

Montgomery County School Health Council

May 7, 2018 Meeting Minutes

14 members attended:

Gail Warner	Community Member, SHC Co-Chair	Deborah Merke	Community Member
Marla Caplon	MCPS Director, Office of the COO	Karen Duffy	EveryMind
Minthu Phan	Community Member	Andrew Ing-Jer Horng	Community Member
Sandy Salzburg	Community Member	Britt Jones	Collaboration Council
Teresa Shatzer	MCPS Content Specialist/Health Education	Joan Glick	MCDHHS School Health Services
Peter Park	MCPS Systemwide Safety	Liz Elliott	MCDHHS School Health Services
Robin Brannan	Community Member	Daniel Russ	Community Member

- The meeting was called to order by Gail Warner. The March 2018 minutes were approved.
- Introductions were made of SHC members. Gail shared that, unfortunately, Abe couldn't be here due to death in the family.
- Britt Jones Collaboration Council provided a presentation on Vaping, and a handout was provided. The overriding message is that e-cigarettes are not safe.
- Dr. Thandi Hicks Harper - Youth Popular Culture Institute provided an overview of the groups work with youth. Their focus is on youth engagement, health, education, and popular culture. Primary focus is on most vulnerable young people. There is a strong emphasis on research and a strong focus on hip-hop culture. Several projects - sip/stupid - underage drinking. Edutainment (merging entertainment with education) - meeting kids where they are. Focus on getting on pulse with young people. How to use hip/hop. Hip/hop has been shown to be effective in suicide and drug prevention. Modules are called CIPHER -free flowing conversation. Make-a-mix is part of the curriculum. Students make their own rap about drug/suicide. Graffiti, Rap, Fashion, Breakdancing are examples. Mantra - If Hip/Hop is used to market product, then how can Hip/Hop used to market prevention.
- DHHS Updates provided by Liz Elliott. This week all nurses to celebrate Nurses week. Celebration scheduled on Wednesday. County government to recognize the importance of nurses.
- SHC subcommittee Reports:
 - Karen Duffy - On April 22, MCCPTA held a Mental Health Forum at Gaithersburg HS. . There were many attendees, and a recommendation was made to provide additional forums at various places in the county.
 - Marla Caplon - reported that there are more Local School Wellness committees this school year.
 - Peter Park shared efforts are being made to focus on employee safety
- Nomination and Membership -
 - There were no additional nominations for SHC co chair. A motion and second were approved to accept a proxy vote to make a quorum of 16 SHC members. Proxy votes were cast by Britt Jones, Joanie Glick, Abigail Russ, Abe Brown, Abram Brown "IV".
 - Liz explained the process - and introduced Dan Russ.
 - Introduced Sandy Salsberg, a new community member to SHC. Sandy is in pediatric endocrinology, and has interest in obesity. She is interested in food in schools/physical activity.
- Proposed topics for next year: please email Liz Elliott. One recommendation was presentation on trauma – what to look for, how to engage with students.
- The meeting schedule for the SHC for SY 2018-2019. Meetings are held from 6:15-8:00 p.m.
 - Monday September 24, 2018
 - Monday December 10, 2018
 - Monday March 4, 2019
 - Monday May 13, 2019
- Meeting adjourned.