CORONAVIRUS (COVID-19) INFORMATION
FOR HIGH RISK RESIDENTS AND SENIORS

Older adults and people who have serious chronic medical conditions are at higher risk for serious illness from COVID-19.

Are you at Higher Risk for Severe Illness?
Based on what we know now, those at high-risk for severe illness from COVID-19 are:
- People aged 65 years and older
- People of all ages with underlying medical conditions, particularly if not well controlled, including:
  - Chronic lung disease or asthma
  - Serious heart conditions
  - HIV or AIDS
  - Undergoing Cancer Treatment
  - Severe Obesity
  - Diabetes
  - Undergoing Dialysis
  - Liver Disease

Here’s What You Can Do to Help Protect Others
- Stay home except to get medical care
- Wash your hands often
- Avoid close contact (at least 6 feet) with other people
- Clean and disinfect frequently touched surfaces
- Feeling sick? Contact a medical professional

CONTACT 311 FOR A HEALTH CLINIC NEAR YOU
Please tell the operator if you need an interpreter of your language.

montgomerycountymd.gov/covid19