

**HEALTH AND WELLNESS COMMITTEE OF THE COA**  
**Meeting Notes**  
**9-10:30am**  
**February 6, 2018**  
**7300 Calhoun Place, Room 6C, Rockville, MD**

**In Attendance:** In Attendance: Judy Peres, Alan Kaplan, Neal Brown, Phyllis Rand, Mary Petrizzo, Revathi Vikram, Robin Henoeh, (Note Taker)

**Staff:** Tina Purser Langley, Marcia Pruzan

**Guest:** Colleen Kemp, Patricia Hagen, Jean Dinwiddie, Pamela Mills

Topic	Discussion Points	Decisions/follow-up
<p><b>1. Welcome and Introductions</b></p> <p><b>2. Discussion: Early Onset Dementia Programs, Patty Hagan, JCA (Kensington Club and Pam Mills, Ingleside, Memory Support</b></p>	<p>1. Judy Peres, Chair asked for each member attending to introduce themselves.</p> <p>2. Goal: To keep early stage Dementia Programs at the forefront to advocate at the commission.</p> <p>a. JCA Kensington Club (not for profit) – Goal: To have members reconnect socially and to create new friendships in a safe place.</p> <p>1) Opened in 2008 and provide transportation to members in a certain geographic area</p> <p>2) Programming overseen by a Certified Therapeutic Recreation Specialist</p> <p>3) Club for early stage memory loss and offers a memory Café</p> <p>4) Sliding scale for cost based on income and assist in helping families secure financial scholarship assistance when necessary</p> <p>5) Create social acceptance and promote independence</p> <p>6) Not a medical model but rather a social/day model</p> <p>7) No age criteria and serve the greater MD and DC area</p>	<p>1.</p> <p>2.</p>

<p><b>3. Review and Prioritize Nursing Home Quality for "Winter Focus"</b></p>	<p>8) Diverse ethnicity and income  9) Co-ed  10) Member centered activities  11) In 2016 received 2-year seed grant to expand the program to an underserved area through the Thome Foundation– Opened Germantown.</p> <ul style="list-style-type: none"> <li>• This was the first collaboration with MC Parks and Recreation</li> <li>• Germantown has activities for the 55+</li> <li>• If the 55+ community appears to have cognitive loss, refer to TKC.</li> <li>• Want to expand the program and looking for county council funding</li> </ul> <p>b. Ingleside Engaged</p> <ul style="list-style-type: none"> <li>• Social Day model the same as Kensington Club, however can additionally take persons with some minor healthcare maintenance needs (see eligibility requirements) and for longer in progression of the disease due to high staff census and employment of Licensed Geriatric Nurse Assistant and Certified Dementia Practitioners.</li> <li>• Accepts ages 45+ and early onset Alzheimer’s Disease as well as other issues related to cognitive decline.</li> <li>• Current program exists Monday – Thursday, 10am to 4pm.</li> <li>• Highly individualized program, up to 10 people per day with 2 staff and 2 volunteers.</li> <li>• Open to the community outside of Ingleside at King Farm.</li> <li>• In 2019 planning to expand to offer services up to 12 hrs/day and 7 days a week – day and night services.</li> <li>• Utilizes Ingleside’s amenities and restaurants.</li> </ul>	<p>3. Decision was to focus on Assisted Living and what we can do to provide affordable, High Quality Assisted Living</p>
--	--	---

	<ul style="list-style-type: none"> <li>• May not be for best fit for minor Mild Cognitive Impairment. Accepts people in Early, late Early and Mid-stages of the progression based on abilities and eligibility requirements.</li> </ul> <p>c. Alzheimer’s Association Memory Café – focus on social interactions for early onset</p> <ul style="list-style-type: none"> <li>• Memory Café meets at twice a month at Rockville Senior Center and once a month at other locations through Montgomery County.</li> <li>• Interested persons must contact Alzheimer’s Association to register for Memory Café program.</li> <li>• Carepartner Support Group meets at Ingleside at King Farm on the 1<sup>st</sup> and 3<sup>rd</sup> Thursdays of each month from 6:30pm to 7:45pm</li> </ul> <p>a. Instead of doing a summer study, a “winter focus” for each of the committees</p> <ul style="list-style-type: none"> <li>• Focus on issue for FY’ 2019 priorities</li> <li>• Should we focus on AL or Nursing home quality?</li> <li>• Advocate for state Medicaid in Assisted Living</li> </ul> <p>Next meeting: March 6th, 2018 Robin Henoach will take notes at next meeting. Meeting Adjourned at 10:30 am</p>	
--	---	--