting to Order. Quorum present. Motion to approve the March 14, 2024, Minutes. Minutes were approved. *(Edits Moved Rodrigo Aguirre name from Voting member to Non-Voting Member, additionally correcting the spelling of his last name)*

Guest: Jennifer McCann & Dr. George Kolodner, M.D.

Chair Updates:

- ❖ Spring Forum 2024 May 9, 2024. Although this falls on our Board meeting day, attendance is required.
- ❖ Laura provided brief information about Spring Forum 2024, Event is Virtual on ZOOM 6PM-9PM. Youth and Adult track. The adult track involves treatment across the life span. This is an annual collaboration between AODAAC, MHAC & The Citizens Review Board.
- ❖ **June Elections:** (1 Chair) and (2) Co Chairs. Pam will send out duties. A Nominating Committee is needed, (3) members who are **not** interested in running. The Nominating Committee will look at attendance and involvement from this they will come up with a Slate of Candidates. Nominations can be made from the floor at the June meeting.
- ❖ **Nominating Committee (2024): Laura Mitchell, Malliga Iyer & Isabelle Raquin (who reported she would not seek re-election). If you're interested in running for an office, please email Pam/Elyse.**

Presentation: Dr. George Kolodner, M.D. Clinical Professor of Psychiatry. Georgetown University School of medicine. Founder and Medical Director of Triple Track Treatment, Presentation covering Nicotine Addiction and treatment.

Overdose Prevention Team (OPT) Liaison: Nick provided some updates. A spike in African American and Hispanic male OD deaths. Spike in ED Opioid related visits, Tree of Hope mentoring program (5 kids) Nick will provide ongoing updates as they become available.

A. Committee Reports:

- **Legislative Communications:** Isabelle reported members will continue to discuss how AODAAC can continue advocacy.
- **Training & Outreach:** Laura updated members on recent bills passed. Link will be emailed to members.

B. County Reports:

- **Department of Health & Human Services Montgomery County:** Dr. Rolando Santiago highlighted, Emergency response with youth using fentanyl in Aspen Hill, Glenmont, Wheaton Corridor. Identity staff have identified over 30 youth already and are working intensively with 5 to 10 youth and their families. Opioid Abatement funds \$3.1M, hiring staff, implementing three community grants, Narcan kit vending machines and MOU contract with the State for funding a contract with Maryland treatment centers (MTC) and finalizing a contract with MTC to open Mountain Manor in Baltimore. Dr. Santiago's full report was emailed to all members.
- **Local Behavior Health Authority:** Sara Rose, Targeted case management MOU in place, three providers selected (2) adults (1) adolescent/youth. This will provide additional reports and services. 42CFR-Part2 a modification of the Confidentiality of Substance Use Disorder (SUD) Patient records regulations at 42CFR part 2. Link emailed to members with full explanation.
- ❖ **Police Department:** Not Present No report
- ❖ **Alcohol Beverage Services:** Not Present but report was emailed to Members.
- ❖ **Montgomery County Public Schools:** Present but No report
- ❖ **Correction and Rehabilitation:** Not present No report.
- ❖ **HHS Substance Use Prevention & Harm Reduction:** Sara Rose for Ben Stevenson II, Purchasing of Narcan vending machines & Narcan Training is ongoing.
- ❖ **Board of License Commissioners:** Not present. Report emailed to Members.
- ❖ **Mental Health Advisory Committee Commission on Health:** Cecilia Serkin. MHAC held a virtual meeting on Tuesday, April 2. Two speakers. The first speaker was Joe Wilson, LCSW, Senior Director of Mental Health Services, Jewish Social Services Agency (JSSA). Joe Wilson gave a presentation on JSSA's school-based services expansion, which is funded through a grant from the Maryland Community Health Resources Commission (CHRC) and the Consortium on Coordinated Community Supports (Consortium). JSSA was awarded a \$2.5 million grant to expand its Mind Craft program, a school-based community mental health program in partnership with Montgomery County Public Schools (MCPS). Full report emailed to Members.

C. New Business: (Isabelle) Free Expungement Clinic Thursday April 18, 2024, at 3pm. Isabelle will send additional information to Pam to email out to members.

D. Public Comment: None

E. Adjourn: 8:54PM

Reminder: Spring Forum May 9, 2024, in lieu of a May Board Meeting However Attendance will be taken.

Montgomery County Alcohol and Other Drug Addiction Advisory Council Ex-Officio Member Report

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AODAAC Meeting Date: April 11, 2024

Department/Agency Reporting: Mental Health Advisory Committee (MHAC)

Ex-Officio Member Name: Celia Serkin, MHAC Liaison to AODAAC

Agency Mission (particularly as it relates to AODAAC):

MHAC was established to advise the Montgomery County Executive and the County Council on matters concerning mental health. MHAC's work includes providing citizen oversight to all state-funded mental health agencies serving Montgomery County and serving as an advocate for a comprehensive mental health system for persons of all ages. The Committee helps to ensure that publicly funded mental health services are responsive to local needs, accountable to the citizenry and accessible to those in need. MHAC's work includes closely following State and County legislative proposals relating to mental health.

Relevant data (i.e., overdose statistics/trends, substance use incidents in schools, etc.):

MHAC held a virtual meeting on Tuesday, April 2. There were two guest speakers. The first speaker was Joe Wilson, LCSW, Senior Director of Mental Health Services, Jewish Social Services Agency (JSSA). Joe Wilson gave a presentation on JSSA's school-based services expansion, which is funded through a grant from the Maryland Community Health Resources Commission (CHRC) and the Consortium on Coordinated Community Supports (Consortium). JSSA was awarded a \$2.5 million grant to expand its MindCraft program, a school-based community mental health program in partnership with Montgomery County Public Schools (MCPS). This new contract allows JSSA to provide critical access to mental health services directly in 75 elementary, middle, and high schools, up from 39 schools last year. The information below comes from Joe Wilson's presentation, which is attached.

The CHRC funded expansion made \$120 million dollars available across Maryland. There were 257 proposals submitted. There were 129 proposals selected. JSSA is 1 of 9 providers selected in Montgomery County. The award is effective 3/1/2024 – 6/30/2025. JSSA is the only provider offering Tier I, II, and III services. Below are services provided at each tier.

Tier I Services

- Universal, prevention services (available to all students in a school location)
- JSSA partnering with Our Minds Matter (OMM)
- OMM will expand afterschool clubs that promote mental health education and awareness to 28 schools.
- JSSA will provide access to tMHFA (Teen Mental Health First Aid – an evidence-based practice) for all members of OMM clubs (all schools OMM serves). Upon successful completion of the training, students will receive a cash stipend.
- JSSA staff (clinicians and/or care coordinators) will be trained to provide the tMHFA training to students.

Tier II Services

- One-to-one, small group psycho-educational support services (mental health adjacent) to address social determinants of health (needs across multiple life domains).
- JSSA partnering with Montgomery County Federation of Families for Childrens' Mental Health (MCFOF)
- MCFOF will provide 60 families with access to the Strengthening Families program (an evidence-based approach to support health family development, communication and relationships)
- JSSA will provide Student Success Coordination to 20 of the current 39 schools being served by the MindCraft Program. Student Success Coordinators will have a caseload of 12-15 students, working with them for up to 90 days to identify needs and strengths, work with family and other natural supports to enhance the student's functioning at school (academic and/or behavioral).
- Student Success Coordinators will be trained in the Student Check-Up model (an evidence-based practice based on Motivational Interviewing).

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Tier III Services

- Addition of 6 school sites beginning in September 2024.
- Addition of a part-time nurse practitioner to address need for psychiatric medication services (evaluation and medication management) beginning in September 2024.
- Addition of mobile office unit (2 offices), deployed to school locations that don't have space for mental health providers beginning in September 2024.
- Clinical providers of services will be trained in Cognitive Behavioral Intervention for Trauma in Schools (CBITS) and Bounce Back (evidence-based practices for use with middle school and elementary school students, respectively).
- Addition (possibly) of Animal-Assisted Play Therapy (AAPT). Currently exploring options for training and certification of providers.

The implementation schedule is as follows.

- Tier I Services (begin April 1, 2024)
- Tier II Services (begin May 1, 2024)
- Tier III Services (begin September 1, 2024)

Training for EBPs will be provided by the National Center for School Mental Health. All training for CHRC expansion will carry utilization credit. Dates are pending for the following.

- Student Check-Up (Motivational Interviewing)
- Cognitive Behavioral Intervention for Trauma in Schools (CBITS)
- Bounce Back
- Teen Mental Health First Aid (tMHFA) - tMHFA training will be provided by Mental Health Association of Maryland (MHAMD).

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The 2nd speaker was Oscar Morgan, Executive Director, The Danya Institute, Inc.; Project Director, Central East Addiction Technology Transfer Center; Project Director, Central East Mental Health Technology Transfer Center; and Project Director, Central East Prevention Technology Transfer Center. He gave a presentation on the Technical Assistance Centers in HHS Region 3. The Danya Institute, Inc. is a non-profit organization founded in 2001 to promote and improve the health, education and well-being of individuals and communities. It operates 4 TCC Centers, which are listed below.

- Addiction Technology Transfer Center
- Mental Health Technology Transfer Center
- Opioid Response Network
- Prevention Technology Transfer Center

These Technology Transfer Centers are funded by the Substance Abuse and Mental Health Services Administration (SAMHSA).

The information below comes from Oscar Morgan's presentation, which is attached.

Danya Institute, Inc. serves HHS Region III, which includes Delaware, Washington, D.C., Maryland, Pennsylvania, Virginia, and West Virginia. The purpose of these Technology Transfer Centers is to accelerate the adoption of evidence-based and promising practices to develop and strengthen the specialized behavioral healthcare and primary healthcare workforce that provides prevention, treatment and recovery support services for substance use disorder (SUD) and mental illness. It takes 17 years to translate medical research to practice. Closing the gap requires a multidimensional process that intentionally promotes the use of an innovation. Technology transfer begins during the development of an innovation, continues through its dissemination, and extends into its early implementation. This process requires multiple partnering organizations and resources, and involves activities related to the translation and adoption of an innovation. Technology transfer is designed to accelerate the diffusion of an innovation. The technical assistance and training methods used are identified below.

- Skill-based training
- Targeted and intensive technical assistance
- Learning communities

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- Coaching
- On-line courses, toolkits, infographics, articles
- In-person and virtual meetings
- Implementation strategies

Measuring The Impact of T/TA Activities – The purpose is to assess if and to what extent TA activities enhance individual and/or organizational capacity to provide evidence-based behavioral health service. All T/TA events are evaluated by attendees. Data are collected and analyzed by the University of Maryland, School of Public Health, Office of Program Evaluation. The results are reported in accordance with Government Performance and Results Act (GPRA), which is used by Federal agencies for establishing management processes and setting performance goals and objectives.

5-Year Summary - From 2018 - 2023, our centers have aimed to meet the regional training and TA needs in the development and strengthening of the specialized behavioral healthcare and primary healthcare workforce that provides prevention, treatment, and recovery support services for substance use disorder (SUD) and mental illness. The total number of T/TA events was 1,329. The total number of event participants was 67,194. The total number of T/TA hours offered was 4,475. A summary of the work is listed below.

- Needs Driven T/TA
- Implementation of evidenced-based & promising clinical practices in prevention, treatment and recovery supports.
- School-based mental and behavioral health promotion, prevention, and intervention services.
- Strengthen the relationship between community initiatives care providers- faith based providers, barbers, fraternity/sororities and behavioral providers.
- Enhance diversity, equity, inclusion and belonging in the behavioral health workforce and workplace.
- Promotion of evidence-based interventions relating to mental health and suicide risk; and studies about risk factors, protective factors, mental health utilization and engagement, as they pertain to Black youth.

Training/Technical Assistance is available through the Opioid Response Network.

- WV POLYSUBSTANCE SUMMIT: Co-hosted this virtual conference for the 3rd consecutive time and provided speakers to address polysubstance use
- BIPOC SUMMIT: Provided speakers for the event, addressing various topics including health equity, recovery advocacy, treatment disparities, and resilience in the face of racial trauma
- SPEAKERS BUREAU: Establishing a group of peers who are trained to teach others how to advocate for pregnant and parenting families
- INCLUSIVE RECOVERY RESIDENCES: Opening up a recovery home focused on a safe space for transgender people and allies

There were 7 Regional Summits: Xylazine (4/2023, 8/2023, 3/2024), Diversity, Equity and Inclusion (DEI) (7/2023), Pregnant and Parenting People (9/2023, 3/2024), SUD Shared Solutions (3/2024).

Here is the contact information.

Instituteinfo@danyainstitute.org - (240) 645-1145

Addiction Technology Transfer Center: attc@danyainstitute.org

Mental Health Technology Transfer Center: centraleast@mhttcnetwork.org

Prevention Technology Transfer Center: centraleast@PTTCnetwork.org

Relevant data (i.e., overdose statistics/trends, substance use incidents in schools, etc.):

Current or potential collaborations with AODAAC:

MHAC and AODAAC will continue to collaborate on events, such as the Spring Forum, and on various advocacy efforts

Montgomery County
Alcohol and Other Drug Addiction Advisory Council
Ex-Officio Member Report

AODAAC Meeting Date: April 11, 2024

Department/Agency Reporting: DHHS.BHCS

Ex-Officio Member Name: Dr. Rolando L. Santiago, Chief, Behavioral Health and Crisis Services, Department of Health and Human Services

Agency Mission (particularly as it relates to AODAAC): The mission of Behavioral Health and Crisis Services (BHCS) is to promote the behavioral health and well-being of Montgomery County residents. BHCS works to promote mental wellness, prevent substance abuse and suicide and to ensure access to a comprehensive treatment and recovery system of effective services and support for children, youth, and families, adults, and seniors in crisis or with behavioral health needs. BHCS is committed to ensuring culturally and linguistically competent care and the use of evidenced based or best practices along a continuum of care. BHCS works with the States' Behavioral Health Administration, Department of Health and Human Services (DHHS) service areas, County agencies, and the community to provide strength-based and integrated services to persons in need.

Actions/updates since last report:

BHCS activities of interest to AODAAC members over the last month addressed (1) a targeted emergency response for youth impacted by opioid and fentanyl crisis, (2) activities funded through the Opioid Abatement Funds, (3) and community engagement activities.

1. **Emergency response with youth using fentanyl in Aspen Hill, Glenmont, Wheaton Corridor.** Identity staff have identified over 30 youth already and are working intensively with 5 to 10 youth and their families. Identity staff have met with many stakeholders in the community including treatment providers, regional director, police district staff, owners of business, school personnel, and more. In the last two to three weeks, they have spent considerable time trying to connect the youth and families to the substance use treatment providers. They have encountered some barriers and are determined to overcome them. BHCS staff are currently creating a weekly meeting of Identity staff with multiple providers to troubleshoot and coordinate interventions with specific individuals and families while at the same time adhering to required confidentiality protocols.
2. **Update on Opioid Abatement Funds.** Current activities to implement the programs funded under the \$3.1M special appropriation include the following:
 - a. completing an MOU with the State for funding a contract with Maryland Treatment Centers (MTC) and finalizing a contract with MTC to open Mountain Manor facility in Baltimore;
 - b. acquiring Narcan kit vending machines;
 - c. implementing three community grants;
 - d. hiring staff.
3. **Community engagement.** The following describe community engagement activities.
 - a. **Training with McFarland group on substance use services for African Americans.** The McFarland group provides numerous primary care services support to the African American Health Program. On Tuesday, April 2, Arnecia Moody, Senior Manager for Treatment, facilitated a training for over 20 staff at the McFarland group on how to address substance use disorders.
 - b. **Presentation on opioid response to the leadership of African American Health Program, Latino**

Health Initiative, and Asian Health Initiative. On Wednesday, April 3, Dr. Santiago and Arnecia Moody provided an update on the opioid response in Montgomery County to the directors of the minority initiatives, and to the chairs of their respective steering committees.

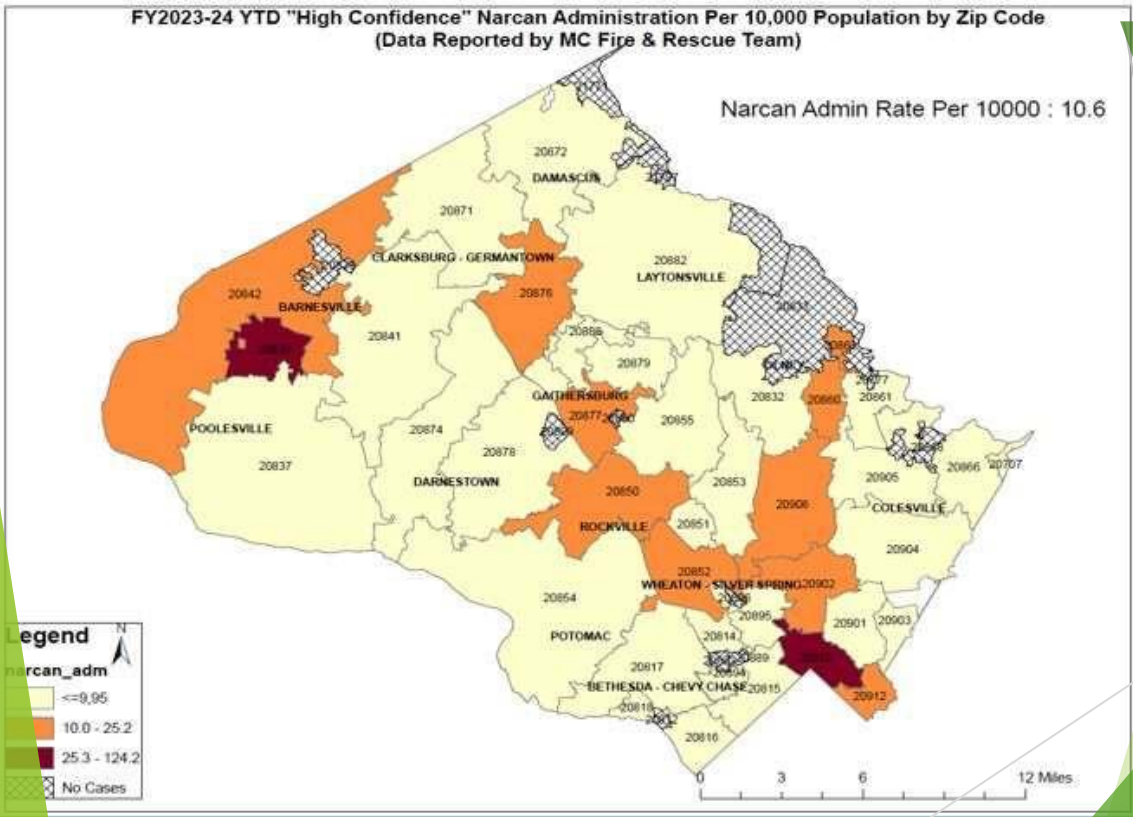
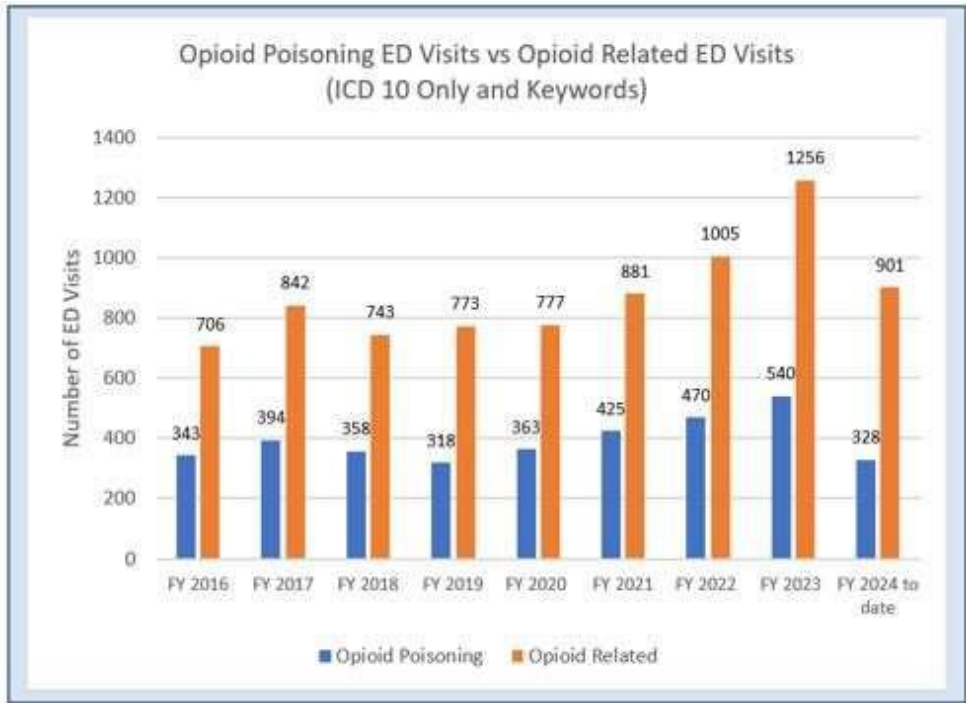
- c. **Presentation on opioid response to Montgomery College and Takoma Park event focused on Narcan training.** On Wednesday, April 10, Dr. Santiago joined Councilmember Kate Stewart in an event at Montgomery College Takoma Park campus for students and community members. Dr. Santiago gave a presentation on the County's opioid response. The event was an in-depth training on how to use Narcan when someone overdoses from using opioids including fentanyl.

Relevant data (i.e., overdose statistics/trends, substance use incidents in schools, etc.):

Montgomery County Trend of Intoxication Fatalities by Selected Substances 2022-2024 YTD (up to Feb. 2024)

- In 2023, there were a total of 140 OD fatalities in Montgomery County, representing a 28% increase compared to 2022, including 106 opioid related fatalities
- 28% increase is seen in OD fatalities due to Opioids and 29% increase in OD fatalities due to Fentanyl and 29% increase in OD fatalities due to Heroin(4 more cases), from 2022 to 2023.
- OD fatalities due to Cocaine increased by 55% and OD fatalities due to Alcohol decreased by 50% (13 more cases), from 2022 to 2023.
- In the first two months of 2024, there were a total of 9 OD fatalities in Montgomery County including 6 opioid related fatalities, representing a decrease of 74% (25 cases less) compared to the same period in 2023.

Source: Maryland OOC Reports on 2022 full year, 2023 full year, and 2024 YTD.



Current or potential collaborations with AODAAC:

There continues to be significant collaboration between BHCS staff and AODAAC. Examples include:

- 1. Staffing of AODAAC.** This is done chiefly through LBHA staff, and Pamela Abramson as LBHA liaison and staff support for AODAAC
- 2. Support of AODAAC legislative initiatives.** DHHS staff continues to support and process legislative actions at the Maryland Legislature, and the Montgomery County Council, through the Local Behavioral Health Authority process.
- 3. Collaboration on community events.** Staff at BHCS continues to also support and collaborate with members of AODAAC to organize community awareness events, especially on the current opioid and fentanyl crisis.

**Montgomery County
Alcohol and Other Drug Addiction
Advisory Council Ex-Officio Member
Report**

AODAAC Meeting Date: April 11, 2024

Department/Agency Reporting: Ex-Officio Member Name: Roddy Aguirre, Community Outreach Manager

Agency Mission (particularly as it relates to AODAAC):

As a control jurisdiction, ABS facilitates the alcohol wholesale distribution to over 1,000 licensed establishments in the county. Along with the sale and distribution of a controlled substance comes a responsibility to educate and support the establishments served.

The Community Outreach Office works with license holders to ensure compliance. Helping communities flourish through the promotion of alcohol laws, public awareness and responsible hospitality practices are priorities.

Relevant data (i.e., overdose statistics/trends, substance use incidents in schools, etc.):

None at this time.

Relevant data (i.e., overdose statistics/trends, substance use incidents in

schools, etc.): None at this time.

Current or potential collaborations with AODAAC:

ABS has selected the finalists for the Keeping it Safe Coalition for Under 21 Alcohol Use Prevention annual video contest for middle and high school students from public and private schools. A total of 60 entries were submitted. Awards ceremony will be on May 8, 2024.

The self-paced ALERT class is ready to be offered online, but we are waiting for the translation slides to be available. ALERT will be translated into Spanish, French, Amharic, Chinese, Korean, and Vietnamese. This training helps to educate and equip business owners and other community members on responsible and safe alcohol practices.

ABS is also in the process of reconstituting the Safety Alliance. The Safety Alliance is an informal network of local regulatory and code enforcement agencies focused on the impact of dining, entertainment and special events on public health, safety, and quality of life. The Safety Alliance also focuses on identifying risks and protective factors in communities and businesses. The goal is to have a reconstituted group beginning in FY 24-25.

**Montgomery County
Alcohol and Other Drug Addiction Advisory Council
Ex-Officio Member Report**

AODAAC Meeting Date: April 11, 2024

Department/Agency Reporting: Ex-Officio Member Name: Man Cho, Chair/Commissioner,
Montgomery
County Board of License Commissioners

Authority: The Board of License Commissioners is charged with regulating the sale and distribution of alcohol in accordance with the Alcoholic Beverages Article of the Annotated Code of Maryland and has full power and authority to adopt such reasonable rules and regulations as the Board deems necessary to enable it to effectively discharge the duties imposed upon it by the Alcoholic Beverages Article.

Agency Mission (particularly as it relates to AODAAC): To work with the AODAAC to educate and ensure the safe use/handling, sale and distribution of alcohol to protect the health, safety and welfare of the public.

Relevant data

On April 11, 2024, the Board of License Commissioners convened its annual renewal hearing. The Board

approved the renewal of 1,056 alcohol licensees. This is a slight increase compared to the previous year of 1,031. Of these 22 establishments were approved conditioned on completing the County's free alcohol course

ALERT. Also, approximately 44 establishments were approved pending resolution of existing tax holds. Going

forward, the Board anticipates an increased number of new applications for new business establishments, and

therefore expects fuller dockets for future hearings. We are seeing applications ranging from new restaurant

openings, beer and wine stores to entertainment lounges and ethnic markets, among others. The Board expects

this trend to continue with new businesses starting up through license transfer requests or new license requests.

The Board currently operates with a full five Commissioners.

The Board continues to see violations of alcohol rules and regulations as they relate to sales or service to minors,

alcohol awareness certification and other related records violations. We continue to stress to existing licensees

and new licensees to keep all alcohol related records in order if and when inspectors arrive and request them. In

particular, a licensee must have a Maryland alcohol awareness certified person on premise at all times if and

when the business is open to sell or serve alcohol.

Sales to minor violations stem from administration of the Alcohol Beverage Service's Montgomery County Alcohol Compliance Check Program. Under this program, the ABS partners with the local law enforcement by bringing a UV to an establishment to see if s(he) is served alcohol upon presenting a valid under-aged vertical Maryland drivers license. If served the business will be fined \$1000 for the first violation with the server being issued a criminal citation. UVs are paid positions and when an opening does arise, the ABS will recruit widely. ABS is currently in the process of onboarding four UVs to add to the team. Please contact ABS's Amy Samman, ABS Division Chief for additional information. Other trends we are seeing are violations for noncompliance of the laws pertaining to infusion/premixed drinks. If establishments are serving such specialty drinks, the container needs to be labeled, with specific content of alcohol, date of expiration and limited to five gallons. We are hopeful the Compliance Check Program and educational campaigns conducted by the ABS and BLC will help stem and reduce the number of violations. The board stresses to all establishments during hearings to check ID and read those IDs very carefully before giving it back – not to assume patrons are 21 or over. In FY24 (to March 2024), the ABS has logged 148 violations by license holders, and has conducted 2,166 inspections. This includes 6 Compliance Check violations (with a compliance rate at approximately 75%) and 40 Routine Inspection violations, which includes mainly records, display of license, and related violations. Specifically, we are seeing violations related alcohol invoices, alcohol awareness certification, improper display of license and employee records. Although the ABS is down three inspectors currently, it is on track to meet its mandate for annual inspections counts (approximately 4000/year). With educational campaigns by the ABS and through regular Board hearings (both license and show cause hearings) with licensees and new applicants, we anticipate the violation numbers to improve. In FY24 through March 2024, the Board has approved 89 alcohol licenses to establishments (93 in previous FY to this date). The Board has also revoked and suspended licenses and issued fines and related penalties.

Current or potential collaborations with AODAAC:

The Board welcomes collaboration with AODAAC on education campaigns for the safe handling, sale and

service of alcohol to protect the health, safety and welfare of the public at large.
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