Enrolling in Health Insurance Benefits at Retirement Class



What's In Your Health Insurance Packet?

Your packet is divided into Right and Left Sides Left Side of Packet

- Left Olde of Fack
- Cover Letter
- Employee Summary of Benefits Form
- Premium Cost Share Form(s)
- 2024 Health and Life Insurance Retiree Election Form
- Retiree Cost Share Election Form
- Application for Retiree Health Insurance Benefits

Only for members of the RSP, GRIP, or MD State Retirement Plans



What's In Your Health Insurance Packet? (cont.)

Your packet is divided into Right and Left Sides

Left Side of Packet

- Medicare Enrollment Information Letter Only if Medicare Eligible
- Medicare "Request for Employment Information" Form Only if Medicare Eligible
- MD State Summary of Benefits Form Only if MD State Retirement
 - MD State 2024 Retiree Election Form
 - MD State Rate Sheet
 - **MD State Beneficiary Forms**
- Kaiser Medicare Plus Enrollment Form Only if Age 65
- 2024 Retirement Calendar
- Life Insurance Beneficiary Form



What's In Your Health Insurance Packet? (cont.) Your packet is divided into Right and Left Sides.

Right Side of Packet

- Retiree Monthly Rate Sheet
- Vision Options for Employees at Retirement
- Caremark Standard Option Prescription Benefit Plan
- EyeMed Insight Discount Vision ID Card
- EyeMed Retiree Vision Plan Chart
- Important Benefits Contact Information
- Retiree Change of Address or Name Form
- MCREA Membership Letter and Application Form





OFFICE OF HUMAN RESOURCES

Marc Elrich County Executive Berke Attila Director

Today's Date

Santa Claus 100 Candy Cane Lane North Pole, USA 99999

Dear Mr. Clause:

This letter confirms your Normal Retirement effective **June 1, 2020**. In order to have your retiree group insurance benefits effective on your date of retirement, it is necessary for you to complete and return the enclosed Group Health and Life insurance forms to me by **May 1, 2020**.

2020 Group Insurance Election Form - Please indicate your retiree benefit elections on the 2020 Group Insurance Election Form, then sign and date the form. A retiree rate sheet is enclosed for your comparison.

Premium Cost Form - Please review the "Premium Cost" form(s). If more than one form is included in your packet, please select the form with the cost share percentage and/or prescription drug plan, (High Option vs. Standard Option) of your choice, and then indicate your choice on the 2020 Group Insurance Election Form. When premium amounts change, the adjusted amount will be charged.

Health and Life Insurance Premium Payment – You will be billed directly for your health and life insurance through the County's third-party administrator, Benefits Strategies. For more information, contact them at 1-(888) 401-3539 or https://benstrat.com/participants.php.

Cost Sharing Arrangement Form — This form indicates the percentage of the premium cost that you and the County will share for your group insurance benefits. Unless indicated, the cost share currently has no expiration date.

Life Insurance Beneficiary Form (Optional) – It is recommended that you update your named beneficiary for life insurance. Follow the instructions on the back of the form for completion.

101 Monroe Street • Rockville, Maryland 20850 • 240-777-0311

montgomerycountymd.gov/311 MC311 240-773-3556 TTY



Enrolling in Health Insurance Benefits at Retirement

Cover Letter

Please read your cover letter carefully and pay close attention to the following:

- Deadline that your completed forms must be returned to OHR,
- Billing for Health and Life Insurance Premiums,
- Medicare Eligibility,
- Legal Documents that must be returned with your completed forms, and
- Contact Information for the OHR Health Insurance Specialist



Employee ID	Employee Nam	е	SSN		Gender	DOB	Age		Eligibility Date
6662 Address	Santa Claus	City, State	999-99	-9999	M Zip Code	12/201968 Telephone	55	1/30/2006 Email Addr	ess
123 Elf Road		North Pole, HO			88888	(H)			montgomerycounty
Organization		Position			Employee'			Status	
FRS 45 Station	31	002837.Master Firefighter/Reso	uer.003	169.FT.P.	Mama Clau	IS		Active Assig	nment
Original DOH		Hire Date		Adjusted Servi		Retirement	Total Coun		FTE
1/30/2006	1/30/20			1/30/2006		Code GK	S109,174		40
Variance Ori	ginal Hire Date/A	djusted Servic	e Date		ars of Servi		R	etirement Ye	ars of Service 11 Months
				in the same of		1110		TO TOUTO	TT MONETO
Plan Type	Р	lan Name		Coverage	t Benefits Level	Cov	vered Depen	dents	Relationship
Dental	Cign	a Dental PPO	000	Self	+ 1		Claus, Mam	a	Spouse
Medical Prescription	Carefirst BC Caremark Rx Sta	BS High Option ndard Option \$1			+ 1		Claus, Mama		Spouse Spouse
Vision	EyeM	led Vision Plan		Self	+ 1		Claus, Mam	a	Spouse
Life Insurance				98.0	1.0.0000000000000000000000000000000000		0.000.000.000		
	Dependent Group Term		S 110	S100 0.000.00	000 Spouse/\$	5000 Child/\$10	00 Newborn		
	Optional Life &			,000.00	4x An	nual Eamings			
				Covered	Dependents				
Deletional '-		and and Name		Dependent	Dependent	t Dependent			Modicare Entitled
Relationship Spouse		andent Name ama Claus		<u>SSN</u> 991-91-9991	Gender F	DOB 3/301975	<u>Aqe</u> 48	(Y/N) N	Medicare Entitled N
	eded for Retirem		ssport			Health Insu	rance Eligibil	ity Calculatio	on
О А сору	of your birth certif	icate or U.S. Pas				Health Insu	rance Eligibil	ity Calculatio	on
О А сору О А сору	of your birth certif of your official Sta	icate or U.S. Pas ite marriage cer	tificate			2023 -	1	ity Calculatio	on
O A copy O A copy O A copy O Retiree	of your birth certif of your official Sta of your child(ren)' Health and Life In	icate or U.S. Pas te marriage cen s birth certificate nsurance Electio	bficate			2023 - 2006 - :	1 <u>2</u>	ity Calculatio	on
O A copy O A copy O A copy O Retiree O Retiree O Applica	of your birth certif of your official Sta of your child(ren)! Health and Life In Cost Share Elect tion for Retiree He	icate or U.S. Par te marriage cer s birth certificate surance Election ion Form ealth Insurance	n Form	-orm		2023 -	1 <u>2</u>	ity Calculatio	on
O A copy O A copy O A copy O Retiree O Retiree O Applica O MD Sta	of your birth certif of your official Sta of your child(ren)! Health and Life In Cost Share Elect tion for Retiree Hi te Retiree Enrolln	icate or U.S. Par ate marriage cer s birth certificate nsurance Election ion Form ealth Insurance I nent Form	n Form Benefits I		n	2023 - 2006 - 1 16 -	1 <u>2</u> 11		on
O A copy O A copy O A copy O Retiree O Replica O MD Sta O Return O Return	of your birth certif of your official Ste of your child(ren) Health and Life Ir Cost Share Elect tion for Retiree Herolln Medicare Part A& Completed Kaise	icate or U.S. Pas te marriage cer s birth certificate nsurance Electio ion Form ealth Insurance I nent Form B enrollment for r Medicare Plus	n Form Benefits I	cial Security Admi	n.	2023 - 2006 - 1 16 -	1 <u>2</u>		on
O A copy O A copy O A copy O Retiree O Retiree O Applica O MD Sta O Return O Return O Not elig	of your birth certif of your official Ste of your child(ren) Health and Life Ir Cost Share Elect tion for Retiree Hi te Retiree Enrolin Medicare Part A& Completed Kaise jible for Group Ins	icate or U.S. Par te marriage cer surance Election ion Form ealth Insurance I nent Form ment Form for Medicare Plus urance if disabili	n Form Benefits I	cial Security Admi	n.	2023 - 2006 - 1 16 -	1 <u>2</u> 11		on
O A copy O A copy O A copy O Retiree O Retiree O Applica O MD Sta O Return O Return O Inteligible	of your birth certif of your official Sta of your child(ren)! Health and Life if Cost Share Elect tion for Retiree Hi te Retiree Enrolln Medicare Part A& Completed Kaise jible for Group Ins for COBRA at the	icate or U.S. Par te marriage cer surance Election ion Form ealth Insurance I nent Form ment Form for Medicare Plus urance if disabili	n Form Benefits I	cial Security Admi	n.	2023 - 2006 - 1 16 -	1 <u>2</u> 11		on
O A copy O A copy O A copy O Retiree O Retiree O Applica O MD Sta O Return O Return O Inteligible	of your birth certif of your official Ste of your child(ren) Health and Life Ir Cost Share Elect tion for Retiree Hi te Retiree Enrolin Medicare Part A& Completed Kaise jible for Group Ins	icate or U.S. Par te marriage cer surance Election ion Form ealth Insurance I nent Form ment Form for Medicare Plus urance if disabili	n Form Benefits I	cial Security Admi	n.	2023 - 2006 - 1 16 -	1 <u>2</u> 11		on
O A copy O A copy O A copy O Retiree O Retiree O Applica O MD Sta O Return O Return O Inteligible	of your birth certif of your official Sta of your child(ren)! Health and Life if Cost Share Elect tion for Retiree Hi te Retiree Enrolln Medicare Part A& Completed Kaise jible for Group Ins for COBRA at the	icate or U.S. Par te marriage cer surance Election ion Form ealth Insurance I nent Form ment Form for Medicare Plus urance if disabili	n Form Benefits I	cial Security Admi	n.	2023 - 2006 - 1 16 -	1 <u>2</u> 11		on
O A copy O A copy O A copy O Retiree O Retiree O Applica O MD Sta O Return O Return O Inteligible	of your birth certif of your official Sta of your child(ren)! Health and Life if Cost Share Elect tion for Retiree Hi te Retiree Enrolln Medicare Part A& Completed Kaise jible for Group Ins for COBRA at the	icate or U.S. Par te marriage cer surance Election ion Form ealth Insurance I nent Form ment Form for Medicare Plus urance if disabili	n Form Benefits I	cial Security Admi	n.	2023 - 2006 - 1 16 -	1 <u>2</u> 11		on
O A copy O A copy O A copy O Retiree O Retiree O Applica O MD Sta O Return O Return O Inteligible	of your birth certif of your official Sta of your child(ren)! Health and Life if Cost Share Elect tion for Retiree Hi te Retiree Enrolln Medicare Part A& Completed Kaise jible for Group Ins for COBRA at the	icate or U.S. Par te marriage cer surance Election ion Form ealth Insurance I nent Form ment Form for Medicare Plus urance if disabili	n Form Benefits I	cial Security Admi	n.	2023 - 2006 - 1 16 -	1 <u>2</u> 11		on
O A copy O A copy O A copy O Retiree O Retiree O Applica O MD Sta O Return O Return O Inteligible	of your birth certif of your official Sta of your child(ren)! Health and Life if Cost Share Elect tion for Retiree Hi te Retiree Enrolln Medicare Part A& Completed Kaise jible for Group Ins for COBRA at the	icate or U.S. Par te marriage cer surance Election ion Form ealth Insurance I nent Form ment Form for Medicare Plus urance if disabili	n Form Benefits I	cial Security Admi	n.	2023 - 2006 - 1 16 -	1 <u>2</u> 11		on
O A copy O A copy O A copy O Retiree O Retiree O Applica O MD Sta O Return O Return O Inteligible	of your birth certif of your official Sta of your child(ren)! Health and Life if Cost Share Elect tion for Retiree Hi te Retiree Enrolln Medicare Part A& Completed Kaise jible for Group Ins for COBRA at the	icate or U.S. Par te marriage cer surance Election ion Form ealth Insurance I nent Form ment Form for Medicare Plus urance if disabili	n Form Benefits I	cial Security Admi	n.	2023 - 2006 - 1 16 -	1 <u>2</u> 11		on
O A copy O A copy O A copy O Retiree O Retiree O Applica O MD Sta O Return O Return O Inteligible	of your birth certif of your official Sta of your child(ren)! Health and Life if Cost Share Elect tion for Retiree Hi te Retiree Enrolln Medicare Part A& Completed Kaise jible for Group Ins for COBRA at the	icate or U.S. Par te marriage cer surance Election ion Form ealth Insurance I nent Form ment Form for Medicare Plus urance if disabili	n Form Benefits I	cial Security Admi	n.	2023 - 2006 - 1 16 -	1 <u>2</u> 11		on
O A copy O A copy O A copy O Retiree O Retiree O Applica O MD Sta O Return O Return O Inteligible	of your birth certif of your official Sta of your child(ren)! Health and Life if Cost Share Elect tion for Retiree Hi te Retiree Enrolln Medicare Part A& Completed Kaise jible for Group Ins for COBRA at the	icate or U.S. Par te marriage cer surance Election ion Form ealth Insurance I nent Form ment Form for Medicare Plus urance if disabili	n Form Benefits I	cial Security Admi	n.	2023 - 2006 - 1 16 -	1 <u>2</u> 11		on
O A copy O A copy O A copy O Retiree O Retiree O Applica O MD Sta O Return O Return O Inteligible	of your birth certif of your official Sta of your child(ren)! Health and Life if Cost Share Elect tion for Retiree Hi te Retiree Enrolln Medicare Part A& Completed Kaise jible for Group Ins for COBRA at the	icate or U.S. Par te marriage cer surance Election ion Form ealth Insurance I nent Form ment Form for Medicare Plus urance if disabili	n Form Benefits I	cial Security Admi	n.	2023 - 2006 - 1 16 -	1 <u>2</u> 11		on.
O A copy O A copy O A copy O Retiree O Retiree O Applica O MD Sta O Return O Return O Inteligible	of your birth certif of your official Sta of your child(ren)! Health and Life if Cost Share Elect tion for Retiree Hi te Retiree Enrolln Medicare Part A& Completed Kaise jible for Group Ins for COBRA at the	icate or U.S. Par te marriage cer surance Election ion Form ealth Insurance I nent Form ment Form for Medicare Plus urance if disabili	n Form Benefits I	cial Security Admi	n.	2023 - 2006 - 1 16 -	1 <u>2</u> 11		on.
O A copy O A copy O A copy O Retiree O Retiree O Applica O MD Sta O Return O Return O Inteligible	of your birth certif of your official Sta of your child(ren)! Health and Life if Cost Share Elect tion for Retiree Hi te Retiree Enrolln Medicare Part A& Completed Kaise jible for Group Ins for COBRA at the	icate or U.S. Par te marriage cer surance Election ion Form ealth Insurance I nent Form ment Form for Medicare Plus urance if disabili	n Form Benefits I	cial Security Admi	n.	2023 - 2006 - 1 16 -	1 <u>2</u> 11		on.



Enrolling in Health Insurance Benefits at Retirement

Employee Summary of Benefits Form

This form is an overview of your demographics, current health and life insurance benefit elections, and a list of dependents that you currently cover on your health insurance plans.

- On the bottom left side of this form is a list of "Documents Needed for Retirement"
- On the bottom right side of this form is the Health Insurance Eligibility Calculation" used to determine the percentage of the insurance premium that you will pay.



Documents Required to Prove Eligibility

Please Provide 1 Copy of the required documents listed below even if previously provided:

Retiree: State certified birth certificate, or U.S. Passport, or DD-214 (military discharge form) for identification purposes.

If Electing Group Insurance Coverage for a Dependent:

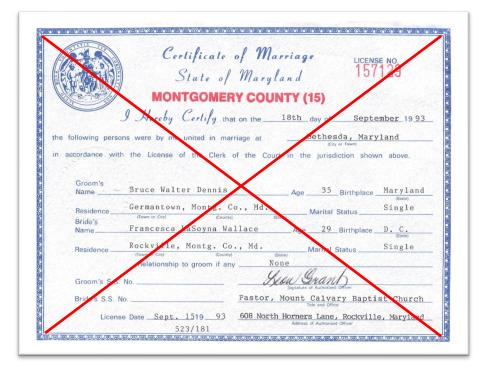
- **Spouse**: Official State Marriage Certificate (must be signed by the appropriate State or County official, such as the Clerk of the Court),
- Domestic Partner: The Domestic Partner Affidavit Form submitted to OHR prior to 2016.
- Child to age 26: Proof of child's age (official State birth certificate).
- **IMPORTANT NOTE:** Marriage certificates signed by the officiant that performed the ceremony (e.g. minister/clergy) will <u>not</u> be accepted. A Driver's License or Social Security card will <u>not</u> be accepted.

Go to: www.vitalchek.com to order the required documents that you are unable to locate.



Proof of Eligibility (cont.)

Official State Marriage Certificate (certified by appropriate State or County Official)





Not Acceptable

Acceptable



Enrolling in Health Insurance Benefits at Retirement

Office of Human Resources **Montgomery County Government** Premium Cost Share

Employee ID: Z100000 Name: Santa Claus

Date of Retirement: Normal Retirement Date: N/A

Total Membership Years: 12 years 11 months

Salary: \$98,813.00

Adj Salary: (for IAFF and FOP only)

Life Insurance:

Based on Active Life Insurance of \$99,000.00

Basic Life Insurance at Retirement \$59,400.00 (\$99,000.00 * 12 yrs * .05)

The basic amount will never go lower than \$14,850.00

Optional Life Insurance at Retirement \$99,000.00 (100% * \$99,000.00 * 1)

The optional amount will never go lower than \$24,750.00

Basic Life

Optional Life

* \$59,400.00 06-01-2020 \$99,000.00 06-01-2020

* \$14,850.00 12-20-2023 - At age 65 \$49,500.00 12-20-2028

\$24,750.00 12-20-2033

- At age 75

Group Insurance:

20% UNTIL 04-30-2033 THEN 100%

2020 Rates

* \$ 217.95 Health CareFirst High Option Employee+1 Dental PPÓ - Cigna Employee+1 Discount Vision Employee+1

Caremark Standard Option \$10/\$20/\$35 Employee+1

3.96 Life Insurance (Non contributory at Age 65)

44.25 Optional Life Additional 1 Times Salary

\$ 0.32 Dep Life \$2,000/\$1,000

Your premium will be \$360.30 (subject to future adjustments)

NOTE - Retirees are not eligible for active vision care, however retirees may maintain this coverage through

Office of Human Resources **Montgomery County Government Premium Cost Share**

Employee ID: Z100000 Santa Claus

Date of Retirement: 06-01-2020 Normal Retirement Date: N/A

Total Membership Years: 12 years 11 months

\$98,813.00 Salary:

Adj Salary: (for IAFF and FOP only)

Life Insurance:

Based on Active Life Insurance of \$99,000.00

Basic Life Insurance at Retirement \$59,400.00 (\$99,000.00 * 12 yrs * .05)

The basic amount will never go lower than \$14,850.00

Optional Life Insurance at Retirement \$99,000.00 (100% * \$99,000.00 * 1) The optional amount will never go lower than \$24,750.00

Basic Life Optional Life

* \$59,400.00 06-01-2020 \$99,000.00 06-01-2020

* \$14,850.00 12-20-2023 - At age 65 \$49,500.00 12-20-2028 \$24,750.00 12-20-2033

Group Insurance:

30% LIFETIME COSTSHARE

2020 Rates

* \$ 326.92 Health CareFirst High Option Employee+1 24.71 Dental Dental PPO - Cigna Employee+1 Discount Vision Employee+1

464.29 Rx Caremark Hi Option \$5/\$10 Employee+1

5.93 Life Insurance (Non contributory at Age 65)

44.25 Optional Life Additional 1 Times Salary

0.48 Dep Life \$2,000/\$1,000

Your premium will be \$866.58 (subject to future adjustments)

NOTE - Retirees are not eligible for active vision care, however retirees may maintain this coverage through



Enrolling in Health Insurance Benefits at Retirement

Imputed Income

For Basic Life Insurance Above \$50,000

- Imputed income affects the amount of Basic Life Insurance above \$50,000.
- If you receive County-provided Basic life insurance with a value equal to or greater than \$50,000 in any given year, the value of the coverage is considered imputed income and is taxable income,
- The County will send you a form W-2 every year that your Basic Life insurance value is above \$50,000
- For more information, visit:
 http://www.montgomerycountymd.gov/HR/Resources/Files/Benefits/Imputed_Income_Retir
 ee BasicLife.pdf



How Do I Pay My Monthly Insurance Premiums?

Members of the Employees' Retirement System (ERS): Your health insurance premiums are deducted directly from your monthly pension paychecks. If there are not enough funds to cover the health insurance premiums, the member is direct billed as described below.

Members of the Retirement Savings Plan (RSP), Guaranteed Retirement Income Plan (GRIP), or MD State: You are billed directly for your health insurance through the County's third-party administrator, Voya Financial. Voya Financial will also send COBRA notices for the EyeMed vision plan. Expect a coupon book the 1st week of the month that you retire. For more information, contact them at 1-888-401-3539 or www.voya.com.

All insurance premiums are paid on an after-tax basis.



	60	MER	FC	1
3	•		2	1
(3		7)
1.	1	2		1
	4	RYL	ANI	

2024 Health and Life Insurance RETIREE - Election Form

WINISO .	
RETIREE INFORMATION	
Use this form for initial insurance enrollment or for an eligible qualify the attachment icon (paperclip) to the left or the bottom of the particles.	
	Birth: Gender: Male Female
Retiree Name:	billi.
City, State, ZIP Code:	
Telephone Home #:	Cell #:
Email Address:	and will only be used by OHR to contact the retiree regarding their health insurance.
Medical Plan (choose one)	Prescription / Rx Plan (choose one)
Medicare Part B is required when you or your covered dependents become	For Kaiser and Indemnity plan participants, no Rx election is needed as Rx
entitled to Medicare. You must provide a copy of your Medicare card to OHR.	coverage is included in your plan
No Medical coverage	No Prescription coverage
☐ Kaiser HMO (includes Prescription) ☐ United HealthCare HMO	Standard Option Rx plan
_	Outional Life Incurance (above and)
☐ CareFirst POS High Option ☐ CareFirst POS Standard Option	Optional Life Insurance (choose one)
Carol list 100 Standard Option	☐ Cancel Optional Life Coverage
Dental Plan (choose one)	■ Keep Current Optional Life Coverage
■ No Dental coverage	Dependent Life Insurance (choose one)
Dental PPO (traditional dental plan)	Dependent Life insurance (choose one)
	☐ Cancel Dependent Life Coverage
Vision Plan	Keep Current Dependent Life Coverage
Discount Vision	Nosp canona populatina Entre coverage
Fully Insured Vision	
□ No Vision	

prescription, d	ependent coverage, complete to option certificate, marriage certi lental and/or vision sections of to pendents you cover under each	ficate, etc.). Note the	at you must elect dependent may no	the sam ot have t	ne coverage for he vision plan ι	inless you do). Also, the
Dabaudaur	Add Eligible Dependent(s)					
is also an MCG Employee	ME OF ELIGIBLE DEPENDENT	SOCIAL SECURITY NUMBER (Required)	DATE OF BIRTH	SEX M F	RELATIONSHIP	INSURANCE ELECTION (Choose All that Apply)
П	,				Spouse Child	☐ Medical ☐ Dental ☐ Rx ☐ Vision
青一					O Spouse	☐ Medical ☐ Dental
井					O Child O Spouse	Rx Vision
Ш					Child	Rx Vision
					Spouse Child	Medical Dental
=	//				O Spouse	Medical Dental
<u> </u>			l		Child	Rx Vision
SIGNATURE					_	Medical
LTD2 benefit for that the County my elections. I ueligibility or that I am not entitled I understand the county any applicable (with applicable)		directly for insurance orize the release of er to which I or any othe the steps necessary in, I must repay any clothe the Plan, but it is the ne County reserves the reements. The County	, I will promptly pa prollment information person is not ent to remove ineligible aims which have be County's position the proper aims which are any time to may also amend	y the cost on to the itled is on to the person een paid nat there and for a the Plan	st or benefits will extent necessa onsidered fraud ns, or in any way linappropriately, is no implied cor any reason to an , prospectively o	I terminate. I understand ry to properly administer and if I misrepresent my obtain benefits to which and I may face charges. ntract between members nend the Plan, subject to or retroactively to comply
LTD2 benefit for that the County my elections. I ueligibility or that I am not entitled I understand the county any applicable (with applicable)	r my insurance elections. If I pay may adjust my elections. I authounderstand that electing benefits of any other person, or fail to tak I, benefits will terminate. In addition at the County expects to continue to do so. I also understand that it County's collective bargaining agi	directly for insurance orize the release of er to which I or any othe the steps necessary in, I must repay any clothe the Plan, but it is the ne County reserves the reements. The County	, I will promptly pa prollment information person is not ent to remove ineligible aims which have be County's position the proper aims which are any time to may also amend	y the cost on to the itled is on to the person een paid nat there and for a the Plan	st or benefits wil extent necessa onsidered fraud ns, or in any way l inappropriately, is no implied cor any reason to an	I terminate. I understand ry to properly administer and if I misrepresent my obtain benefits to which and I may face charges. ntract between members nend the Plan, subject to or retroactively to comply
LTD2 benefit for that the County my elections. I Ligibility or that I am not entitled I understand the and the County any applicable (with applicable I with a wit	r my insurance elections. If I pay may adjust my elections. I auth understand that electing benefits of any other person, or fail to take I, benefits will terminate. In additic at the County expects to continue to do so. I also understand that It County's collective bargaining agriaw.	directly for insurance inize the release of er to which I or any othe the steps necessary in, I must repay any ci the Plan, but it is the er County reserves the reements. The Count	, I will promptly pa nrollment informatic er person is not ent to remove ineligib laims which have b County's position it e right at any time y may also amend	y the cost on to the itled is on to the person een paid nat there and for a the Plan	st or benefits will extent necessa onsidered fraud ns, or in any way linappropriately, is no implied cor any reason to an , prospectively o	I terminate. I understand ry to properly administer and if I misrepresent my obtain benefits to which and I may face charges. ntract between members nend the Plan, subject to or retroactively to comply
LTD2 benefit for that the County my elections. I Lieligibility or that I am not entitled I understand the and the County any applicable (with applicable I ⇔ Signatur	r my insurance elections. If I pay may adjust my elections. I author understand that electing benefits of any other person, or fail to take, benefits will terminate. In addition to the County expects to continue to do so. I also understand that it County's collective bargaining agriaw.	directly for insurance rize the release of to which I or any of the to which I or any of the e the steps necessary n, I must repay any ci the Plan, but it is the ne County reserves the reements. The Count	, I will promptly pa rorollment information presson is not ent to remove ineligib aims which have b Countr's position the regist at any time y may also amend	y the cos on to the itled is o le persor een paid nat there and for a the Plan	st or benefits will extent necessa onsidered fraud ns, or in any way linappropriately, is no implied oor any reason to an n, prospectively o	I terminate. I understand yand if I misrepresent my obtain benefits to which and I may face charges. Intract between members nend the Plan, subject to r retroactively to comply
LTD2 benefit for the County my elections. I Leligibility or that I am not entitled I understand the and the County any applicable I with applicable I with applicable Commen Commen Reminder:	r my insurance elections. If I pay may adjust my elections. I author understand that electing benefits of any other person, or fail to take, benefits will terminate. In addition that the County expects to confinue to do so. I also understand that it County's collective bargaining agriaw.	directly for insurance intze the release of to which I or any ofthe et he steps necessary, I must repay any cithe Plan, but it is the ne County reserves the ements. The Count	, I will promptly pa rorollment informatic presson is not ent to remove ineligib aims which have b Countr's position it the right at any time y may also amend	y the coson to the itled is on le person een paid nat there and for a the Plan Date:	st or benefits will extent necessa onsidered fraud ns, or in any way inappropriately, is no implied cor any reason to an , prospectively o	I terminate. I un'derstand y to properly administer and if I misrepresent my obtain benefits to which and I may face charges. Intract between members nend the Plan, subject to r refroactively to comply
LTD2 benefit for that the County my elections. I Leligibility or that I am not entitled I am not entitled I understand the and the County any applicable (with applicable Commen Reminder: you/covers methods b	r my insurance elections. If I pay may adjust my elections. I author understand that electing benefits of any other person, or fail to take, benefits will terminate. In addition at the County expects to confinue to do so. I also understand that it County's collective bargaining agliaw.	directly for insurance nize the release of to which I or any of the the the steps necessary, I must repay any climber of the Plan, but it is the ne County reserves the ments. The County reserves the county reserves the county reserves the rements. The County reserves the rements of the County reserves the rements of the County reserves the rements. The County reserves the rements of the County reserves the rements of the County reserves the county reserves the county reserves the county remembers of the County remembers of the County remembers of the remembers of the County r	, I will promptly pa rorollment informatic presson is not ent to remove ineligib aims which have b Countr's position it the right at any time y may also amend	y the coson to the itled is on le person een paid nat there and for a the Plan Date:	st or benefits will extent necessa onsidered fraud ns, or in any way inappropriately, is no implied cor any reason to an , prospectively o	I terminate. I un'derstand y to properly administer and if I misrepresent my obtain benefits to which and I may face charges. Intract between members nend the Plan, subject to r refroactively to comply
LTD2 benefit for the County my elections. I Leligibility or that I am not entitled I understand the and the County any applicable I with applicable I with applicable Commen Reminder: you/covere	r my insurance elections. If I pay may adjust my elections. I author understand that electing benefits of any other person, or fail to take, benefits will terminate. In addition that the County expects to confinue to do so. I also understand that it County's collective bargaining agriaw. Tet: Upload any required docume ed dependent have not yet receded expendent have not yet receded dependent have not yet receded.	directly for insurance mize the release of er to which I or any othe the steps necessary, in, I must repay any cithe Plan, but it is the ne County reserves the rements. The Count entation and Medical except.	i, I will promptly paint in the property paint in the person is not entitored in the person in the property position in the right at any time by may also amend any may also amend are cards before the person in the pe	y the cos on to the itled is or le persor een paid nat there and for a the Plan Date:	st or benefits will extent necessa onsidered fraud ns, or in any way in inappropriately, is no implied cor any reason to an , prospectively of the control o	I terminate. I un'derstand y to properly administer and if I misrepresent my obtain benefits to which and I may face charges. Intract between members nend the Plan, subject to r refroactively to comply



Enrolling in Health Insurance Benefits at Retirement

2024 Health and Life Insurance Retiree – Election Form

Please complete your Retiree Election Form thoroughly to ensure accurate processing.

- If selecting a plan, check the box next to the plan name.
- If waiving a plan, check the "No Coverage" box for that plan.
- You may only decrease the value of your Optional Life policy prior to submitting retirement forms.
- If you are not currently enrolled in Optional Life or Dependent Life plans, you are not eligible for either as a retiree.

Add All Eligible Dependents

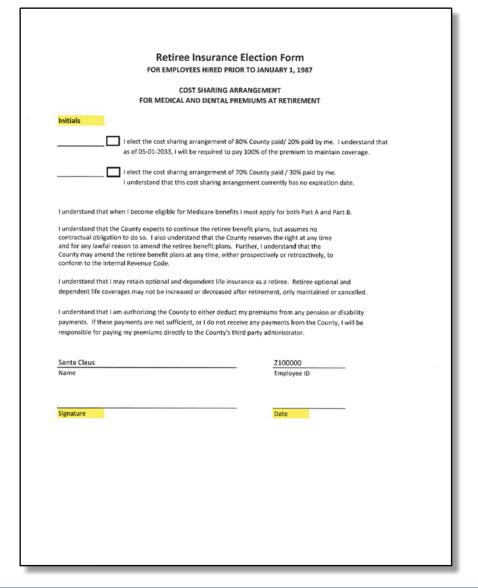
- If you plan to continue coverage for an eligible dependent, each dependent <u>must</u> be added to the "Dependent Coverage" section on the back of the form, even if the dependent is currently covered.
- If the "Dependent Coverage" section is left blank, then none of your dependents will be covered.
- Sign and Date the form.



Retiree Insurance Election Form FOR EMPLOYEES HIRED ON OR AFTER JANUARY 1, 1987

COST SHARING ARRANGEMENT FOR MEDICAL AND DENTAL PREMIUMS AT RETIREMENT

I understand that the premi paid by me.	ium sharing arrangement will be 70% County paid and 30%
I understand that when I become eligible for Medi	care benefits I must apply for both Part A and Part B.
I understand that the County expects to continue to contractual obligation to do so. I also understand and for any lawful reason to amend the retiree ber County may amend the retiree benefit plans at am conform to the Internal Revenue Code.	that the County reserves the right at any time nefit plans. Further, I understand that the
I understand that if I currently have Vision and /or offered continuation of coverage through COBRA.	Healthcare Flexible Spending Account, I will be
	dent life insurance as a retiree. Retiree optional and decreased after retirement, only maintained or cancelled.
dependent life coverages may not be increased or I understand that I am authorizing the County to e payments. If these payments are not sufficient, or	decreased after retirement, only maintained or cancelled. ither deduct my premiums from any pension or disability I do not receive any payments from the County, I will be
dependent life coverages may not be increased or I understand that I am authorizing the County to e payments. If these payments are not sufficient, or responsible for paying my premiums directly to the Santa Claus	decreased after retirement, only maintained or cancelled. ither deduct my premiums from any pension or disability I do not receive any payments from the County, I will be e County's third party administrator. Z100000
dependent life coverages may not be increased or I understand that I am authorizing the County to e payments. If these payments are not sufficient, or responsible for paying my premiums directly to the	decreased after retirement, only maintained or cancelled. ither deduct my premiums from any pension or disability I do not receive any payments from the County, I will be e County's third party administrator.
dependent life coverages may not be increased or I understand that I am authorizing the County to e payments. If these payments are not sufficient, or responsible for paying my premiums directly to the Santa Claus	decreased after retirement, only maintained or cancelled. ither deduct my premiums from any pension or disability I do not receive any payments from the County, I will be e County's third party administrator. Z100000
dependent life coverages may not be increased or I understand that I am authorizing the County to e payments. If these payments are not sufficient, or responsible for paying my premiums directly to the Santa Claus Name	decreased after retirement, only maintained or cancelled. ither deduct my premiums from any pension or disability 1 do not receive any payments from the County, I will be e County's third party administrator. Z100000 Employee ID





Enrolling in Health Insurance Benefits at Retirement

Retiree Cost Share Election Form

Please initial and check the box for the cost sharing arrangement that you agree to have with the County for your lifetime. Please sign and date that you have read and understood the information provided to you in this document.





Office of Human Resources

Montgomery County Government Application for Retiree Health Insurance Benefits

For Members of the :

- Retirement Savings Plan (RSP)
- Guaranteed Retirement Income Plan (GRIP)
- State of Maryland Retirement Plans



Name:	Retirement Plan Code:	
SSN:	Date of Hire:	
Address:	Gender:	
	Date of Birth:	
	Phone Number:	
This is my application for normal retirement I certify that I meet the criteria for retirement correct to the best of my knowledge.	to be effective on t from the Plan and that the information	on on this form is true and
Member's Signature	Date	



Enrolling in Health Insurance Benefits at Retirement

Application for Retiree Health Insurance Benefits Form

This form confirms your request to separate from the County and to continue the health and life insurance benefits offered to members of the RSP, GRIP, and MD State retirement plans.

Please complete the highlighted areas of the form, then sign and date to confirm that your retirement date is the effective date listed on the form.





Marc Elrich County Executive Berke Attila

Dear Employee:

According to our records, you or a covered dependent will be age 65, or eligible for Medicare benefits regardless of age when you retire.

What Must You Do?

- By now, you and/or the Medicare-eligible covered dependent may have received notice from the Social Security Administration about his or her rights to elect Medicare Parts A and B. If this is not the case, call Social Security immediately at 1-800-772-1213.
- When you retire from the County, the County's medical plans coordinate benefits with Medicare. This means that Medicare is the primary payer (pays first), and the County's medical plans will be the secondary payer (pays second).

Please use the "Request for Employment Information" form located in your packet to enroll in Medicare Parts A and B. You may contact the Social Security Administration as listed on the back of the form to request enrollment in Medicare effective on the first day of the month that you retire. Medicare Part B enrollment is required when you are retired and enrolled in a County medical plan.

- Send a copy of your Medicare ID card to the Health Insurance Team immediately. You can send it via fax (240-777-5131) or mail (101 Monroe St. 7th Floor, Rockville, MD 20850).
- CareFirst BCBS Members: To ensure that Medicare pays first for services that Medicare covers, it may be necessary for you to call the Benefits Coordination & Recovery Center (BCRC) at 1-855-798-2627, to request coordination of coverage. BCBS will only pay after Medicare as the secondary payer.

101 Monroe Street • Rockville, Maryland 20850 • 240-777-0311 www.montgomery.countymd.gov

montgomerycountymd.gov/311 MC311 240-773-3556 TTY



Enrolling in Health Insurance Benefits at Retirement

Medicare Cover Letter Only in your packet if you or a covered dependent is Medicare eligible.

Please follow the instructions that are outlined in your "cover letter" to enroll either you or your covered dependent in Medicare, effective on the date of your retirement.



REQUEST FOR EMPLOYMENT	INFORMATION
SECTION A: To be completed by individual signing up for Medical	re Part B (Medical Insurance)
1. Employer's Name	2. Date
Montgomery County Government	
3. Employer's Address	
101 Monroe Street, 7th Floor	
City	State Zip Code
Rockville	M D 2 0 9 0 6
4. Applicant's Name	Applicant's Social Security Number
6. Employee's Name	7. Employee's Social Security Number
2. If yes, give the date the applicant's coverage began. (mm/yyyy)	
4. If yes, give the date the coverage ended. (mm/yyyy)	
5. When did the employee work for your company? From: (mm/yyyy) 10: (mm/yyyy)	Still Employed: (mm/yyyy)
6. If you're a large group health plan and the applicant is disabled, please list the t primary payer. From: (mm/yyyy) To: (mm/yyyy)	meframe (all months) that your group health plan was
For Hours Bank Arrangements ONLY: 1. Is (or was) the applicant covered under an Hours Bank Arrangement?	⊠No
2. If yes, does the applicant have hours remaining in reserve?	
3. Date reserve hours ended or will be used? (mm/yyyy)	
All Employers:	
Signature of Company Official	Date Signed
	Phone Number
Title of Company Official	(240)7777_5080
Title of Company Official Health Insurance Specialist	

APPLICATION FOR ENROLLMENT IN MEDIC	ARE PART R (MEDICAL INSURAL
1. Your Medicare Number	ARE I ART B (MEDICAL INSURAI
2. Do you wish to sign up for Medicare Part B (Medical Insurance)?	□YES
3. Your Name (Last Name, First Name, Middle Name)	
4. Mailing Address (Number and Street, P.O. Box, or Route)	
5. City	State Zip Code
6. Phone Number (including area code)	
7. Written Signature (DO NOT PRINT)	8. Date Signed
SIGN HERE	
IF THIS APPLICATION HAS BEEN SIGNED BY MARK (X) MUST SUPPLY THE INFORMATIO	
9. Signature of Witness	10. Date Signed
11. Address of Witness	



Enrolling in Health Insurance Benefits at Retirement

Request for Employment Information Form Only in your packet if you or a covered dependent is Medicare eligible.

Please follow the instructions that are outlined in your letter to enroll either you or your covered dependent in Medicare, effective on the date of your retirement.

Please return this form along with your "Application For Part B Enrollment Form" to the Social Security Administration to enroll in Medicare Part A and/or Part B effective on the date of your retirement.

On the "Application For Part B Enrollment Form", write "I want Part B coverage to begin (MM/YY)" in the remarks section of the CMS-40B form or online application.



What Is Medicare?

- Part A (Hospital Insurance) covers most medically necessary hospital, skilled nursing facility, home health and hospice care. It is free if you have worked and paid Social Security taxes for at least 40 calendar quarters (10 years); you will pay a monthly premium if you have worked and paid taxes for less time.
- Part B (Medical Insurance) covers 80% of most medically necessary doctors' services, preventive care, durable medical equipment, hospital outpatient services, laboratory tests, x-rays, mental health care, and some home health and ambulance services. You pay a monthly premium for this coverage and it is required if you want to receive benefits from your County medical plan.
 - Without Part B, member will be responsible for approximately 80% of claim costs that Part B would have covered.
 - You cannot continue in the Kaiser plan unless you elect Part B and enroll in the Kaiser Medicare Plus Plan.
- Part D (Prescription) is required if enrolled in the County's prescription drug plan. The County's prescription plan works together with Medicare Part D to maintain your current coverage level; this process is administered through SilverScript.
 - Enrollment in Part D is automatic. You should not elect a separate Medicare Part D plan if enrolled in the County's prescription plan.
 - SilverScript does not apply to Kaiser participants.



When Do You Need to Apply?

Medicare Parts A and B

- Active Employees and their covered dependents do not need to enroll in Medicare Parts A or B when they become eligible due to age (65) or disability (at any age). Your County medical plan will continue as primary coverage, for as long as you are an active employee.
- Retiring Employees and/or their covered dependents who are eligible for Medicare due to age (65) or disability (at any age), when you retire, will be given the "Request for Employment Information" Medicare form (CMS-L564) to enroll in Medicare Parts A and B effective on your retirement date. At that time, Medicare Parts A and B becomes primary and the County's medical plan becomes a secondary policy to Medicare.
- Retired Employees and Their Covered Dependents Approaching age 65 should contact the Social Administration three months prior to their 65th birthday, to initiate enrollment in Medicare Parts A and B. The County will send a courtesy letter to retirees and their eligible spouse, reminding you to enroll in Medicare Parts A and B. Medicare enrollment must be effective on the first day of the month that you and your spouse turn age 65. At that time, Medicare Parts A and B becomes primary and the County's medical plan becomes a secondary policy to Medicare.

IMPORTANT: If you or your covered dependents do not apply for Medicare when eligible, you may be charged premium penalties assessed by the Social Security Administration.



Enrolling in Health Insurance Benefits at Retirement

Medicare Parts B and D Premiums are based on income

If your filing status and "Adjusted Gross Income" in 2022 was...

Your "Adjusted Gross Income" is located on line 11 on your Form 1040.

Individual Tax Return	Joint Tax Return	You Pay Part B each month (2024)	You Pay Part D each month (2024)
\$103,000 or less	\$206,000 or less	\$174.70	Your Plan Premium
above \$103,000 up to \$129,000	above \$206,000 up to \$258,000	\$244.60	\$12.90 + Your plan premium
above \$129,000 up to \$161,000	above \$258,000 up to \$322,000	\$349.40	\$33.30 + Your plan premium
above \$161,000 up to \$193,000	above \$322,000 up to \$386,000	\$454.20	\$53.80 + Your plan premium
above \$193,000 and less than \$500,000	above \$386,000 and less than \$750,000	\$559.00	\$74.20 + Your plan premium
\$500,000 or above	\$750,000 and above	\$594.00	\$81.00 + Your plan premium



Enrolling In Health Insurance Benefits at Retirement

Does Your Doctor Accept Medicare?

The County's retiree group insurance benefits coordinate with Medicare. That means once a retiree or a retiree's dependent becomes eligible for Medicare (at age 65 for most), the County's plans will only pay secondary to Medicare.

This same concept also applies to physicians that choose not to participate with Medicare. The County's plan does not pay as the primary insurance in situations where your physician or therapist doesn't participate with Medicare.

When you transition to Medicare, you'll want to make sure that your current physicians accept Medicare. If they do not, you can continue to see them, but be aware that the County's plan will not cover costs that should be paid for by Medicare, for example:

	Office Visit	Paid by Medicare	Paid by County Group Plan	Paid by Retiree
Enrolled in Medicare	\$100.00	\$80.00	\$20.00	\$0.00
NOT Enrolled in Medicare	\$100.00	\$0.00	\$20.00	\$80.00



Enrolling in Health Insurance Benefits at Retirement



Summary Statement of Benefit Elections for Year 2020 Benefits Coverage Period January 01, 2020 through December 31, 2020 Status: Satellite

Year 2020 Benefit Elections

		Enrolled	Plan Name or Coverage Amount	Coverage Level	Deductions Pre Tax	Deductions Post Tax	Effective Date
Medical Plan	1	Yes	EPO - United Healthcare	Individual	228.28	0.00	01/01/2020
Prescription	Drug	Yes		Individual	112.68	0.00	01/01/2020
Dental							
Accidental Dismember		Yes	\$ 100,000	Individual	0.60		01/01/2020
Term Life	Employee	Yes	\$ 40,000		15.40		01/01/2020
	Spouse						
	Children						
Health Care	FSA						
Dependent	Care FSA						

Your Dependent(s) Information

Relationship Sex Date of Birth SSN Health Drug Dental

IMPORTANT PLEASE READ: This is a summary of your health plan elections for Year 2020. Review this statement for benefits enrolled, coverage levels, coverage amounts, dependent information and benefit indicators (Yes/No), for dependents enrolled. Dependents (this includes spouses) must be listed above under Dependent Information in order to be covered. This includes enrollment in ADBC family coverage, spouse and full life insurance. If any of the information on this statement is incorrect or missing due to an Employee Benefits Division error, note the required correction(s) on this statement and return it to the Employee Benefits Division **no later than 30 days from the "Date Printed"**(below) by mail to 301 W. Preston Street, Room 510, Baltimore, MD 21201 or by fax to (410) 333-5191. Summary statements must be signed and dated by the employee/retiree in order for the corrections to be made.

The following applies to Term Life Insurance only:
If you' Term Life selection has an (') next to it, 'YOU WILL BE REQUIRED TO COMPLETE AN EVIDENCE OF INSURABILITY FORM. THIS FORM
WILL BE MALLED TO YOU BY YOUR LIFE INSURANCE CARRIER. Your requested coverage level WILL NOT be in effect until the form has been

Date Printed: 03/25/2020

Agency/Check Distr. Code: 950010



Enrolling in Health Insurance Benefits at Retirement

Maryland Department of Budget & Management Only in your packet if you will receive a MD State pension.

Please complete and return to OHR the following MD State forms in your packet:

- MD State 2024 Retiree Election Form
- MD State Beneficiary Forms

Your MD State benefit election premiums will be deducted from your State monthly pension payment.

You will continue to participate in the State's Open Enrollment period each year.





Group Plan

Kaiser Permanente Medicare Advantage (HMO)

Enrollment form

Mid-Atlantic States Region Group Plan

Filling out and returning the enrollment form is your first step to becoming a Kaiser Permanente Medicare Advantage member. If you and your spouse are both applying, you'll each need to fill out a separate form. For help completing the enrollment form, call our Member Services at 1-888-777-5536 (TTY 711), seven days a week, 8 a.m. to 8 p.m.

How to fill out this form

- 1. Answer all questions and print your answers using black or blue ink. Fill in check boxes with an X.
- 2. Sign the form on page 4 and date it. Make sure you've read all the pages before you sign.
- 3. Mail the original, signed form to:

Kaiser Permanente – Medicare Unit

P.O. Box 232407

San Diego, CA 92193-9914

4. Make a copy for your records. If required, submit a copy to your employer group, union or trust fund.

Next steps

- We'll review your form to make sure it's complete. Then we'll let you know by mail that we've received it.
- We'll let Medicare know that you've applied for Medicare Advantage.
- Within 10 calendar days after Medicare confirms your enrollment, we'll first let you know the start date for your coverage. Next, we will send you a Kaiser Permanente ID card and your new member package within 10 days of your start date.

To check on the status of your application, please visit kp.org/medicare/applicationstatus.



Enrolling in Health Insurance Benefits at Retirement

Kaiser Medicare Plus Enrollment Form Complete if Kaiser is your medical plan and you or a covered dependent is either age 65 or Medicare Eligible.

Follow these instructions to enroll in the Kaiser Medicare Plus plan online, once your Medicare ID card arrives:

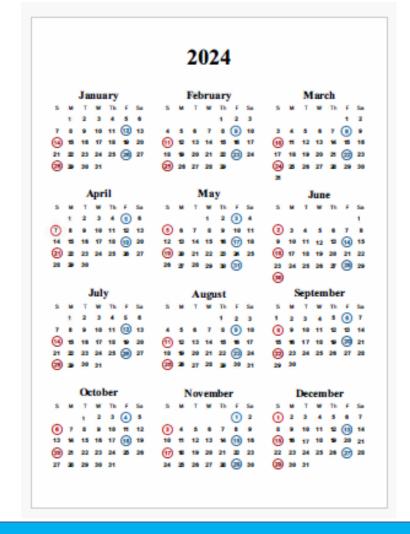
- Got to www.kp.org/medicare
- Click on "Search by employer/group name."
- Choose the Region "Maryland/Virginia/Washington DC"
- Enter "Montgomery County Government"
- Enter "Group #" 3012-200

You cannot continue in the Kaiser plan unless you elect Medicare Part B and enroll in the Kaiser Medicare Plus plan.

Feel free to contact Kaiser should you have questions about how the Kaiser Medicare Plus plan works at 301-468-6000 or 1-800-777-7902.

Enrolling in Health Insurance Benefits at Retirement

2024 Retirement Calendar





Enrolling in Health Insurance Benefits at Retirement

2024 Retirement Calendar

Please review the 2024 Retirement Calendar and pay close attention to the "Packet Due!" date. This is date that your completed packet must be returned to OHR.

Note: All Health and Life insurance deductions will be deducted from your "Full" and "Partial" pays.



1. Employee Information			LEASE PRINT CL	EARLY USING BLACK INK				
First Name MI	Lasi	t Name		Social Security Number	er			
Address	City	r		State	Zip Cod	•		
2. Beneficiary Designations: I here A. Primary Beneficiary(ies) -	by revoke any pre	evious des	ignations of prima	ry and contingent beneficiary(i	ies), if any,	and designate the	following:	
Beneficiary Description (check one)	First Name	MI	Last Name	Address (include city, state	e, zip code)	Relationship/DOB	Social Security Number	% Share
☐ Individual ☐ Corporation/Organization ☐ Trust ☐ Other ☐ My Estate								
☐ Individual ☐ Corporation/Organization ☐ Trust ☐ Other ☐ My Estate								
☐ Individual ☐ Corporation/Organization								
							Total must equal 100%	%
f a minor child is named as a bene B. Contingent Beneficiary(ies) -	Gı	uardian	as custodian	Child's Name	under	State	Uniform Transfers to	Minors Act.
If a minor child is named as a bene B. Contingent Beneficiary(ies) - Beneficiary Description (check one) Individual Corporation/Organization		uardian MI	as custodian				•	
If a minor child is named as a bene B. Contingent Beneficiary(ies) - Beneficiary Description (check one) Individual Corporation/Organization Trust Other My Estate Individual Corporation/Organization	Gı			Child's Name		State	Uniform Transfers to	Minors Act.
Trust Other My Estate If a minor child is named as a bene B. Contingent Beneficiary(ies) - Beneficiary Description (check one) Individual Corporation/Organization Trust Other My Estate	Gı			Child's Name		State	Uniform Transfers to	Minors Act.
If a minor child is named as a bene B. Contingent Beneficiary(ies) - Beneficiary Description (check one) Individual Corporation/Organization Trust Other My Estate	Gi First Name	MI	Last Name	Child's Name Address (include city, state	c, zip code)	State Relationship/DOB	Uniform Transfers to Social Security Number Total must equal 100%	Minors Act.
If a minor child is named as a bene B. Contingent Beneficiary(ies) - Beneficiary Description (check one) Individual Corporation/Organization Trust Other My Estate Individual Corporation/Organization Trust Other My Estate Individual Corporation/Organization Trust Other Individual Corporation/Organization Corporation/Organization	Gi First Name	MI	Last Name	Child's Name Address (include city, state	as a benefi	State Relationship/DOB	Uniform Transfers to Social Security Number Total must equal 100%	Minors Act.
f a minor child is named as a bene B. Contingent Beneficiary(ies) - Beneficiary Description (check one) Individual Corporation/Organization Trust Other My Estate Individual Corporation/Organization Trust Other My Estate Individual Corporation/Organization Trust Other My Estate B. Trust Designation - Please attace	Gi First Name	MI	Last Name	Child's Name Address (include city, state	as a benefi	State Relationship/DOB	Uniform Transfers to Social Security Number Total must equal 100%	Minors Act.



Enrolling in Health Insurance Benefits at Retirement

Life Insurance Beneficiary Form

Please complete the Life Insurance Beneficiary form, and return the white copy to OHR:

Life Insurance Beneficiary Form – All employees

This form may be returned after the "Packet Due" deadline and updated at any time.



2024 Retiree Monthly Rate Sheet 30% Cost Share

RETIREE GROUP INSURANCE MONTHLY RATES 30.00% Cost Share

	Non-Medicare		Medicare Only			Non-wedicare & Medicare Split ¹		
	Self	Self + 1	Family	Self	Self + 1	Family	Self + 1	Family
HEALTH PLANS	30.00%	30.00%	30.00%	30.00%	30.00%	30.00%	30.00%	30.00%
MEDICAL:								
CareFirst High Option POS (medical only)	\$ 225.63	\$ 390.31	\$ 657.20	\$ 121.58	\$ 225.33 \$	250.54	\$ 286.26	\$ 553.15
CareFirst Standard Option POS (medical only)	\$ 209.84	\$ 362.98	\$ 611.20	\$ 113.07	\$ 209.56 \$	233.00	\$ 266.22	\$ 514.43
UnitedHealthcare Select HMO (medical only)	\$ 184.70	\$ 355.06	\$ 564.44	\$ 99.52	\$ 202.96 \$	322.11	\$ 269.88	\$ 479.27
Kaiser HMO (medical with Rx)	\$ 229.86	\$ 432.15	\$ 680.40	\$ 101.79	\$ 203.59 \$	305.38	\$ 304.08	\$ 552.3
CareFirst Indemnity (medical with Rx discount)2	\$ 387.56	\$ 825.47	\$ 1,238.27	\$ 200.11	\$ 416.60 \$	516.53	\$ 638.01	\$1,050.8
PRESCRIPTION:								
Caremark Standard Option \$10/\$20/\$35	\$ 82.82	\$ 153.22	\$ 237.44	N/A	N/A	N/A	\$ 170.28	\$ 254.5
SilverScript Standard Option \$10/\$20/\$35	N/A	N/A	N/A	\$ 99.89	\$ 199.78 \$	299.66	\$ 170.28	\$ 254.5
DENTAL:								
Dental PPO (Traditional Dental Plan)	\$ 12.87	\$ 28.67	\$ 41.26	\$ 12.87	\$ 28.67 \$	41.26	\$ 28.67	\$ 41.26
VISION:								
Opti-Vision Discount Plan	\$ -	\$ -	\$ -	\$ -	\$ - \$		\$ -	\$ -
Vision Insured Plan	\$ 0.82	\$ 1.56	\$ 2.42	\$ 0.82	\$ 1.56 \$	2.42	\$ 1.56	\$ 2.4

LIFE INSURANCE**		Optional Li	fe Insurance per \$1,000 coverag
LIFE INSURANCE		Age	100% Monthly Rates
Dependent Life Insurance		<25	\$0.049
\$2,000/\$1,000	\$0.263	25-29	\$0.056
\$4,000/\$2,000	\$1.751	30-34	\$0.069
\$10,000/\$5,000	\$4.377	35-39	\$0.078
		40-44	\$0.084
Basic Term Life Insurance		45-49	\$0.118
		50-54	\$0.172
per \$1,000 coverage	\$0.089	55-59	\$0.310
		60-64	\$0.466
		65-69	\$0.884
		70-74	\$1.564
		75-79	\$2.011
		80-84	\$2.011
		85-89	\$2.011
		90-94	\$2.011
		95+	\$2.011

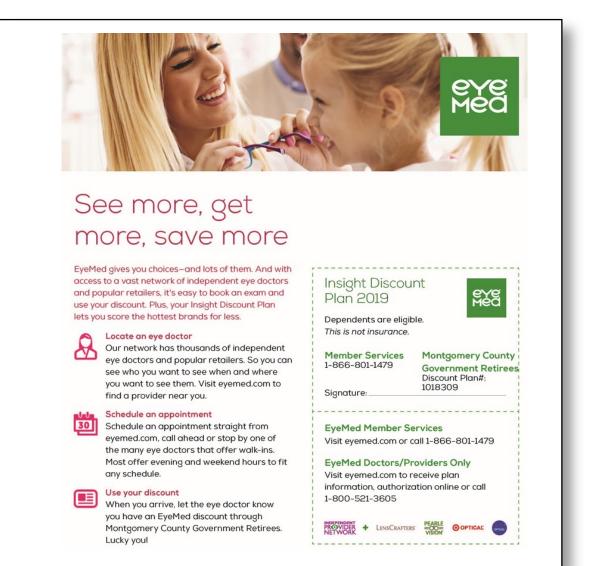
	our total monthly pre for each of your pla
Medical	\$
Prescription	\$
Dental	s
Vision	\$
Basic Life ³	\$
Dep Life ³	\$
Opt Life ³	\$
TOTAL	\$ 0.00

- 1 Non-Medicare and Medicare Split rates apply when (at least) one member is Medicare <u>eligible</u> and (at least) one member is non-Medicare eligible. Proof of under age 65 Medicare is required.
- 2 Only available to retirees who are currently enrolled in the CareFirst BCBS Indemnity Plan (closed to new members) Standard Option Prescription (Rx) plan is not available to Indemnity Plan participants.
- 3 Basic Life only available to eligible retirees (not surviving dependents). Optional and Dependent Life insurance are only available to Retirees who had coverage as of the day prior to retirement. Optional and Dependent Life can only be maintained or cancelled completely. Retiree Optional Life insurance variables after age 69 only for individuals who retired on or after January 1, 2016.



Enrolling in Health Insurance Benefits at Retirement

EyeMed Discount Vision ID Card





Enrolling in Health Insurance Benefits at Retirement

Benefit Questions? Carrier Contact Information

Always call your provider first if you are experiencing an issue with your plan.



Import	ant Benefits (Contact Information
Resource	Phone	Web / Email
Medical CareFirst BlueCross BlueShield	1-888-417-8385	www.carefirst.com
Care-irst blue-cross blue-shield	1-000-417-0303	Tip: Go to Find a Provider, click the Search feature, and choose a doctor from any BlueChoice Advantage network.
 Kaiser Permanente 		
 Washington area 	301-468-6000	https://myhealth.kalserpermanente.org/montgomerycountyg overnment/
 Baltimore area 	1-800-777-7902	
UnitedHealthcare HMO	1-800-638-0014	http://welcometouhc.com/mcg or www.myuhc.com Tip: This plan utilizes the Select EPO network
Prescription		
Caremark	1-866-240-4926	www.caremark.com
SilverScript (Medicare-eligible retirees)	1-866-249-6167	www.mcg.silverscript.com
Dental		
CIGNA	1-800-244-6224	www.cigna.com
Vision		
EyeMed	1-866-800-5457	www.eyemed.com Network: Insight
Life, AD&D, Optional Life and LTD1		
MetLife	1-800-638-6420	www.metlife.com http://www.lifeonlinecalculator.com/ Life Insurance Needs Calculator
Flexible Spending Accounts		
Benefit Strategies/Voya	1-888-401-3539	https://benstrat.com/participants_fsa.php (general) https://benstrat.navigatorsuite.com (account access)
Direct Bill and COBRA		
Benefit Strategies	1-888-401-3539	https://benstrat.com/participants.php
Voluntary Benefits		
Aflac	1-202-558-5142	www.aflac.com
General Information		
MC311 OHR Customer Service Center	240-777-0311	www.mc311.com Open Monday to Friday, 7 a.m. to 7 p.m. Any questions MC311 representatives cannot answer are immediately routed via a service request to the OHR Health Insurance Customer Care Center, Monday to Friday, open 8 a.m. to 5 p.m.
Medicare	1-800-633-4227	www.medicare.gov
Office of Human Resources (OHR) Health Insurance Team		Fax: 240-777-5131 (Fax) Mail: OHR Health Insurance Team 101 Monroe Street, 7th Floor Rockville, MD 20850
Social Security Administration	1-800-772-1213	www.ssa.gov Revised 01/05/2023
		11011000 01110012020



Enrolling in Health Insurance Benefits at Retirement

How to Contact Us

If your provider cannot answer your health insurance question, please contact MC311.



Monday to Friday, 7 a.m. to 7 p.m.

Speak with a Customer Service Representative at MC311.

Call 240-777-0311; TTY: 711; email: www.montgomerycountymd.gov/mc311

Any questions MC311 cannot answer are immediately routed via a service request to the OHR Health Insurance Customer Care Center, open Monday through Friday, 8 a.m. to 4 p.m.



Enrolling in Health Insurance Benefits at Retirement

How to Contact Us (cont.)

Retiree Health Insurance "Virtual Office Hours" Monthly 1st Thursday of the month From 3 - 4 pm via Zoom

The OHR Health Insurance Team is available the first Thursday of every month from 3 to 4 pm to answer any insurance benefit questions you or your dependents may have.

Follow these steps to register and attend the Virtual Zoom Office Hours:

- 1. Advance registration is required. Register to attend the monthly Zoom meeting at www.montgomerycountymd.gov/HI.
- 2. After you register, you will receive an email with a Zoom link to join the meeting.
- 3. Click on the Zoom link at any time during the hour (1st Thursday of the month from 3 to 4 pm) to join the meeting.
- 4. You will need to register again each month that you would like to attend.



Enrolling in Health Insurance Benefits at Retirement

Changing Your Benefit Elections

Retirees may make changes to their health insurance benefits (medical, prescription, dental and vision) at any time during the year:

Follow these steps:

- 1. Submit a Retiree Election Form with your changes to the Health Insurance Team by the 10th day of the month.
- 2. You may access the Retiree Election Form by selecting the link below.

 Montgomery County, MD 2024 Retiree Election Form (montgomerycountymd.gov)
- 3. Your change will take effect on the first day of the following month.

Changes due to a **Qualified Life Event**: You have 60 days from the date of the event to notify OHR of your qualified life event. Examples of a qualified life event include:

- Marriage, Divorce, Death of a dependent
- Spouse's loss of coverage under another plan
- Moving out of your plan's eligibility area

Changes for life events are effective when all completed paperwork is received by OHR.



Enrolling in Health Insurance Benefits at Retirement

Returning to Work for the County

In the event that you return to work for the County after retirement

- Your retiree group insurance benefits will continue, and you will pay the same premium cost share that you paid when you retired.
- You will participate in active group life insurance during your period of re-employment. You may elect benefits which are not offered to retirees, such as the dental DHMO, employee vision plan, and the FSA.
- When you again leave County employment, your participation in the retiree group insurance program continues with the life insurance amount in effect at the time you originally retired, subject to any reductions which would have occurred during your time of re-employment.



Moving Out of State?

Kaiser is not available nationwide, so participants must elect either United Healthcare or one of the CareFirst BCBS POS Plans (High or Standard Option). Also, because Kaiser includes prescription drug coverage, Kaiser participants must elect one of the separate Caremark Prescription Plans (High or Standard Option).

The CareFirst BlueCross BlueShield (BCBS) Point-of-Service (POS) plan offers a nationwide network called the "BlueChoice Advantage POS Network." It provides in and out-of-network benefits if you reside inside or outside the POS network service area. Participants use a national "BlueCard EPO/PPO Network" provider for services considered outside the POS network service area.

United Healthcare is available nationwide, so participants do not need to do anything to continue the same coverage.

IMPORTANT: Any changes to your health insurance must be made within 60 days of your move by completing:

- 1. Retiree Health Insurance Election Form www.montgomerycountymd.gov/hr
- 2. Retiree Change of Address Form www.montgomerycountymd.gov/MCERP



Enrolling in Health Insurance Benefits at Retirement

In the Event of Your Death after Retirement

In the event of your death, your spouse will be offered the option to remain on the County's health insurance plan for the rest of his or her life.

The cost share percentage that you choose when you retire remains the same for your surviving spouse and eligible dependents.

Your surviving spouse may only cover other dependents who were eligible for coverage at the time of your death, including an unborn child.



Returning Your Completed Forms

The following forms must be completed and return to OHR by the deadline:

- 1. 2024 Health and Life Insurance Retiree Election Form
- Retiree Cost Share Election Form
- 3. Application for Retiree Health Insurance Benefits RSP, GRIP, or MD State
- 4. Beneficiary Form
- 5. MD State 2024 Retiree Enrollment Form MD State Retirees Only
- 6. MD State Beneficiary Forms MD State Retirees Only

You may use the self-addressed envelope enclosed in your packet to mail or hand deliver the required forms to OHR, by the deadline. Only send copies of birth certificates, U.S. Passports, and marriage certificates.



Returning Your Completed Forms (cont.)

Return the following form(s) to Kaiser once enrolled in Medicare Part B. Use the Kaiser envelope provided:

1. Kaiser Medicare Plus Enrollment Form – If Age 65 or Medicare Eligible (at any age)

Return the following form(s) to The Social Security Administration to enroll in Medicare Part B.

1. Request for Employment Information Form (CMS-L564) – If age 65 or Medicare Eligible (at any age)

If Medicare eligible, Medicare Part B must be effective on the 1st day of your Retirement for full coverage.



Returning Your Completed Forms (cont.)

Return All Leave Payout Forms to the Payroll Department:

8th Floor EOB 101 Monroe Street, Rockville, MD 20850 financepayroll@montgomerycountymd.gov

Please submit the form that corresponds to where your Deferred Compensation account is (Empower or Fidelity). The forms are available at Payroll (sharepoint.com) under Applications/Forms.

Employees in the RSP or GRIP Retirement plans are eligible to be paid for unused Sick Leave as follows:

- Employees with at least 10 years of service and a sick leave balance of at least 120 hours are eligible to receive a \$5,000 payout.
- Employees with at least 20 years of service and a sick leave balance of least 240 hours are eligible to receive a \$10,000 payout.

Employees who are members of the IAFF Fire Bargaining Unit are eligible to be paid for 176 hours of unused sick leave.

Do not return Leave Payout Forms to OHR.



Enrolling in Health Insurance Benefits at Retirement

LUMP SUM ANNUAL/COMP LEAVE PAYOUT FORM

For Deposit into the County's 457 Deferred Compensation Plan (Fidelity)

Complete this form and return it to:

Payroll Department

8th Floor EOB, 101 Monroe Street, Rockville, MD 20850 payroll@montgomerycountymd.gov

Please print or type the following information: Date of Birth Address Social Security Number State, Zip Code Home (indicate dollars and not hours of leave) of my Lump Sum Annual/ Comp Leave Payout deposited into my Montgomery County Deferred Compensation Plan account final leave pay out check. Termination/Retirement Date: I understand that the amount I have elected cannot exceed the total number of dollars allowed under Federal Law. I further understand that any funds not able to be deposited into my Montgomery County Deferred Compensation Plan account will be direct deposited, if authorized, or a check will be sent to my address of record. I understand that the Plan will not be held responsible for any tax penalties that may occur for an incomplete submission. I agree to the terms of the Montgomery County Deferred Compensation Plan. I acknowledge that I have received and reviewed a prospectus for the mutual funds in which I am investing and that I understand the potential risks associated with these investments. Participant's Signature: Note: This allocation will not affect any current or future investment elections. If you wish to make changes to current or future investment elections, you will need to call 1-800-343-0860.



Do not return Leave Payout Forms to OHR.



Enrolling in Health Insurance Benefits at Retirement

Insurance Benefits Reminders

- You are responsible for your benefits.
- Read the materials provided in your retirement packet.
- Reissued New ID Card for BCBS only. Receive new ID card mid-month.
- Voya Financial coupon book mailed 1st of month that you retire.
- Review insurance deductions billed monthly by Voya Financial.
- Review insurance deductions on your monthly pension check.
- Mail or Fax a copy of Medicare Part B ID card(s) to OHR.
- Call Medicare to Coordinate Benefits at 1-855-798-2627, when primary payer.
- SilverScript ID cards are mailed 4 months after OHR receives Medicare B.
- Read the materials mailed to your home and let us know if you move.



Legal Information

The County expects to continue its health insurance plans, but it is the County's position that there is no implied contract between employees and the County to do so, and the County reserves the right at any time and for any reason to amend the terms of the plans or terminate the plans, subject to the County's collective bargaining agreements. The County may also amend the plans at any time, either prospectively or retroactively, as required by federal law.

