

PARENTING DISCUSSION

Thursdays at TESS

Raising children is hard! Feeling frustrated? Have questions about parenting? Want to meet other parents to discuss parenting tips?

Please join us for an informal discussion with mental health therapists from Montgomery County Child and Adolescent Behavioral Health.



To request special accommodations, please call 240-773-8256
three business days in advance, or send an email to
Josue.Canas@montgomerycountymd.gov

TTY users, please call MD Relay (711)

WHEN:

1 – 2 pm

July 26, 2018

August 2, 2018

August 9, 2018

WHERE:

**TESS Community
Action Center**

**8513 Piney
Branch Rd.
Silver Spring, MD**

**Child care
provided**

SPONSORS:

**TESS COMMUNITY
ACTION CENTER**

JUDY CENTER

**CHILD AND ADOLESCENT
BEHAVIORAL HEALTH**