

# Montgomery County School Health Council

## May 8, 2023 Meeting Minutes

<b>Daniel Russ</b>	Community Member, SHC Co-chair	<b>Patricia Kapunan</b>	Medical Officer MCPS
<b>Catie Russ</b>	Student Member	<b>Carey Ostry</b>	NP at Seneca Valley HS SBWC
<b>Peter Park</b>	MCPS Systemwide Safety	<b>Stephanie Iszard</b>	Exec. Asst., Medical Officer MCPS
<b>Jessica Hasson</b>	Community Member, SHC Co-chair	<b>Catherine Nardi</b>	Community Member
<b>Alana Aronin</b>	Commission on Health	<b>Sandy Salsberg</b>	Community Member
<b>Evie Salsberg</b>	Student Member	<b>Jeff Sullivan</b>	Guest speaker
<b>Mark Hodge</b>	MCDHHS School Health Services	<b>Teresa Shatzer</b>	MCPS Health Education
<b>Liz Elliott</b>	Nurse Administrator, SHS	<b>Carey Dwyer</b>	Nurse Manager, SHS
<b>Kirsten Anderson</b>	Linkages to Learning	<b>Cara Grant</b>	MCPS Health/Physical Education
<b>Shaun Sawko</b>	MCPS Food and Nutrition	<b>Kisha Davis</b>	MOCO Health Officer

- The meeting was called to order by Daniel Russ and Jessica Hasson. Hybrid format with approximately 10 members in person and the remaining members attending virtually. Minutes from March 2023 meeting were approved.
- School Health Services updates shared by Mark Hodge, Senior Administrator. Ongoing efforts continue to fill numerous vacant staff positions; additional orientation sessions are scheduled. SHS now has almost monthly orientation for newly hired nurses so we can get nurses into schools. Awaiting budget approval from county council for 2 new schools-Clarksburg #9 and Southlake elementary. 1 day hiring extravaganza on June 10<sup>th</sup> to hire health room technicians.
- Update from Dr. Davis-in the process of updating mask mandate rules for county and SHS: no mask requirement but recommendation remains that students mask if they are symptomatic. Collaborating with Behavioral Health Services (BHS) fentanyl/opioid prevention and response to increase Medication Assisted Treatment (MAT) across the county d/t lack of adolescent inpatient for substance abuse disorders.
- Update from Dr. Patricia Kapunan: COVID-19 updates shared, reported slight uptick in cases following spring break. Volunteers in schools no longer require COVID-19 attestation. Federal Public Health Emergency ends in May 11, which will impact funding used for test kits, PPE, and other cleaning supplies. Working on finalizing regulation for responding to overdoses in schools. No disciplinary action for students self-carrying Narcan. Increasing awareness about substance abuse disorders and knowing when/how to administer Narcan. Public Forums held outside of school settings that include how to discuss sensitive topics such as drug use with kids/teens. Focus on staff wellness and educator burnout and incorporating trauma informed practice into curriculum.
- Guest Speaker Dr. Jeff Sullivan, Director, Systemwide Athletics, MCPS. Discussed reconstituted/reimagine Athletics department to include Health and Safety Officer (Sean Hendy), Student Athlete Council, and (pending budget approval) a full-time certified athletic trainer in each of MCPS' 25 high schools. R.A.I.S.E core values of program to teach and reinforce respect and sportsmanship, academic excellence, integrity and character, spirited and safe competition and equity and access. Discussed increased training for coaches on the care and prevention of injuries and reviewed Emergency Action Plans to include policies for extreme weather.
- Proposed and accepted merger of SHC and MCPS Systemwide Wellness Committee (led by Dr. Cara Grant).
- Discussion topics of interest to members for upcoming SHC meetings: student centered health promotion and health literacy, adolescent mental health services, increasing access to dental health services for students, programs addressing food insecurity, and increasing access to health care for underserved communities.
  - School Health Council Meetings for SY 2023-2024 to continue in hybrid format. Dates TBD
- Meeting adjourned.