

Commission on Aging

December 17,2022, at 9:30 a.m.

Virtually Via Zoom

COA Board Members : Wayne Berman, Neal Brown, Virginia Cain, Elizabeth (Betsy) Carrier, Joyce Dubow ,David Engel, Nkiru J. Ezeani, Mona Y. Grieser , Morris Klein, Robert Levy, Kendell Matthews, Nanine Meiklejohn, Yvette Monroe, Sibon Ncube, Karon Phillips, Helen (Laurie) Pross, Richard Ricciardi, Edgar Rivas, Beverly Rollins, Barbara Selter, Kate Smith, Mary Sweeney, Marsha Weber, Arthur Williams, Janice Zalen, **Absent:** Jean Dinwiddie, Dr. Arunima Ghosh, Rev. Dr. Ruby Moon, Tho Tran, Ryan Wilson **Alumni:** Austin Heyman, Community for a Lifetime Awardee, Dick Jourdenais, Rev Vikram **Liaison:** Arlee Wallace, African American Health Program, Stacy Sigler, Dept. Of Recreation, Stephanie Moore , Housing Opportunities Commission **Staff:** Odile Brunetto , ED.D Aging and Disability Services , Dr. Patrice McGhee, Aging and Disability Services, Shawn Brennan, Department of Health and Human Services, Transportation and Mobility and CoA, Tremayne Jones, Office Services Coordinator , A&D, HHS, Marcia Pruzan, Age Friendly, Coordinator, Pazit Aviv, Villages Coordinator **Guests:** Carol Craig, Program Manger , Senior Nutrition Program, A&D , Sara Fought, Transportation and Shane Rock, Executive Director, Jewish Council on Aging, Community for a Lifetime Awardee

<u>Welcome- Barbara Selter, Chair</u> <ul style="list-style-type: none">• Roll Call/ Attendee -Eddie Rivas, Vice Chair• Introduction of New Commissioners<ul style="list-style-type: none">○ The chair welcomed guest and thanked all outgoing Commissioners for their work on CoA .	Action items Responsible Party
<u>Area Agencies on Aging updates- Dr. Patrice McGhee, Aging and Disability Services</u> <ul style="list-style-type: none">• They have selected a person for the Caregiver Manager position , the individual is coming from HOC.• A&D has employed Mr. Assidmer Malone for 22 years and he will be retiring from his position. He will serve as a consultant with the department.• The Home Care Community Workforce Taskforce is in the final stage and in the process of compiling recommendations. A writing team will put all the information together. She thanked Barbara and Eddie for serving on the team.• AARP Funds final approval<ul style="list-style-type: none">○ Access HEARS- \$ 250,000○ Hire a broker for Marketing and Outreach position- \$218,00○ Expanding Respite Care for two years- \$195,000○ Shawn, Pazit and Tina will work together to identify contractors.• Odile Brunetto shared that MOCO employees can change jobs within the various departments.	

<ul style="list-style-type: none"> • Eddie in two years when funds run out would you recommend COA to support funding for the programs. • Ms. Mc Ghee, It depends on the success of the programs. 	
<p><u>Senior Nutrition Program – Carol Craig , Program Manager, Senior Nutrition Program</u></p> <ul style="list-style-type: none"> • The Senior Nutrition Program provides daily meals in congregate settings where activities and services for seniors are available. Fifteen or more seniors will need to sign up for the meals at the site. They also have a Home Delivered Meals program (Meals on Wheels) for homebound senior. • Congregate settings meals choices hot meal, cold meal, and vegetarian meal. Home Delivered Meals hot meal and cold meal. • The meal programs are okay for now because of the AARP funds. Seniors are not coming into the centers to eat. But funding the program might be a problem in the future. She would like CoA to be an advocate for senior meals. • AARP funds will focus on restaurant model , identifying a variety of restaurants that serve meals from various cultures. At this point they plan to partner with restaurants and see how the seniors like the meals before contracting with the restaurants. • New program 2023 year of Surprises- little treats will be given to seniors who attend the meal programs, candy corn, ice cream cone , eggnog the goal is to encourage other seniors to attend the in-person meals. • All adults 60 and older can participate in the meal programs there is no income eligibility because of the Older American Act. Ms. Craig shared a menu calendar of the meal programs. • Arlee -East County and Mid-County do not have meal programs. Ms. Craig, big need to get these centers up and running. Need to do a better job of outreach. • A great need to get information to older adults about the meal programs. Senior centers, 50+, word of mouth , community papers and radio announcements. 	<p>Need to get information to older adults about the meal programs. Senior centers, 50+, word of mouth , community papers and radio announcements.</p>
<p><u>Update Meeting with Governor Wes Moore transition team-Janice</u></p> <ul style="list-style-type: none"> • Senator Susan Lee, who attended the Legislative Breakfast , has secured a meeting with commissioners and members of the governor’s transition team. • The topics to be discussed are nursing homes inspections, home and community services and long-term insurance. Janice, David ,and Barbara will represent CoA. Discussion about long term care. It was suggested to review Washington state and Hawaii long term care programs. 	

<ul style="list-style-type: none"> Eddie recommended to the CoA members who will attend the meeting to advocate for all economic , racial and the gap- seniors in Montgomery County . <p><u>Commission on Aging Old Business</u></p> <ul style="list-style-type: none"> Approval of the November minutes- a motion by Laurie seconded by Janice. Motion approved. <u>Chair’s Report</u> <ul style="list-style-type: none"> Barbara shared that Jean Dinwiddie’s Mother-in -law passed. Suggest commissioners send sympathy cards to the family. This is the end of Barbara’s term as chair and she thanked everyone for supporting her. She has enjoyed the role of chair and was grateful and honored to serve. In January Shawn will start a new part-time position as an Age Friendly Manager. Pazit Aviv will work with the COA until someone is hired. 	
<ul style="list-style-type: none"> <u>Update on Public Forum Planning Committee-Wayne</u> <ul style="list-style-type: none"> They have formed a small working group and meet weekly.(Mary, Betsy, Mona, Sibbo, David , Wayne) If you would like to join the team contact Wayne The Forum will be a partnership with The Senior Expo on May 4,2023. The format two speakers in am session and one pm session. The are working on identifying speakers. Senior Summit in Downtown Silver Spring. Need to update By-Laws to address concept of shared jobs- No report <u>Presentation and vote on Officer Slate -Wayne</u> <ul style="list-style-type: none"> Chair- David Engel First Vice-Chair- Virginia Cain Second Vice- Chair- Wayne Berman Secretary- Joyce Dubow Assistant -Secretary- Betsy Carrier Treasurer- Nkiru J. Ezeani Motion to accept the stale by Janice and seconded by Beverly. The motion approved. 	<p>Need to update By-Laws to address concept of shared jobs</p>
<ul style="list-style-type: none"> <u>Committee Reports</u> Aging in Community (AIC) Mary, Wayne <ul style="list-style-type: none"> 2nd Tuesday of the month at 9:30 am AIC will lead the Public Forum this year. The date is May 4, 2023, topic will be “Using Technology To Promote Aging in Place.” Meeting to review the 2022 year and identify focus area for 2023. 	

<ul style="list-style-type: none"> ○ Areas of focus technology , housing, Design for Life and villages ● Health and Wellness (H&W)- Marsha, Neal at 9:30 am <ul style="list-style-type: none"> ○ 1st Tuesday of the month ○ “Life Transitions as We Age.” The six subgroups are housing, medical, health, finance, legal, chart this is a work in progress. ○ Developing materials in all of these areas. ● Public Policy (PP) Ryan, Morris <ul style="list-style-type: none"> ○ 2nd Thursday of the month at 9:30 am ○ Legislative Breakfast, December 8, was successful. We had several legislators to attend the meeting. ○ Senator Lee invited CoA members to a meeting with the governor’s transition team. ○ The PP committee will contact President of County Council , Evan Glass and have him invite the county councilmembers to the CoA training session. ● Communication (CC) Jean, Beverly <ul style="list-style-type: none"> ○ 3rd Monday of the month 1:00- 2:30 pm ○ December 50+: Mental Health and the Holidays January: County Executive and County Council ,February -Hybrid with President of County Council , Evan Glass. March- Fashion” Keeping Up With the Times” ○ Continuing to develop guidelines for the Ambassador program and work with the Public Library System. 	<p>The PP committee will contact President of County Council , Evan Glass and have him invite the county council to the COA training session.</p> <p>COA members to a meeting with governor’s transition team.</p>
<p><u>New Business</u></p> <ul style="list-style-type: none"> ● Lifetime Award Presentation 2022-Wayne <ul style="list-style-type: none"> ○ Jewish Council for the Aging (JCA) Sara Fought, Transportation and Shane Rock, Executive Director JCA received the Award for their outstanding work with older adults in Montgomery County to maintain independence, dignity, and self -respect. ○ Austin Heyman- Former COA commissioner honored for the work he has done with the commission, Age Friendly, the community, his outstanding leadership, skills. ○ A letter and Lifetime Award Certificate will be mailed to the recipients. ● Recruitment of Commissioners-Eddie <ul style="list-style-type: none"> ○ Eddie shared that his term has ended, and he is the only Hispanic on the CoA . He highly encouraged the CoA to actively recruit Hispanic and others people of color. 	<p>Wayne and Eddie will mail letter and certificates to JCA and Mr. Heyman.</p>

Holiday Luncheon cancelled due to weather conditions.	
Adjourn: 12:18 pm Motion to adjourn approved by acclamation.	