

AODAAC MEETING

09/14/2023 7:00 PM

ATTENDEES:

1. Elyse Grossman-Chair- Voting member
2. Ed Bunny Rich-Voting member
3. Nicholas Borowski- Voting member
4. Malliga Iyer- Voting member
5. Margaret Mattson- Voting member
6. Laura Mitchell- Voting member
7. Isabelle Raquin- Voting member
8. Arnecia Moody
9. Nikhil Mudunuri
10. Kyle Potter
11. Lissa Ransom
12. Sara Rose
13. Dr. Rolando Santiago
14. Celia Serkin
15. Henok Solomon
16. Larry Stewart
17. Samar Khleif
18. Zivaa
19. Nikhil
20. Susan Emery

INTRODUCTIONS

- Name, affiliation and what you love about fall.
- There are only 7 members present, not enough for a quorum (need 9)

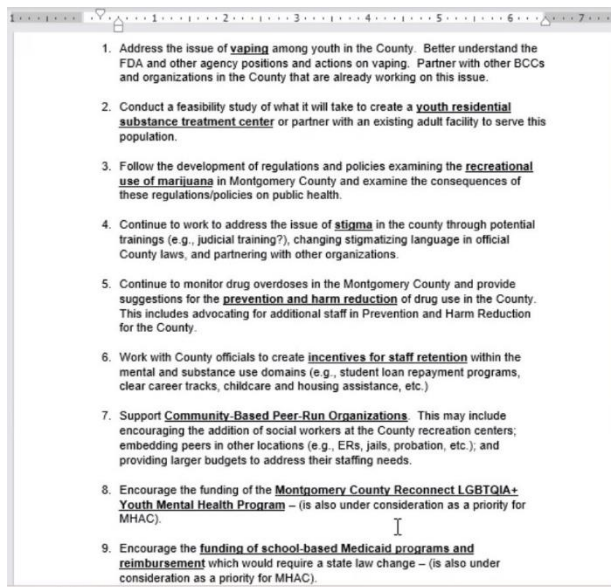
VISION

- Have more visibility.
- Working to change language.
- Created newsletter (stuck for approval in county)
- Update website with an easily editable calendar
- Tables at local events
- Put something out on social media: with definitions and events. Sara Rose, said that she can post something on social media.
- More engagement from members:
 - 3 meetings in person from 6-9pm at 401 Hungerford drive
 - October
 - December
 - June
 - What speakers do you want to see

EXPECTATION

- January legislative retreat
- Members show to meetings
- Members must sign up for a committee
- Ex Officio members complete a report before each meeting

PRIORITY



- Pick and discuss the top 2 priorities for the year
 - Elyse started with #3
 - Isabelle suggested #7
 - Malliga suggested #3, #4, #5
 - Dr. Santiago talked about #2. In the last 2-3 weeks there were 5-6 youth interested in residential treatments
 - Henok all great but vaping & legalization of marijuana, as well as residential programs
 - Laura talked about a program in schools where students are caught with illegal substances need to be supervised ie: in school suspensions. When they are suspended from school, there is no education or supervision for those kids.
 - Sara Rose
 - Diversion Program – collab with states attorney, police department, health and human services & juvenile services
 - Partner with the school system
 - How to enforce, need follow through
 - Don't throw in jail, but correct and educate
 - Smart approaches to marijuana
 - Interest that cannabis policy – rational and logical
 - **Supportive vs. Punitive**
 - Engage families
 - Nikhil (in high school) stressed that finding a different motivation would decrease use
 - He has a friend who used marijuana daily. This friend went camping and found other hobbies and once his focus was on other things, his use decreased dramatically.
 - Celia would like to combine vaping and marijuana.
 - Dr. Santiago wanted for Laura to elaborate on the youth program
 - Laura talked about how it was 4 – 2 hour sessions with a trusted adult and they did activities to educate in interactive ways. SUPRE was the name of the program. It was in high schools only.
 - Votes:
 - Margaret #3 & Peer focus on LGBTQIA youth
 - Nick #3
 - Malliga #3, #5, #8
 - Bunny #7, #5, #3

AODAAC COMMITTEES

AODAAC Committee Descriptions 2023-2024

Legislative & Communications Committee

This committee shall be responsible for:

- a. Keeping the AODAAC informed of legislative information, issues, and concerns that impact prevention, treatment, and recovery programs operating in the County continuum of care and affecting substance use in the County;
- b. Recognizing and sharing information with the AODAAC on advocacy needs and opportunities in the County;
- c. Leading the annual AODAAC January legislative retreat to guide members on presenting written and oral testimony and review the relevant bills introduced in the Maryland General Assembly for that session;
- d. Creating and disseminating 2 to 3 newsletters a year that share AODAAC activities and accomplishments, relevant County data on alcohol and other drug use, upcoming events, and more.
- e. Connecting with local policymakers and other department staff to help advance issues related to substance use in the County; and
- f. Recommending to the AODAAC any plans and strategies that should be passed on to the County Executive, County Council, State Government, the public, and other stakeholders as part of the Council's recommendations and advice.

Outreach & Training Committee

This committee shall be responsible for:

- a. Keeping the AODAAC informed about substance use information, issues, and programs regarding prevention, treatment, and recovery in the County;
- b. Recognizing and sharing information with the AODAAC on advocacy needs and opportunities in the County;
- c. Developing interesting and informative programming or trainings to educate the community on issues related to substance use in the County;
- d. Developing an efficient and feasible way of understanding and addressing community concerns on issues related to substance use in the County;
- e. Connecting with relevant local organizations / associations / agencies / etc. in order to foster relationships, bring speakers to AODAAC, and work to develop educational programming and training in the County; and
- f. Recommending to the AODAAC any plans and strategies that should be passed on to the County Executive, County Council, State Government, the public, and other stakeholders as part of the Council's recommendations and advice.

T E

- There are 2 committees instead of the normal 3

COUNTY REPORTS

LARRY:

- Nurse practitioner secured.
- Lots of great things that have become possible thanks to MAT new leadership

DR. SANTIAGO:

- Youth in Glenmont with a harm reduction member, nurse, therapist and peer support to council them and distribute Narcan.

- Would like to shift to schools, with a multi discipline team and start in middle schools (deemed ground zero)
- OIT – Opioid Interaction Team – is it possible to have a member of AODAAC get a seat?

ARNECIA

- We need more jail based services


SARA

- LBHA available online with an extensive list of resources
- Marketing company just did a wonderful fentanyl card with a focus on withdrawal
- 17 Overdose Response Programs (ORPs) and this is only expanding
- Someone asked if there was a backlog on the delivery of kits? Sara said that we are good and there is not a backlog at this point.

KYLE POTTER

- MCPS is an ORP
- Kits were delivered to principals last week
- All schools received brand new kits so some have double but all have at least 1 kit that have not expired.
- Seen a lot of vaping in the schools
- Next big event is 10/21/2023 at 9am
 - Girls Summit at Clarksburg High School
 - Focus on mental health and wellness
 - There will be things such as an empowerment fashion show by White House Black Market

Maryland's Largest School District
MONTGOMERY COUNTY PUBLIC SCHOOLS
Expanding Opportunity and Unleashing Potential



Montgomery County Public Schools Girls Summit

Please join us for the districtwide Girls Summit on Saturday, October 21, 9:00 a.m.—1:00 p.m. at Clarksburg High School. Students in 3rd through 12th grades and caregivers (not a drop off!) are invited to multiple supportive sessions on topics including healthy relationships, healthy eating and body image, self-esteem and more! This summit will empower girls and their caregivers through exposure to vital skills and information, networking, and fun activities. In addition to the supportive sessions, the day will end with a fashion show sponsored by White House Black Market celebrating diverse body types and focusing on strong female fashion!

Sessions will be provided in both English and Spanish and will be organized by grade level. Topics include:










◆ Healthy relationships/dating violence	◆ Healthy eating
◆ Social media use and mental health (including cyberbullying)	◆ Body image
◆ Self-esteem	◆ Gardening therapy
◆ Identifying symptoms of depression & anxiety	◆ Music therapy
◆ Non-suicidal self-injury and suicide (how to get help)	◆ Zumba
	◆ Kaiser spin bikes
	◆ Kaiser health screening & flu shots
	◆ AND MUCH MORE!

RSVP Here: <https://bit.ly/452XEpp>

Saturday, October 21, 2023
9:00 a.m.— 1:00 p.m.

Clarksburg High School
 22500 Wims Road
 Clarksburg, MD 20871

SSL hours available for students
 Narcan training & distribution on site

OTHER NOTES FROM MEETING AND CHAT

- Laura brought up a letter for AODAAC to sign (need vote) to go to the MD Insurance Administration. They are using triggering images in their power point presentations which could trigger someone to relapse. The letter is to ask that they find other images that don't perpetuate stigma and harm.
 - The deadline is on Monday 09/18/2023
 - Vote on the letter to sign, or no? All 7 members present voted to sign.
 - If the deadline is missed, AODAAC will draft a similar letter and send.
- Henok just noted that there is a drop by at Sheppard Pratt for ages 16-24 and there is GED support through Montgomery County Reconnect
- Celia Serkin wants Xylazine test strips sent to Montgomery County Federation of Families for Children's Mental Health

ROCKVILLE GOES PURPLE

Recognizes National Recovery Month with an Event for Everyone

SAVE
THE
DATE

LET'S TALK ABOUT RECOVERY:

*Supporting Mental Health and Substance Use
Prevention, Treatment and Recovery*
at Montgomery College, Rockville Campus
Sept. 30, 8 a.m.-1:30 p.m.

SAVE
THE
DATE

- Resource Fair.
- Panel discussion.
- Education sessions: DEA-approved CMEs and CEUs available.
- Narcan training and distribution.

Plus, sessions on support and resources for mental health
and substance use recovery designed for students,
families, and those who support them.

MC

**MONTGOMERY
COLLEGE**

*SSL hours available
for attending.*



240-314-8300

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