

MONTGOMERY COUNTY COMMISSION ON HEALTH

Meeting Minutes
September 18, 2014
401 Hungerford Drive, Rockville, Maryland

- Members Present: Mitchell Berger, Ron Bialek, Brenda Brooks, Kathy Ghiladi, Michelle Hawkins, Graciela Jaschek, Alan Kaplan, Joneigh Khaldun, Pierre-Marie Longkeng, Linda McMillan, Marcia Pruzan, Wayne L. Swann, Ashraf Sufi, Ulder J. Tillman and Bridget Ware
- Members Absent: Rose Marie Martinez, Sheela Modin, Daniel Russ, Tonya Saffer, Shari Targum
- Staff Present: Jeanine Gould-Kostka and Dourakine Rosarion, DHHS Special Assistant, Office of the Director
- Guests: Susan DeFrancesco, Institute for Public Health Innovation, Andrew Fisher, USUHS/DHHS, Thomas Harr, Executive Director, Family Services, Inc., Seth Morgan, Liaison from Commission on People with Disabilities and Kevin Young, President, Adventist Behavioral Health.
Howard University School of Nursing Students: Ruth Badja Tchaptchet, Neetu Broker, Lisa Parker, Afuan Agyapong, Joan Femboh, Carole Simo, Ichol Ambe, Akilah Hickman, Kori Burrell and Yuri Jean-Gillen

1.0 Call to Order

Chair Ron Bialek called the meeting to order at 6:04 p.m. upon reaching a quorum.

2.0 Approval of Minutes

Mr. Wayne Swann made a motion to approve the July 2014 Commission on Health (COH) meeting minutes. Dr. Michelle Hawkins seconded the motion to approve the minutes. The motion was passed unanimously by voice consent.

3.0 Report of Officers – Ron Bialek, Chair

3.1 New COH Member – Mr. Bialek welcomed Ms. Bridget Ware to the COH. Introductions were made for all in attendance.

3.2 Annual Report Update – Mr. Bialek is finalizing the Fiscal Year (FY) 14 COH annual report. The annual report will be shared with the COH electronically.

3.3 Board of Health – Mr. Bialek will present the FY14 COH Annual Report to the County Council seated as the Board of Health on Tuesday, October 14, 2014. A PowerPoint presentation will be presented outlining recommendations made by the COH regarding public health accreditation. The PowerPoint presentation will be shared with the COH when it is finalized.

3.4 HHS Committee Breakfast – Mr. Bialek will present a 3-minute testimony during the HHS Committee’s annual breakfast with DHHS advisory boards and commissions on the top two priority areas for the COH during FY15. The one-page written testimony will be shared with the COH electronically.

3.5 Joint Letter with the Commission on People with Disabilities (CPWD) – Mr. Bialek discussed the joint letters of inquiry from the COH and the CPWD to County and County-funded clinics on accessibility of their offices and facilities for people with disabilities that was discussed during the July 2014 COH meeting. The draft letters were shared electronically for COH member consideration on September 11, 2014. The drafts were created by Dr. Seth Morgan, Dr. Alan Kaplan, Mr. Bialek, the CPWD Chair and staff to both commissions.

Discussion followed: electronic survey possibility to make compiling information from the clinics easier; the CPWD already approved the draft letters allowing the Chair to work with the COH Chair to make final revisions to the letters; Mr. Swann informed the Montgomery Cares Advisory Board, during their last meeting, that the letters were being drafted; Jean Hochron, Senior Administrator, Health Care for the Uninsured will be copied on the letter sent to the Primary Care Coalition.

MOTION: Dr. Alan Kaplan moved to approve the joint letters from the Commission on People with Disabilities and the Commission on Health allowing for final revisions to be made by the Chairs of both commissions. Dr. Joneigh Khaldun seconded the motion, which passed unanimously by show of hands.

3.6 Vote for COH Meeting in December –Discussion related to a COH meeting being held on December 18, 2014 took place.

MOTION: Mr. Pierre-Marie Longkeng moved for the Commission on Health to meet on Thursday, December 18, 2014 at 6 p.m. in order to conduct business. Dr. Graciela Jaschek seconded the motion, which passed unanimously by show of hands.

4.0 PHS Chief’s Report – Ulder J. Tillman, M.D., MPH, County Health Officer

Dr. Tillman announced the PHS Chief’s Report for August 2014 will be sent out in an upcoming COH electronic mail. The report is also included at the end of these minutes.

Dr. Tillman discussed the following issues: Johns Hopkins University Research Study investigating methods to improve screening for and intervention in intimate partner violence (IPV) in perinatal home visitation; recent hires within PHS; grand opening of the new Holy Cross Hospital in Germantown; the immunization issues surrounding incoming 7th graders; whooping cough outbreak at 24 confirmed cases; and notifications sent home to all students in six Montgomery County schools about whooping cough.

Dourakine Rosarion, DHHS Special Assistant, Office of the Director, discussed Affordable Care Act (ACA) updates as follows: the second year of Maryland Health Connection Insurance Marketplace begins on November 9, 2014; the website will go “live” on November 19, 2014; everyone who enrolled last year will need to re-enroll during this open season; CIGNA is a new provider; navigator positions are being offered by applying through ATHENA Consulting; an announcement from Montgomery County seeking partnerships with qualified organizations to provide targeted outreach services to underrepresented and special needs populations was shared; and many soft launch dates for the website have been announced.

Discussion followed: partnership organizations and outreach for the enrollment process; the need for more bilingual staff; and the re-enrollment outreach efforts have begun using email and phone calls to reach people.

Mr. Bialek thanked Dr. Tillman and Ms. Rosarion for the update. The ACA partnership announcement will be shared electronically with the COH.

5.0 Healthy Montgomery Behavioral Health Action Plan and Implementation – Ron Bialek, Chair

Mr. Bialek introduced Mr. Thomas Harr, Executive Director, Family Services, Inc. and Mr. Kevin Young, President, Adventist Behavioral Health, who serve as the co-chairs of the Healthy Montgomery Behavioral Health Work Group. The Healthy Montgomery [Behavioral Health Action Plan Report](#) was approved by the Healthy Montgomery Steering Committee on March 10, 2014.

The Behavioral Health Action Plan is now being implemented. Mr. Harr and Mr. Young gave an overview of the action plan report, progress towards implementing the plan, and ways the COH could support the implementation process.

The slides from the PowerPoint presentation are included at the end of these minutes.

Discussion followed: MCPS was not involved from the beginning of the process but is now taking part in the task force; Corrections will once again be involved in the effort; dual diagnoses and DHMH reorganization efforts; how the COH might present recommendations related to funding the Behavioral Health Action Plan Implementation as well as possible statutory changes to the County Executive and County Council; the Office of Legislative Oversight report on Behavioral Health should be available later this fall; the Behavioral Health Task Force will enter phase II in November; and how having COH involvement in the Task Force could be useful.

Mr. Bialek thanked Mr. Harr and Mr. Young for their passion and dedication to the Healthy Montgomery Behavioral Health Work Group and Task Force.

6.0 Reports – Ron Bialek, Chair

6.1 County Council Report – Ms. Linda McMillan discussed the following: the HHS Committee had their work session on E-Cigarettes earlier in the day and draft legislation should be introduced in the near future. State law already prohibits the sale of E-Cigarettes to minors but the law does not have an enforcement mechanism; the COH could consider a letter of support for upcoming legislation; Andrew Zuckerman, MCPS is committed to finding a solution to turning 10,000 Kindergarten health forms with body mass index (BMI) scores into an easily accessible data source; and the World Health Organization, the Centers for Disease Control and Prevention and the Food and Drug Administration have all been focusing on E-Cigarettes and their impact on health.

6.2 Staff Report – Ms. Gould-Kostka discussed the following: parking at 401 Hungerford Drive; how all upcoming testimonies and PowerPoint presentations will be shared electronically once finalized; the vacant COH position should be filled in the near future; and the County Executive's attendance policy was once again shared.

7.0 Update: COH October Retreat – Ron Bialek, Chair

7.1 Retreat Planning Committee (RPC) – Mr. Bialek reminded everyone that the RPC consists of Mr. Berger, Mr. Bialek, Dr. Hawkins and Dr. Russ. The RPC will meet by conference call on September 29, 2014 to finalize the agenda and discuss preparations for the retreat.

7.2 Guest Speakers – Mr. Bialek announced that:

- the RPC has invited oral health speakers with a national perspective as well as local perspective;
- the RPC recommends the formation of one task force focused on the COH's enabling legislation to be created following the retreat; and
- the RPC recommends the formation of three workgroups for the next year – Oral Health, Public Health Accreditation (follow up) and Data Needs.

Discussion followed: State of Maryland action plan on oral health as background materials for the COH; the Data Needs Work Group might have the most difficult task given the existence of the Healthy Montgomery Data Project Team; and how the Data Needs Work Group might focus on the Community Health Needs Assessment (CHNA) from 2011 to see if recommendations could be made for consideration prior to the launch of the upcoming CHNA.

7.3 Logistics – Ms. Gould-Kostka announced that the specifics related to parking and location of the retreat will be sent out in an upcoming newsletter.

7.4 Preparation for the Retreat – Mr. Bialek reminded the RPC of the upcoming conference call to finalize the retreat agenda.

8.0 New Business/Unfinished Business

Ms. Marcia Pruzan, COH liaison to the Commission on Aging (COA), said that the COA will be studying support for caregivers. Physical health of caregivers will specifically be looked at.

10.0 Adjournment

Dr. Hawkins made a motion to adjourn at approximately 8:03 p.m. Mr. Berger seconded the motion, which was passed unanimously by voice consent.

Respectfully submitted,

Jeanine Gould-Kostka
Staff to Commission on Health

Public Health Services

Chief's Report

August 2014

SUCSESSES AND GOOD NEWS

- Beginning October the Silver Spring and Germantown Health Center will be participating in John Hopkins Research Study investigating methods to improve screening for and intervention in intimate partner violence (IPV) in perinatal home visitation. This study compares traditional “pen and paper screening and intervention with those delivered via mobile computer tablet. This study is a multi-year randomized study funded by the National Institutes of Child Health and Development/National Institute of Health.
- Tara Clemons has been hired as Program Manager II for Montgomery Cares. She begins her tenure with the County on September 8, 2014.

HOT SPOTS

Several budget pressures are anticipated in FY 15 for the Montgomery Cares program. They include:

- Request for financial support for infrastructure costs for Holy Cross Health Center expansion to Germantown
- Request for reimbursement for dental services encounters from Muslim Medical Center
- Anticipated relocation and expanded capacity at Pan Asian Health Center
- Anticipated expansion at Flower Avenue site of Mary's Center.

Holy Cross will be opening their new hospital in Germantown on October 1st. They would like to begin seeing Maternity Partnership patients there.

UPDATES ON KEY ISSUES

Licensing & Regulatory

- Kudos to Environmental Health Specialists' Professionalism - Sunrise Assisted Living Facility in Silver Spring expressed their appreciation for the work L&R EHS have done and are doing when inspecting food service facilities and for assistance to get the Sunrise Assisted Living kitchen cleaned up.
- Rabid Rats – met with DEP, Solid Waste, and Housing Code Enforcement. L&R will assess the county owned property in the neighborhood for rat activity and work with General Services and/or contracted Pest Control operator to take care of any issues. Agreed with Wheaton Urban Partnership to perform a rat education presentation for the citizens, now postponed until October.

HIV/STD

- The Housing Opportunities for Person's With AIDS (HOPWA) program had a site visit by the federal Department of Housing and Urban Development (HUD) on August 20, 2014. In addition to a review of program records, the reviewers visited two program recipient households. Very positive feedback was received regarding both program records and client satisfaction.

Immunization Program

- The Immunization Program placed an emergency VFC vaccine order to cover the surge in children needing vaccines to attend school - 3,300 doses were distributed to 3 Health Centers, 12

SBHC/WC, and SHSC. Additionally 2,500 doses of 317 (7th grade) vaccines were distributed. All logistical support and online appointment support was provided by the Immunization team.

Disease Control

- The Disease Control Program began a large and highly visible Pertussis outbreak response - 12 cases and >60 contact investigations were conducted. In addition to the Pertussis outbreak, Disease Control staff conducted 121 other risk assessments/investigations for Rabies and Legionellosis.

TB Control Program

- First round of screening for the rehabilitation contact investigation on 8/418/2014 went smoothly. All staffing was provided by TB clinic staff. Thus far there are two PPD conversions and both are foreign-born residents (one of which has an abnormal CXR and pending sputum and CXR follow-up). Three staff members identified and offered TLBTI thus far (history of positive PPD).

Community Health Services

- Ellen Brown, formerly a Program Manager for the Montgomery Cares Healthcare for the Homeless has accepted the Germantown Nurse Administrator’s Position, effective 8/25th.
- Silver Spring and Germantown health centers have been providing daily immunizations, 8-4:30 Monday through Friday to meet the demand for the 7th graders needing to be immunized.

School Health Services

- Over 350 School Health Services staff returned for a new school year on August 18th at the annual Back-to-School meeting and training. Director Uma Ahluwalia welcomed the staff back for the 2014-15 school year and Ben Stevenson, Substance Abuse Prevention Manager, Behavioral Health and Crisis Services gave a very informative presentation on substance abuse prevention in youth. Additionally, a representative from Rescue One gave a presentation on Automated External Defibrillators (AEDs) used in Middle and High Schools in Montgomery County Public Schools. The event was held at the Silver Spring Civic Center in Silver Spring.

Colorectal Cancer Screening

- August Community Outreach Education Events Total – 3
- Community members educated: August 2014 – 150
- Colonoscopies Completed - 14

Program: Montgomery Cares	May-14	Jun-14	Jul-14
Patients	4,963	4,907	5,171
YTD Patients	27,072	28,270	5,171
Encounters	6,066	5,804	6,268
YTD Encounters	70,318	76,122	6,268
Program: MC Homeless Health	May-14	Jun-14	Jul-14
Patients	12	10	18
YTD Patients	256	266	18
Encounters	23	12	22
YTD Encounters	374	386	22

Program: Maternity Partnerships	May-14	Jun-14	Jul-14
Number of patients referred to hospitals by DHHS			163
YTD Patients			163
New patients enrolled in prenatal care by hospitals			146
YTD Patients			146
Number of teens enrolled			7
YTD teen enrollment			7
Percent of patients with entry during first trimester YTD			43%
Number of patients with entry during first trimester YTD			63
Number of patients enrolled YTD			63
Fetal losses			0
YTD fetal losses			0
Program: Dental Health	May-14	Jun-14	Jul-14
Maternity:			
New patients			113
YTD patients			113
Encounters			130
YTD Encounters			130
Children:			
New patients			209
YTD patients			209
Encounters			240
YTD Encounters			240
Adults:			
New patients			138
YTD patients			138
Encounters			231
YTD Encounters			231
Seniors:			
New patients			164
YTD patients			164
Encounters			168
YTD Encounters			168
TOTAL:			
New patients			624
YTD patients			624
Encounters			769
YTD Encounters			769

Program: Environmental Health Services	May-14	Jun-14
Number of COMAR mandated food service facilities inspections completed by L&R	394	439
YTD number of COMAR mandated food service facilities inspections completed	6295	6786
Number of expected food service facilities inspections to be completed in Montgomery County as mandated by COMAR regulations	678	678
YTD number of expected mandated inspections to be completed	7460	8138
Number of completed swimming pools inspections	967	636
YTD number of completed swimming pools inspections	2667	3303

HEALTHY MONTGOMERY BEHAVIORAL HEALTH ACTION PLAN IMPLEMENTATION



Montgomery County Commission on Health Meeting
September 18, 2014

Thom Harr, Executive Director, Family Services, Inc.
Kevin Young, President, Adventist Behavioral Health
(Co-Chairs Behavioral Health Task Force)

Healthy Montgomery- The County's Community Health Improvement Process

Overarching Goals:

- **Improve access** to health and social services;
- **Achieve health equity** for all residents; and
- **Enhance the physical and social environment** to support optimal health and well-being.

HEALTHY MONTGOMERY: (VERY) BRIEF HISTORY

2009: Healthy Montgomery Steering Committee formed

- **The four County hospital systems:**
 - Adventist HealthCare (Shady Grove Adventist Hospital and Washington Adventist Hospital)
 - Holy Cross Hospital
 - MedStar Montgomery Medical Center
 - Suburban Hospital
- **Montgomery County Department of Health and Human Services**
 - DHHS Director
 - African American Health Program
 - Latino Health Initiative
 - Asian American Health Initiative
- **Montgomery County Health Officer**
- **Montgomery County Council**
- **Maryland County Department of Planning**
- **Montgomery County Recreation**
- **Montgomery County Public Schools**
- **Montgomery County Commissions and Committees:**
 - Commission on Health Commission on Aging
 - Commission on People with Disabilities
 - Commission on Veterans Affairs
- **Kaiser Permanente**
- **Georgetown University School of Nursing and Health Studies**
- **Montgomery County Collaboration Council for Children, Youth and Families**
- **Primary Care Coalition of Montgomery County**
- **Family Services, Inc.**

2011: Community Health Needs Assessment drafted

- Most currently available health and well-being data – including social determinants of health data – were used to assess and identify health issues of concern
- “Community conversations” were held across the County to capture qualitative input from residents to inform the priority-setting process

2011: Steering Committee identified and prioritized health issues



BEHAVIORAL HEALTH ACTION PLAN DEVELOPMENT AND IMPLEMENTATION

2012-14: Behavioral Health Action Planning

June 2012 Behavioral Health Action Planning Work Group (BHWG) formed and begins its work -- Work Group members include those with subject-matter expertise as well as experience in providing health-related services and in advocating for vulnerable populations disproportionately affected by poor health outcomes

BHWG – Action Planning Focus:

- Move to address mental health and substance use problems in an integrated way;
- Consider both prevention and treatment approaches focusing on opportunities to better serve individuals with behavioral health problems, given limited resources;
- Understand that behavioral health is integrally interrelated with other health and quality of life issues, including housing and employment;
- Assure efforts address issues related to access to care, health inequities, and unhealthy behaviors.

Action Planning – cont'd

Sept. 2013 Final draft of the Behavioral Health Action Plan Report submitted to the Healthy Montgomery Steering Committee (HMSC)

January 2014 Public Comments solicited

March 2014 Behavioral Health Action Plan approved by the HMSC and implementation begins

Behavioral Health Action Plan Goals

3 goals to improve the overall behavioral health (including mental health and substance abuse) of Montgomery County residents:

- (1) **increase access** to basic information about behavioral health treatment services, payment mechanisms and how to access services by enhancing *infoMontgomery*;
- (2) **improve communication** among behavioral health service providers in order to create effective linkages (warm hand-offs) for individuals with behavioral health diagnoses;
- (3) explore the creation of a **coordinated system of behavioral health and health care services** in Montgomery County

Action Plan Implementation

- Discussions with Collaboration Council, DHHS Director to begin to define parameters of *infoMontgomery*
- Discussions with MC Office of Legislative Oversight (OLO) staff about content of report on the behavioral health system in Montgomery County
- Recruiting members for an implementation Task Force – broad-based and cross sector; first meeting in November 2014

Task Force Recruitment

- Adventist Behavioral Health
- African American Health Program
- Asian American Health Initiative
- Cornerstone Montgomery
- Early Childhood Mental Health Consultation Project
- Family Services, Inc.
- Holy Cross Hospital
- Identity Inc.
- Latino Health Steering Committee*
- MedStar Montgomery Medical Center*
- Mental Health Association of Montgomery County
- Montgomery Cares Behavioral Health
- Montgomery College
- Montgomery County Coalition for the Homeless
- Montgomery County Collaboration Council for Children, Youth, and Families
- Montgomery County Commission on Aging
- Montgomery County Commission on Children, Youth and Families
- Montgomery County Department of Corrections*
- Montgomery County Department of Health and Human Services
- Montgomery County Fire and Rescue Services, EMS
- Montgomery County Mental Health Advisory Committee
- Montgomery County Police
- Montgomery County Public Schools
- National Alliance on Mental Illness (NAMI) Montgomery County
- Operation Second Chance (veterans' organization)
- Suburban Hospital
- Suburban Hospital Community Benefit Advisory Council

*organization is still seeking final approval or identifying a participant

Issues and Opportunities

- CMS waiver
- Hospital re-admissions
- Health Homes
- Integrated Primary Care
- Acute care model
- Management across lifespan
- Access to medications
- Housing needs
- Gaps: age, language, minority accessible services

Local Health Improvement Coalition (LHIC) grant to MCDHHS and HM partners

- **Goal:** Connect low-income patients with behavioral health conditions, who have high usage of the emergency department (ED) for care, with integrated medical and behavioral health care.
- **Goal:** Integrate services among differing behavioral health providers, including the MCDHHS Behavioral Health and Crisis Services (BHCS), the Montgomery Cares Behavioral Health Program (MCBHP), MedStar Montgomery's Addiction and Mental Health Center (MMMC) and Holy Cross Hospital.

LHIC Grant Highlights...

- The workgroup developed a process and flow chart for referrals from the ED to clinics to address medical and behavioral health services.
- Navigators currently in place that will handle behavioral health referrals.
- A data collection tool (Access Database) was developed for use by patient navigators and outreach workers. Patient navigators and outreach workers will be able to query uncompleted tasks such as follow-up calls and new contacts. The data will be aggregated into a central repository on a monthly basis. The tool provides structure and normalization of data.

Triple Aim – a context

- Triple Aim is a framework developed by the Institute for Healthcare Improvement that describes an approach to optimizing health system performance
- The idea is to simultaneously pursue improvement at three levels:
 - Improving the patient experience of care (including quality and satisfaction);
 - Improving population health; and
 - Reducing the per capita cost of health care.



DISCUSSION

How can the COH support implementation of the Behavioral Health Action Plan?

THANK YOU!
