

# Montgomery County School Health Council

## September 25, 2017 Meeting Minutes

### 16 members attended:

Gail Warner	Community Member, SHC Co-Chair	Deborah Merke	Community Member
Abe Brown	Community Member, SHC Co-Chair	Karen Duffy	EveryMind
Abigail Russ	Student Member	Patrice McLeod	Community Member
Maya Lodish	Community Member	Evelyn Toufanian	Community Member
Cara Grant	MCPS Health and Physical Education	Liz Elliott	MCDHHS School Health Services
Daniel Russ	Community Member	Susan Milstein	Commission on Health
Joan Glick	MCDHHS School Health Services	Minthu Phan	Community Member
Travis Gayles	Chief, Public Health Services	Andy Horng	Community Member

- The meeting was called to order by Abe Brown. The May 2017 minutes were accepted.
- New School Health Council members were introduced and welcomed. An overview of the SHC Bylaws & Purpose was provided.
- Cara Grant, Supervisor for MCPS Health and Physical Education, provided an overview. There is a collaboration between MCPS and EveryMind to provide suicide prevention resources and age-appropriate information to students through health classes in middle and high school. Interpersonal communication and seeking help from trusted adults is a key component. Montgomery County recently passed legislation related to sexual consent. Enhancements to the health curriculum for 7<sup>th</sup> and 10<sup>th</sup> grade will be made over the summer, and will include consideration of YRBS and other available health data. Another focus is the Opioid Epidemic, and providing age appropriate information to students. Members discussed the increasing numbers of children identified as at risk, and about ways to more effectively link services including prevention, intervention and postvention. At schools with Linkages to Learning or Wellness Centers, a therapist is available in the building. A Public Service Announcement from MCPS and MCDHHS about the Opioid Epidemic will be shared with SHC members.
- Joanie Glick, Senior Administrator for School Health Services, shared that there is now Narcan in every health room, secured in the health room in the same location as the MCPS stock EpiPens. School Health Services staff were trained during Back-to-School pre-service days about the Opioid Epidemic and in when and how to use stock Narcan in response to a state mandate. School Community Health Nurses are training at least 3 MCPS staff in Narcan administration, along with previously required stock EpiPen training. Another area of focus for SHS has been tDap/MCV immunization compliance for the approximately 13,000 incoming 7<sup>th</sup> graders. Planning is underway to provide flu clinics at 3 High Schools. The clinics will also serve as an emergency preparedness drill for SHS staff. Efforts continue to implement additional teaching and awareness for students with diabetes, in response to state law effective last year.
- Joanie Glick updated SHC members on the August SHIP conference. Topics at the conference included the ESSA Act, Mental Health issues, and an opportunity to meet the Maryland State School Health Council leadership.
- Abe Brown read a report from Elizabeth Rathbone. Efforts at the start of this school year focused on vaccination compliance and on suicide awareness training for MCPS staff. There is a specific training module required this year for all MCPS staff on suicide awareness and prevention.
- Additional topics to consider include mindfulness programs and self-defense classes as an option for P.E. classes. Oral health issues were also discussed.
- The meeting schedule for the SHC for SY 2017-2018:
  - Monday September 25, 2017; Monday December 4, 2017; Monday March 5, 2018; and Monday May 7, 2018.
  - Meetings will be held from 6:15-8:00 p.m.
  - The December meeting will be held at the Rockville Library in the 2<sup>nd</sup> floor meeting room. Other meetings will be from 6:15-8:00 p.m. at 401 Hungerford Drive.