

**Breakout Session 1 - Session 3: Advocacy and Mobilization**

Advocacy Essentials: Turning Passion into Action



Congresswoman  
**April McClain  
Delaney**

Congresswoman April McClain Delaney proudly represents Maryland's Sixth District, which encompasses Western and Mountain Maryland. Elected to the U.S. House of Representatives in 2024, she serves on the Agriculture Committee and the Science, Space, and Technology Committee. She is a communications attorney with over three decades of experience delivering results for Americans, bridging the digital divide, holding Big Tech accountable, and championing policies that expand opportunity for all. She previously served as Deputy Assistant Secretary of Commerce for the National Telecommunications and Information Administration and was Washington, D.C. director and board member for Common Sense Media, a nonprofit to safeguard children online.

She resides in Montgomery County with her husband, former U.S. Representative John Delaney, and their four daughters.

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**PERIDOM**  
INSIGHTS

# Kelli Dominique Hudson

Kelli Dominique Hudson is a health informaticist, civic engagement leader, and founder of Peridom Insights, where she works with community partners, public agencies, and educators to make complex systems more accessible and responsive. Her advocacy sits at the intersection of place-based community realities and institutional change, with respect to how historical and structural inequities continue to shape present health disparities.

Kelli Dominique currently serves as Community Outreach Coordinator for Councilmember Kristin Mink, strengthening the pathway for PTA and school community voices to reach elected leadership.

Her work is increasingly focused on workforce development, driven by the urgent need to expand and better support the community-based and behavioral health workforce as mental health needs continue to rise. She is known for an advocacy approach that centers agency as much as voice, helping everyday people recognize that they already hold power to influence the systems around them.

*Advocacy Areas: Ebony Alert System implementation; maternal health and birthing justice; health insurance literacy; food insecurity; child investment policy; and broader health equity reforms.*

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# Sara Morningstar

Sara Morningstar is the Federal Relations Coordinator and a Legislative Analyst for Montgomery County, Maryland. In those roles, she is the county's liaison to Maryland's congressional delegation and part of the team representing the county's interests before the Maryland General Assembly. Her work involves helping the county formulate and advocate for policy positions and seek federal funding for county programs.

Sara's professional career has been in the public sector. After graduating from Western Maryland College (now McDaniel College), she worked for nine years on Capitol Hill for US Representative Beverly Byron (D-MD), eventually becoming the Congresswoman's Legislative Director. While working on the Hill, Sara obtained a master's degree from Georgetown University in Public Policy.

With the birth of her first child, Sara pivoted to a position with Montgomery County's Office of Intergovernmental Relations where she has worked for more than 30 years representing the County's Federal interests in Washington and state interests in Annapolis.