Finding a Cigna Dental Care® network dentist or specialist is quick and easy. And how you do it is up to you. You can search online or call to speak with a customer service representative. Remember to always pick a network general dentist who’s within 25 miles of your location to ensure adequate access.

Here’s how

**From myCigna.com – the easiest way**

Once you enroll in a Cigna Dental Care plan, register at myCigna.com. Then the site will give you information for your specific dental plan. You can search for a dentist using your location, dentist name or procedure. Results can be further narrowed down using the prompts on the results page.

On the go? Not a problem. This information is also on the myCigna® App.**

From Cigna.com

▷ To search for a dentist on Cigna.com, visit the site and follow the prompts to “Find a Doctor, Dentist or Facility.”

▷ Under “Not a Cigna Customer Yet?” choose “Plans Through Your Employer or School.”

▷ On the next page, under “Select a Plan,” choose “Dental Plan” and then CIGNA DENTAL CARE DHMO > Cigna Dental Care Access.

▷ Review the lists given by specialty. Or narrow your search by typing in provider name, specialty or office name.

▷ Once you get your search results, you can further refine your search by:
  - Distance
  - Years in practice
  - Specialty
  - Additional languages

▷ Click on a dentist’s name for more details. Such as office hours and location listings with map view.

**Call us at 800.Cigna24 (800.244.6224)**

Need help finding a Cigna Dental Care network dentist or specialist? Just give us a call. You can use the automated Dental Office Locator. Or, you can speak directly with a customer service representative. You can also ask for a directory customized by dentist type and location.

**Call your current dentist**

Your current dentist could be in-network. Call the office and ask if they participate in the Cigna Dental Care Access network.

Together, all the way.®

Offered by Cigna Health and Life Insurance Company or its affiliates.