

**AGING IN COMMUNITY COMMITTEE  
OF THE  
COMMISSION ON AGING**

February 12, 2019

9:30-11:30 am

7300 Calhoun Place, Room 6C Rockville, MD

**In Attendance:** Dick Jourdenais, Monica Schaeffer, Nanine Meiklejohn, Miriam Kelty, Amy Harbison, Marsha Weber, Alan Kaplan, Neal Brown

**Staff:** Pazit Aviv

**Guests:** Mary Sweeney (GROWS), Harriet Block (JCA), Lisa Govoni (Montgomery Planning Board/M-NPPC)

Topic	Discussion Points	Decisions/Follow-up
1. Welcome and Introductions	Attendees introduced themselves and their affiliation. Dick Jourdenais mentioned that he had recently agreed to be the COA liaison to the Age Friendly Transportation and Mobility Work Group. The January meeting of this Work Group welcomed new members and reviewed past accomplishments and planned activities for the coming years. Dick also attended a recent MCDOT planning meeting for a microtransit pilot program called "FLEXservice", which is planned to operate summer 2019- summer 2020. FLEX is an on-demand bus service activated by a phone apps in three defined zones, Rockville, Glenmont and Wheaton.	The January 2019 AIC meeting minutes were approved as written.

<p>2. Follow-up Actions to be taken by AIC regarding Food Insecurity Presentations: Responding to Wish lists of speakers submitted to Pazit</p>	<p>Nanine reported on the food insecurity wish lists that Pazit had obtained from Melanie Polk, MC Director, Senior Nutrition Program, and Diana Tato-Niktash, MC HHS Program Manager, Food Security Plan. The Senior Nutrition Program desperately needs an additional staff member to maintain a high level of service to more than 5,000 residents. Home delivered meals are provided Monday through Friday but some residents need weekend food deliveries.</p>	<p>Taccording to Pazit, the Senior Nutrition Program has not initiated a budget for an additional staff member. The AIC Co-Chairs will bring this issue to the COA Executive committee for discussion and for advocacy direction.</p>
<p>3. Update on Council Member Hans Reimer’s presentation on Accessory Dwelling Units (ADU): What Actions to be taken by AIC?</p>	<p>Lisa Govoni discussed the relaxation of rules contained in the Hans Reimer proposal for the permitting of Accessory</p>	<p>Lisa will provide AIC with a copy of slides comparing the current ADU regulation requirements with those proposed by Council Member Reimer. Commissioners at the meeting generally favored</p>

	<p>Dwelling Units (ADUs). Currently, there are only 40 applications per year. A public hearing on the Reimer proposal is scheduled for February 26, 2019.</p>	<p>the proposal and drafting a letter in support of ZTA 19-01. The AIC Co-Chairs will bring this issue to the Executive Committee to determine if a letter of support for the Reimer proposal is warranted.</p>
<p>4. Introduction to AIC's First Major 2019 Topic Discussion: Social Isolation: Pazit will provide the committee with: 1) Overview of What's Happening in the County and 2) Barriers and Gaps. A discussion will follow leading to outlining 1 or 2 areas for the AIC to delve into where we can make inroads.</p>	<p>Pazit made a presentation on "Social Isolation and Loneliness", including factors and resources. MC resources are summarized in two publications, "Vital Living Network" and "Living and Thriving", which Pazit distributed.</p>	<p>A recommendation was made to invite some social isolation experts so that AIC can better understand all the contributing factors.</p>
<p>5. Future Format for AIC Meetings: Some ideas to consider:</p> <ol style="list-style-type: none"> <li>1. Include Relevant Statistics/ Outline for items to be covered by invited speakers</li> <li>2. What Did We Learn/ What are the</li> </ol>		<p>Time did not permit any meeting format discussion.</p>

<p>Important Take-aways:</p> <p>3. What are our Action Items: Responsible Persons for Action Items:    Date:</p> <p>4. How Did We Advance Pathways for:</p> <ul style="list-style-type: none"><li>a. Improving Communication</li><li>b. Promoting Diversity and Inclusion</li><li>c. Combating Ageism</li></ul>		
<p>6. New Business</p>		
<p>7. Next Meeting 3-12-19</p>		