

Commission on Aging  
Executive Committee  
October 19, 2023  
9:30-11:15 AM

**New Zoom Meeting link:**

<https://us06web.zoom.us/j/87625775549?pwd=ZGFoOUJOb2l3MnlVUzRQejR1NS9wUT09>  
Phone Call-In: 301-715-8592  
Meeting ID: 876 2577 5549  
Passcode: 292074

**Agenda**

- 9:30 A.M. Welcome – Virginia Cain, Vice Chair
- Roll Call
- 9:35 A.M. CoA Old Business
- Approval of September 21<sup>th</sup> 2023 EC Minutes
  - Confirm Speakers/ Organizer (AIC) for November 30<sup>th</sup> 2023
  - Review of letters written and actions since last meeting \*\*
  - New Commissioners and orientation update (Peter)
  - Executive Committee voting 2024 process and nomination review
  - Committee Chair and Co-chair assignments 2024
  - Next EC meeting 11/16/24
- 10:45 A.M. New Business
- Volunteer request for December meeting coordination
- 11:15 A.M. Adjourn

**Reminders and articles:**

Sign up for the Summit on Aging

<https://www.eventbrite.com/e/montgomery-county-summit-on-aging-connect-with-our-age-friendly-community-tickets-616569725647>

**Attachments:**

Agenda Executive Committee Meeting October 19th 2023

Minutes from September 21<sup>st</sup> 2023 EC meeting

Forget About Living to 100. Let's Live Healthier Instead!

\*\* Library Liaison email responding to Anita Vassalo

**Action items review**

\*\* Communications Committee letter sent to Dr. McGhee

New Commissioners list: Linda Bergofsky, Rena Eichler, Norman Goldstein, Anna Maria Izquierdo-Porrera, Kathleen McGuinness, Ella (Marie) Sloan, Kathryn Stein

Commissioners renewed: Joyce Dubow, Yvette Monroe, Helen (Laurie) Pross, Mona Grieser, Katie Smith

