



MONTGOMERY COUNTY FIRE AND RESCUE SERVICE
MONTGOMERY COUNTY, MD.

INFORMATION BULLETIN

NUMBER: 09-12

July 8, 2009

SUBJECT: Rockville Rotary Twilight Runfest: July 18, 2009

The annual Rockville Rotary Twilight Run will be held on Saturday July 18, 2009, starting at 8:45 p.m. The Runfest is one of the most popular races of the summer in the National Capital area. The event consists of an 8K race (including a wheelchair division) and a 1K fun run. The Rockville Rotary Twilight Runfest Festival begins right after the race, with free refreshments and random prizes for registered runners, and live entertainment, music, and dancing for everyone.

As we continue to embrace our Wellness-Fitness Initiative, all members of the Service are encouraged to participate in this event and other fitness activities. This year's event will occur during C Shift. Participating personnel who are scheduled to work on the day of the race should email MFF/R Bill Porter at william.porter@montgomerycountymd.gov **not later than July 10, 2009**. Every effort will be made to allow on-duty personnel to participate in the race. Register for the race on-line at <http://www.mcrrc.org/races/TwilightRunfest>

Questions: MFF/R Bill Porter, Station 12B
Issued by: Division Chief Steckel