## **Behavioral Health and Crisis Services**

#### **FUNCTION**

The mission of Behavioral Health and Crisis Services is to foster the development of a comprehensive system of services to assist adults and children in crisis or with behavioral health needs. Behavioral Health Services works with the State's public mental health and substance abuse systems to ensure that treatment, rehabilitation and referral services are available for persons with long-term mental illness and that medically indigent individuals and families have access to substance abuse intervention and treatment services. In Crisis Services, 24-hour crisis intervention services are provided for persons experiencing a situational, emotional or mental health crisis. Emergency Services, another service for individuals and families in crisis, provides subsidies to low-income renters, handicapped persons and families with dependent children; and partners with community groups to provide a continuum of services for homeless families and adults, including emergency shelter and transitional housing. Crime, partner abuse or sexual assault victims receive immediate assistance as well as on-going counseling.

#### **PROGRAM CONTACTS**

Contact Daryl Plevy of the HHS - Behavioral Health and Crisis Services at 240.777.4613 or Kimberly Mayo of the Office of Management and Budget at 240.777.2775 for more information regarding this service area's operating budget.

#### PROGRAM DESCRIPTIONS

#### System Planning and Management

As the State mandated local mental health authority, this program is responsible for the planning, management and monitoring of Public Mental Health Services for seriously, emotionally disturbed (SED) children, and adults with a serious and persistent mental illness (SPMI). This includes persons with co-occurring mental illness and substance abuse disorders, homeless persons with SPMI, and persons with SPMI who have been incarcerated and/or are on conditional release. This program is responsible for the ongoing development of a continuum of quality mental health services that provide for consumer choice and empowerment, and at the same time assuring that consumers have access to clinically appropriate and cost-effective behavioral health services.

#### FY06 Changes

	Expenditures	WYs
FY05 Approved	8,487,780	28.1
FY06 Approved	7,714,520	20.9

## **Behavioral Health Specialty Services**

Behavioral Health Specialty Services includes the Adult Behavioral Health program and the Behavioral Health Access to

Totals	49.258.090	261.3
Service Area Administration	801,870	4.1
Housing Stabilization Services	4,301,550	32.2
Supportive Housing Services	1,510,700	10.4
Partner Abuse Services	2,801,810	18.8
Shelter Services	4,821,670	2.8
Rental & Energy Assistance Program	5,517,140	8.3
Mental Health Svcs for Seniors & Persons with Disal	bilities 711,500	1.9
24-Hour Crisis Center	4,216,200	42.5
Child and Adolescent Mental Health Services	1,718,650	11.6
Victims Assistance and Sexual Assault Services	2,071,290	18.7
Outpatient Addiction Services (OAS)	2,899,220	27.8
Criminal Justice/Behavioral Health Services	1,758,020	17.4
Behavioral Health Community Case Mgmt Svcs	5,967,330	19.7
Behavioral Health Specialty Services	2,446,620	24.2
System Planning and Management	7,714,520	20.9
Program Summary	Expenditures	WYs

Care program. The Adult Behavioral Health program provides a comprehensive range of mental health services including assessment, referral, diagnostic evaluation, psychotropic medication prescription and monitoring, and family and psycho-educational support to Montgomery County residents who have a high level of acuity and are involved in multiple systems in the community. These individuals are unable to receive Public Mental Health System services or the level of care necessary in order to effectively stabilize their illness. This program has expanded capacity to provide services to limited English proficiency (LEP) clients and those with specialized cultural and language needs. The Behavioral Health Access to Care program provides screening, assessment, and linkage for individuals seeking Behavioral Health services, addictions services, mental health services, or services to individuals with a co-occurring disorder. This service is for Montgomery County residents of all ages.

#### FY06 Changes

□ During FY05, Behavioral Health and Crisis Services realigned several of its programs. This program now includes Adult Behavioral Health (formerly Multicultural Mental Health Services), as well as parts of Addiction Services Coordination and System Planning and Management.

	Expenditures	WYs
FY05 Approved	1,006,990	9.0
FY06 Approved	2,446,620	24.2

### Behavioral Health Community Case Mgmt Svcs

Behavioral Health/Community Case Management Services is sub-programs: Community Case composed of three Management Services, the Urine Monitoring Program, and the Program Monitoring Unit. These programs provide: 1. case management services to Temporary Cash Assistance (TCA) clients, homeless women, and other clients who are "high-end" users of services and involved in multiple programs within HHS; 2. urine-monitoring services to clients referred by the courts, child welfare, the criminal justice system and others required to submit to urine surveillance or who require or request urine screening and testing; and 3. program/contract monitoring and compliance for private addiction treatment providers of detoxification, outpatient, intensive outpatient, residential half-way house, combined care, and long-term residential treatment services to enhance the addictions treatment continuum of services for residents of Montgomery County.

#### FY06 Changes

Replace grant funding to continue to provide intensive outpatient substance abuse treatment services through contract to 50 women and homeless adults per year and provide (with two Community Mental Health Counselors) case management, outreach, linkage, and referral services to an additional 30-35 targeted individuals per year.

	Expenditures	WYs
FY05 Approved	6,538,260	26.7
FY06 Approved	5,967,330	19.7

#### Criminal Justice/Behavioral Health Services

Jail Based Services staff provide assessment, diversion, treatment and community re-entry services. Clinical Assessment and Triage Service (CATS) staff provide behavioral health assessment, triage and diversion services at entry into the Montgomery County Detention Center. Jail Addiction Services (JAS) is an intensive jail-based residential addiction treatment program for inmates at the Montgomery County Correctional Facility who are alcohol and/or drug addicted. Community Re-Entry Services (CRES) staff provide linkages to community-based mental health and addiction treatment services as well as follow-up to assure that housing and other needed services are accessed in the community.

#### FY06 Changes

Add a pilot housing program for mentally-ill offenders returning to the community (Criminal Justice Behavioral Health Initiative).

	Expenditures	WYs
FY05 Approved	1,590,550	17.4
FY06 Approved	1,758,020	17.4

### **Outpatient Addiction Services (OAS)**

OAS provides outpatient, intensive outpatient and Medication Assisted Treatment (MAT/methadone) services for self-referred, criminal justice, and homeless clients who meet medical and social need requirements. Special emphasis is placed on treating: addicted women and their infants and/or young children; the homeless; opiate addicts; and individuals with co-occurring psychiatric and substance abuse disorders.

#### FY06 Changes

- ☐ Enhance the Adult Drug Court program by adding one Spanish-speaking Therapist to provide case management and treatment services to an additional 20 offenders per year.
- ☐ Enhance the Medication Assisted Treatment services by increasing two part-time positions to full-time to serve more than 30 addiction clients per year.

	Expenditures	WYs
FY05 Approved	2,523,540	24.7
FY06 Approved	2,899,220	27.8

## Victims Assistance and Sexual Assault Services

This program provides information, referral, support, crisis, and ongoing counseling services to persons subjected to sexual abuse (exclusive of partner abuse), as well as to persons victimized by crimes in general. A 24-hour outreach effort is provided through volunteer support, and compensation is provided to eligible victims of crime.

#### FY06 Changes

☐ Provide the required County match for the Victim Compensation Fund.

	Expenditures	WYs
FY05 Approved	1,994,920	18.7
FY06 Approved	2,071,290	18.7

## Child and Adolescent Mental Health Services

This program provides comprehensive mental health and other necessary services to children, youth and their families that are individualized, culturally and linguistically competent and administered in the least restrictive, most appropriate environment. In addition, this program collaborates with other child-serving agencies and community partners to ensure children, youth and their families achieve outcomes that result in mental wellness for all involved. Services include mental health screenings and assessments, outpatient treatment, specialized care coordination, play therapy, substance abuse prevention and behavior/medication management.

#### FY06 Changes

Provide six month bridge funding to replace a Federal grant for wraparound services to 100 seriously emotionally disturbed youth (Community Kids program).

	Expenditures	WYs
FY05 Approved	2,328,490	12.5
FY06 Approved	1,718,650	11.6

#### 24-Hour Crisis Center

This program provides telephone, walk-in, and crisis residential services to persons experiencing situational, emotional, or mental health crises. In addition, the Crisis Center provides a mobile crisis team response for sixteen hours/day (8:00 AM to midnight), seven days/week. Psychiatric crisis resources are used to prevent hospitalizations and suicides. Disaster mental health services include crisis management and consultation for disasters, as well as consultation and services for community crises. The Assertive Community Treatment (ACT) Team provides community based mental health services for those individuals with the highest level of acuity. During the off-hours (after 5:00 p.m., weekends and holidays), crisis back-up services are provided for various health and human services needs when the clients' primary service providers are not available.

#### FY06 Changes

	Expenditures	WYs
FY05 Approved	3,981,880	42.5
FY06 Approved	4,216,200	42.5

# Mental Health Svcs for Seniors & Persons with Disabilities

This program provides mental health services to seniors, persons with developmental disabilities, and persons with hearing impairments. Services include evaluation, treatment, outreach counseling, provider training, caretaker support, and referral services.

#### **FY06 Changes**

	Expenditures	WYs
FY05 Approved	727,310	1.9
FY06 Approved	711,500	1.9

#### **Rental & Energy Assistance Program**

This program provides subsidies to low-income renters, handicapped persons, and families with dependent children.

#### FY06 Changes

- □ Enhance funding for the energy assistance rebate for low-income residents to serve 500 additional clients (for a total of 4.500).
- ☐ Provide additional funds to the Rental Assistance Program (RAP) to:

Annualize the subsidy payments for an additional 125 clients served as a result of the special appropriation approved during FY05;

Serve an additional 83 clients from the waiting list, to bring the total families served to an estimated 1,650 for a total FY06 commitment of \$3,959,600 for RAP subsidy payments.

	Expenditures	WYs
FY05 Approved	3,760,900	4.3
FY06 Approved	5,517,140	8.3

#### **Shelter Services**

This program coordinates and provides shelter services to both families with children and single adults on a seasonal and emergency basis. Support services, including case management and outreach, are provided to persons transitioning to more permanent housing. Front-end assessments are provided to identify persons who may have a mental illness, substance abuse concerns, or other issues that contribute to their homelessness.

#### FY06 Changes

	Expenditures	WYs
FY05 Approved	4,803,980	2.8
FY06 Approved	4,821,670	2.8

### **Partner Abuse Services**

This program provides crisis counseling, on-going outpatient counseling, emergency shelter, referral for transitional housing; and support and advocacy to victims and families of partner-related physical abuse. Assessment, counseling, and education are also provided to abusers.

#### **FY06 Changes**

☐ Replace Federal grant funds to assist victims of domestic abuse at the Tess Center

	Expenditures	WYs
FY05 Approved	2,714,570	18.4
FY06 Approved	2,801,810	18.8

## **Supportive Housing Services**

This program provides transitional housing for families with children and persons with mental disabilities. On-site case management is provided to assist persons receiving services to become self-sufficient.

#### FY06 Changes

	Expenditures	WYs
FY05 Approved	1,457,390	10.2
FY06 Approved	1,510,700	10.4

## **Housing Stabilization Services**

This program provides intake and assessment for County households who are experiencing a housing-related emergency. State and County grants are provided, as well as referrals for Temporary Cash Assistance (TCA), in order to prevent homelessness, assist with utility arrearage, and avoid welfare dependence.

#### **FY06 Changes**

	Expenditures	WYs
FY05 Approved	4,858,760	35.2
FY06 Approved	4,301,550	32.2

#### **Service Area Administration**

This program provides leadership and direction for the administration of Behavioral Health and Crisis Services.

#### **FY06 Changes**

	<b>Expenditures</b>	WYs
FY05 Approved	1,091,160	6.1
FY06 Approved	801,870	4.1