COVID-19 Resources for Our Community

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Updated 4.1.2020

What You Can Do

- Per the Governor’s order (March 30), all Marylanders are ordered to stay home to help reduce the spread of the COVID-19 virus. The only exceptions are for “essential activities” as defined in his order. Essential activities include picking up groceries or meals from restaurants, caring for family or friends, medical care, and other important, critical needs. To see the order, go to: https://governor.maryland.gov/wp-content/uploads/2020/03/Gatherings-FOURTH-AMENDED-3.30.20.pdf
- Stay informed by seeking reliable information from verified sources. See below for accurate sources of information.
- Maintain the 6 – 20 – 100
  - 6 feet apart from other people to maintain physical distancing
  - 20 seconds to wash your hands with soap and water
  - 100 degrees in the body temperature that individuals should stay home with.
- Take care of yourself, physically and mentally.
- Stay away from others when you are sick and avoid close contact with people who are sick. Only visit an Emergency Room if your doctor has ordered you to.
- Follow these guidelines if you are sick: https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html

How to Receive Help

- Montgomery County Health and Human Services is open to serve residents: https://www.montgomerycountymd.gov/HHS/RightNav/COVID19Applications.html
- Food: A comprehensive list of food resources can be found at Montgomery County Food Council’s website at https://mocofoodcouncil.org/covid-19-local-food-system-resources/
- Also see the sections below on Education and Children for school meals distribution locations and Seniors and Individuals with Disabilities for other resources.

<table>
<thead>
<tr>
<th>Manna Food Center</th>
<th><a href="https://www.mannafood.org/covidresponse/">https://www.mannafood.org/covidresponse/</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>301-424-1130</td>
<td>Call to make an appointment by 3:00pm the day before you want to pick up; multiple distribution sites have been established throughout county</td>
</tr>
<tr>
<td></td>
<td>See website for multiple distribution sites <a href="https://www.mannafood.org/about/contact-manna/manna-food-distribution-sites/">https://www.mannafood.org/about/contact-manna/manna-food-distribution-sites/</a></td>
</tr>
<tr>
<td>Nourish Now</td>
<td><a href="https://nourishnow.org/get-food/">https://nourishnow.org/get-food/</a></td>
</tr>
<tr>
<td>301-330-0222</td>
<td>1111 Taft Street, Rockville</td>
</tr>
<tr>
<td>Catholic Charities Choice Food Pantry</td>
<td><a href="https://www.catholiccharitiesdc.org/catholiccharitiescenter/">https://www.catholiccharitiesdc.org/catholiccharitiescenter/</a></td>
</tr>
<tr>
<td>301-942-1790</td>
<td>12247 Georgia Avenue, Silver Spring</td>
</tr>
<tr>
<td>Please call ahead</td>
<td>Adventist Community Services</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.acsgw.org/food.html">http://www.acsgw.org/food.html</a></td>
</tr>
<tr>
<td>301-585-6556</td>
<td>501 Sligo Avenue, Silver Spring</td>
</tr>
<tr>
<td>Call in advance for an appointment</td>
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</tbody>
</table>

- Utilities: Per the Maryland Governor’s order, utilities (water, gas, electric) are prohibited from shutting off services or charging late fees. Evictions are prohibited as well. Many utilities will work on with each customer on future payment arrangements.
Tap Water: Don’t fall victim to scammers trying to sell you water filters. COVID-19 is not detected in water and not transmitted by water. Your tap water is safe. More information at www.wssewater.com/coronavirus

- Monthly Bills (Rent, Mortgage, Credit Cards): You are encouraged to contact your bill providers and request to defer payment. Many are working with customers at this time.
- Housing: Evictions and foreclosures are prohibited. Housing inspectors and Housing Opportunities Commission (HOC) have suspended all inspections.
  - Information for renters: [https://www.montgomerycountymd.gov/DHCA/dhca_cares.html#Information%20for%20renters](https://www.montgomerycountymd.gov/DHCA/dhca_cares.html#Information%20for%20renters)
  - Mortgage Forbearance: Homeowners with FHA, USDA, VA, or Section 184 or 184A mortgages (for members of federally-recognized tribes) and those with mortgages backed by Fannie Mae or Freddie Mac have the right to request forbearance on their payments for up to 6 months, with a possible extension for another 6 months without fees, penalties, or extra interest. Homeowners should contact their mortgage servicing company directly.
  - Emergency Housing and Rental Assistance: Contact DHHS at [https://www.montgomerycountymd.gov/HHS/RightNav/COVID19Applications.html](https://www.montgomerycountymd.gov/HHS/RightNav/COVID19Applications.html)

- Mental Health: EveryMind has compiled resources that support mental health and well-being at [https://www.every-mind.org/7493-2/](https://www.every-mind.org/7493-2/). Individuals do not have to be in crisis to reach out to EveryMind specialists who will listen and provide support. Call/Text 301-738-2255.
- Domestic Violence Assistance: For free, confidential help on weekdays from 8:30am-5:00pm, contact either
  - The Family Justice Center at 240-773-0444
  - Montgomery County's Abused Persons Program at 240-777-4195
  For 24-hour assistance, call the Montgomery County Crisis Center at 240-777-4000
- The State of Maryland also has an A-Z Resource Guide at [https://governor.maryland.gov/marylandunites/](https://governor.maryland.gov/marylandunites/)
- More information on numerous public and nonprofit resources throughout the county, go to: [https://www.infomontgomery.org/search-results/?search=food](https://www.infomontgomery.org/search-results/?search=food) or call 311
- Special Hotlines:
  - Chinese Language COVID information Line, daily, 9am-6pm – 301-798-6001
  - CCACC-Pan Asian Volunteer hotline for all questions related to COVID-19

How to Help Others – There are many critical needs

- To Volunteer as well as for donation requests, we encourage you to go to the Montgomery County Volunteer Center COVID-19 Response website: [https://www.montgomerycountymd.gov/volunteercenter/](https://www.montgomerycountymd.gov/volunteercenter/) Search for opportunities for “Emergency Response” and thank you!!
- The State of Maryland also has a place to volunteer at [https://governor.maryland.gov/marylandunites/](https://governor.maryland.gov/marylandunites/)
- For Food Donations, please contact Manna Food Center at [https://www.mannafood.org/covidresponse/](https://www.mannafood.org/covidresponse/) or Nourish Now at 240-499-6380.
- For Blood Donations, go to [https://www.redcrossblood.org/give.html/find-drive](https://www.redcrossblood.org/give.html/find-drive) to schedule an appointment.
- Donations of Personal Protective Equipment (gloves, wipes, N95 masks) – please complete the online form at [https://docs.google.com/forms/d/e/1FAIpQLScYSpiwEM7oYN3SmJr8yaBlrbO8nG0PZBG6xB Ej4U0NlH9aQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLScYSpiwEM7oYN3SmJr8yaBlrbO8nG0PZBG6xB Ej4U0NlH9aQ/viewform)
- Healthcare professionals who would like to volunteer in support of the medical mass surge staffing, please register for the Medical Reserve Corps at [https://mrd.health.maryland.gov/Pages/MRCNetwork.aspx](https://mrd.health.maryland.gov/Pages/MRCNetwork.aspx)
- Social Connection – Empowering the Ages’s Sharing Smiles connects adults to youth in response to social isolation from COVID-19. Go to [https://empoweringtheages.org/sharing-smiles/](https://empoweringtheages.org/sharing-smiles/)
Unlike in the past, personally showing up with baked goods and meals for first responders is highly discouraged. Please consider donating to their respective foundations instead.

Health and Safety

- For updates on COVID-19 in Montgomery County go to [https://montgomerycountymd.gov/hhs/rightnav/coronavirus.html](https://montgomerycountymd.gov/hhs/rightnav/coronavirus.html)
- **Maryland Health Connection** has launched a special enrollment period until April 15 for currently uninsured Marylanders. Visit [https://www.marylandhealthconnection.gov/coronavirus-sep/](https://www.marylandhealthconnection.gov/coronavirus-sep/)
- For those without insurance, visit **Montgomery Cares** for clinic locations at [https://www.primarycarecoalition.org/montgomerycaresorg.html](https://www.primarycarecoalition.org/montgomerycaresorg.html). Eligibility for this program is through Montgomery County Office of Eligibility and Support Services at [https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=PHS/PHSProgramEligibilty-p732.html](https://www.montgomerycountymd.gov/HHS-Program/Program.aspx?id=PHS/PHSProgramEligibilty-p732.html) or call 311 for assistance.
- For those struggling to cope with anxiety, stress, and other mental health issues, **EveryMind** has resources available at [https://www.every-mind.org/7493-2/](https://www.every-mind.org/7493-2/) as well as specialists if you need to talk to someone. Call or text 301-738-2255.
- Tents have been set up at various hospitals to support anticipated needs and the National Guard has been activated to support the medical response.
- If insured, please contact your primary care doctor or insurance provider. Your provider will coordinate any testing if appropriate.
- Medical and Mental Health Services – the Maryland Governor has authorized telemedicine (via telephone) to encourage efficient, responsive, and safe methods of care.

Business and Nonprofit Organization Resources

- The **State of Maryland** has announced several programs to assist businesses.
    - Layoff Aversion Fund – 3/30 update: no longer accepting applications
    - Maryland Small Business COVID-19 Emergency Relief Loan Fund
    - Maryland Small Business COVID-19 Emergency Relief Grant Fund
    - Maryland COVID-19 Emergency Relief Manufacturing Fund
- **Small Business Administration** (SBA) Disaster Loan Assistance is now available for Montgomery County businesses at [https://disasterloan.sba.gov/ela/](https://disasterloan.sba.gov/ela/)
- **Montgomery County** – Emergency Assistance Funding has been approved with the application directions being available shortly.
  - **Public Health Emergency Grant Program** – Montgomery County businesses and nonprofits with 100 employees (FTE) or less are eligible of grants up to $75,000 with mini-grants of up to $2,500 for teleworking technology.
  - **COVID-19 Human Services and Community Assistance Funding** – Montgomery County nonprofits providing safety net services for vulnerable residents are encouraged to apply when the application becomes available.

• The State Comptroller has announced businesses can defer state tax payments to July 15.
• To sell **Personal Protective Equipment** to the county, please email procure@montgomerycountymd.gov
• **For Landlords** – guidance can be found at https://www.montgomerycountymd.gov/DHCA/dhca_cares.html#Information%20for%20landlords
• **Paid Sick and Family Sick Leave** (CARES Act)– Employers who provide required leave to their employees and who employ less than 500 employees are eligible for a tax credit to offset the costs of such leave. This tax relief will be provided against quarterly payroll taxes (those paid in connection the Form 941). Please visit https://www.irs.gov/newsroom/treasury-irs-and-labor-announce-plan-to-implement-coronavirus-related-paid-leave-for-workers-and-tax-credits-for-small-and-midsize-businesses-to-swiftly-recover-the-cost-of-providing-coronavirus

### Closures, Cancellations, and Service Modifications
An updated list of local government facility closures and service modifications can be found at: https://www.montgomerycountymd.gov/OEMHS/COVID19-Closures.html

**Closed:**

- Per the Governor's March 23 order, all non-essential businesses and establishments must close. For a list of essential businesses which are not required to close, visit https://governor.maryland.gov/wp-content/uploads/2020/03/OLC-Interpretive-Guidance-COVID19-04.pdf
- Park Facilities, Libraries, Senior Centers, Recreation Centers, Aquatic Centers, Movie Theaters, Gyms, Shopping Malls, Entertainment Venues are closed.
  - **Montgomery Parks** has limited gatherings in parks to 10 people and cautions against using playground equipment without hand sanitizer. Please avoid large groups and/or sports gatherings.
- **Restaurants and Bars** are open for carry-out and drive-through only; no eat-in customers. Go to www.mocoeats.com for a directory of Montgomery County restaurants who provide take-out and/or delivery service.
- The **US Postal Service** is an essential service. For more info, visit https://faq.usps.com/s/article/USPS-Coronavirus-Updates-for-Residential-Customers

### Grocery Stores/Pharmacies/Banks/Gas Stations/Post Offices

- Grocery stores, pharmacies, banks and gas stations are among the essential businesses that will remain open and will be resupplied. Hours of operation have been decreased to allow for cleaning and restocking. Check before going. Note that many deliver but have been overwhelmed by orders.
- **Dedicated Shopping Hours for Seniors** - Grocery stores, including Giant, Safeway, Whole Foods, and Target are offering dedicated shopping hours for seniors and vulnerable individuals (immune suppressed), typically the first hour each day. For a list of stores and hours, visit https://www.montgomerycountymd.gov/HHS/Resources/Files/COVID19GroceryStores.pdf
- **Restaurants providing takeout, pick-up, and food delivery** – While eating in restaurants is prohibited at this time, many restaurants are preparing meals for purchase. Visit www.mocoeats.com for food and drink locations offering takeout and/or delivery.
Education and Children

School Meals
- Grab-and-Go Bags are being distributed Monday through Friday – 11am to 1pm at more than 40 locations in Montgomery County. Weekend Smart Sacks are also being distributed at select locations on Fridays. Drive up or walk to the location. For an updated list of locations: https://www.montgomeryschoolsmd.org/coronavirus/#emergencymeals
- School buildings are not open. Meals are dispensed via refrigerated trucks outside each location.

Childcare
- Montgomery County DHHS is facilitating childcare for emergency responders and essential staff only. Designated essential personnel working in response to the COVID-19 pandemic who require childcare are immediately able to register for the state-funded childcare programs at no cost by calling 1-877-261-0060. https://earlychildhood.marylandpublicschools.org/state-funded-child-care-essential-personnel%C2%A0
- Maryland State Department of Education has ordered all childcare providers except those serving essential personnel to close.

Montgomery College/USG/UMD
- Classes are being conducted online. Students should check emails regularly for instructions from their professors.
- For information on Student Loans and Federal Work-Study, go to https://studentaid.gov/announcements-events/coronavirus. Relief for Federal student loan borrowers includes waiving interest and pausing loan payments for a certain period.

Montgomery County Public Schools
- The State of Maryland has ordered all schools to remain closed through April 24.
- MCPS is regularly updating their website: https://www.montgomeryschoolsmd.org/ with activities and resources as well as learning plans and information on the distribution of Chromebooks as needed.
- SAT – the College Board has canceled the March 28 and May 2 SAT administration. Students will receive a refund. For more info: https://pages.collegeboard.org/natural-disasters
- ACT - ACT has rescheduled its April 4 national test date to June 13. All students registered for the April 4 test date will receive an email from ACT providing instructions for free rescheduling to a future test date.
- AP Testing - For the 2019–20 exam administration only, students can take a 45-minute online free-response exam at home. More info at https://apcentral.collegeboard.org/about-ap/news-changes/coronavirus-update

Employment/Filing for Unemployment/
- COVID-19 has resulted in different job opportunities, mainly with essential businesses. Companies currently hiring include: 7-Eleven, Amazon, Domino's, Costco, Giant Foods, Safeway, Weis, Walmart, Adventist HealthCare, AKAL Security (for BWI Airport), and more. Some are temporary in support of COVID-19 operations.
- To search for job openings:
  - Visit WorkSource Montgomery for updated local opportunities at: https://worksourcemontgomery.com/blogs/current-job-opportunities/
  - Visit the Maryland Workforce Exchange at https://mwejobs.maryland.gov Click on “Find a Job” a bottom of webpage and enter the area to search.
  - Use Indeed.com or Monster.com. Tip: Search for the most recent job postings.
- The State has expanded temporary unemployment benefits. To file a claim for unemployment benefits, go to https://www.dllr.state.md.us/employment/unemployment.shtml. The call center hours are 7:30am to 3:30pm at 140-949-0022. Please note that due to high volume, you will experience unusually long wait times. To assist with the volume of applicants, please see info for which day to file online according to your last name.
- Current and new unemployment insurance benefit recipients are exempt from the requirement to actively seek work for a 10-week period beginning the week of March 20. More info at https://mwejobs.maryland.gov/vosnet/Default.aspx
• **Federal Stimulus Assistance to Individuals** (CARES Act) - Individuals must have a Social Security Number for themselves and their qualifying children to receive payments.
  - Individuals making up to $75,000 ($150,000 for married workers) will receive payments of $1,200 with an additional $500 payment per minor child. The payments decrease ratably and stop altogether for single workers making more than $99,000 ($198,000 for married workers and $218,000 for a family of four.)
  - These payments will be issued by the IRS via direct deposit and will be based on 2019 or 2018 tax return or 2019 Social Security statement.
  - If someone has not filed a tax return in 2018 or 2019 and does not receive Social Security benefits, the IRS recommends filing a 2018 return to receive payment. If the IRS does not have the tax payer's bank account information, the taxpayer should look for a letter from the IRS detailing how to receive their payment.
  - If you receive Social Security, retirement or other social safety net benefits, you may still qualify for direct payments. These payments will not be taxable nor represent “resources” for program eligibility purposes. Click here for more information from the IRS.


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**Seniors and Individuals with Disabilities**

• **Senior Call Check** – Call 1-866-502-0560 or register online at www.aging.maryland.gov to receive a daily call to verify well-being of participant. Any Maryland resident of 65 years or older can participate in this free program.

• **Montgomery County Senior Nutrition Program** – for ages 60 and over, spouse of adult age 60 and over, and disabled residents. For info on weekly frozen meal delivery and registration info, go to: https://www.montgomerycountymd.gov/rec/Resources/Files/MCR%20Senior%20Meal%20Information.pdf
  - Due to rapidly increasing demand, we cannot guarantee service to everyone at this time. If capacity is exceeded, names will be placed on a waiting list. Individuals interested in learning more about the food delivery, the grab and go locations, and to register for the meal program can contact the Senior Center nearest them:
    - **Damascus Senior Center**
      - Tony Edghill 240-535-0732
      - Anthony.edghill@montgomerycountymd.gov
    - **Holiday Park Senior Center, Silver Spring**
      - Dolors Ustrell-Roig 240-460-2236
      - Dolors.Ustrell@montgomerycountymd.gov
    - **Long Branch Senior Center, Silver Spring**
      - Mary Pelz 301-332-4451
      - Mary.Pelz@montgomerycountymd.gov
    - **Schweinhaut Senior Center, Silver Spring**
      - Karen Maxin 240-805-3712
      - Karen.maxin@montgomerycountymd.gov
    - **North Potomac Senior Center, Rockville**
      - Sheila Hall 202-450-8057
      - Sheila.hall@montgomerycountymd.gov
    - **Wheaton Senior Center**
      - Alex Alcon 202-760-1003
      - Alejandro.alcon@montgomerycountymd.gov
    - **White Oak Senior Center, Silver Spring**
      - TeAnna Abraham 240-678-5696
      - TeAnna.Abraham@montgomerycountymd.gov
    - **All other 55+ Active Adult Programs**
      - Cathy Richards 240-753-9280
      - Cathleen.Richards@montgomerycountymd.gov

• **Food Resources and Meal Delivery** – Visit https://mocofoodcouncil.org/covid-19-local-food-system-resources/#unique-identifier1 for a continually updated list of resources to include grocery assistance.
• **Social Connection** – Empowering the Ages’s Sharing Smiles connects adults to youth in response to social isolation from COVID-19. Go to [https://empoweringtheages.org/sharing-smiles/](https://empoweringtheages.org/sharing-smiles/)

• **Transportation** - Various options are available for those customers with no signs of illness. Please use only for essential travel. Visit [https://www.montgomerycountymd.gov/DOT-Transit/essential-plan-routes.html](https://www.montgomerycountymd.gov/DOT-Transit/essential-plan-routes.html) for complete information.
  - For details on MetroAccess, call 301-562-5360 or go to [https://www.wmata.com/service/accessibility/metro-access/](https://www.wmata.com/service/accessibility/metro-access/)
  - Call-n-Ride Discounted Taxi, call 301-948-5409
  - Senior Connection – 301.962.0820. [https://www.seniorconnectionmc.org/](https://www.seniorconnectionmc.org/)

### Staying Informed, Engaged, and Connected

- Comcast has opened the **Xfinity WiFi Public Hotspots** nationally for free. Hotspot locations can be found here: [https://hotspots.wifi.xfinity.com/](https://hotspots.wifi.xfinity.com/)  Enable by selecting “xfinitywifi”
- **Internet Essentials** – Comcast is providing 2 months of free service to new customers who apply by April 30. This service is available to qualified low-income households. Allow 5-7 days to receive installation kit. Low cost computers are also available through this program. To apply, go to [https://www.internetessentials.com/](https://www.internetessentials.com/) or call 1-855-846-8376
- Digital Library Cards are now available from **Montgomery County Public Libraries**. Check out digital ebooks and other online services at [https://www.montgomerycountymd.gov/library/services/registration.html](https://www.montgomerycountymd.gov/library/services/registration.html)

### Taxes

- The Maryland and Federal Income Tax filing and payment deadlines have both been extended to July 15. You are encouraged to file immediately if you anticipate a refund.

  | June 1 | Returns and payments are due for Maryland business-related taxes not collected in March, April and May including sales and use tax, withholding tax, and admissions & amusement tax, alcohol tax, tobacco tax, and motor fuel tax, as well as tire recycling fee and bay restoration fee returns. |
  | July 15 | Deadline for Maryland individual, corporate, pass through entity, and fiduciary income tax payments, as well as March quarterly estimated payments |
  | October 15 | Deadline for filing Maryland income tax returns if a federal extension was filed. |

- For assistance with Maryland tax filings, email **taxhelp@marylandtaxes.gov** or 1-800-MD-TAXES.

### Trash/Recycling/Transfer Station

- Transfer Station hours now 9am-5pm, 7 days per week to accommodate one shift of staff.
- Recycling/trash collection – normal schedule for county collection
- For private hauler trash collection, please contact them directly for any collection changes.

### Transportation and Travel – Only Essential Travel

- **Montgomery County Ride On** – [https://www.montgomerycountymd.gov/DOT-Transit/essential-plan-routes.html](https://www.montgomerycountymd.gov/DOT-Transit/essential-plan-routes.html)  All fares are suspended. Operating on reduced Essential Service plan seven days a week to support medical providers, first responders, and workers critical to emergency efforts. To protect our drivers, please board through rear doors. Do not take any public transportation if you do not feel well.
- **Metrorail** – Essential travel only!
  - As of March 26, several METRO stations are closed with limited service hours to conserve cleaning supplies and due to low ridership. Visit [https://www.wmata.com/](https://www.wmata.com/) for information.
- **Metrobus** – Emergency Schedule. Essential travel only!
○ Bus service is greatly reduced to 20 routes to prevent crowding and ensure areas are not cut off. Visit [https://www.wmata.com/](https://www.wmata.com/) for information about routes that will operate.
○ IMPORTANT: Bus operators are granted the authority to bypass bus stops to maintain safe social distancing aboard the vehicle. Digital signs, websites, apps and timetables will NOT reflect accurate information about bus schedules. Board bus through rear doors.

- **Transportation Services for Older Adults and Persons with Disabilities** – Various options are available for those customers with no signs of illness. Please use only for essential travel. Visit [https://www.montgomerycountymd.gov/DOT-Transit/seniors.html](https://www.montgomerycountymd.gov/DOT-Transit/seniors.html) for complete information.
  ○ For details on MetroAccess, call 301-562-5360 or go to [https://www.wmata.com/service/accessibility/metro-access/](https://www.wmata.com/service/accessibility/metro-access/)
  ○ Call-n-Ride Discounted Taxi, call 301-948-5409
  ○ Senior Connection – 301.962.0820. [https://www.seniorconnectionmc.org/](https://www.seniorconnectionmc.org/)

For information on what to do if you are sick, go to [https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html](https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html)

- **Highway Tolling** - all-electronic (cashless) tolling in effect. All drivers should KEEP MOVING through toll plazas without stopping. Cash payment lanes will operate as video tolling (cashless) lanes. Motorists who usually pay with cash will be mailed a Notice of Toll Due for the cash toll rate.
- **EScooters** – Lime has paused service and deployment.

**Voting**

- Per the Maryland Governor’s proclamation, the Maryland State primary is postponed until June 2 (similar to other states). The Special election for 7th District Congressional Seat will be held through vote by mail – 7th District only.

**Other Reliable Sources of Information**

Everyone is encouraged to be smart when seeking information on the internet. The following are other reliable sites to obtain helpful information and resources:

- **State of Maryland**


- **Montgomery County Government**
  [https://montgomerycountymd.gov/HHS/RightNav/Coronavirus.html](https://montgomerycountymd.gov/HHS/RightNav/Coronavirus.html)

- **Rockville Economic Development, Inc – Resources for Rockville Businesses**
  [https://rockvilleredi.org/covid-19-resources/](https://rockvilleredi.org/covid-19-resources/)

- **Universities at Shady Grove – Community Resources**
  [https://shadygrove.umd.edu/student-services/csef/community-resources/covid19-resources](https://shadygrove.umd.edu/student-services/csef/community-resources/covid19-resources)

- **World Health Organization**