



Montgomery County Department of Health and Human Services

Welcome! Bienvenidos! እንኳን ደህና መጡ!



Takoma-East Silver Spring Community Action Center "TESS"

8703 Flower Avenue • Silver Spring, Maryland 20901 • 240-773-8260

www.montgomerycountymd.gov/TESS

TESS Center, a walk-in site, provides information and referrals to Montgomery County residents. Bilingual staff (English, Spanish, and Amharic) help residents apply for public and private supports: Housing, Food, Child Care, Medical Programs, Emergency Assistance, Holiday Giving, and MUCH MORE.

Monday - Friday, 9 am - 4 pm

***Staff teleworks on Monday and Friday afternoons.**

Walk-In Hours: M-F, 9 - 11:30 am

Appointments, 1 - 4 pm

Onsite programs:

- ✓ **SENIOR SOCIALS** (Seasonal)
- ✓ **OPPORTUNITY COACHING**
Intensive case management for families
- ✓ **FREE TAX ASSISTANCE** (January - April)
Volunteer Income Tax Assistance (VITA)

- ✓ **FREE LEGAL SERVICES**

Montgomery County Bar Foundation's Pro Bono Program:
1st and 3rd Wednesdays. Registration 6 - 6:30 pm. 301-424-7651

For help in an emergency, call 911 or the Crisis Center at 240-777-4000.

For additional information, and to request this information in alternative formats, call 240-773-8260 / TTY: Maryland Relay (711)

