

Approved: October 15, 2015

**MONTGOMERY COUNTY COMMISSION ON HEALTH**

Meeting Minutes

September 17, 2015

401 Hungerford Drive, Rockville, Maryland 20850

Members Present: Mitchell Berger, Ron Bialek, Brenda Brooks, Ilana Cohen, Alan Kaplan, Linda McMillan, , Marcia Pruzan, Daniel Russ, Ashraf Sufi, Ulder Tillman

Members Absent: Kathy Ghiladi, Michelle Hawkins, Graciela Jaschek, Pierre-Marie Longkeng, Rose Marie Martinez, Sheela Modin, Tonya Saffer, Wayne Swann, Shari Targum, Bridget Ware

Staff Present: Doreen Kelly, Ellen Segal

Guests: Marisa Jones, Guest Speaker, Institute for Public Health Innovation (IPHI)  
Marla Caplon, MCPS Liaison  
Susan DeFrancesco – IPHI & Healthy Montgomery Program  
Kathy Mann-Koepke, Commission on People with Disabilities Liaison

Nursing students observing from Howard University: Patara Foster, Kaycie Harmon, Vida Jhgaei, Tai Johnson, Akinaidbe Mayes, Joyce Mmari, Lovelyn Ojimba, Erikah Reddick, Dodji Sowou, Eynice Udiani

**1.0 Call to Order**

- Chair Dan Russ called the meeting to order at 6:09 p.m.

**2.0 Report of Officers**

- **Approval of Minutes** – Since there was no quorum, the minutes from the July 16<sup>th</sup> meeting will be reviewed and approved at the next meeting.
- **Next Meetings** - The annual COH Retreat is scheduled for October 15, 2015, 3:30 – 8:30 p.m. at Ingleside at King Farm, Rockville.
- The following meeting, after the Retreat, will take place Thursday, November 19, 2015 at 6:00 p.m. at 401 Hungerford Drive, Rockville.

**3.0 Chair Updates – Dan Russ**

- Chairs of the HHS boards, committees and commissions met with the HHS Director Uma Ahluwalia the evening of August 24, 2015. Chair Dan Russ gave highlights of COH recent work and accomplishments, particularly in the areas of Oral Health and E-cigarettes. The director and the group discussed writing a joint statement for the October Council breakfast regarding prevention issues shared by several HHS committees and commissions.

- The Council HHS Committee will hold its annual breakfast meeting with chairs of the HHS boards, committees and commissions October 15, 2015. Dr. Russ will summarize the Commission's work and its likely priorities for the year ahead.

#### **4.0 HEAL Campaign Presentation – Marisa Jones, Program Manager, Institute for Public Health Innovation**

Chair Dan Russ introduced the guest speaker, Marisa Jones, Program Manager, Institute for Public Health Innovation. She presented a power point presentation on the HEAL Campaign for Cities and Towns. Following are a few of her key points.

- HEAL stands for Healthy Eating - Active Living
- The three factors of obesity are:
  - Genetics
  - Behavior
  - Environment
- Public sector plays a direct role in policy and shaping the environment.
- Three strategies HEAL uses:
  - Healthy food options
  - Workplace wellness
  - Active transportation and land use policy
- HEAL participation includes opportunities for free technical assistance and mini grants.
- HEAL currently works with the cities of Rockville and Gaithersburg
- Most communities first create a resolution to work toward a chosen objective.
- To find out more about HEAL, go to the web site at [www.healcitiesmidatlantic.org](http://www.healcitiesmidatlantic.org)

#### **5.0 Council Update – Linda McMillan**

- Council is planning to take up a National Association of Counties "Stepping Up Initiative" to reduce the number of people with mental illness in jails.
- Council's HHS Committee introduced legislation to allow more commissions to lobby at the state level if their issue has approval of the County, on October 6 at 1:30 p.m. Mr. Bialek suggested that this legislation could give the COH broader authority.
- Ms. Pruzan mentioned how the Commission on Aging has this advocacy permission already and is effectively advocating at the state level.
- This fall the Council will also be reviewing Homelessness including a 2016 initiative to house homeless veterans; Montgomery Cares and Care for Kids programs; and employee wellness update and an update on vending machines in County facilities.
- The fall date for the Council sitting as the Board of Health will be determined soon. The COH and the Health Officer usually provide an update for the Council/Board of Health at that time.

#### **6.0 MCPS Liaison Nutrition Update - Marla Caplon**

Ms. Caplon, reported that the MCPS Summer Meals program served over 400,000 meals to children in need this summer using facilities and areas near high needs schools. They also partnered with the County Recreation Department and had a mobile meal van throughout the summer. She also noted that there are now 78 schools that have qualified for the Maryland Meals for Achievement program, to provide breakfast in the classroom, at no cost to the students.

#### **7.0 PHS Chief's Report – Ulder J. Tillman, M.D., MPH, County Health Officer**

Dr. Tillman's Chief's Report for August 2015 is attached to these minutes. A few highlights she discussed included the following.

- The last sessions of “Community Conversations about Health and Wellness in Montgomery County” will be completed by the end of the month. These have been sponsored by Healthy Montgomery.
- Mobile Medical Care is the new contractor for our Health Care for the Homeless program which provides primary care and nurse case management for residents in the homeless shelters.
- DHMH Epidemiologist confirmed this season’s number of confirmed rabid bats is higher than usual; 104 confirmed rabid bats in Maryland; 16 in Montgomery County.
- From 10/27/2014 to 6/9/2015 Maryland has received 2,800 travelers from Ebola endemic countries. During the same time frame, Montgomery County received 1,367 travelers. Of the 2,800 travelers, 49% have been monitored in Montgomery County.
- There are still several hundred MCPS students not yet in compliance with the requirement that all 7<sup>th</sup> and 8<sup>th</sup> graders have the required Tdap/MCV4 vaccinations to attend school. This is in spite of repeated outreach efforts and HHS holding multiple immunization clinics over the last several months and weeks. These students may be excluded from school.

#### **8.0 Staff Report - Doreen Kelly**

- Ms. Kelly reported that the County Executive is expected to make his recommendations and send the list to the County Council within the next week. It should be public information soon, prior to the retreat. Ms. Kelly will invite the appointees to the retreat as guests, if their membership appointments are still pending confirmation by the Council. It is also possible they will be confirmed prior to the retreat.
- Ms. Kelly has started the draft for the FY15 Annual Report. FY15 workgroup chairs were asked to send their very brief reports to Doreen, if they have not yet done so.

#### **9.0 Liaison Reports –**

- Ms. Marcia Pruzan – Commission on Aging (COA) has discussed joining a national initiative to make Montgomery County a “Dementia-Friendly” community. This could be tied into the “Age-Friendly Communities” project, which is part of the World Health Organization’s “Age Friendly Cities and Communities Program.” The idea is to prepare our County and services for the large, rapidly aging population shift. COA would welcome COH interest and support.
- Dr. Kathy Mann Koepke – Liaison from the Commission on People with Disabilities (CPWD) said that the CPWD is exploring the problem that secondary medical conditions and illnesses are often overlooked for people with disabilities and for their caregivers. This is an important issue, and the CPWD would welcome COH interest to raise awareness in the issue and the need to find solutions for this problem.

#### **10.0 Retreat Planning**

- The annual COH retreat takes place October 15, 2015 at 3:30 p.m. at Ingleside at King Farm in Rockville. It will include planning priorities and workgroups for the coming year.
- Dr. Alice Horowitz from the University of Maryland has agreed to be one of the Retreat speakers on the subject of health literacy and oral health.
- Dr. Russ asked if anyone had other speakers to suggest or topics of interest for the retreat. Discussion followed and topics mentioned included: effectiveness of health education; affordability of health care and health insurance; substance abuse and behavioral health; tobacco; population health measurement; update on issues from the Institute of Medicine.
- Since no consensus on a second topic was reached, Dr. Russ said the Retreat Committee will discuss and finalize a retreat agenda.

### **11.0 New Business & Adjournment**

- There was no new business. The meeting adjourned at approximately 8:00 p.m.

Respectfully submitted:

Doreen Kelly  
Administrator, Public Health Services

## **Public Health Services Chief's Report August 2015**

### **SUCSESSES AND GOOD NEWS**

- The Healthy Montgomery Community Conversations included two focus groups at the County's year-round emergency shelters. The first took place at Wilkins Avenue Women's Shelter on August 5<sup>th</sup>, and the second was at the Men's Emergency Shelter on Gude Drive on August 20<sup>th</sup>.
- The Health Care for the Homeless program is finalizing its new contract for shelter-based primary care and nurse case management services. Mobile Medical Care will be the new contractor, replacing CCI, Inc. and Community Ministries of Rockville, which both held previous, five-year contracts. The effective date of the contract is expected to be October 1, 2015. Transition meetings between clinical and shelter staff were launched in August and will continue throughout September.
- Earl Stoddard, Public Health Emergency Preparedness, was nominated and elected to serve as the first Chair of the Maryland Emergency Response System (ERS) Steering Committee, a bi-county emergency planning and preparedness coalition between Montgomery and Prince George's Counties. The ERS Steering Committee has representation from the Fire/EMS, Police, Healthcare systems, Emergency Management and Public Health authorities in both counties and receives between 3-6 million dollars in Urban Area Security Initiative (UASI) funding annually.

### **HOT SPOTS**

- Several neighbors surrounding Veteran's Park were extremely upset regarding rat issues in Bethesda. Their main concerns were Veteran's Park and the surrounding neighborhood around the park including a church, other single family homeowners and apartments. Worked with MNCPPC to properly cut back overgrowth, clean up trash issues and eradicate rats in the park. Performed a survey of the area around the park. Worked with the single family home and apartment owners for approved best pest management practices. This effort took over a week for the inspector to identify and correspond with property owners to obtain compliance.

### **UPDATES ON KEY ISSUES**

#### **School Health Services**

- Over 400 School Health Services staff returned for a new school year on August 24<sup>th</sup> at the annual Back-to-School meeting and training. Director Uma Ahluwalia welcomed the staff back for the 2015-16 school year and keynote speakers Dr. Terri Wright, Director, Center for School, Health and Education, American Public Health Association and Dr. Olga Acosta Price, Director, The

Center for Health and Health Care in Schools gave a very informative presentation on managing chronic stress in urban minority youth. The event was held at the Silver Spring Civic Center in Silver Spring.

#### Disease Control

- Disease Control nurses conducted 72 animal bite investigations of which 21 were children; many were bat exposures. DHMH Epidemiologist confirmed this season's number of confirmed rabid bats is higher than usual; 104 confirmed rabid bats in Maryland; 16 were in Montgomery County (MoCo). MoCo has no confirmed WNV cases; Maryland has 2 confirmed WNV cases (one was imported); in the U.S. there have been 210 WNV cases in 29 states. MoCo has not had any confirmed Chikungunya cases; Maryland has 14 Chikungunya cases (all imported); the U.S. has 294 Chikungunya cases this Arboviral Surveillance Season.
- From 10/27/14 to 6/9/15 Maryland has received 2,800 travelers from Ebola endemic countries; during the same time frame MoCo received 1,367 travelers, i.e. 49% of all Maryland travelers have been monitored in MoCo. During the month of August MoCo had 3 travelers from Liberia seek care at an area hospital with symptoms such as fever and chest pain. Our hospital partners responded appropriately and did NOT do a full blown Ebola Assessment. In West Africa as of 8/9/15 there have been 2 new Ebola cases confirmed in Sierra Leone and 1 new case in Guinea. In August, Debra Aplan attended a 2-day NACCHO Ebola In-Progress Review meeting; engaging feedback from federal, state, LHDs, as well as hospital partner organizations. Successes, remaining gaps, and lessons learned will be published January 2016.

#### Emergency Preparedness

- On September 8, PHEPR is participating in a small tabletop workshop with senior leadership from MCPD and MCFRS (including Chiefs Goldstein and Manger) to discuss use of the Emotional and Spiritual Care Volunteers (ESCV) in response to a mass demonstration/civil disturbance in Montgomery County. Furthermore, PHEPR is working with DHMH to schedule our annual Operational Readiness Review (ORR) for early 2016.

#### HIV/STD

- For FY16, the STD/HIV Prevention Program will bring onboard two contractors to provide non-clinical HIV Quick Testing in Montgomery County. Some locations will include Montgomery College sites, Walgreens and other community events. Funding is provided by the Prevention and Health Promotion Administration.

#### Immunization Program

- During the 9th Annual Health & Wellness Fair conducted by DB consulting group, the Immunization's program staff gave out brochures/literature and offered Tdap/MCV4 vaccines to eligible 7<sup>th</sup> and 8<sup>th</sup> graders. The event was held at the Civic Center in Silver Spring MD on Friday, August 7, 2015. The Immunization Program staff participated in the breast feeding health fair that was held at the Gaithersburg Women Infants & Children Center (WIC) on Wednesday, August 12, 2015.
- The Immunization Program staff partnered with School Health Services staff and provided them with logistic/staffing support and vaccine management during the State mandated 7<sup>th</sup> & 8<sup>th</sup> Graders (Tdap & MCV4) back to school event held at 850 Hungerford Drive, Rockville MD on Saturday, August 29, 2015.

#### TB/Refugee

- Refugee Health program is preparing for DHMH Site visit soon. DHMH is coming to observe how clinical staff performs the entire screening process (all jurisdictions will be reviewed). The visits are scheduled for 9/8/15 and 9/16/15.
- MC DHHS TB Control Program was invited to participate in the CDC Project Officer visit. A brief presentation was provided by the Nurse Administrator.

#### Montgomery Cares/Care for Kids/Maternity Partnership

- Staff of the Health Care for the Uninsured unit are continuing conversations with OESS regarding eligibility criteria and referral procedures for Maternity Partnership patients and other recipients of services under the Montgomery Cares and Care for Kids programs. Representatives of Community Health are participating in these conversations as well. The goal is to refresh and refine screening protocols and documents used to confirm eligibility and ultimately simplify hand-offs across programs.

#### Community Health Services

- CCI/TAYA's (Teen and Young Adult Health Connection) Silver Spring office is providing group sessions once per month for up to 12 pregnant women to offer family planning education and will link moms and expected babies to CCI's primary care services. The goal is to have the families linked to the clinic post delivery to ensure a family centered medical home for mothers and their babies. If this model is successful in Silver Spring, it will be expanded to the Gaithersburg/Germantown region.
- Germantown Health Center (GHC) has been offering International IZ clinics in collaboration with MCPS and School Health Services Center since Aug 5th and will hold the last clinic on Friday Sept 11th.
- University of Maryland School of Nursing students will start their fall rotation at GHC Sept 10th. Eight seniors will begin their 8 week rotation. They will be making home visits, assisting in IZ clinics and assisting in the Maternity Partnership Orientation classes.