Commission on Aging Aging in Community Committee April 9, 2024 9:30 am-11:30 am

"Volunteer and Employment Opportunities for Older Adults"

Join Zoom Meeting

https://us06web.zoom.us/j/82315344483?pwd=U0FxeWxDK0hSaGxwb0krQjY2RUFUZz09

<u>Agenda</u>

- Welcome and Introduction
- Review and Approval of March 12, 2024, minutes.
- Meeting Overview (Wayne and Betsy): Volunteering and pursuing second careers after retirement are excellent ways for older adults to stay active, engaged, and fulfilled in their post-retirement years. Today's meeting focuses on the opportunities that older adults have in Montgomery County to volunteer and/or avail themselves of employment. This panel will describe various workforce and volunteer programs that can help older adults find employment and volunteer opportunities, and efforts to combat ageism and promote inclusivity in both volunteering and employment sectors. Our featured speakers will address this topic from several perspectives. Speakers include:
 - Jodie Rasch (she/her)
 Director, <u>The Career Gateway</u> and CareerTech Programs and <u>Virtual 50+ Employment Expos</u>
 Jewish Council for the Aging
 - Cathy Nestoriak (she/her)
 Director, Employment Services
 Jewish Council for the Aging
 - Cassandra Smith
 Outreach Manager
 AmeriCorps Seniors Program Manager
 Montgomery County Volunteer Center
- **Discussion and Action items:** Thoughts on AIC Action Items for addressing the challenges of helping older adults find meaningful volunteer and employment opportunities in the County.
- Business Meeting:
 - Update on County Issues
 - Ideas for Upcoming Meeting Topics
 - Multi-Generational Households (Living with Caregivers)
 - Solo Aging
 - Other ideas
- Next meeting: May 14, 2024. Briefing on the May 16th Public Forum on "Reimaging Housing for Older Adults"