Mental Health Advisory Committee

Minutes - October 4, 2018

Members Present	Members Absent	Ex-Officio and Staff Present	Ex-Officio and Staff Absent	Guests
Jeannette Bjorklund		Rebecca Garcia- for Scott Green	Raymond Crowel	Sanujshya Sapkota
Michelle Grigsby- Hackett		Meredith Peace	Elizabeth Rathbone	Orlando Wright
Jennifer Jones	Scott Davis	Deborah Phillips		Jessica Kronstadt
Daphne Klein				
Kiki Li				
Garrett Mannchen				
Tami Mark				
David Myles				
Libby Nealis				
Jasmine Pearson				
Karen Duffy for Karishma Sheth				
Celia Serkin				
Susan Smith				

Amy Sutter		
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I. Introductions

- II. Welcome MHAC Members and Guests (Jennifer Jones, Chair)
- III. Speaker Orlando Wright, Ph.D., LCSW-C Behavioral Health Integration Manager Nexus Montgomery Regional Partnership Primary Care Coalition - Reference NEXUS Montgomery folder and New Opportunity Review Process document NEXUS grant is an annual grant

Partnership with five hospitals in Montgomery County and one hospital in Prince George's County

Programs include Wellness and Independence; Hospital Care Transitions; Behavioral Health Capacity; and Specialty Care for the Uninsured (somatic care only) CRISP is used to review data from high utilizers

Cornerstone Assertive Community Treatment (ACT) consumers tracked through CRISP to determine utilization of hospitals in the system. Cost is going down and hospital utilization is going down significantly (report to be published soon).

ACT model: wrap around services to include a psychiatrist, RN, social worker, substance abuse. This is an evidence-based practice that must meet fidelity standards.

Initiatives: 1. NCBH working for open access. 2. Mental Health First Aid for people working with seniors.

Grants available

Contact Dr. Wright with ideas for grants you might want to propose. The partner hospitals Behavioral Health Directors vote on the grants and all must agree that there is a benefit for the system. Areas of focus are 1. Readmission 2. Potential avoidable hospitalizations. Each year 7.6 million of grants are available. Think about the grants as seed funds then how to continue to fund. Dr. Wright also recommends SAMHSA grants.

IV. Minutes - Review and Approval of September meeting minutes One change on VII. 3. remove "The committee voted unanimously in favor of the motion. The motion passed." Committee voted to pass motion.

V. Chair Report

- Voting for executive committee Amy Presented Nomination slate for the Executive committee for FY-19. The nominees are Jennifer Jones and Jeannette Bjourkland for Co-Chairs. Garrett Mannchen and Tami Mark for Co-Vice-chairs. Nominations were voted on and all were in favor
- 2. Breakfast with HHS committee of the county council October 22, 2018- Jennifer will be in attendance
- Jennifer attended Chairs quarterly meeting with Uma Committees will be reviewed to look for duplication of services. It is important to work together with other committees, joint agendas are possible, one person from MHAC attend other committees
- 4. November meeting Kiki Li has unfortunately resigned from the MHAC and we will have a pizza party and present her with a certificate from the County Executive to celebrate her hard work. We will also have Elaine Weber, Vice President for Health

- Initiatives for the Legal Action Center, a law and policy office that fights discrimination against individuals with histories of addiction, HIV/AIDS and criminal justice involvement and works to establish sound policies on these issues. She will be discussing Parity.
- 5. Website Diane was asked if MHAC could have a website. Diane stated that she would contact the person who could do that and will get back to us.
- VI. Behavioral Health and Crisis Services Update Rebecca Garcia substituting for Scott Green
 - 1. MOABHA State meeting. BHA opioid response 33 million over 2 years. Until October 30 BHA will be reviewing the budge as they have more money than expected. Medical assisted 1.6 million for family navigation support and pregnant and children. Other grans exist for homeless services.
 - 2. Federal HR6157 signed Friday, September 28, 2018. 1.8 billion SAMHA block grant. 1.5 billion SOR program. 9 million other programs under SAMHA.
 - 3. BHA Legislative audit: closer monitoring, review outcome measures and treatment plans.
 - 4. ASAM 3.1 guidelines finalized. Utilized for billing and training. Substance use placement.
 - 5. Dr. Bazeron meet with Canadian official. LBHA integration, five-year plan. LBHA to do self-assessment. First State level workgroup happened. Providers to be pulled in. What does co-occur capabilities mean? These are the beginning stages of integration. Discussion about language used to refer to addiction: miss use, abuse, creating a common language.
- VII. Spring Field Hospital Debbie Phillips
 Springfield continues to work with the Centralized Admission to admit patients efficiently. The hospital has been busy with the admission and working with the community to discharge patients with aftercare plans that support a safety transition back to the community and that patient needs.
- VIII. Announcements. -
 - 1. Sonil Gupta announced that MCPTA will hold a mental health fair from January 9-12- he will send Diane the link.
 - 2. Daphne Klein announced that they are hiring a transitional age youth coordinator for Cornerstone. They are having a Pizza party for youth ages 17-26.
- IX. Meeting Adjourned Subcommittee's are meeting until 9pm.

IX. Meeting Adjourned 9pm