



**Attention: Retirees (and Dependents of Retirees)**  
**Virtual Retiree Health Insurance**  
**Office Hours Offered Monthly**  
**First Thursday of Every Month 3 – 4 pm via Zoom**



Starting in August 2022, the Office of Human Resources (OHR) Health Insurance Team will be hosting virtual office hours the **first Thursday of every month from 3 to 4 pm** for current retirees and their dependents. The first monthly session will be held Thursday, August 4, 2022 at 3 pm.

**Follow the steps below to register and attend the virtual office hours:**

1. You need to register in advance. [Register to attend a Zoom meeting here.](#)
2. After you register, you will receive an email with a Zoom link to join the meeting.
3. Click on the Zoom link at any time during the hour to join the meeting.
4. You will need to register again each month that you would like to attend.

When you join the Zoom meeting, members of the OHR Health Insurance Team will be available to answer any questions you may have. Below are some examples of the types of questions that the OHR Health Insurance Team can assist you and/or your dependents with during these monthly virtual office hours:

- Have you been approved for Social Security prior to turning age 65?
- Do you need to enroll in Medicare?
- Should you continue to be enrolled in the High Point of Service plan?
- Is there any value to being enrolled in the High Prescription Drug plan?
- Do you have a cost share that is expiring?

These virtual meetings will be a public forum. If you need assistance with a private matter, you will be moved to a break-out session with a member of the team who will be able to assist you. If you have any questions about these monthly virtual office hour meetings, please contact MC311 at 240-777-0311.