

Montgomery County School Health Council

A G E N D A

December 8th, 2025

6:00 pm - 7:30pm

**Hybrid meeting,
401 Hungerford
and MS Teams**

- Type your name and organization in Chat feature
- Mute when you are not speaking

SY 2025-2026

Upcoming Meetings

Monday, March 19th, 2026
Monday, May 11th, 2026

❖ 6:00 Welcome and Introductions

- Dr. Cara Grant, Supervisor, MCPS Health and Physical Education

❖ 6:05 Review Minutes

- Carey Dwyer, Nurse Manager, School Health Services

❖ 6:10 School Health Services updates

- Beka Urgessa, Senior Administrator, School Health Services

❖ 6:20 DHHS updates

- Sean O'Donnell, Deputy Health Officer, DHHS

❖ 6:30 MCPS Employee Wellness

- Lisa Cooperstein, Wellness Coordinator, MCPS

❖ 6:50 SNAP Ed Funding Updates

- Jane Nnadi, SNAP-Ed Nutrition Educator

❖ 7:05 Food Security Programs Updates

- Annmarie Hart-Bookbinder, RDN, Montgomery County Food Council

❖ 7:20 Subcommittee Reports & Intentional Brainstorming

- Student-led SHC
- Filling membership gaps
- Upcoming meetings for 25/26 SY

❖ 7:25 Questions and Closing Remarks