



Montgomery County Council

From the Office of Councilmember George Leventhal

For Immediate Release

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REVISED

Contact: Patty Rapp 240-777-7972

LEVENTHAL TO HOST SIX COMMUNITY MEETINGS ON FITNESS & NUTRITION FOR KIDS

Councilmember George Leventhal, chair of the Council's Health & Human Services Committee, will be hosting six community meetings throughout the County on Wednesday evenings during October and November to discuss "Growing Healthy Kids: Taking Action and Making Changes."

The meetings, which will involve parents, schools' staff, health professionals, and community leaders, are designed to highlight the growing epidemic of childhood obesity and to discuss strategies for changing lifestyles and changing policies to encourage kids to be healthy now and to grow into healthy adults.

"More and more of the County's children are overweight and that condition carries with it adverse health effects now and into the future," said Councilmember Leventhal.

"These meetings will help raise consciousness about this growing problem and help us identify what changes we ought to make – in the way we raise our kids and in how our public institutions deal with fitness and nutrition."

The dates and places of the meetings, which will run from 7 PM to 9 PM, are:

- October 6 – Sligo Middle School, 1401 Dennis Ave in Silver Spring
- October 20 – Adventist Healthcare Conference Center, 1801 Research Blvd. Lower Level, in Rockville
- October 27 – Gaithersburg Middle School, 7 Teachers Way in Gaithersburg
- November 3 – People's Community Baptist Church, 31 Norwood Road in Silver Spring
- November 10 – Roberto Clemente Middle School, 18808 Waring Station Road in Germantown
- November 17 – Suburban Hospital, 8600 Old Georgetown Road in Bethesda.

A seventh meeting, in Spanish, is also being planned. The meetings are free and open to all. # # #

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