



# Local Grocery stores offering dedicated shopping hours for seniors and those at-risk

Grocery stores that would like to be added to this list should send complete information to [BizPortal@montgomerycountymd.gov](mailto:BizPortal@montgomerycountymd.gov)

Updated as of 8/12/20

Location	Store	Address	Phone	Hours	Days	Population
Bethesda	<a href="#">Giant Food</a>	10400 Old Georgetown Rd.	(301) 897-9139	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems. This store is open 24 hrs. Shoppers under 60 in store at 6:00 am will not be told to leave.
Bethesda	<a href="#">Giant Food</a>	5400 Westbard Ave.	(301) 652-1484	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Bethesda	<a href="#">Harris Teeter</a>	4805 Battery Ln.	(240) 630-8635	6am - 8am	Monday and Thursday	Shoppers aged 60 and over. Pharmacies will open at 7 a.m. ExpressLane Online Shopping pick-up times from 9 a.m. to 2 p.m. for seniors only every Thursday.
Bethesda	<a href="#">Safeway</a>	4701 Sangamore Rd.	(301) 320-1770	7am - 9am	Tuesday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.

Bethesda	<a href="#">Safeway</a>	5000 Bradley Blvd.	(301) 215-4148	7am - 9am	Tuesday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.
Bethesda	<a href="#">Target Bethesda</a>	6831 Wisconsin Ave	(240) 781-3725	7am - 8am	Tuesday Wednesday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Bethesda	<a href="#">Trader Joe's</a>	6831 Wisconsin Ave	(301) 907- 0982	8am - 9am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Bethesda	<a href="#">Whole Foods Bethesda</a>	5269 River Road	(301) 984-4860	7am - 8am	Monday, Wednesday, Friday	Shoppers aged 60 and over.
Chevy Chase	<a href="#">Whole Foods Friendship Heights</a>	4420 Willard Avenue	(301) 657-1520	7am - 8am	Monday, Wednesday, Friday	Shoppers aged 60 and over.
Clarksburg	<a href="#">Clarksburg Market</a>	23329 Frederick Rd.	(301) 972-2059	6am - 7am	Saturday and Sunday	Seniors only, will provide assistance for elderly shoppers.
Clarksburg	<a href="#">Harris Teeter</a>	22700 Sweetshrub Dr.	(301) 916-7280	6am - 8am	Monday and Thursday	Shoppers aged 60 and over. Pharmacies will open at 7 a.m. ExpressLane Online Shopping pick-up times from 9 a.m. to 2 p.m. for seniors only every Thursday.
Cloverly	<a href="#">Safeway</a>	15411 New Hampshire Ave.	(301) 476-8300	7am - 9am	Tuesday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.

Colesville	<a href="#">Giant Food</a>	13490 New Hampshire Ave.	(301) 384-1572	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Damascus	<a href="#">Safeway</a>	26300 Ridge Rd.	(301) 253-2482	7am - 9am	Tuesday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.
Damascus	<a href="#">Safeway</a>	9807 Main St.	(301) 391-6146	7am - 9am	Tuesday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.
Derwood	<a href="#">Giant Food</a>	16837 Crabbs Branch Way	(301) 216-0912	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Gaithersburg	<a href="#">Aldi</a>	608 Quince Orchard Road	301-363-0830	8:30am - 9:30am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Gaithersburg	<a href="#">COSTCO Gaithersburg</a>	880 Russell Ave.	(301) 417-1500	8am - 9am	Tuesday and Thursday	Members over 60 years old and those with disabilities.
Gaithersburg	<a href="#">Giant Food</a>	18250 Flower Hill Way	(301) 926-0340	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Gaithersburg	<a href="#">Giant Food</a>	20044 Goshen Rd.	(301) 990-0322	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.

Gaithersburg	<a href="#">Giant Food</a>	229 Kentlands Blvd.	(301) 208-8203	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Gaithersburg	<a href="#">Giant Food</a>	46 Bureau Dr.	(301) 216-0911	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Gaithersburg	<a href="#">Giant Food</a>	842 Muddy Branch Rd.	(301) 948-8148	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Gaithersburg	<a href="#">Harris Teeter</a>	323 Copley Place	(301) 963-7904	6am - 8am	Monday and Thursday	Shoppers aged 60 and over. Pharmacies will open at 7 a.m. ExpressLane Online Shopping pick-up times from 9 a.m. to 2 p.m. for seniors only every Thursday.
Gaithersburg	<a href="#">Lotte Plaza Market</a>	221 Muddy Branch Road	(301) 962-3355	9am - 10am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Gaithersburg	<a href="#">Safeway</a>	12251 Darnestown Rd.	(301) 417-0866	7am - 9am	Tuesday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.
Gaithersburg	<a href="#">Safeway</a>	20211 Goshen Rd.	(301) 670-1626	7am - 9am	Tuesday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.

Gaithersburg	<a href="#">Target Gaithersburg</a>	25 Grand Corner Ave	(301) 721-1760	8am - 9am	Tuesday Wednesday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Gaithersburg	<a href="#">Whole Foods Kentlands</a>	316 Kentlands Blvd	(301) 258-9500	7am - 8am	Monday, Wednesday, Friday	Shoppers aged 60 and over.
Germantown	<a href="#">Aldi</a>	20904 Frederick Road	301-363-0830	8:30am - 9:30am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Germantown	<a href="#">Big Lots</a>	20926 Frederick Rd.	(301) 916-7301	9am - 10am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Germantown	<a href="#">Dollar General</a>	12619 Wisteria Dr Ste J	(240) 813-3808	8am - 9am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Germantown	<a href="#">Giant Food</a>	13060 Middlebrook Rd.	(301) 428-4961	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Germantown	<a href="#">Giant Food</a>	18331 Leaman Farm Road	(301) 528-2760	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.

Germantown	<a href="#">Giant Food</a>	20944 Frederick Road	(301) 515-9282	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Germantown	<a href="#">Harris Teeter</a>	14101 Darnestown Rd.	(240) 631-1310	6am - 8am	Monday and Thursday	Shoppers aged 60 and over. Pharmacies will open at 7 a.m. ExpressLane Online Shopping pick-up times from 9 a.m. to 2 p.m. for seniors only every Thursday.
Germantown	<a href="#">Lotte Plaza Market</a>	13069 Wisteria Drive	(301) 916-0757	9am - 10am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Germantown	<a href="#">Safeway</a>	19718 Germantown Rd.	(301) 916-8584	7am - 9am	Tuesday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.
Germantown	<a href="#">Target Germantown</a>	20908 Frederick Rd	(301) 515-6882	8am - 9am	Tuesday Wednesday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Germantown	<a href="#">Walmart</a>	20910 Frederick Rd	(301) 515-6700	6am - 7am	Tuesday	Shoppers aged 60 and over.
Kensington	<a href="#">Safeway</a>	10541 Connecticut Ave.	(301) 945-4273	7am - 9am	Tuesday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.
Montgomery Village	<a href="#">Big Lots</a>	19142 Montgomery Village Ave.	(301) 947-7748	9am - 10am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.

North Bethesda	<a href="#">Harris Teeter</a>	11845 Old Georgetown Rd.	(301) 468-3029	6am - 8am	Monday and Thursday	Shoppers aged 60 and over. Pharmacies will open at 7 a.m. ExpressLane Online Shopping pick-up times from 9 a.m. to 2 p.m. for seniors only every Thursday.
Olney	<a href="#">Giant Food</a>	18140 Village Mart Drive	(301) 570-1665	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Olney	<a href="#">Harris Teeter</a>	18169 Towncenter Dr.	(301) 260-1792	6am - 8am	Monday and Thursday	Shoppers aged 60 and over. Pharmacies will open at 7 a.m. ExpressLane Online Shopping pick-up times from 9 a.m. to 2 p.m. for seniors only every Thursday.
Olney	<a href="#">Roots Market</a>	16800 Georgia Avenue	(301) 774-1344	8am - 9am (Wed-Fri) 7pm-7:30pm (Sun)	Wednesday-Friday, Sunday	Senior citizens 60-and-older and individuals with compromised immune systems.
Olney	<a href="#">Safeway</a>	3333 Spartan Rd.	(301) 774-8153	7am - 9am	Tuesday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.
Potomac	<a href="#">Giant Food</a>	7919 Tuckerman La.	(301) 469-9549	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.

Potomac	<a href="#">Giant Food</a>	9812 Falls Road	(301) 983-4246	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Potomac	<a href="#">Harris Teeter</a>	12525 Park Potomac Ave.	(301) 294-5329	6am - 8am	Monday and Thursday	Shoppers aged 60 and over. Pharmacies will open at 7 a.m. ExpressLane Online Shopping pick-up times from 9 a.m. to 2 p.m. for seniors only every Thursday.
Potomac	<a href="#">Safeway</a>	10104 River Rd.	(301) 983-2150	7am - 9am	Tuesday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.
Rockville	<a href="#">Aldi</a>	1501 Rockville Pike	(301) 363-0830	8:30 - 9:30am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Rockville	<a href="#">Dawson's Market</a>	225 N Washington Street	(240) 428-1386	7am - 8am	Tuesday and Thursday	Shoppers aged 60 and over. Dawson's will honor their Wednesday senior 10% discount
Rockville	<a href="#">Giant Food</a>	12051 Rockville Pike	(301) 881-4541	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Rockville	<a href="#">Giant Food</a>	625 Hungerford Drive	(240) 314-5160	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.

Rockville	<a href="#">Giant Food</a>	9719 Traville Gateway Drive	(301) 315-1460	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Rockville	<a href="#">Grosvenor Market</a>	10401 Grosvenor Place	(301) 493-6217	8am - 9am	Tuesday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.
Rockville	<a href="#">Lotte Plaza Market</a>	1902 Veirs Mill Road	(301) 417-8678	9am - 10am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Rockville	<a href="#">Safeway</a>	14939 Shady Grove Rd.	(301) 944-1584	7am - 9am	Tuesday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.
Rockville	<a href="#">Safeway</a>	1800 Rockville Pike	(301) 945-3608	7am - 9am	Tuesday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.
Rockville	<a href="#">Safeway</a>	403 Redland Blvd.	(301) 990-3150	7am - 9am	Tuesday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.
Rockville	<a href="#">Safeway</a>	5510 Norbeck Rd.	(301) 438-4020	7am - 9am	Tuesday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.

Rockville	<a href="#">Target Rockville</a>	5700 Bou Ave	(301) 945-0018	8am - 9am	TuesdayWednesday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Rockville	<a href="#">The Fresh Market</a>	1649 Rockville Pike	(201) 221-0780	8am - 9am	Monday - Friday	Senior citizens 60-and-older and individuals with compromised immune systems.
Rockville	<a href="#">Trader Joe's</a>	10076 Darnestown Road	(301) 762 - 0782	8am - 9am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Rockville	<a href="#">Trader Joe's</a>	12268-H Rockville Pike	(301) 468 - 6656	8am - 9am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Rockville	<a href="#">Whole Foods Rockville</a>	11355 Woodglen Drive	(301) 984-4880	7am - 8am	Monday, Wednesday, Friday	Shoppers aged 60 and over.
Silver Spring	<a href="#">Aldi</a>	2223 Bel Pre Road	(301) 363-0830	8:30am - 9:30am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Silver Spring	<a href="#">Aldi</a>	9440 Georgia Avenue	(301) 363-0830	8:30am - 9:30am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.

Silver Spring	<a href="#">Giant Food</a>	11221 New Hampshire Ave.	(301) 593-1225	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Silver Spring	<a href="#">Giant Food</a>	1280 East West Hwy.	(301) 585-1670	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Silver Spring	<a href="#">Giant Food</a>	13781 Connecticut Avenue	(301) 460-7527	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Silver Spring	<a href="#">Giant Food</a>	3860 International Drive	(301) 598-4666	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Silver Spring	<a href="#">Giant Food</a>	8750 Arliss St.	(301) 587-3450	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Silver Spring	<a href="#">Global Food</a>	13814 Outlet Dr	(301) 847-9315	9 - 9:30am	Everyday	Shoppers aged 60 and over.
Silver Spring	<a href="#">Lotte Plaza Market</a>	13625 Georgia Avenue	(301) 417-8678	9am - 10am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Silver Spring	<a href="#">Safeway</a>	10101 New Hampshire Ave.	(301) 445-6190	7am - 9am	Tuesday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.

Silver Spring	<a href="#">Safeway</a>	116 University Blvd.	(301) 593-7526	7am - 9am	Tuesday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.
Silver Spring	<a href="#">Safeway</a>	909 Thayer Ave.	(301) 565-0686	7am - 9am	Tuesday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.
Silver Spring	<a href="#">Snider's Super Foods</a>	1936 Seminary Road	(301) 589-3420	8am - 9am	Monday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.
Silver Spring	<a href="#">Target -Silver Spring</a>	12000 Cherry Hill Rd	(301) 586-0724	8am - 9am	Tuesday Wednesday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Silver Spring	<a href="#">Target Wheaton</a>	11160 Veirs Mill Rd	(301) 946-8006	8am - 9am	Tuesday Wednesday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Silver Spring	<a href="#">Trader Joe's</a>	10741 Columbia Pike	(301) 681-1675	8am - 9am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Silver Spring	<a href="#">Whole Foods Silver Spring</a>	833 Wayne Avenue	(301) 608-9373	7am - 8am	Monday, Wednesday, Friday	Shoppers aged 60 and over.

Takoma Park	<a href="#">Aldi</a>	7609 New Hampshire Avenue	(301) 363-0830	8:30am - 9:30am	Tuesday and Thursday	Vulnerable shoppers, including senior citizens, expectant mothers and those with underlying health concerns.
Takoma Park	<a href="#">Red Apple Market</a>	7645 New Hampshire Ave	(301) 434-1810	8am - 9am	Everyday	Shoppers aged 60 and over.
Wheaton	<a href="#">COSTCO Wheaton</a>	11160 Veirs Mill Rd.	(301) 692-1330	9am - 10am	Monday - Friday	Members over 60 years old and those with disabilities.
Wheaton	<a href="#">Giant Food</a>	2900 University Boulevard West	(301) 692-4180	6am - 7am	Everyday	Senior citizens 60-and-older and individuals with compromised immune systems.
Wheaton	<a href="#">Safeway</a>	11201 Georgia Ave.	(301) 933-0436	7am - 9am	Tuesday and Thursday	Senior citizens 60-and-older and individuals with compromised immune systems.