



Behavioral Health and Crisis Services

FUNCTION

The mission of Behavioral Health and Crisis Services (BHCS) is to promote the behavioral health and well-being of Montgomery County residents. BHCS works to foster the development and to ensure access to a comprehensive system of effective services and support for children, youth and families, adults, and seniors in crisis or with behavioral health needs. BHCS is committed to ensuring culturally and linguistically competent care and the use of evidence based or best practices along a continuum of care. BHCS works with the State's public mental health and substance abuse system, other HHS service areas, County agencies and the community to provide strength-based and integrated services to persons in need.

Program Contacts

Contact Raymond L. Crowel of the HHS - Behavioral Health and Crisis Services at 240.777.1058 or Rachel Silberman of the Office of Management and Budget at 240.777.2786 for more information regarding this department's operating budget.

Program Descriptions

24-Hour Crisis Center

This program provides telephone, walk-in, mobile crisis outreach, and crisis residential services to persons experiencing situational, emotional, or mental health crises. The Crisis Center provides all services, twenty-four hours/day seven days/week. Much of the work of the Crisis Center focuses on providing the least restrictive community-based service appropriate to the client's situation. Many of the services provided are alternatives to more traditional mental health services. Psychiatric crisis resources are used to prevent hospitalizations and suicides. Disaster mental health services include crisis management and consultation for disasters and community crises. The Crisis Center coordinates the mental health response during disasters and community critical incidents. During the off-hours (after 5:00 p.m., weekends, and holidays), crisis back-up services are provided for various health and human services needs when the clients' primary service providers are not available.

Program Performance Measures	Actual FY14	Actual FY15	Estimated FY16	Target FY17	Target FY18
Percentage of students identified by schools to be at risk that are stabilized utilizing community resources without hospital intervention	95	95	95	95	95

FY17 Approved Changes	Expenditures	FTEs
FY16 Approved	4,824,891	36.90
Increase Cost: Annualization of Contract for Intensive In-Home Stabilization Services	200,000	0.00
Decrease Cost: Mental Health Association Emergency Preparedness Contract	(20,000)	0.00
Multi-program adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting multiple programs.	67,323	0.00
FY17 Approved	5,072,214	36.90

Behavioral Health Planning and Management

As the State mandated local mental health authority, this program is responsible for the planning, management, and monitoring of Public Behavioral Health Services for children with serious, social, emotional and behavioral health challenges, and adults with a serious and persistent mental illness. The functions include developing and managing a full range of treatment and rehabilitation services including services for persons with co-occurring mental illness and substance abuse disorders, homeless persons, and persons who have been incarcerated

and/or are on conditional release. Services include the ongoing development of a resiliency and recovery oriented continuum of services that provide for consumer choice and empowerment. This program now manages all service area contracts.

Program Performance Measures	Actual FY14	Actual FY15	Estimated FY16	Target FY17	Target FY18
Percent of children served by the continuum of behavioral health services that demonstrate higher degree of social connectedness and emotional wellness as demonstrated by positive outcomes in housing, quality of life, legal encounter, and employment/education	95.8	95.2	96.0	96.0	96.0
Percent of adults served by the continuum of behavioral health services that demonstrate higher degree of social connectedness and emotional wellness as demonstrated by positive outcomes in housing, quality of life, legal encounter, and employment/education	77.4	77.8	77.0	77.0	77.0

FY17 Approved Changes	Expenditures	FTEs
FY16 Approved	8,087,060	15.50
Add: Alcohol and Drug Abuse Administration Federal Treatment Grant (200A773)	240,000	2.00
Increase Cost: Annualization of Shared Outpatient Psychiatrist Contract	110,000	0.00
Add: Update InfoMontgomery as Recommended by the Healthy Montgomery Behavioral Health Task Force	24,500	0.00
Increase Cost: 2 Percent Increase to Residential Treatment Providers	21,370	0.00
Multi-program adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting multiple programs.	212,227	0.00
FY17 Approved	8,695,157	17.50

Service Area Administration

This program provides leadership, oversight, and guidance for the administration of Behavioral Health and Crisis Services.

FY17 Approved Changes	Expenditures	FTEs
FY16 Approved	561,665	3.50
Multi-program adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting multiple programs.	2,404	0.00
FY17 Approved	564,069	3.50

Mental Health Services: Seniors & Persons with Disabilities

This program provides outreach mental health services for seniors who cannot or will not access office-based services as well as persons experiencing caregiver stress. It provides Prevention and Early Intervention services for seniors by providing drop in groups at senior centers; psycho education; consultation to assisted living providers, Housing Opportunities Commission resident counselors, senior center directors; and mental health training to providers of services for seniors. This program also provides mental health services to persons who are deaf or hearing impaired.

Program Performance Measures	Actual FY14	Actual FY15	Estimated FY16	Target FY17	Target FY18
Percentage of surveyed homebound seniors reporting an improvement in their quality of life as measured by Mental Health Statistics Improvement Program Consumer Survey Scale	78	94	86	86	86

FY17 Approved Changes	Expenditures	FTEs
FY16 Approved	786,692	2.00
Multi-program adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting multiple programs.	11,615	(1.00)
FY17 Approved	798,307	1.00

Treatment Services Administration

Provides overall management of the Federal and State Behavioral Health Administration grant and Medicaid funded community based

programs, and oversees operations of the addiction continuum of private providers.

Program Performance Measures	Actual FY14	Actual FY15	Estimated FY16	Target FY17	Target FY18
Percentage of decrease in substance abuse for patients completing treatment (Level 1 Outpatient Treatment) ¹	73.7	83.0	75.0	75.0	75.0

¹ Percent decrease in substance abuse goal is set at 75% by the State of Maryland.

FY17 Approved Changes	Expenditures	FTEs
FY16 Approved	5,904,516	3.00
Increase Cost: Alcohol and Drug Abuse State Treatment Grant - Avery Road Treatment Center	213,954	0.00
Increase Cost: Avery Road Treatment Center Operating Contract	213,954	0.00
Multi-program adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting multiple programs.	188,191	0.00
FY17 Approved	6,520,615	3.00

Access to Behavioral Health Services

This program area includes Access to Behavioral Health Services, Community Case Management Services, and Urine Monitoring Program. The Access to Behavioral Health Services program provides information and referral, screenings and assessments for uninsured and low-income consumers with mental health and/or substance abuse problems to connect them to the appropriate community services. To provide effective engagement in needed services, program staff also provide short-term case management and psychiatric services to vulnerable clients such as those recently discharged from a psychiatric hospital or jail until they can be linked to a community outpatient mental health program. The program offers services at a central office and collocated with HHS income supports offices and the Department of Correction and Rehabilitation Pre-trial Services. Community Case Management Services provides intensive social work services to individuals with serious mental illness to ensure effective engagement in needed services and sufficient community supports to reduce negative outcomes and foster the wellness and recovery of the consumer. The Federal/State Projects for Assistance in Transition from Homelessness (PATH) in this unit particularly targets the re-entry needs of mentally-ill individuals in the criminal justice system. The Urine Monitoring Program serves clients referred by the courts, social service agencies, or behavioral health providers, and others required to submit to breathalyzer and urine surveillance or who require or request such screening and testing to support recovery from substance abuse.

FY17 Approved Changes	Expenditures	FTEs
FY16 Approved	3,647,701	32.00
Multi-program adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting multiple programs.	63,800	1.00
FY17 Approved	3,711,501	33.00

Forensic Services - Adult

Adult Forensic Services is composed of two programs: Clinical Assessment and Transition Services (CATS); and Jail Addiction Services (JAS). CATS has two components: (1) assessment and post-booking diversion services within 24 hours of booking to inmates with behavioral health issues upon entry into the Montgomery County Detention Center; and (2) discharge planning for inmates who are being released from the Correctional Facilities by assessing inmates' behavioral health needs and coordinating access to services in the community. JAS is an intensive jail-based residential addiction treatment program for inmates who suffer from substance related disorders at the Montgomery County Correctional Facility.

Program Performance Measures	Actual FY14	Actual FY15	Estimated FY16	Target FY17	Target FY18
Percentage of successful Jail Addiction Services clients that were not reincarcerated in the Montgomery County Correctional Facility within the next fiscal year following program completion	76	79	78	78	78

FY17 Approved Changes	Expenditures	FTEs
FY16 Approved	2,374,603	19.00

FY17 Approved Changes	Expenditures	FTEs
Multi-program adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting multiple programs.	(173,238)	0.00
FY17 Approved	2,201,365	19.00

Outpatient Behavioral Health Services - Adult

Adult Outpatient Behavioral Health Services provides comprehensive addiction, mental health outpatient, and intensive outpatient services to adult residents of Montgomery County who have co-occurring substance and mental health disorders. Priority is given to serving vulnerable persons including intravenous drug users; women who are pregnant or have young children; and those who lack health insurance, are homeless, or medically compromised. Many program participants are also involved with the criminal justice system or have chronic medical conditions such as diabetes or HIV/AIDS. The Adult Behavioral Health program accepts referrals from Access to Behavioral Health Services and Avery Road Treatment Center. Services include a comprehensive range of substance abuse and mental health programs including assessment and diagnostic evaluation, group and individual treatment, psychotropic medication evaluation and medication monitoring, family support and case management services. Services are individualized with the adult being a partner in all treatment decisions. Service capacity includes treatment for adults with Limited English Proficiency and those with specialized cultural and language needs. Peer-led and other Recovery Support Services are offered at each site.

Program Performance Measures	Actual FY14	Actual FY15	Estimated FY16	Target FY17	Target FY18
Percentage of clients showing improvement in functioning and decreased symptoms - based on the symptoms list	76	82	82	82	82
Percentage of clients that completed treatment plan upon discharge (% is based on discharged clients)	52	38	48	48	48

FY17 Approved Changes	Expenditures	FTEs
FY16 Approved	3,238,773	19.50
Increase Cost: Annualization of Adult Behavioral Health Enhancement	112,500	0.00
Multi-program adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting multiple programs.	(39,783)	0.75
FY17 Approved	3,311,490	20.25

Outpatient Behavioral Health Services - Child

Child Outpatient Behavioral Health Services offers comprehensive substance use prevention, mental health treatment, and care coordination services for Montgomery County youth and their families, including for the most vulnerable. Services are individualized, child focused, family driven, culturally and linguistically appropriate and accessible via office, school, and community based settings. Child Outpatient Behavioral Health Services strives to serve the behavioral health needs of youth and families along a continuum of care from prevention to treatment. There are two outpatient behavioral health clinics that provide assessment, psychiatric treatment, and individual and family therapy for children and adolescents with emotional and behavioral issues. The Home Based Treatment Team provides mobile treatment specifically for children and families involved with Child Welfare Services. There are also programs dedicated to serving youth and families involved with the Department of Juvenile Services (Violence Prevention Initiative), and to preventing substance use and promoting healthy behaviors and lifestyles (Prevention Program). In addition, the Screening and Assessment Services for Children and Adolescents (SASCA) program provides substance use and mental health screening and referral, and collaborates with the State Attorney's Office and the Montgomery County Police Department to provide youth with an alternative to involvement with Department of Juvenile Services.

Program Performance Measures	Actual FY14	Actual FY15	Estimated FY16	Target FY17	Target FY18
Percentage of offenders under age 18 that are diverted to substance abuse education or mental health treatment programs who do not re-enter the correction system within 12 months of being assessed compliant with requirements ¹	92	94*	88	88	88
Percentage of clients that meet their treatment goals at the time of discharge	65	69	72	72	72

¹ * This measure is by definition a 12-month follow-up of clients, so actual FY15 data reports recidivism rate for clients who completed substance abuse education and /or behavioral health treatment programs in FY14.

FY17 Approved Changes	Expenditures	FTEs
FY16 Approved	5,582,100	28.25
Enhance: Therapist II - Child and Adolescent Mental Health Clinic	75,225	1.00
Add: Overdose Misuse Prevention Program (2002444)	45,000	0.00
Multi-program adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting multiple programs.	(76,956)	0.00
FY17 Approved	5,625,369	29.25

Trauma Services

Trauma Services is comprised of two programs: The Abused Persons Program (APP) for partner violence and The Victim Assistance and Sexual Assault Program (VASAP) for sexual assaults and general/violent crimes. Trauma Services provides comprehensive, individualized and culturally appropriate clinical and victim assistance services to domestic violence victims and offenders, sexual assault victims, and victims of general crime of all ages. All victims may be assessed and receive short term counseling and psychiatric care, as well as a variety of specialty services geared to their particular need. Programming for domestic violence, sexual violence and human trafficking victims also includes information and referral, lethality assessments, crisis intervention, safety planning, and placement in emergency shelter. Services are provided on-site at the Family Justice Center, at 1301 Piccard Drive and at 8818 Georgia Avenue. Programs for victims of sexual assault include outreach twenty-four hours a day, seven days a week through volunteer support to rape and sexual assault victims at hospitals and police stations, where they provide information, referrals, crisis intervention and linkage to counseling.

Program Performance Measures	Actual FY14	Actual FY15	Estimated FY16	Target FY17	Target FY18
Percentage of adult victims of sexual assault and general crime that show a decrease in symptoms after treatment (as measured by Post-Traumatic Stress Disorder Checklist - Civilian clinical scales)	82	83	82	82	82
Percentage of child victims of sexual assault and general crime that show a decrease in symptoms after treatment (as measured by the Child's Reaction to Traumatic Events Scale clinical scales) ¹	90	73	83	83	83
Percentage of clients receiving therapy that demonstrate improvement on a domestic violence rating scale	85	89	80	80	80

¹ According to clinical observations, in FY15 the program served a number of child/teen crime victims with very complex needs, which resulted in a decline in the overall program performance. The cases include unaccompanied minors with a complex history of trauma as well as teens who were victimized more than once in the same year.

FY17 Approved Changes	Expenditures	FTEs
FY16 Approved	4,960,350	29.55
Multi-program adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting multiple programs.	27,824	0.00
FY17 Approved	4,988,174	29.55

Specialty Behavioral Health Services

Specialty Behavioral Health Services is comprised of the Adult Drug Court Program and the Medication Assisted Treatment Program (MAT). The Adult Drug Court program is a collaborative effort between the Department of Health and Human Services, Circuit Court, Office of the Public Defender, State Attorney's Office, Department of Corrections and Rehabilitation, Adult Probation and Parole, Montgomery County Police Department, and the Montgomery County Sheriff's Office. It provides intensive treatment services to chronic substance abusing offenders who are before Circuit Court for violation of probation and /or new criminal offenses. The MAT program serves adult residents of Montgomery County, who are diagnosed with substance use disorders. Individuals served in MAT are opiate dependent, uninsured, and have not been able to succeed in other venues of treatment. The MAT program is a comprehensive opioid treatment program and provides medical management with methadone maintenance therapy, and psychiatric services including medication for those with co-occurring mental health disorders. Treatment includes individual, group, family therapy, drug testing, case management, crisis services, discharge planning, and pharmacotherapy.

FY17 Approved Changes	Expenditures	FTEs
FY16 Approved	2,567,716	21.50

FY17 Approved Changes	Expenditures	FTEs
Multi-program adjustments, including negotiated compensation changes, employee benefit changes, changes due to staff turnover, reorganizations, and other budget changes affecting multiple programs.	(54,543)	0.00
FY17 Approved	2,513,173	21.50

Program Summary

Program Name	FY16 APPR		FY17 APPR	
	Expenditures	FTEs	Expenditures	FTEs
24-Hour Crisis Center	4,824,891	36.90	5,072,214	36.90
Behavioral Health Planning and Management	8,087,060	15.50	8,695,157	17.50
Mental Health Services: Seniors & Persons with Disabilities	786,692	2.00	798,307	1.00
Service Area Administration	561,665	3.50	564,069	3.50
Treatment Services Administration	5,904,516	3.00	6,520,615	3.00
Access to Behavioral Health Services	3,647,701	32.00	3,711,501	33.00
Forensic Services - Adult	2,374,603	19.00	2,201,365	19.00
Outpatient Behavioral Health Services - Adult	3,238,773	19.50	3,311,490	20.25
Outpatient Behavioral Health Services - Child	5,582,100	28.25	5,625,369	29.25
Trauma Services	4,960,350	29.55	4,988,174	29.55
Specialty Behavioral Health Services	2,567,716	21.50	2,513,173	21.50
Total	42,536,067	210.70	44,001,434	214.45