

Commission on Aging  
Executive Committee  
October 19, 2023

Virginia called the meeting to order.

Roll Call was taken by screen shot: In attendance: Virginia Cain, Marsha Weber, Wayne Berman, Jean Dinwiddie, Beverly Rollins, Joyce Dubow, Morris Klein, Peter Flandrau, Marcia Pruzan, Ryan Wilson, Barbara Selter, Betsy Carrier, Nikki Ezeani

### **CoA Old Business**

- *Approval of September 21<sup>th</sup> 2023 EC Minutes-* The minutes were approved without amendment.
- *Confirm Speakers for November 30<sup>th</sup> 2023 meeting*
  - The AIC committee is organizing the speaker portion of the meeting. Wayne reported that Mona has been working to organize a meeting on universal design. There will be two speakers from the DC Housing Department: Joesph Knackstedt and Sonia Guitierrez.
- *Review of letters written and actions since last meeting \*\**
  - Virginia reported an issue of some concern: a CoA Library Liaison, Janice Zalen, was questioned why she was attending a Library Commission meeting by the chair, Anita Vassalo. An effort to communicate with the Library board explaining this CoA initiative was sent by Patrice. There has been no response to this October 5<sup>th</sup> communication. Peter will follow up with Patrice. Jean reported that libraries have been very receptive to the liaison program.
  - No follow-up to any other letters has been received.
- *New Commissioners and orientation update (Peter)*
  - Seven new commissioners have been appointed to the CoA: Linda Bergofsky, Rena Eichler, Norman Goldstein, Anna Maria Izquierdo-Porrera, Kathleen McGuinness, Ella (Marie) Sloan, Kathryn Stein. Planning is underway to schedule an orientation session for the new members. All other materials and an agenda are ready for this event. Buddies have been assigned to each new member. The following members have been reappointed: Joyce Dubow, Yvette Monroe, Helen (Laurie) Pross, Mona Grieser, Katie Smith.
- *Executive Committee voting 2024 process and nomination review*
  - There was discussion about the process of submitting the proposed slate of officers to the full commission for voting. It was agreed that a separate email will be sent naming the proposed slate with a request for any additional nominations. Voting will take place at the November CoA meeting. On behalf of the nominating committee (Betsy, Joyce, and Wayne,) Wayne announced the proposed slate: David Engel, Chair, Yvette Monroe and Wayne Berman, Vice-chairs; Nikki Ezeani, Treasurer; Laurie Pross, Secretary, Arunima Gosh, Assistant Secretary.
- *Committee Chair and Co-chair assignments 2024*
  - *AIC- Wayne Berman and Betsy Carrier*
  - *Health and Wellness- Virginia Cain and Barbara Selter*
  - *Public Policy- Morris Klein and as yet unnamed co-chair*
  - *Communications- Jean Dinwiddie and Beverly Rollins*

- *Next EC meeting- 11/16/24*
- *Request to use CoA funds*
  - Beverly suggested that copies of the CoA Briefing Book should be available on the CoA table at the forthcoming Summit on Aging. She would like up to spend no more than \$500 to print copies of this document for distribution at the Summit. A motion to approve the expenditure was passed with no opposition.
- Next meeting of the full commission is on November 30, 2023.

### **New Business**

- Volunteers are needed to coordinate December 2023 meeting
- It was proposed that the meeting be at a restaurant but others suggested that we inquire whether the Senior Nutrition Program can provide the food. (The CoA does not pay for the meals—members pay for themselves.) This issue was tabled until the chair is consulted.
- Wayne will be sending out information on the Community for a Lifetime award shortly.
- Dates for the December meeting were discussed. It was agreed to have David confirm that the Executive Committee meeting will meet on December 14<sup>th</sup> and the full commission meeting will be on the 21<sup>st</sup>.

### **Reminders and articles:**

Sign up for the Summit on Aging

<https://www.eventbrite.com/e/montgomery-county-summit-on-aging-connect-with-our-age-friendly-community-tickets-616569725647>

### **Attachments:**

- Agenda Executive Committee Meeting October 19th 2023
- Minutes from September 21<sup>st</sup> 2023 EC meeting
- Forget About Living to 100. Let's Live Healthier Instead!
- \*\* Library Liaison email responding to Anita Vassalo

### **Action items review**

\*\* Communications Committee letter sent to Dr. McGhee

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