

MONTGOMERY COUNTY COMMISSION ON HEALTH

Meeting Minutes

March 16, 2017

1301 Piccard Dr., Rockville, Maryland 20850

Members Present: Brandie Armijo, Sean Bailey, Mitchell Berger, Laura Boyle, Brenda Brooks, Maya Das, Michelle Hawkins, Lenna Israbian-Jamgochian, Alan Kaplan, Jessica Kronstadt, Pierre Marie Longkeng, Kathy Mann Koepke, Linda McMillan, Sheela Modin, Daniel Russ, Tonya Saffer, and Fabienne Santel.

Members Absent: Stacey Burton Dey-Foy, Marla Caplon, Ilana Cohen, Graciela Jaschek, Susan Milstein, and Bridget Ware.

Staff Present: Ellen Segal, and Karen Thompkins.

Staff Absent: Mark Hodge

Guest: Forrest Daniels

1.0 Call to Order and Welcome

- Chair Daniel Russ called the meeting to order at 6:06 p.m.
- New members to the COH were welcomed: Brandie Armijo and Laura Boyle.

2.0 COH Minutes and Next Meetings

- A motion to approve the February 2017 minutes was made by Alan Kaplan and seconded by Tonya Saffer. The minutes were approved unanimously by voiced consent.
- The next COH meeting will be Thursday, April 20, 2017 at 6:00 p.m. at 1301 Piccard Drive, 1st Floor Conference Room, Rockville, Maryland, 20850. The following meeting will be held May 18, 2016 at 401 Hungerford Drive, Conference Room 1A and B, Rockville, Maryland.

3.0 Guest Speaker – Cara Grant, Department of Curriculum and Instruction, MCPS

- Elementary school students are required to take between 20 and 50 minutes of physical education (PE) per year. Middle school students receive 3 quarters of PE and 1 quarter of health each year. High school students have a 1.0 graduation requirement for PE. Statistically Montgomery County is in the norm, but not the best.
- Elementary school engages in fun activities, middle school introduces more tactful games such as soccer and basketball, and high school tries to promote goal setting, development of a fitness plan, and create passion so students will want to move for a lifetime.
- Some high schools have corollary sports programs where students with severe disabilities are paired with able-bodied physical students and compete.
- Many schools in Montgomery County don't have gymnasiums; mostly elementary schools.
- Budget allocation is allotted based on the number of students per class and in the school as a total.
- MCPS will be hiring a Wellness Coordinator at the end of the year who will look at current wellness programs and set a focus for next year.
- Grants give opportunities to schools in areas of need to help create programs.

- MCPS uses stipends and scholarships to remove barriers to physical activities. Local schools also contact parents to encourage the student participation.
- On the Wellness report Montgomery County received a “C” for our programs.

4.0 Public Health Services Chief’s Report-Karen Thompkins

- The Silver Spring Planned Parenthood is relocating to their main office in the District of Columbia. The closing of this office will impact the Breast and Cervical Program since it is one of their contracting providers for diagnostic and treatment of women with breast and cervical abnormalities.
- During February, 33 Montgomery County residents were tested for Zika – two were positive – one with Guillain-Barre symptoms. Five babies were born to mothers with Zika. All appeared normal at birth and were registered in the US Zika Pregnancy Registry.
- A dead fox discovered in Kensington was confirmed positive for rabies. Outreach posters were distributed by MCPD Animal Services in the area.
- Immunization program outreach workers concluded 20% of the private schools’ record surveillance with 98% compliance rate.
- The Dental Program has noticed a recent increase in broken appointments for the past 3-4 weeks, mostly in the adult and child populations which may be due to concerns over immigration status.

5.0 County Council Report – Linda McMillan

- The County Executive budget report came out. There is a modest decrease in funding of just over 2%. DHHS was not strongly hit.
- In the first week of April there will be four public hearings on the budget. In the last two weeks of April, County Council will hold their workshops and there will be a wrap-up of the budget in the first week of May.
- The food insecurity report is out.
 - They would like better data gathering from years 1 and 2.
 - Programs that should be expanded include the boxed lunch program for seniors and the weekend bagged lunches for children.
 - Providing culturally correct food is being considered.
- There is concern that it is difficult for groups in the East County area to get to the services that are provided. Health and food service delivery is being considered.

6.0 New Business

- April 15, 2017: AAHP will host Community Day 2017, Building Bridges. The event takes place from 8:00 a.m. – 3:00 p.m. at the East County Community Center, 3310 Gateshead Manor Way, Silver Spring.
- June 10, 2017: AAPH Health Freedom 5K Celebration Walk, 10:00 a.m. – 2:00 p.m. at Woodland Manor Park.
- The COH is looking for liaisons to other BCC’s. The Commission works by reaching out to other commissions for support. Please let the COH know which BCC you are interested in being a liaison to.
- Next month we will need to form a nominating committee for upcoming COH positions. Mitch Berger, Dr. Alan Kaplan, and Dan Russ will be leaving in July.
 - If interested in a Chair or Vice Chair position, please let Dan or Mitch know and you can shadow them in their last months.
 - COH vacancy announcements are to take place in April by the County Executive Office.

7.0 Persons with Disabilities – Kathy Koepke Mann

- The Commission on People with Disabilities is working to address housing concerns.

- Montgomery County now has a tax credit for Design for Life Home. This is a program for designing your property for easy access into your older years. It is a maximum \$10K tax credit which can be spread out over multiple years.

8.0 Workgroup Reports

Men's Health

- Received information on disparities from Montgomery County and Maryland State.
 - Suicide rate is 5.5% more for men.
 - Men go to physicians less frequently than women.
 - Men have a higher incident of diabetes.
- The group would like to contact the author of the report to get information on programs that address these disparities to find the most applicable program.

Health Prevention

- A lot of thought is being put into the MCPS program. The group would like to have a better understanding of the wellness survey stakeholders' concerns.
- The group would like to support BMI level data collection in MCPS and learn more about the before and after school programs supporting PE.
- The group requested that the new Chief Epidemiologist for Montgomery County DHHS, Chunfu Liu, be invited to the next COH meeting.

Health Literacy

- Discussed the letter sent to the HHS Director concerning contractors voluntarily taking the Smart Choice training.
- The group will have the speaker lined up for April to come in May

9.0 Motion to Adjourn

- The meeting was adjourned at 8:01 p.m.

Respectfully Submitted:



Karen Thompkins
Commission on Health