



Commission on Children and Youth Meeting Summary January 10, 2018

Members Present: Kirsten Andersen, Owoade Ayorinde, Shruti Bhatnagar, William (Billy) Chen, Cecily Darden-Adams, Serena Debesai, Karen Duffy, Laura Espinoza, Lynne Harris, Debbie Iwanczuk, Stella Masucci, Elizabeth McGlynn, Renae McPherson, Assya Pascalev, Chloe Perez, Sinclair Redding, Eric Rossen and Carolyn (Cali) Tamarkin

Members Absent: Quajalyn Amos, Annieka Attah, Dr. Leslie Copeland-Tune and Nora Ludden

Staff Present: Erin Stillwell (DHHS)

Elizabeth Mc Glynn, chair, called the meeting to order at 7:06 p.m.

Chair's Update

- Congrats to the Homelessness Subcommittee from 2 years ago: their recommendation to have homeless youth count is being pursued by Interagency Commission on Homelessness

MLK Day of Service

- Youth commissioners designed a service project to include self-care kits for youth to assist with stress reduction
- Kits will be assembled by volunteers participating in the the MLK Day of Service on January 15, 2018 from 1:00 to 3:00 p.m.
- Sign-up to assist with the project was circulated

Minutes: Review of meeting minutes from December 13, 2017

ACTION: Motion to approve the minutes from December 13, 2017 as distributed electronically

Motion by: Lynne Harris

Seconded by: Kirsten Anderson

All in Favor

Tour de Cookie

- Gracefully declined participation this year due to other commitments by commissioners. Individual are encouraged to volunteer at the event.

Youth Having A Voice Roundtable Discussion

- Thursday, February 8, 2018
- Topics: Undocumented youth in Montgomery County, Being in an uncomfortable environment at school (racism) and mental wellness
- Adult commissioners to provide \$10 gift card

Subcommittee Report Out

- **Youth who are Undocumented:**
 - Goal is to look at resources in community
 - Gathered a tentative list of resources
 - Serena and Laura spoke to ESOL classes—feedback included:
 - Difficulty accessing resources
 - Not prepared to enter the classroom (integration)
 - Division b/w Hispanic students who are newcomers and those who born in the United States
- **Promoting Mental Wellness Subcommittee:**
 - Looking at data that has been collected about youth and stressors (find common themes)
 - Create a list of resources/programs/ideas of ways to promote mental wellness
 - What are the common stressors and what are the ways to promote mental wellness
- **Youth Advisory Subcommittee**
 - Hosted Evan Glass from Ghandi Brigade as the guest speaker
 - Learned about Ghandi Brigades projects that are produced to increase social awareness of specific issues and spark conversations

Announcements

- On January 18, 2018 Girls on the Run of Montgomery County will be hosting a screening of the documentary “Angst” at 7:00 at Walt Whitman HS (contact Elizabeth for ticket information)
- March 9th YMCA “Mom Prom” 80 Theme (fundraiser for YMCA)

Adjournment

Meeting was adjourned at 8:50 p.m.

Executive Committee:

- Concern about February meeting dated falling on Valentine’s Day; will send out poll to full CCY to offer alternative date (2-21-18)
- Attendance issues discussed
- Future plans for the youth advisory committee
 - Focus on school climate