



Local Grocery stores offering dedicated shopping hours for seniors and those at-risk

Grocery stores that would like to be added to this list should send complete information to BizPortal@montgomerycountymd.gov

Updated as of 5/14/20

Location	Store	Address	Phone	Hours	Days	Population
Bethesda	Balducci's	10323 Old Georgetown Road	(301) 564-3100	7:30am - 8:30am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Bethesda	Giant	5400 Westbard Ave.	(301) 652-1484	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Bethesda	Giant Food	10400 Old Georgetown Rd.	(301) 897-9139	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems. This store is open 24 hrs. Shoppers under 60 in store at 6:00 am may not be told to leave.
Bethesda	Harris Teeter	4805 Battery Ln.	(240) 630-8635	6am - 8am	Monday and Thursday	Shoppers aged 60 and over. Pharmacies will open at 7 a.m.

Bethesda	Safeway	4701 Sangamore Rd.	(301) 320-1770	7am - 9am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Bethesda	Safeway	5000 Bradley Blvd.	(301) 215-4148	7am - 9am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Bethesda	Target Bethesda	6831 Wisconsin Ave	(240) 781-3725	7am - 8am	TuesdayWednesday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Bethesda	Trader Joe's	6831 Wisconsin Ave	(301) 907- 0982	8am - 9am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Bethesda	Whole Foods Bethesda	5269 River Road	(301) 984-4860	7am - 8am	Everyday	Shoppers aged 60 and over.
Chevy Chase	Whole Foods Friendship Heights	4420 Willard Avenue	(301) 657-1520	7am - 8am	Everyday	Shoppers aged 60 and over.
Clarksburg	Clarksburg Market	23329 Frederick Rd.	(301) 972-2059	6am - 7am	Saturday and Sunday	Seniors only, will provide assistance for elderly shoppers.
Clarksburg	Harris Teeter	22700 Sweetshrub Dr.	(301) 916-7280	6am - 8am	Monday and Thursday	Shoppers aged 60 and over. Pharmacies will open at 7 a.m.

Cloverly	Safeway	15411 New Hampshire Ave.	(301) 476-8300	7am - 9am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Colesville	Giant Food	13490 New Hampshire Ave.	(301) 384-1572	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Damascus	Safeway	9807 Main St.	(301) 391-6146	7am - 9am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Damascus	Safeway	26300 Ridge Rd.	(301) 253-2482	7am - 9am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Derwood	Giant Food	16837 Crabbs Branch Way	(301) 216-0912	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Gaithersburg	99 Ranch Market	110 Odendhal Avenue	(301) 527-8899	9am - 10am	Everyday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.

Gaithersburg	Aldi	608 Quince Orchard Road	301-363-0830	8:30am - 9:30am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Gaithersburg	COSTCO Gaithersburg	880 Russell Ave.	(301) 417-1500	9am - 10am	Monday - Friday	Members over 60 years old and those with disabilities.
Gaithersburg	Giant Food	842 Muddy Branch Rd.	(301) 948-8148	6am - 7am	Tuesday Wednesday	Senior citizens 60-and-older and individuals with compromised immune systems.
Gaithersburg	Giant Food	18250 Flower Hill Way	(301) 926-0340	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Gaithersburg	Giant Food	229 Kentlands Blvd.	(301) 208-8203	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Gaithersburg	Giant Food	46 Bureau Dr.	(301) 216-0911	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Gaithersburg	Giant Food	20044 Goshen Rd.	(301) 990-0322	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Gaithersburg	Harris Teeter	323 Copley Place	(301) 963-7904	6am - 8am	Monday and Thursday	Shoppers aged 60 and over. Pharmacies will open at 7 a.m.

Gaithersburg	Safeway	12251 Darnestown Rd.	(301) 417-0866	7am - 9am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Gaithersburg	Safeway	20211 Goshen Rd.	(301) 670-1626	7am - 9am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Gaithersburg	Target Gaithersburg	25 Grand Corner Ave	(301) 721-1760	8am - 9am	Tuesday Wednesday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Gaithersburg	Whole Foods Kentlands	316 Kentlands Blvd	(301) 258-9500	7am - 8am	Everyday	Shoppers aged 60 and over.
Germantown	Aldi	20904 Frederick Road	301-363-0830	8:30am - 9:30am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Germantown	Dollar General	12619 Wisteria Dr Ste J	(240) 813-3808	8am - 9am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.

Germantown	Giant Food	18331 Leaman Farm Road	(301) 528-2760	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Germantown	Giant Food	13060 Middlebrook Rd.	(301) 428-4961	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Germantown	Giant Food	20944 Frederick Road	(301) 515-9282	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Germantown	Harris Teeter	14101 Darnestown Rd.	(240) 631-1310	6am - 8am	Monday and Thursday	Shoppers aged 60 and over. Pharmacies will open at 7 a.m.
Germantown	Lotte Plaza Market	13069 Wisteria Drive	(301) 916-0757	9am - 10am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Germantown	Safeway	19718 Germantown Rd.	(301) 916-8584	7am - 9am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Germantown	Target Germantown	20908 Frederick Rd	(301) 515-6882	8am - 9am	Tuesday Wednesday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Germantown	Walmart	20910 Frederick Rd	(301) 515-6700	6am - 7am	Tuesday	Shoppers aged 60 and over.

Kensington	Safeway	10541 Connecticut Ave.	(301) 945-4273	7am - 9am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Montgomery Village	Big Lots	19142 Montgomery Village Ave.	(301) 947-7748	9am - 10am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
North Bethesda	Harris Teeter	11845 Old Georgetown Rd.	(301) 468-3029	6am - 8am	Monday and Thursday	Shoppers aged 60 and over. Pharmacies will open at 7 a.m.
Olney	Giant Food	18140 Village Mart Drive	(301) 570-1665	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Olney	Harris Teeter	18169 Towncenter Dr.	(301) 260-1792	6am - 8am	Monday and Thursday	Shoppers aged 60 and over. Pharmacies will open at 7 a.m.
Olney	Roots Market	16800 Georgia Avenue	(301) 774-1344	8am - 9am	Wednesday, Thursday, Friday	Senior citizens 60-and-older and individuals with compromised immune systems.
Olney	Safeway	3333 Spartan Rd.	(301) 774-8153	7am - 9am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.

Potomac	Giant Food	7919 Tuckerman La.	(301) 469-9549	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Potomac	Giant Food	9812 Falls Road	(301) 983-4246	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Potomac	Harris Teeter	12525 Park Potomac Ave.	(301) 294-5329	6am - 8am	Monday and Thursday	Shoppers aged 60 and over. Pharmacies will open at 7 a.m.
Potomac	Safeway	10104 River Rd.	(301) 983-2150	7am - 9am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Rockville	Aldi	1501 Rockville Pike	301-363-0830	8:30 - 9:30am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Rockville	Dawson's Market	225 N Washington Street	(240) 428-1386	7am - 8am	Tuesday and Thursday	Shoppers aged 60 and over. Dawson's will honor their Wednesday senior 10% discount
Rockville	Giant Food	625 Hungerford Drive	(240) 314-5160	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.

Rockville	Giant Food	12051 Rockville Pike	(301) 881-4541	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Rockville	Giant Food	9719 Traville Gateway Drive	(301) 315-1460	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Rockville	Grosvenor Market	10401 Grosvenor Place	(301) 493-6217	8am - 9am	Tuesday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.
Rockville	Lotte Plaza Market	1902 Veirs Mill Road	(301) 417-8678	9am - 10am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Rockville	Safeway	5510 Norbeck Rd.	(301) 438-4020	7am - 9am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Rockville	Safeway	403 Redland Blvd.	(301) 990-3150	7am - 9am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.

Rockville	Safeway	14939 Shady Grove Rd.	(301) 944-1584	7am - 9am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Rockville	Safeway	1800 Rockville Pike	(301) 945-3608	7am - 9am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Rockville	Target Rockville	5700 Bou Ave	(301) 945-0018	8am - 9am	Tuesday Wednesday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Rockville	The Fresh Market	1649 Rockville Pike	(201) 221-0780	8am - 9am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Rockville	Trader Joe's	10076 Darnestown Road	(301) 762 - 0782	8am - 9am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Rockville	Trader Joe's	12268-H Rockville Pike	(301) 468 - 6656	8am - 9am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Rockville	Whole Foods Rockville	11355 Woodglen Drive	(301) 984-4880	7am - 8am	Everyday	Shoppers aged 60 and over.

Silver Spring	Aldi	2223 Bel Pre Road	301-363-0830	8:30am - 9:30am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Silver Spring	Aldi	9440 Georgia Avenue		8:30am - 9:30am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Silver Spring	Corner Market & Pharmacy	8309 Grubb Rd.	(301) 200-8472	8am - 9am	Saturday and Sunday	Shoppers aged 60 and over.
Silver Spring	Giant	8750 Arliss St.	(301) 587-3450	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Silver Spring	Giant	11221 New Hampshire Ave.	(301) 593-1225	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Silver Spring	Giant	1280 East West Hwy.	(301) 585-1670	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Silver Spring	Giant Food	13781 Connecticut Avenue	(301) 460-7527	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.

Silver Spring	Giant Food	3860 International Drive	(301) 598-4666	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Silver Spring	Global Food	13814 Outlet Dr	(301) 847-9315	9 - 9:30am	Everyday	Shoppers aged 60 and over.
Silver Spring	Safeway	10101 New Hampshire Ave.	(301) 445-6190	7am - 9am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Silver Spring	Safeway	909 Thayer Ave.	(301) 565-0686	7am - 9am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Silver Spring	Safeway	116 University Blvd.	(301) 593-7526	7am - 9am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Silver Spring	Snider's Super Foods	1936 Seminary Road	(301) 589-3240	8am - 9am	Monday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.

Silver Spring	Target -Silver Spring	12000 Cherry Hill Rd	(301) 586-0724	8am - 9am	Tuesday Wednesday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Silver Spring	Target Wheaton	11160 Veirs Mill Rd	(301) 946-8006	8am - 9am	TuesdayWednesday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Silver Spring	Whole Foods Silver Spring	833 Wayne Avenue	(301) 608-9373	7am - 8am	Everyday	Shoppers aged 60 and over.
Takoma Park	Aldi	7609 New Hampshire Avenue	301-363-0830	8:30am - 9:30am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Takoma Park	Red Apple Market	7645 New Hampshire Ave	(301) 434-1810	8am - 9am	Everyday	Shoppers aged 60 and over.
Takoma Park	Takoma Park Farmers Market	6931 Laurel Ave. Takoma Park, MD		9am - 10am	Sunday	Shoppers aged 60 and over.
Wheaton	COSTCO Wheaton	11160 Veirs Mill Rd.	(301) 692-1330	9am - 10am	Monday - Friday	Members over 60 years old and those with disabilities.

Wheaton	Giant Food	2900 University Boulevard West	(301) 692-4180	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Wheaton	Safeway	11201 Georgia Ave.	(301) 933-0436	7am - 9am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.