

## **Fire/Rescue CISM – Peer Support**

### **CISM**

To Activate

1. Call 240-777-2277
2. Leave a voice mail message.
3. Include a phone number where you can be reached.
4. The on-duty CISM facilitator will be paged automatically, and should return your call within fifteen minutes.

### **CISM Peer (Non-Crisis)**

CISM peers can provide support and resources for personal issues, work issues, depression and PTSD.

[fire.cism@montgomerycountymd.gov](mailto:fire.cism@montgomerycountymd.gov) (include a contact # and return email address) or call the hotline tel:240-777-2277 (leave a name and call back #)