



Commission on Children and Youth
Meeting Summary-Approved
February 13, 2019

Members Present: Cecily Adams, Kirsten Andersen, Shruti Bhatnagar, Stephanie Clark, Leslie Copeland-Tune, Luciana Crotti-Espinoza, Karen Duffy Itamar Fiorino, Lynne Harris, Joseph Hooks, Jerome Jackson, Victoria Koretsky, Renae McPherson, Talia Nesen, Assya Pascalev, Chloe Perez, Eric Rossen, Pamela Taylor and Ashley Thommana

Members Absent: Jeanett Peralta

Guests Present: Kennedy Cordle (attended youth leadership subcommittee) and Lisa Cline (attended mental health and wellness subcommittee)

Staff Present: Erin Stillwell (DHHS)

- 7:00 p.m. Subcommittee Break Out Sessions
- Mental Health and Wellness Subcommittee hosted guest speakers, Dr. Spector and Dr. Sussman to speak about the impact of technology on the mental health of young people

Kirsten Andersen, chair, called the full commission meeting to order at 8:10 p.m.

Chair's Update

- Report out from Executive Committee conference call hosted on February 13, 2019

ACTION: Motion to approve the minutes from January 9, 2019 full commission meeting; amended by listing Renae Mc Pherson as absent to meeting

Motion by: Shruti Bhatnagar

Seconded by: Chloe Perez

All in Favor

Brief Report Out on MLK Day of Service

- Completed wellness bags will be distributed by those commissioners who work with youth/youth serving agencies

Youth Having a Voice Roundtable Planning

- Commended youth commissioners for facilitating the roundtable
- There were over 50 youth participating

- Youth commissioners are compiling the summary of the notes and exit cards and will publish on Google docs
- Impressions from Commissioners:
 - Kids wanting more security guards
 - School counselors, in the capacity that they are able to service, are not always able to meet the needs of the students
 - Youth seem to express a greater sense of safety in afterschool activities because they are more familiar with the adults involved in those programs
- Suggestions for next year:
 - Smaller groups
 - Larger space
 - Have a greater number of smaller group discussions
 - Separate out age groups (middle school and high school)
 - Have adult commissioners take a more active role in facilitation
 - Have a good working definition of topics
 - Have a practice round with full commissioners to see how questions sound
- What to do with this information now?
 - Write a letter and continue to engage with stakeholders with recommendations to follow
 - Youth commissioners volunteered to organize a report which will be shared at the March meeting

Subcommittee Report-Outs:

- **School Safety:** 10 recommendations related to school safety; actions item is to prioritize the recommendations; would like to invite Ed Clarke to attend next meeting; focusing topic of subcommittee, ICB/CUPF possible engagement
- **Mental Health and Wellness:** Guest speaker Dr. Edward Spector and Dr. Clifford Sussman; spoke out impact of technology and online gaming on the young brain
- **Youth Advisory/Leadership:** Working on best way to analyze transportation and roundtable date; want to present some preliminary data at Council Transportation and Environment Committee meeting

Announcements:

- Richard Montgomery One Acts plays this weekend
- Karen Duffy has been appointed as the Chief Development Officer for EveryMind; Run for EveryMind scheduled for September 15th
- Joseph Hooks: thinking about using roundtable concepts in his schools; smaller setting and can share data with CCY
- MoCo's Got Talent in March

Adjournment

Meeting was adjourned at 8:58 p.m.