

Montgomery County School Health Council

A G E N D A

September 15th, 2025

6:00 pm - 7:30pm

**Hybrid meeting,
401 Hungerford
and MS Teams**

- Type your name and organization in Chat feature
- Mute when you are not speaking

SY 2025-2026

Upcoming Meetings

Monday, December 8th, 2025
Monday, March 19th, 2026
Monday, May 11th, 2026

❖ **6:00 Welcome and Introductions**

- Dr. Cara Grant, Supervisor, MCPS Health and Physical Education

❖ **6:05 Review Minutes**

- Carey Dwyer, Nurse Manager, School Health Services

❖ **6:10 SHC Co-Chair Nomination and Vote**

- Laura Howard, Kaiser Permanente

❖ **6:15 School Health Services updates**

- Beka Urgessa, Senior Administrator, School Health Services

❖ **6:30 DHHS updates**

- Dr. Nina Ashford, Chief of Public Health, DHHS

❖ **6:45 MCPS Health and PE Curriculum updates**

- Dr. Cara Grant, Supervisor, MCPS Health and Physical Education

❖ **7:05 Subcommittee Reports & Intentional Brainstorming**

- Student-led SHC
- Filling membership gaps and direction of SHC
- Upcoming meetings for 25/26 SY

❖ **7:25 Questions and Closing Remarks**