

## Minutes for Health and Wellness Committee 9/10/21

Attendance: Staff; Shawn Brennan, Tina Purser Langley  
CoA Commissioners; Eddie Rivas, Neal Brown, Laurie Pross,  
David Engel, Arunima Ghosh, Arthur Williams, Wayne Berman  
Virginia Cain, Betsy Carrier, Marsha Weber, Joyce Dubow  
Guests; Marcia Pruzan, Monique Gardiner

### Items Discussed:

1. Reviewed Loneliness Fact Sheet. Additional suggestions for the fact sheet were offered. Agreed to have all comments sent to David Engel for completion. Sheet will be presented to full commission for approval at September CoA meeting.
2. Reviewed previous discussion on Home Based Care. Reported on additional information provided by the staff at county In-Home Aide Service (IHAS). They offered information on their struggles with providing service (staff concerns) and the process for receiving service. To be eligible for their program you must go through Social Services to Adults (SSTA) which has a long waiting list .You must also want personal aide service and many applicants do not want this service. There is also a financial eligibility requirement.
3. We attempted to define the kind of care program we would like to focus on. Two programs were discussed.
  - a. "Light Care" which would include some meal preparation, light cleaning Laundry , being present in the home while participant is bathing but no assistance provided
  - b. "Light Care Plus" which includes assistance with bathing
4. We explored getting additional information from other programs including Howard County, WISH Program
5. We would like to begin process of getting necessary data to include number of potential users of this type of program.

### Actions to be taken for next meeting:

1. Eddie will look into regulations, standards for Aide programs.

2. David will contact IHAS contractors for additional information
3. Tina will gather and share WISH Program data
4. Tina will contact Howard County for information on their Home Based Care Programs

Next H and W meeting is scheduled for Tuesday, October 5, at 9:30 am

It will be virtual