

MONTGOMERY COUNTY COMMISSION ON HEALTH

Meeting Minutes
November 16, 2017
401 Hungerford Drive, Rockville, Maryland

Members Present: Brandie Armijo, Sean Bailey, Laura Boyle, Brenda Brooks, Marla Caplon, Jessica Chung, Heather Deckert, Desiree de la Torre, Kenneth Goldstein, Lenna Israbian-Jamgochian, Jessica Kronstadt, Kathy Mann Koepke, Susan Milstein, Sheela Modin, Tonya Saffer, Jacqueline Smith, Ashim Subedee, and Jason Woo.

Members Absent: Maya Das, Michelle Hawkins, Linda McMillan, and Fabienne Santel.

Staff Present: Dr. Travis Gayles, Mark Hodge, Ellen Segal, and Karen Thompkins.

Guest Speaker: Marcia Pruzan

Guests: Howard University Students

1.0 Call to Order and Welcome

- Chair Lenna Israbian-Jamgochian called the meeting to order at 6:15 p.m.

2.0 COH Minutes and Next Meetings

- A motion to approve the October 2017 minutes was made by Jason Woo and seconded by Ken Goldstein. The minutes were approved unanimously by voiced consent.
 - The next COH meeting will be Thursday, January 18, 2018 at 401 Hungerford Drive, Conference Room 1A and 1B, Rockville, Maryland, 20850. The following meeting will be held Thursday, February 15, 2018 at 401 Hungerford Drive, Conference Room 1A and 1B, Rockville, Maryland, 20850.
- *Note that there is no December meeting.**

3.0 Age Friendly Montgomery Presentation – Marcia Pruzan

- Age Friendly Montgomery is a global initiative in 20 nations and more than 180 communities across the US.
- AARP is the umbrella organization in the US.
- The mission is to encourage states, cities, towns, and counties to prepare for the rapidly aging population by paying increased attention to the environmental, economic, and social factors that influence the health and well-being of older adults.
- The vision is, “Montgomery County: a wonderfully diverse Community for a Lifetime,” where all residents can remain and thrive as they age and be a powerful resource in making our County a better, stronger, more inclusive community for everyone.
- Top concerns of older residents are improved communications about the county programs and services for all seniors, including those in our ethnically diverse communities, transportation, and ability to remain in the community in retirement.
- At the 2015 Summit on Aging the topics worked on included:
 - Expanding transportation and senior centers;
 - Expanded the village concept, helping seniors age in place;
 - Established the 7-3000 line for seniors;

- Fire department and EMS staff working with seniors to keep them out of the hospitals; and,
- Dementia Friendly America, helping families function in the community.
- COH can help by:
 - Consider areas where COH priorities and Age-Friendly intersect;
 - Inform Age-Friendly and Commission on Aging of areas of mutual interest and potential collaboration; and,
 - Considering COH initiatives and recommendations;
 - Participate in and/or support Age-Friendly work where interests intersect.

4.0 Chief's Report – Dr. Travis Gayles

The Chief's Report for October 2017 is attached to these minutes. A few highlights discussed included the following.

- Eight persons required Post Exposure Prophylaxis following exposure to a confirmed rabid cat in the White Flint area.
- The drug "PrEP" is now being offered to prevent HIV transmission. Most insurances will cover this. A possible side effect is problems with the kidney function, mandating that lab tests be done every three months.

5.0 Liaison Reports:

Children, Youth, and Families – Brenda Brooks

- The annual report contains information on the work being done on opioid use.
- There are mental health concerns for children of all ages.

6.0 New Business:

- Workgroups for the year were decided upon. They include:
 - Men's Health – Data was gathered last year, as well as information on other counties approach to men's health.
Group members: Sean Bailey, Brenda Brooks, Kenneth Goldstein, and Susan Milstein.
 - Health Literacy – Prior focus was on signage and health insurance literacy.
Group members: Jessica Chung, Michelle Hawkins, Tonya Saffer, and Ashim Subedee.
 - Data Needs – Will focus on obtaining data more quickly; looking at data gaps; forming partnerships with organizations that hold data; and finding out what data is out there to be obtained.
Group members: Laura Boyle, Maya Das, Jessica Kronstadt, and Sheela Modin.
 - Behavioral Health – Focus on mental health and adolescences between the ages of 16 and 24; shortage of mental health experts and beds; stigma; bullying; and promoting mental wellbeing.
Group members: Brandi Armijo, Lenna Israbian-Jamgochian, Jacqueline Smith, and Desiree de la Torre.
 - Access to Contraception – Access in schools.
Group members: Heather Deckert and Jason Woo.
- November 28th COH will be meeting with the County Council to give this year's priorities.

Motion to Adjourn

- The COH meeting was adjourned at 7:52 p.m.

Respectfully Submitted:

Karen Thompson

Karen Thompson
Commission on Health