

CloseKnit: Virtual-First Care Centered Around You

Beginning January 1, 2024, CareFirst will streamline virtual care services and offer CloseKnit as our leading virtual-first practice. As a result, CareFirst Video Visit will no longer be available to members after December 31, 2023. This change does not impact members' ability to use telemedicine services offered by other providers in the CareFirst network.



Learn more and register at portal.closeknit.com or scan the QR code to get started.

CloseKnit

CloseKnit gives you 24/7 access to the support you deserve—from primary and urgent care to therapy and more* through your desktop or the convenient CloseKnit mobile app. The app can be downloaded from [Apple App Store](#) or [Google Play](#).



CloseKnit Offers:



Primary Care

Full-service primary care from a dedicated care team, including 24/7/365 chat services.
For adults age 18+.



Urgent Care

The care you need to treat minor injuries and illnesses fast. Average wait time is 30 minutes or less.
For adults and children (age 2+).



Behavioral Health Services

Expert help, including therapy for depression, anxiety or other behavioral health diagnoses.
Psychiatric services available January 2024.



Lactation Support

Assistance for nursing mothers with breastfeeding challenges.
Available January 2024.



Diet & Nutrition

Guidance and support for healthy eating, weight loss and more.
Available January 2024.

*Providers will use their professional judgment to determine if a telemedicine visit is appropriate or if an in-person visit is required.

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